

2026 Toba Relays & Legends of the Plains



WHEN: Saturday / Sunday May 30-31, 2026

WHERE: University Stadium, Winnipeg MB

Hosted by Predator Athletics and Bison Athletics Club
Sanctioned and Supported by Athletics Manitoba and the
Manitoba Runners Association

FACILITIES: 8 lane rubberized track
Multiple jump runways
Concrete Throwing circles
Accessible Washroom Facilities

ELIGIBILITY:

- ALL age groups are eligible to compete
- Not all events will be offered for each age group
- Performances from this meet can be used to qualify for the MHSAA Provincials, but athletes/teams must be entered under their school's name

EVENTS:

- 80m (U12/U14), 100m (U16 and older)
- 150m (U12/U14), 200m (U16 and older)
- 600m (U12), 800m (U14 and older)
- 2km Road Race (all)
- 4 x 100m (all), 4 x 200m (U16 and older),
- 4 x 400m (U16 and older), 4 x 800m (U16 and older)
- 4 x 1500m (U18 and older), Shuttle relay (U12/U14)
- Medley (400-200-200-800) (U16 and older)
- Distance Medley (1200-400-800-1600) (U18 and older)
- Mixed 4 x 100m (all), Mixed 4 x 400m (U16 and older)
- Long Jump (all), High Jump (all)
- Shot Put (all), Discus (U14 and older), Hammer (U16 and older), Javelin (U14 and older)

ENTRY FEE:

- There is a flat \$5 entry fee per athlete.
- All participants will receive a gift bag!
- There will be no medals or ribbons

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ENTRIES:

- All entries must be completed by midnight Monday, May 25th, 2026
- All entries must be submitted using Trackie at the following link:

REGISTRATION LINK

NO DAY OF ENTRIES WILL BE ACCEPTED!

EQUIPMENT:

- All meet equipment will be provided by the meet organizers.
- Throwing implements will be provided.
- Personal implements can be used, but must be weight in 1 hour prior to the competition.

THROWS EVENTS:

- There will be 2 categories for each of the throwing events.
 - Beginner (for those who have never done the event or have very little experience)
 - Open (for all others)
- All athletes will throw the appropriate implement weight for their age category.
- Athletes entered under High School will throw MHSAA implement weights.
- There will be an Open category event for each throwing event, on each day. Athletes may enter one or both days.
- Depending on the number of entries per event, there MAY be a minimum measuring distance set.

RELAYS:

- All athletes must be entered in the meet. If they are only participating in relays, they need to be entered by selecting "This registrant is competing in a relay ONLY". This option can be found after entering the athlete's name, date of birth, and team.
- If entry numbers don't add up exactly within your club/team to have a full team of 4, you are able to create a team with other clubs, however these teams must be entered as Unattached.
- For U12 and U14 relays - coach/parent/volunteer support would be appreciated at the marshalling area to ensure athletes are on proper teams.

MIXED RELAYS:

- Mixed relays consist of 2 female and 2 male athletes who are in the same age group.
- These are NEW athletics events!

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INDIVIDUAL EVENTS:

- All individual event entries are “as usual” - Enter the athlete and select the events they will be competing in.

RELAY TEAM ENTRIES:

- Teams (clubs/schools/groups) must indicate the number of relay teams they have in each event and age category

TENTATIVE SCHEDULE

****Please note that these tentative start times are subject to change**

Depending on entries in some events we may split up into age groups

A Final Schedule will be set once we have entries and final numbers are determined **

DAY 1 - Saturday, May 30

Track

10:30am Distance Medley Relay
11:30am 4 x 200m Relay
12:15pm 80m/100m
12:45pm 4 x 800m Relay
2:00pm 600m/800m
2:30pm Shuttle Relay
3:15pm Mixed 4 x 100m Relay
4:00pm Mixed 4 x 400m Relay

Field

9:00am Beginner Shot Put (Women & Men)
9:00am Open Women's Discus
10:00am Open Men's Long Jump
10:30am Beginner Javelin (Women & Men)
10:30am Open Men's Discus
12:30pm Open Women's Shot Put followed by Open Men
1:00pm Open Women's Long Jump
2:00pm Beginner Discus (Women & Men)
3:30pm Open Women & Men's Javelin
5:00pm Open Women & Men's Hammer

DAY 2 - Sunday, May 31

Track

9:30am 2km Road Race
10:30am 4 x 1500m Relay
11:30am Medley Relay
1:30pm 150m/200m
2:00pm 4 x 100m Relay
3:00pm 4 x 400m Relay

Field

10:00am Open Women's Shot Put followed by Open Men
10:00am Open Men's Discus followed by Open Women
11:00am Open Women's High Jump
12:00pm Open Women's and Men's Discus
1:30pm Open Men's High Jump
2:00pm Open Women & Men's Javelin
4:00pm Open Women & Men's Hammer



2026 TOBA RELAYS

LEGENDS OF THE PLAINS

WINNIPEG, MB UNIVERSITY OF MB, STADIUM MAY 30-31ST, 2026

**This event is hosted by the Bisons Athletics Club
and Predator Athletics Club, with support from both Athletics
Manitoba and the Manitoba Runners Association**

Questions: All questions can be directed to:
Claude Berube
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Or

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**PARTICIPANTS AT THIS EVENT WILL BE ELIGIBLE TO APPLY FOR A
SCHOLARSHIP TO SUPPORT THEIR ANNUAL REGISTRATION FEE
TO ANY CLUB IN MANITOBA!**



THIS PROJECT HAS BEEN MADE POSSIBLE BY THE GOVERNMENT OF CANADA.

