

2024 WOA Winter Open - 2024-01-19 to 2024-01-20**James Daly Fieldhouse, Max Bell Centre****Results****Women 14-15 2000 m U16**

Name	Year Team	Finals
Finals		
1 Milena Sgambato	09 Winnipeg Opt	8:25.48

Women 60 m Hurdles 7.62 8.5m Ex U18

Name	Year Team	Finals
1 Jordyn Davis	07 Winnipeg Opt	8.92

Women 60 m Hurdles 0.762m-8.5m U18

Name	Year Team	Finals
1 Jordyn Davis	07 Winnipeg Opt	8.96

Women Shot Put 3kg U18

Name	Year Team	Finals
1 Jencie Henry	08 Predator Ath	10.62m
	9.94m 9.78m 10.09m 9.84m 10.62m	
2 Jett Turner	07 Winnipeg Opt	7.81m
	7.15m 7.81m 7.52m 7.62m FOUL FOUL	

Women Weight Throw 7.26kg U18

Name	Year Team	Finals
1 Jett Turner	07 Winnipeg Opt	9.49m
	8.34m FOUL 8.50m 8.86m 9.37m 9.49m	

Girls 8-11 60 m Open

Name	Year Team	Prelims	H#
Preliminaries			
1 Zoe Salvador	13 Tough Track	9.31q	4 9.309
2 Hannah Schnarr	13 Winnipeg Opt	9.75q	7
3 Mary Oderemi	13 Winnipeg Opt	10.42q	7
4 Mercy Jeje	13 Winnipeg Opt	10.65q	7
5 Natalie Dressler	14 Winnipeg Opt	10.93q	7
6 Addi Peters	15 unassigned	11.45q	7
7 Kaylee Dressler	16 Winnipeg Opt	11.56q	7

Girls 12-13 60 m Open

Name	Year Team	Prelims	H#
1 Halle Fenn Holdnick	11 Winnipeg Opt	9.02q	3
2 Sara Morris	11 Tough Track	9.37q	5
3 Azeezat Agboola	12 Winnipeg Opt	9.72q	5
4 Berkeley Mitchell	12 Winnipeg Opt	10.56q	7

2024 WOA Winter Open - 2024-01-19 to 2024-01-20**James Daly Fieldhouse, Max Bell Centre****Results****Women 14-15 60 m Open**

Name	Year Team	Prelims	H#
1 Nyah Moyes	09 Tough Track	8.49q	1 8.484
2 Paxton Ives	10 Winnipeg Opt	8.73q	2
3 Fallyne McNabb	10 Tough Track	9.05q	3
4 Alyssa Kim	10 Winnipeg Opt	9.23q	5
5 Isabelle Kim	10 Winnipeg Opt	9.28q	5

Women 16-17 60 m Open

Name	Year Team	Prelims	H#
1 Kyla Findley	08 Winnipeg Opt	7.97q	1
1 Jaela Babulira	08 Stars Athlet	10.18q	6
2 Raina Garland	08 Winnipeg Opt	8.59q	2
3 Morayo Bankole	08 Winnipeg Opt	8.63q	3
4 Emma Unrau	08 Tough Track	8.75q	3
5 Sienna Banman	07 Winnipeg Opt	9.10q	4
6 Talia Stadnyk	07 Winnipeg Opt	9.15q	6
7 Kali Boyko T38;F38	07 Tough Track	9.34q	4
8 Sara Buccini	08 Winnipeg Opt	9.39q	4

Women 16-17 60 m Exhibition F Open

Name	Year Team	Finals
1 Kyla Findley	08 Winnipeg Opt	7.97

Women 18-19 60 m Open

Name	Year Team	Prelims	H#
1 Skyler Kuypers	06 Winnipeg Opt	8.30q	1
2 Kaila Dennie	05 Manitoba Bisons	8.39q	1
3 Rianna Cassils	06 Winnipeg Opt	8.44q	2
4 Sarah McChristie	05 Manitoba Bisons	8.49q	2 8.489
5 Siobhan Hyndman	06 Winnipeg Opt	8.54q	2
6 Sydney Burak	06 Winnipeg Opt	8.90q	6
7 Julia Owzarek	06 Winnipeg Opt	9.31q	6 9.303

Women 18-19 60 m Exhibition F Open

Name	Year Team	Finals
1 Kaila Dennie	05 Manitoba Bisons	8.20
2 Skyler Kuypers	06 Winnipeg Opt	8.26
3 Rianna Cassils	06 Winnipeg Opt	8.36

2024 WOA Winter Open - 2024-01-19 to 2024-01-20**James Daly Fieldhouse, Max Bell Centre****Results****Women 20-34 60 m Open**

Name	Year Team	Prelims	H#
Preliminaries			
1 Brianna Tynes	99 Manitoba Bisons	8.03q	1
2 Kirsten Hurdal	99 Manitoba Bisons	8.19q	1
3 Jennifer Simcoe	03 Manitoba Bisons	8.37q	1
4 Annessa Stasiuk	04 Manitoba Bisons	8.41q	2
5 Hayley Turner	02 Manitoba Bisons	8.50q	2
6 Yvette Morgan	96 Bison Athlet	8.81q	2
7 Valerie Beynon	91 Winnipeg Opt	9.30q	4
8 Temiloluwa Oyewole	04 Manitoba Bisons	9.31q	5 9.310

Women 20-34 60 m Exhibition F Open

Name	Year Team	Finals
Finals		
1 Brianna Tynes	99 Manitoba Bisons	7.98
2 Kirsten Hurdal	99 Manitoba Bisons	8.18
3 Jennifer Simcoe	03 Manitoba Bisons	8.32
4 Annessa Stasiuk	04 Manitoba Bisons	8.35

Women 35+ 60 m Open

Name	Year Team	Prelims	H#
Preliminaries			
1 Omena Babalola	68 Winnipeg Opt	10.91q	6

Girls 8-11 300 m Open

Name	Year Team	Finals	H#
Finals			
1 Averie Hemlow	14 Stars Athlet	1:11.25	2

Girls 12-13 300 m Open

Name	Year Team	Finals	H#
1 Rowen Mulvey	11 Tough Track	45.86	1
2 Maya Buccini	11 Winnipeg Opt	55.24	1
3 Azeezat Agboola	12 Winnipeg Opt	58.10	2
4 Kylie Hemlow	12 Stars Athlet	1:02.03	2

Women 14-15 300 m Open

Name	Year Team	Finals
1 Nyah Moyes	09 Tough Track	45.08
2 Nina Arkova-Tough	09 Tough Track	45.43

2024 WOA Winter Open - 2024-01-19 to 2024-01-20**James Daly Fieldhouse, Max Bell Centre****Results****Women 15&U 400 m Open**

Name	Year Team	Finals
1 Claire Hendrickson	09 Tough Track	1:04.54

Women 16-17 400 m Open

Name	Year Team	Finals	H#
1 Lillian Waldner	08 Tough Track	1:01.36	1
2 Kennedy Adolph	08 Winnipeg Opt	1:05.01	3
3 Paige Cookson	07 Winnipeg Opt	1:06.59	3
4 Ally Kowalchuk	07 Winnipeg Opt	1:07.24	3

Women 18-19 400 m Open

Name	Year Team	Finals	H#
1 Anne Forman	06 Winnipeg Opt	1:03.25	2
2 Arianna Fulcher	05 Manitoba Bisons	1:03.75	2
3 Jordyn Allison	06 Tough Track	1:05.73	3
4 Hana Lysiuk	06 Last Mile At	1:06.95	1
-- Morgan Kehl	06 Winnipeg Opt	DQ	2 Rule TR 17.5

Women 20-34 400 m Open

Name	Year Team	Finals	H#
1 Dana Poulton	01 Manitoba Bisons	1:01.10	1
2 Emily Watson	00 Manitoba Bisons	1:05.43	2

Girls 6-11 150 m Open

Name	Year Team	Finals	H#
1 Zoe Salvador	13 Tough Track	22.02	1
2 Mary Oderemi	13 Winnipeg Opt	25.86	2
3 Mercy Jeje	13 Winnipeg Opt	26.46	3
4 Norah Van Dyke	14 Tough Track	29.09	3

Girls 12-13 150 m Open

Name	Year Team	Finals	H#
1 Rowen Mulvey	11 Tough Track	21.28	3
2 Halle Fenn Holdnick	11 Winnipeg Opt	22.51	1
3 Sara Morris	11 Tough Track	23.09	1
4 Ashley Schneider	11 Winnipeg Opt	24.01	1
5 Azeezat Agboola	12 Winnipeg Opt	24.21	2
6 Paisley Strauman	12 Winnipeg Opt	24.39	1
7 Jocelyn Anderson	11 Winnipeg Opt	24.69	1
8 Berkeley Mitchell	12 Winnipeg Opt	25.97	2
9 Maya Buccini	11 Winnipeg Opt	27.52	2

2024 WOA Winter Open - 2024-01-19 to 2024-01-20**James Daly Fieldhouse, Max Bell Centre****Results****Women 14-15 200 m Open**

Name	Year	Team	Finals	H#
1 Nyah Moyes	09	Tough Track	27.95	2
2 Paxton Ives	10	Winnipeg Opt	28.93	3
3 Fallyne McNabb	10	Tough Track	29.31	3
4 Willow Lakusta	09	Winnipeg Opt	29.92	5
5 Alyssa Kim	10	Winnipeg Opt	31.08	5
6 Isabelle Kim	10	Winnipeg Opt	31.50	5

Women 16-17 200 m Open

Name	Year	Team	Finals	H#
1 Lillian Waldner	08	Tough Track	26.35	1
2 Esther Akinlade	08	Winnipeg Opt	27.73	2
3 Paige Cookson	07	Winnipeg Opt	28.41	2
4 Emma Unrau	08	Tough Track	28.95	3
5 Ally Kowalchuk	07	Winnipeg Opt	29.53	4
6 Elizabeth Oderemi	08	Winnipeg Opt	30.29	5
7 Kali Boyko T38;F38	07	Tough Track	30.59	4
8 Sara Buccini	08	Winnipeg Opt	31.11	4

Women 18-19 200 m Open

Name	Year	Team	Finals
1 Skyler Kuypers	06	Winnipeg Opt	27.40
2 Morgan Kehl	06	Winnipeg Opt	27.96

Women 20-34 200 m Open

Name	Year	Team	Finals	H#
1 Brianna Tynes	99	Manitoba Bisons	26.28	1
2 Nicole Davis	00	Manitoba Bisons	26.34	1
3 Sarah Smith	99	Manitoba Bisons	28.21	2
4 Yvette Morgan	96	Bison Athlet	29.24	3
5 Valerie Beynon	91	Winnipeg Opt	31.13	4
-- Joanna Johnson-Audu	02	Unattached-Manitoba	DQ	5 tr 17.3.1

Girls 8-11 600 m Open

Name	Year	Team	Finals	H#
1 Norah Van Dyke	14	Tough Track	2:28.92	3

Girls 12-13 600 m Open

Name	Year	Team	Finals	H#
1 Ashley Schneider	11	Winnipeg Opt	1:58.82	2
2 Paisley Strauman	12	Winnipeg Opt	2:14.19	3
3 Julie Xiong	12	Tough Track	2:16.08	3
4 Berkeley Mitchell	12	Winnipeg Opt	2:17.26	3
5 Maya Buccini	11	Winnipeg Opt	2:22.41	3

2024 WOA Winter Open - 2024-01-19 to 2024-01-20**James Daly Fieldhouse, Max Bell Centre****Results****Women 14-15 600 m Open**

Name	Year Team	Finals	H#
1 Kate Tobac	09 Tough Track	1:44.50	1
2 Nina Arkova-Tough	09 Tough Track	1:46.00	2
3 Claire Hendrickson	09 Tough Track	1:47.77	1

Women 16-17 600 m Open

Name	Year Team	Finals	H#
1 Evie Hall	08 Tough Track	1:47.19	2

Women 18-19 600 m Open

Name	Year Team	Finals	H#
1 Adriana Koes	06 Tough Track	1:45.51	2
2 Jordyn Allison	06 Tough Track	1:49.10	2

Women 20-34 600 m Open

Name	Year Team	Finals	H#
1 Chioma Nwagbo	00 Bison Athlet	1:42.00	1
2 Emily Watson	00 Manitoba Bisons	1:46.28	1
3 Lily Francis	04 Manitoba Bisons	1:51.77	2

Women 14-15 800 m Open

Name	Year Team	Finals
1 Shae Friesen	10 Winnipeg Opt	2:53.76

Women 16-17 800 m Open

Name	Year Team	Finals
1 Frances Terichow Parrott	07 Winnipeg Opt	2:34.84
2 Avery Penner	07 Winnipeg Opt	2:36.17
3 Riley Fontaine	08 Winnipeg Opt	2:48.48

Women 18-19 800 m Open

Name	Year Team	Finals
1 Hana Lysiuk	06 Last Mile At	2:33.49
2 Maisey Williams	05 Manitoba Bisons	2:49.76

Girls 6-11 1000 m Open

Name	Year Team	Finals
1 Norah Van Dyke	14 Tough Track	4:36.83
2 Averie Hemlow	14 Stars Athlet	4:38.93

2024 WOA Winter Open - 2024-01-19 to 2024-01-20**James Daly Fieldhouse, Max Bell Centre****Results****Girls 12-13 1200 m Open**

Name	Year Team	Finals
1 Ashley Schneider	11 Winnipeg Opt	4:21.52
2 Julie Xiong	12 Tough Track	5:05.97
3 Berkeley Mitchell	12 Winnipeg Opt	5:19.50
4 Kylie Hemlow	12 Stars Athlet	5:31.88

Women 14-15 1200 m Open

Name	Year Team	Finals
1 Kate Tobac	09 Tough Track	4:18.23
2 Shae Friesen	10 Winnipeg Opt	4:44.04
3 Milena Sgambato	09 Winnipeg Opt	4:44.44

Women 16-17 1500 m Open

Name	Year Team	Finals
1 Annika De Smet	08 Winnipeg Opt	4:42.79
2 Addy Champagne	08 Vincent Massey	5:03.22
3 Frances Terichow Parrott	07 Winnipeg Opt	5:19.10
4 Avery Penner	07 Winnipeg Opt	5:47.92

Women 18-19 1500 m Open

Name	Year Team	Finals
1 Sara Gross	06 Last Mile At	5:18.99

Women 20-34 1500 m Open

Name	Year Team	Finals
1 Natalie Fournier	04 Manitoba Bisons	5:18.35
2 Sophia Alexander	04 Manitoba Bisons	5:31.40
3 Megan Van Heyst	02 Manitoba Bisons	5:51.79

Women 16-17 3000 m Open

Name	Year Team	Finals
1 Annika De Smet	08 Winnipeg Opt	10:06.52
2 Lilianna Aiello	08 Winnipeg Opt	10:52.26

Women 18-19 3000 m Open

Name	Year Team	Finals
1 Olivia Penner	06 Winnipeg Opt	11:41.39
2 Sara Gross	06 Last Mile At	11:47.75

2024 WOA Winter Open - 2024-01-19 to 2024-01-20**James Daly Fieldhouse, Max Bell Centre****Results****Women 20-34 3000 m Open**

Name	Year Team	Finals
1 Sophia Alexander	04 Manitoba Bisons	11:57.94
2 Annika Niblock	02 Manitoba Bisons	12:00.80
3 Shayna Giesbrecht	98 Manitoba Bisons	12:12.05

Women 35+ 5000 m Open

Name	Year Team	Finals
1 Gina Tranquada	85 Roadkill Run	19:13.24
2 Alice Sherwin	88 Unattached-Manitoba	19:15.01

Women 20-34 60 m Hurdles Exhibition F Open

Name	Year Team	Finals
1 Rachel Mann	02 Manitoba Bisons	9.57
2 Eniola Odeleye	01 Manitoba Bisons	9.79
3 Annessa Stasiuk	04 Manitoba Bisons	9.80
4 Sarah Smith	99 Manitoba Bisons	9.87

Women 18-34 60 m Hurdles 0.84m-8.5m Open

Name	Year Team	Finals
1 Jordyn Davis	07 Winnipeg Opt	8.96
2 Sarah Smith	99 Manitoba Bisons	9.54
3 Rachel Mann	02 Manitoba Bisons	9.57
4 Annessa Stasiuk	04 Manitoba Bisons	9.78
5 Eniola Odeleye	01 Manitoba Bisons	10.19
6 Lindsey Gundrum	03 Manitoba Bisons	10.34
7 Jaylyn Deurbrouck	03 Manitoba Bisons	11.14

Women 4x100 m Relay Open

Team	Finals
1 Winnipeg Optimist Athletics 'A'	57.66
1) Alyssa Kim 10	2) Paxton Ives 10
3) Halle Fenn Holdnick 11	4) Isabelle Kim 10
2 Winnipeg Optimist Athletics 'B'	1:05.70

Women 4x400 m Relay Open

Team	Finals
1 Winnipeg Optimist Athletics 'B'	4:30.91
2 Winnipeg Optimist Athletics 'A'	5:02.36
1) Ashley Palomino Song 10	2) Shae Friesen 10
3) Ashley Schneider 11	4) Milena Sgambato 09

2024 WOA Winter Open - 2024-01-19 to 2024-01-20**James Daly Fieldhouse, Max Bell Centre****Results****Girls 7-11 High Jump Open**

Name	Year Team	Finals
1 Natalie Dressler	14 Winnipeg Opt	0.90m
0.80 0.85 0.90 0.95		
O O O XXX		

Girls 12-13 High Jump Open

Name	Year Team	Finals
1 Esther Oderemi	09 Winnipeg Opt	1.35m
1.30 1.35 1.40		
O XO X		
-- Rowen Mulvey	11 Tough Track	NH
1.30		
XXX		

Women 14-15 High Jump Open

Name	Year Team	Finals
1 Rocklyn Turner	10 Unattached-Manitoba	1.25m
1.10 1.15 1.20 1.25 1.30		
O O XO XXO XXX		

Women 16-17 High Jump Open

Name	Year Team	Finals
1 Esther Akinlade	08 Winnipeg Opt	1.47m
1.35 1.38 1.41 1.44 1.47 1.50 1.53		
O O O XO XXO X XX		
2 Talia Stadnyk	07 Winnipeg Opt	1.35m
1.32 1.35 1.38		
XO O XXX		
3 Kavishi Udumullage	08 Winnipeg Opt	1.29m
1.29 1.30		
O XXX		

Women 18-19 High Jump Open

Name	Year Team	Finals
1 Lola Oaldapo	05 Manitoba Bisons	1.53m
1.47 1.53 1.59		
O XXO XXX		
2 Ariel Young	06 Winnipeg Opt	1.50m
1.44 1.47 1.50 1.53		
XO XXO XO XXX		
3 Sydney Burak	06 Winnipeg Opt	1.47m
1.47 1.50		
O XXX		
4 Anne Forman	06 Winnipeg Opt	1.41m
1.32 1.35 1.38 1.41 1.44		
O O O XO XXX		

2024 WOA Winter Open - 2024-01-19 to 2024-01-20**James Daly Fieldhouse, Max Bell Centre****Results****....Women 18-19 High Jump Open**

5	Julia Owzarek	06	Winnipeg Opt	1.38m
	1.35 1.38 1.41			
	0 0 XXX			

Women 20-34 High Jump Open

Name	Year Team	Finals
1 Lara Denbow	03 Manitoba Bisons	1.71m
	1.62 1.65 1.68 1.71	
	0 0 0 XXO	
2 Eniola Adepoju	99 Manitoba Bisons	1.50m
	1.35 1.38 1.41 1.44 1.47 1.50 1.53	
	0 0 0 XXO XO XO XXX	

Girls 13&U Pole Vault Open

Name	Year Team	Finals
1 Jaeda Liske	12 Winnipeg Opt	2.85m
	2.65 2.75 2.85 2.95	
	XXO 0 XXO XXX	

Women 16-17 Pole Vault Open

Name	Year Team	Finals
1 Riley Fontaine	08 Winnipeg Opt	2.65m
	2.55 2.65 2.75	
	0 0 XXX	

Women 20-34 Pole Vault Open

Name	Year Team	Finals
1 Emily Blackner	97 Winnipeg Opt	4.00m
	3.85 4.00 4.10	
	XO XO XXX	
2 Danica Bazin	00 Winnipeg Opt	3.15m
	3.05 3.15 3.25	
	0 0 XXX	
3 Arianna Pilat	03 Manitoba Bisons	2.85m
	2.75 2.85 2.95	
	0 0 XXX	
4 Mikaela Garfinkel	92 Winnipeg Opt	2.65m
	2.55 2.65 2.75	
	XO 0 XXX	
-- Hayley Turner	02 Manitoba Bisons	NH
	2.55	
	XXX	

2024 WOA Winter Open - 2024-01-19 to 2024-01-20**James Daly Fieldhouse, Max Bell Centre****Results****Girls 7-11 Long Jump Open**

Name	Year	Team	Finals
1 Zoe Salvador	13	Tough Track	3.44m
			3.44m 3.26m 2.49m 2.94m
2 Mary Oderemi	13	Winnipeg Opt	2.95m
			2.73m 2.95m 2.90m FOUL
3 Mercy Jeje	13	Winnipeg Opt	2.93m
			2.93m FOUL 2.58m 2.72m
4 Kaylee Dressler	16	Winnipeg Opt	2.45m
			2.30m 2.15m 2.11m 2.45m
5 Tessa Phillipow	13	Stars Athlet	1.50m
			1.29m 1.41m 1.50m 1.39m

Girls 12-13 Long Jump Open

Name	Year	Team	Finals
1 Esther Oderemi	09	Winnipeg Opt	4.34m
			4.15m 4.10m 4.34m 4.15m
2 Willow Lakusta	09	Winnipeg Opt	4.28m
			4.16m 4.28m FOUL 4.13m
3 Fiona Petrie	09	Tough Track	4.23m
			FOUL 4.23m 3.48m 3.88m
4 Halle Fenn Holdnick	11	Winnipeg Opt	3.32m
			2.90m 2.95m 2.77m 3.32m
5 Azeezat Agboola	12	Winnipeg Opt	3.26m
			3.26m 2.78m FOUL 2.60m
6 Malin Reid	12	Unattached-Manitoba	2.78m
			FOUL 2.78m FOUL 2.75m

Women 16-17 Long Jump Open

Name	Year	Team	Finals	H#
1 Talia Stadnyk	07	Winnipeg Opt	4.60m	2
			4.60m 4.46m 4.53m 4.52m	
2 Emma Unrau	08	Tough Track	4.09m	2
			FOUL 3.80m FOUL 4.09m	
3 Kavishi Udumullage	08	Winnipeg Opt	4.07m	2
			FOUL 4.07m 3.96m FOUL	
4 Sienna Banman	07	Winnipeg Opt	3.54m	2
			FOUL 3.54m 3.47m 2.83m	
5 Jaela Babulira	08	Stars Athlet	3.52m	2
			FOUL FOUL FOUL 3.52m	
-- Raina Garland	08	Winnipeg Opt	FOUL	1
			FOUL FOUL FOUL	

Women 18-19 Long Jump Open

Name	Year	Team	Finals	H#
1 Sarah McChristie	05	Manitoba Bisons	4.92m	1
			4.92m FOUL	
2 Kaila Dennie	05	Manitoba Bisons	4.89m	1
			4.89m 4.65m 4.83m 4.59m	

2024 WOA Winter Open - 2024-01-19 to 2024-01-20**James Daly Fieldhouse, Max Bell Centre****Results****...Women 18-19 Long Jump Open**

3	Lola Oaldapo	05	Manitoba Bisons	4.47m	1
	4.47m 4.04m FOUL 4.17m				
4	Siobhan Hyndman	06	Winnipeg Opt	4.44m	2
	4.44m 4.20m 4.20m FOUL				
5	Sydney Burak	06	Winnipeg Opt	4.24m	2
	4.23m 3.98m 4.24m				
5	Rianna Cassils	06	Winnipeg Opt	4.24m	2
	FOUL FOUL FOUL 4.24m				

Women 20-34 Long Jump Open

Name	Year Team	Finals	H#
1 Eniola Odeleye	01 Manitoba Bisons	5.19m	1
	5.16m 5.19m FOUL 5.08m		
2 Jennifer Simcoe	03 Manitoba Bisons	4.68m	1
	FOUL 4.68m 4.46m FOUL		
3 Dinu Rajapakse	01 Manitoba Bisons	4.66m	1
	FOUL 4.66m FOUL 4.39m		
4 Kirsten Hurdal	99 Manitoba Bisons	4.60m	1
	FOUL FOUL FOUL 4.60m		
-- Temiloluwa Oyewole	04 Manitoba Bisons	FOUL	2
	FOUL FOUL FOUL FOUL		

Women 14-15 Triple Jump Open

Name	Year Team	Finals
1 Willow Lakusta	09 Winnipeg Opt	9.74m
	9.59m FOUL 9.74m FOUL	
2 Esther Oderemi	09 Winnipeg Opt	9.34m
	9.11m 9.01m 9.34m 9.05m	
-- Fiona Petrie	09 Tough Track	FOUL
	FOUL FOUL FOUL PASS	
-- Rocklyn Turner	10 Unattached-Manitoba	FOUL
	FOUL FOUL PASS	

Women 16-17 Triple Jump Open

Name	Year Team	Finals
1 Esther Akinlade	08 Winnipeg Opt	9.96m
	9.96m 9.54m FOUL FOUL	
2 Talia Stadnyk	07 Winnipeg Opt	9.78m
	9.78m FOUL FOUL 9.67m	
3 Lalisae Beshada	08 Kelvin High School	9.29m
	9.13m FOUL FOUL 9.29m	

Women 18-19 Triple Jump Open

Name	Year Team	Finals
1 Sarah McChristie	05 Manitoba Bisons	11.07m
	FOUL FOUL 11.07m FOUL	

2024 WOA Winter Open - 2024-01-19 to 2024-01-20**James Daly Fieldhouse, Max Bell Centre****Results****...Women 18-19 Triple Jump Open**

2	Siobhan Hyndman	06	Winnipeg Opt	9.68m
	FOUL	9.06m	9.08m	9.68m
3	Rianna Cassils	06	Winnipeg Opt	9.41m
	FOUL	9.41m	9.13m	9.27m

Women 20-34 Triple Jump Open

Name	Year	Team	Finals
1 Dinu Rajapakse	01	Manitoba Bisons	10.49m
	10.35m	FOUL	10.42m
-- Eniola Adepoju	99	Manitoba Bisons	FOUL
	FOUL	FOUL	FOUL

Women Shot Put 4kg Open

Name	Year	Team	Finals
1 Ashley Morrow	06	Winnipeg Opt	10.83m
	FOUL	10.83m	9.93m
	10.71m	FOUL	10.54m
2 Danica Kubay	05	Manitoba Bisons	9.37m
	9.37m	FOUL	FOUL
	FOUL	FOUL	FOUL
	FOUL	FOUL	0.09m
3 Karen Ferris	91	Flying M Ath	9.25m
	8.66m	FOUL	8.48m
	9.25m	8.94m	FOUL
4 Alainna Melnyk	04	Manitoba Bisons	8.88m
	FOUL	8.04m	FOUL
	8.88m	FOUL	8.88m
5 Cecilia Cormier	06	Flying M Ath	8.86m
	7.89m	8.81m	8.57m
	8.13m	8.67m	8.86m

Women Weight Throw 9.07kg Open

Name	Year	Team	Finals
1 Ashley Morrow	06	Winnipeg Opt	12.98m
	11.69m	11.55m	11.88m
	12.98m	FOUL	11.95m
2 Alexa Matwyczuk	93	Flying M Ath	12.37m
	12.08m	12.37m	FOUL
	FOUL	FOUL	FOUL
3 Alainna Melnyk	04	Manitoba Bisons	11.95m
	11.42m	11.95m	FOUL
	FOUL	FOUL	FOUL
4 Danica Kubay	05	Manitoba Bisons	11.56m
	11.56m	11.32m	FOUL
	FOUL	FOUL	11.11m
	FOUL		FOUL
5 Natasha English	03	unassigned	10.77m
	10.77m	9.89m	FOUL
	9.57m	10.18m	10.45m
6 Bryarae Gudmundson	97	Flying M Ath	10.48m
	FOUL	FOUL	10.02m
	FOUL	FOUL	10.48m
	FOUL		FOUL

Girls 7-11 Standing Long Jump Open

Name	Year	Team	Finals
1 Zoe Salvador	13	Tough Track	2.06m
	2.01m	1.87m	1.87m
	1.84m	2.06m	2.04m
2 Natalie Dressler	14	Winnipeg Opt	1.67m
	1.67m	1.65m	1.60m
	1.54m	1.56m	

2024 WOA Winter Open - 2024-01-19 to 2024-01-20**James Daly Fieldhouse, Max Bell Centre****Results****....Girls 7-11 Standing Long Jump Open**

3	Addi Peters	15	unassigned	1.44m
	1.44m	1.39m	1.43m	1.41m 1.44m 1.38m
4	Kaylee Dressler	16	Winnipeg Opt	1.36m
	1.30m	1.17m	1.28m	1.36m 1.31m 1.21m
5	Tessa Phillipow	13	Stars Athlet	1.30m
	1.24m	1.30m	1.29m	1.24m 1.17m 1.20m

Women 20-34 800 m Open Pentathlon

Name	Year	Team	Finals	Points
1 Lindsey Gundrum	03	Manitoba Bisons	2:40.02	573
-- Rachel Mann	02	Manitoba Bisons	DNF	

Women 20-34 60 m Hurdles Open Pentathlon

Name	Year	Team	Finals	Points
1 Rachel Mann	02	Manitoba Bisons	9.57	794
2 Lindsey Gundrum	03	Manitoba Bisons	10.34	650
3 Jaylyn Deurbrouck	03	Manitoba Bisons	11.14	514

Women 20-34 High Jump Open Pentathlon

Name	Year	Team	Finals	Points
1 Jaylyn Deurbrouck	03	Manitoba Bisons	1.50m	621
	1.47	1.50	1.53	
	O	XO	XXX	
2 Lindsey Gundrum	03	Manitoba Bisons	1.41m	523
	1.29	1.32	1.35	1.38 1.41 1.44
	O	XO	O	O XXO XXX
3 Rachel Mann	02	Manitoba Bisons	1.26m	369
	1.17	1.23	1.26	1.29
	O	XXO	XXO	XXX

Women 20-34 Long Jump Open Pentathlon

Name	Year	Team	Finals	Points
1 Rachel Mann	02	Manitoba Bisons	4.62m	459
	4.62m	FOUL	FOUL	
2 Lindsey Gundrum	03	Manitoba Bisons	4.57m	446
	4.57m	4.44m	FOUL	

Women 20-34 Shot Put Open Pentathlon

Name	Year	Team	Finals	Points
1 Lindsey Gundrum	03	Manitoba Bisons	9.50m	497
	8.30m	8.22m	9.50m	
2 Jaylyn Deurbrouck	03	Manitoba Bisons	8.03m	401
	FOUL	8.03m	7.24m	
3 Rachel Mann	02	Manitoba Bisons	7.40m	361
	7.40m	6.21m	6.81m	

2024 WOA Winter Open - 2024-01-19 to 2024-01-20**James Daly Fieldhouse, Max Bell Centre****Results****Women 20-34 Pentathlon Open**

Name	Year Team	Finals	H#
1 Lindsey Gundrum	03 Manitoba Bisons	2116	
2 Rachel Mann	02 Manitoba Bisons	1983	

Women 45-49 Shot Put 4Kg Master

Name	Year Team	Prelims
Preliminaries		
1 Jill Seymour	67 Flying M Ath	8.12mq

Men 2000 m U16

Name	Year Team	Finals
Finals		
1 Joel Thiessen	09 Winnipeg Opt	7:06.63
2 Nicholas Nazar	10 Winnipeg Opt	7:35.51

Men 60 m Hurdles 0.84m-8.5m U16

Name	Year Team	Finals
1 Donovan Pringle	09 Winnipeg Opt	9.08
2 Reed Passmore	10 Winnipeg Opt	9.41
3 Logan Thorn	09 Winnipeg Opt	9.82
4 Edwin Dalke	09 Winnipeg Opt	9.91

Men Shot Put 6kg U20

Name	Year Team	Finals
1 Dylan Barnych	05 Winnipeg Opt	11.24m
	9.31m 10.75m 11.24m 10.66m 10.87m	

Men Weight Throw 11.34kg U20

Name	Year Team	Finals
1 Dylan Barnych	05 Winnipeg Opt	15.79m
	15.79m FOUL FOUL 15.47m FOUL 15.62m	

Men 8-11 60 m Open

Name	Year Team	Prelims	H#
Preliminaries			
1 Ezekiel Akinlade	13 Winnipeg Opt	9.16q	5
2 Fabien Mutobano	13 Stars Athlet	10.76q	6
3 Aldridge Vaughn Sanchez	13 Stars Athlet	11.60q	6

2024 WOA Winter Open - 2024-01-19 to 2024-01-20**James Daly Fieldhouse, Max Bell Centre****Results****Men 12-13 60 m Open**

Name	Year Team	Prelims	H#
1 Noah Duncan	12 Winnipeg Opt	9.23q	5
2 Oliver Bayani	12 Winnipeg Opt	9.79q	5
3 Kyle D'Sa	12 Winnipeg Opt	10.27q	5
4 Noah McCarron	12 Winnipeg Opt	10.78q	5
5 Max Beardy-Berard	12 Winnipeg Opt	13.11q	6

Men 14-15 60 m Open

Name	Year Team	Prelims	H#
1 Yusuff Ajibola Yusuff	09 Winnipeg Opt	7.44q	3
2 Tyler Motkaluk	09 Winnipeg Opt	7.53q	3
3 Owen McKenty	09 Winnipeg Opt	8.32q	4
4 Alexander Schinkel	10 Tough Track	8.52q	5
5 Malik Brown	09 Winnipeg Opt	8.56q	5

Men 16-17 60 m Exhibition F Open

Name	Year Team	Prelims
1 Joshua Onwuanimkwu	07 Winnipeg Opt	6.99q

Men 16-17 60 m Open

Name	Year Team	Prelims	H#
1 Joshua Onwuanimkwu	07 Winnipeg Opt	7.09q	1
2 Terick Burchill	07 Winnipeg Opt	7.33q	2
3 Dylan Bazan	07 Winnipeg Opt	7.57q	1
4 Praise Oni	07 Winnipeg Opt	7.82q	4
5 Landon Moyes	07 Tough Track	7.88q	4
6 Elliot McKay	08 Winnipeg Opt	7.95q	4
7 Trevor Coffin	07 Tough Track	8.19q	4

Men 18-19 60 m Exhibition F Open

Name	Year Team	Prelims
1 Augustine Nkundimana	06 Winnipeg Opt	6.97q
2 Elijah Falade	06 Winnipeg Opt	7.04q
3 Denzel Aguinaldo	05 Manitoba Bisons	7.09q
4 Connor Hutchison-Campbel	06 Winnipeg Opt	7.42q

Men 18-19 60 m Open

Name	Year Team	Prelims	H#
1 Augustine Nkundimana	06 Winnipeg Opt	7.05q	1
2 Elijah Falade	06 Winnipeg Opt	7.10q	1
3 Denzel Aguinaldo	05 Manitoba Bisons	7.17q	2
4 Connor Hutchison-Campbel	06 Winnipeg Opt	7.37q	2 7.368
5 John McGowan	06 Ottawa Lions T.F.C.	7.40q	2

2024 WOA Winter Open - 2024-01-19 to 2024-01-20**James Daly Fieldhouse, Max Bell Centre****Results****Men 20-34 60 m Exhibition F Open**

Name	Year Team	Prelims
1 Miracle Eze	01 Manitoba Bisons	6.96q
2 Michael Puchala	00 Manitoba Bisons	7.28q
3 Dexus Valenzona	04 Manitoba Bisons	7.34q

Men 20-34 60 m Open

Name	Year Team	Prelims	H#
1 Miracle Eze	01 Manitoba Bisons	7.02q	1
2 Olamide Olanrewaju	03 Manitoba Bisons	7.36q	3 7.358
3 Dexus Valenzona	04 Manitoba Bisons	7.36q	1 7.359
4 Michael Puchala	00 Manitoba Bisons	7.37q	2 7.370
5 Wilfred Onunkwo	03 Winnipeg Opt	7.42q	2
6 Max Speiser	00 Manitoba Bisons	7.47q	3
7 Enock Birinda	04 Manitoba Bisons	7.60q	3
8 Xerxes Ejercito	02 Manitoba Bisons	7.61q	2
9 Caelan Norea	02 Winnipeg Opt	7.75q	3
10 Kyle Yaffe	00 Manitoba Bisons	7.78q	4
11 Harith Mtwangi	02 Flying M Ath	7.97	4

Men 35+ 60 m Open

Name	Year Team	Prelims	H#
1 Ernest Cholakis	75 Unattached-Manitoba	8.58q	6
2 Timothy Berard T36;F36	81 Flying M Ath	16.20q	6

Men 6-11 150 m Open

Name	Year Team	Finals
2 Ezekiel Akinlade	13 Winnipeg Opt	21.72
3 Aldridge Vaughn Sanchez	13 Stars Athlet	29.15

Men 12-13 150 m Open

Name	Year Team	Finals
1 Jack Tobac	12 Tough Track	23.50
2 Oliver Bayani	12 Winnipeg Opt	24.71
3 Noah McCarron	12 Winnipeg Opt	27.48
4 Max Beardy-Berard	12 Winnipeg Opt	31.86

Men 14+ 150 m Open

Name	Year Team	Finals	H#
1 Alexander Schinkel	10 Tough Track	20.22	2
1 Malik Brown	09 Winnipeg Opt	20.86	2
2 Ernest Cholakis	75 Unattached-Manitoba	21.24	2
3 George Stewart	59 Winnipeg Opt	22.93	2
4 Timothy Berard T36;F36	81 Flying M Ath	42.04	2

2024 WOA Winter Open - 2024-01-19 to 2024-01-20**James Daly Fieldhouse, Max Bell Centre****Results****Men 14-15 200 m Open**

Name	Year Team	Finals	H#
1 Yusuff Ajibola Yusuff	09 Winnipeg Opt	23.56	2
2 Tyler Motkaluk	09 Winnipeg Opt	24.56	3
3 Reed Passmore	10 Winnipeg Opt	25.54	4

Men 16-17 200 m Open

Name	Year Team	Finals	H#
1 Eli Dawkins	07 Winnipeg Opt	23.90	2 23.891
2 Landon Moyes	07 Tough Track	25.03	4
3 Elliot McKay	08 Winnipeg Opt	25.62	5

Men 18-19 200 m Open

Name	Year Team	Finals	H#
1 Denzel Aguinaldo	05 Manitoba Bisons	23.80	3

Men 20-34 200 m Open

Name	Year Team	Finals	H#
1 Roy Tambal Musa	02 Manitoba Bisons	22.69	1
2 Wilfred Onunkwo	03 Winnipeg Opt	23.73	1
3 Michael Puchala	00 Manitoba Bisons	23.90	3 23.899
4 Tochukwu Achilefu	04 Manitoba Bisons	23.95	1
5 Olamide Olanrewaju	03 Manitoba Bisons	24.19	3
6 Kyle Yaffe	00 Manitoba Bisons	24.54	4
7 Xerxes Ejercito	02 Manitoba Bisons	25.10	3
8 Dexus Valenzona	04 Manitoba Bisons	25.11	2 25.106
9 Enock Birinda	04 Manitoba Bisons	25.11	4 25.107

Men 35+ 200 m Open

Name	Year Team	Finals	H#
1 Greg Athayde	61 Tough Track	28.37	5
2 Paul Samyn	65 Winnipeg Opt	33.38	5

Men 8-11 300 m Open

Name	Year Team	Finals	H#
1 Ezekiel Akinlade	13 Winnipeg Opt	50.26	2

Men 12-13 300 m Open

Name	Year Team	Finals	H#
1 Max Beardy-Berard	12 Winnipeg Opt	1:10.94	2

2024 WOA Winter Open - 2024-01-19 to 2024-01-20**James Daly Fieldhouse, Max Bell Centre****Results****Men 14-15 300 m Open**

Name	Year Team	Finals
1 Logan Thorn	09 Winnipeg Opt	41.18

Men 20-34 300 m Open

Name	Year Team	Finals
1 Ihor Brezdun	04 Winnipeg Opt	37.82
2 Tochukwu Achilefu	04 Manitoba Bisons	37.96

Men 35+ 300 m Open

Name	Year Team	Finals	H#
1 Darcey Harder	72 Roadkill Run	49.36	2
2 George Stewart	59 Winnipeg Opt	50.34	2

Men 16-17 400 m Open

Name	Year Team	Finals	H#
1 Eli Dawkins	07 Winnipeg Opt	53.30	1
2 Luc Fillion	07 Tough Track	53.49	1
3 Parker Thomas	08 Winnipeg Opt	55.16	2
4 Cohen Orlesky	07 Unattached-Manitoba	57.31	1
5 Landon Moyes	07 Tough Track	58.80	2

Men 18-19 400 m Open

Name	Year Team	Finals
1 Giacomo Mangili	06 Tough Track	52.83

Men 20-34 400 m Open

Name	Year Team	Finals	H#
1 Gavin McCulloch	04 Winnipeg Opt	59.61	3
2 Jared Vachon	02 Manitoba Bisons	1:01.00	3

Men 35+ 400 m Open

Name	Year Team	Finals	H#
1 Greg Athayde	61 Tough Track	59.94	2
2 Claude Faucher	67 Unattached-Manitoba	1:01.86	3
3 Shawn Watters	61 Tough Track	1:08.37	3

Men 8-11 600 m Open

Name	Year Team	Finals	H#
1 Ezekiel Akinlade	13 Winnipeg Opt	2:01.63	2
2 Aldridge Vaughn Sanchez	13 Stars Athlet	2:41.22	2

2024 WOA Winter Open - 2024-01-19 to 2024-01-20**James Daly Fieldhouse, Max Bell Centre****Results****Men 12-13 600 m Open**

Name	Year Team	Finals	H#
1 Jack Tobac	12 Tough Track	2:01.89	2
2 Oliver Bayani	12 Winnipeg Opt	2:16.99	2

Men 14-15 800 m Open

Name	Year Team	Finals	H#
1 Edwin Dalke	09 Winnipeg Opt	2:28.11	3

Men 16-17 800 m Open

Name	Year Team	Finals	H#
1 Draycen Ralph	07 Tough Track	1:59.41	1
2 Luc Fillion	07 Tough Track	2:01.34	1
3 Carter Heroux	08 Winnipeg Opt	2:05.31	2
4 Nate Phillips	07 Last Mile At	2:09.17	1
5 Nicolas Bergen	07 Tough Track	2:09.48	2
6 Dorian Johnson	08 Tough Track	2:10.61	2
7 Tristan Gudmundson	08 Winnipeg Opt	2:16.50	2
8 Cohen Orlesky	07 Unattached-Manitoba	2:23.12	3

Men 18-19 800 m Open

Name	Year Team	Finals	H#
1 Wylie Garchinski	05 Manitoba Bisons	2:00.25	1
2 Jonah Leppelemann	05 Manitoba Bisons	2:02.85	1
3 Giacomo Mangili	06 Tough Track	2:03.76	1
4 Nathan Dyck	06 Last Mile At	2:05.80	2
5 Nathan Simard	06 Unattached-Manitoba	2:07.23	1
6 Jase Herie	06 Winnipeg Opt	2:08.30	2
7 Cole McCulloch	06 Winnipeg Opt	2:24.48	3

Men 20-34 800 m Open

Name	Year Team	Finals	H#
1 Gavin McCulloch	04 Winnipeg Opt	2:29.08	3
-- Gavin Maxwell	02 Manitoba Bisons	DNF	1
-- Noel Kendle	00 Manitoba Bisons	DNF	1

Men 35+ 800 m Open

Name	Year Team	Finals	H#
1 John Coffin	81 Tough Track	2:09.41	2
2 Claude Faucher	67 Unattached-Manitoba	2:19.80	3

2024 WOA Winter Open - 2024-01-19 to 2024-01-20**James Daly Fieldhouse, Max Bell Centre****Results****Men 14-15 1500 m Open**

Name	Year Team	Finals
1 Edwin Dalke	09 Winnipeg Opt	5:06.59

Men 16-17 1500 m Open

Name	Year Team	Finals
1 Liam Palmer	07 Winnipeg Opt	4:09.34
2 Nate Phillips	07 Last Mile At	4:21.10
3 Nicolas Bergen	07 Tough Track	4:26.07
4 Dorian Johnson	08 Tough Track	4:41.20

Men 18-19 1500 m Open

Name	Year Team	Finals
1 Crason Kroeker	05 Manitoba Bisons	4:11.52
2 Nathan Dyck	06 Last Mile At	4:21.26
3 Cole McCulloch	06 Winnipeg Opt	5:06.99

Men 20-34 1500 m Open

Name	Year Team	Finals
1 Gavin Maxwell	02 Manitoba Bisons	4:20.27

Men 35+ 1500 m Open

Name	Year Team	Finals
1 John Coffin	81 Tough Track	4:27.02
2 Stephen Terichow Parrott	62 Roadkill Run	6:07.53

Men 16-17 3000 m Open

Name	Year Team	Finals
1 Liam Palmer	07 Winnipeg Opt	8:54.67
2 Nate Phillips	07 Last Mile At	9:00.85

Men 18-19 3000 m Open

Name	Year Team	Finals
1 Jase Herie	06 Winnipeg Opt	10:03.28

Men 35+ 3000 m Open

Name	Year Team	Finals
1 Shawn Watters	61 Tough Track	11:51.24
2 Sam Zhou	68 Roadkill Run	11:54.51

2024 WOA Winter Open - 2024-01-19 to 2024-01-20**James Daly Fieldhouse, Max Bell Centre****Results****Men 20-34 5000 m Open**

Name	Year Team	Finals
1 Sam Vincent	92 unassigned	14:28.83
2 Nickolas Kosmenko	90 Bison Athlet	16:50.95

Men 35+ 5000 m Open

Name	Year Team	Finals
1 Sam Zhou	68 Roadkill Run	20:25.63
2 Bob Cox	60 Roadkill Run	21:10.57

Men 18-19 60 m Hurdles Exhibition F Open

Name	Year Team	Finals
1 Jordan Beinert	05 Manitoba Bisons	8.77
2 Kieran Reid	05 Manitoba Bisons	9.63

Men 20-34 60 m Hurdles Exhibition F Open

Name	Year Team	Finals
1 Max Speiser	00 Manitoba Bisons	8.64

Men 18-34 60 m Hurdles 1.067-9.14m Open

Name	Year Team	Finals
1 Jordan Beinert	05 Manitoba Bisons	8.73
2 Max Speiser	00 Manitoba Bisons	8.77
3 Kieran Reid	05 Manitoba Bisons	9.33

Men 4x100 m Relay Open

Team	Finals
1 Winnipeg Optimist Athletics 'A'	54.84
2 Unattached-Manitoba 'A'	1:01.47
1) Ernest Cholakis 75	2) Scott Gurney 66
3) Stephen Terichow Parrott 62	4) Paul Samyn 65

Men 4x200 m Relay Open

Team	Finals
1 Roadkill Running Club 'A'	2:27.36
1) Darcey Harder 72	2) Gord Flett 60
3) Stephen Terichow Parrott 62	4) Sam Zhou 68

Men 4x400 m Relay Open

Team	Finals
1 Unattached-Manitoba 'A'	5:11.29

2024 WOA Winter Open - 2024-01-19 to 2024-01-20**James Daly Fieldhouse, Max Bell Centre****Results****....Men 4x400 m Relay Open**

- 1) Stephen Terichow Parrott 62 2) Gord Flett 60
 3) Scott Gurney 66 4) Shawn Watters 61

Men 18-19 High Jump Open

Name	Year Team	Finals
1 Adebare Adegbosin	05 Manitoba Bisons	1.90m
1.80 1.85 1.90 1.95		
O XO O XXX		
2 Hatden Caraoa	05 Manitoba Bisons	1.85m
1.80 1.85 1.90		
XO XO XXX		
3 Richard Bestman	06 Unattached-Manitoba	1.70m
1.50 1.55 1.60 1.65 1.70 1.75		
O O XO XXO XXO XXX		

Men 20-34 High Jump Open

Name	Year Team	Finals
1 Daniel Nwogo	03 Manitoba Bisons	1.65m
1.50 1.55 1.60 1.65 1.70		
O O XO XXO XXX		

Men 35+ High Jump Open

Name	Year Team	Finals
1 Kyle D'Sa	12 Winnipeg Opt	1.75m
1.50 1.55 1.60 1.65 1.70 1.75 1.80		
O O XO O O XXO XXX		
1 Noah Duncan	12 Winnipeg Opt	1.75m
1.65 1.70 1.75 1.80		
XXO O XXO XXX		

Men 16-17 Pole Vault Open

Name	Year Team	Finals
1 Ivan Doerksen	08 Predator Ath	2.90m
2.60 2.70 2.80 2.90 3.00		
O XO O O XXX		

Men 20-34 Pole Vault Open

Name	Year Team	Finals
1 Max Speiser	00 Manitoba Bisons	4.55m
4.20 4.35 4.45 4.55 4.65		
O XO O XO XXX		
2 Misha Bruning-Haid	03 Manitoba Bisons	3.10m
3.10 3.20		
O XXX		

2024 WOA Winter Open - 2024-01-19 to 2024-01-20**James Daly Fieldhouse, Max Bell Centre****Results****Men 14-15 Long Jump Open**

Name	Year	Team	Finals
1 Donovan Pringle	09	Winnipeg Opt	5.64m
4.35m 5.37m 5.25m 5.64m			
2 Owen McKenty	09	Winnipeg Opt	4.85m
4.62m 4.73m 4.85m 4.82m			
3 Malik Brown	09	Winnipeg Opt	3.29m
3.14m 3.20m 3.29m 3.21m			

Men 16-17 Long Jump Open

Name	Year	Team	Finals
1 Dylan Bazan	07	Winnipeg Opt	5.79m
5.79m 5.62m 5.50m			
2 Praise Oni	07	Winnipeg Opt	5.57m
5.05m 5.12m 5.24m 5.57m			
3 Soren Reid	08	Unattached-Manitoba	5.41m
5.24m 5.27m 5.20m 5.41m			
4 Elliot McKay	08	Winnipeg Opt	4.89m
3.77m 4.89m			

Men 18-19 Long Jump Open

Name	Year	Team	Finals
1 Hatden Caraoa	05	Manitoba Bisons	6.36m
6.22m 6.08m 6.25m 6.36m			
2 Kieran Reid	05	Manitoba Bisons	6.13m
5.97m 5.76m 6.13m			
3 Richard Bestman	06	Unattached-Manitoba	6.01m
5.94m 6.01m 5.75m 5.74m			
4 Jordan Beinert	05	Manitoba Bisons	5.79m
5.25m 5.79m			

Men 20-34 Long Jump Open

Name	Year	Team	Finals
1 Max Speiser	00	Manitoba Bisons	6.43m
6.05m 6.09m 5.80m 6.43m			
2 Joshua Banman	04	Manitoba Bisons	6.04m
5.95m 5.43m 6.04m 6.04m			
3 Misha Bruning-Haid	03	Manitoba Bisons	6.03m
6.03m 5.95m			
4 Daniel Nwogo	03	Manitoba Bisons	5.48m
5.38m 4.73m 5.48m 5.47m			
5 Caelan Norea	02	Winnipeg Opt	5.04m
4.94m 5.04m 4.98m 4.98m			

Men 35+ Long Jump Open

Name	Year	Team	Finals
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2024 WOA Winter Open - 2024-01-19 to 2024-01-20**James Daly Fieldhouse, Max Bell Centre****Results****....Men 35+ Long Jump Open**

1 Noah Duncan	12 Winnipeg Opt	3.91m
3.91m		
2 Oliver Bayani	12 Winnipeg Opt	3.59m
3.47m 3.14m 3.59m		
3 Ezekiel Akinlade	13 Winnipeg Opt	3.50m
3.50m		
4 Fabien Mutobano	13 Stars Athlet	3.02m
2.37m 2.64m 2.83m 3.02m		
5 Kyle D'Sa	12 Winnipeg Opt	2.89m
2.81m 2.87m 2.63m 2.89m		
6 Noah McCarron	12 Winnipeg Opt	2.68m
2.68m 2.20m		

Men 14-15 Triple Jump Open

Name	Year Team	Finals
1 Donovan Pringle	09 Winnipeg Opt	11.48m
11.48m 11.26m 11.36m 11.30m 11.02m 11.43m		

Men 16-17 Triple Jump Open

Name	Year Team	Finals
1 Soren Reid	08 Unattached-Manitoba	11.65m
11.33m 11.44m 10.16m 11.46m 11.65m 11.60m		

Men 18-19 Triple Jump Open

Name	Year Team	Finals
1 Adebare Adegbosin	05 Manitoba Bisons	14.28m
13.71m 13.87m 14.28m 13.79m 11.99m FOUL		
2 Enoch Amolegbe	06 Winnipeg Opt	12.97m
12.71m 12.52m 12.54m 12.20m 12.41m 12.97m		

Men 20-34 Triple Jump Open

Name	Year Team	Finals
1 Gee-Ef Nkwonta	94 Winnipeg Opt	15.07m
15.07m 14.83m FOUL FOUL 14.91m 14.91m		

Men Shot Put 7.26kg Open

Name	Year Team	Finals
1 Cole Gagnon	98 Manitoba Bisons	11.74m
11.74m FOUL		
2 Sean Rowe	05 Manitoba Bisons	11.53m
11.53m 11.17m x 10.78m 10.66m		
3 Benjamin Marsh	05 Manitoba Bisons	11.17m
11.17m 10.35m 10.84m 10.04m 10.35m 9.64m		
4 Jordan Furletti	02 Manitoba Bisons	10.58m
FOUL 10.21m FOUL 10.24m 10.58m		

2024 WOA Winter Open - 2024-01-19 to 2024-01-20**James Daly Fieldhouse, Max Bell Centre****Results****....Men Shot Put 7.26kg Open**

5	Misha Bruning-Haid	03	Manitoba Bisons	10.50m
	10.46m 10.50m FOUL			
6	Naty Vaserman	05	Manitoba Bisons	10.18m
	10.18m 9.10m 9.02m 9.39m 9.43m 9.29m			

Men Weight Throw 15.88kg Open

Name	Year	Team	Finals
1 Cole Gagnon	98	Manitoba Bisons	13.30m
	13.30m 12.42m FOUL FOUL FOUL 12.99m		
2 Sean Rowe	05	Manitoba Bisons	10.40m
	10.23m 9.14m FOUL 10.09m 10.40m FOUL		
3 Naty Vaserman	05	Manitoba Bisons	9.65m
	8.96m 9.37m 9.43m FOUL 9.65m FOUL		
4 Benjamin Marsh	05	Manitoba Bisons	8.53m
	7.42m 7.57m 8.49m FOUL 8.53m FOUL		

Men 7-11 Standing Long Jump Open

Name	Year	Team	Finals
1 Aldridge Vaughn Sanchez	13	Stars Athlet	1.68m
	1.58m 1.42m 1.68m 1.60m 1.54m 1.54m		

Men 12-13 Standing Long Jump Open

Name	Year	Team	Finals
1 Noah Duncan	12	Winnipeg Opt	2.03m
	1.97m 1.96m 1.90m 1.85m 2.03m 1.99m		
2 Noah McCarron	12	Winnipeg Opt	1.58m
	1.48m 1.57m 1.51m 1.58m 1.48m 1.58m		

Men 50-54 60 m Hurdles 36" Master

Name	Year	Team	Finals
1 Darby Brown	73	Unattached-Manitoba	11.87

Men Shot Put 4Kg Special O

Name	Year	Team	Finals
1 Timothy Berard T36;F36	81	Flying M Ath	5.20m
	PASS 5.20m 4.87m		