

Athletics Manitoba Spring Open

May 8th & 9th 2026

U of Manitoba Stadium

Final Schedule

Track Events will be run from Fastest to Slowest heats

*****Events can run up to 15mins ahead of schedule*****

<u>Friday, May 8th - TRACK</u>			<u>Heats</u>	<u>Entries</u>
6:00 PM	Event #1 100m	Decathlon Men	1	3
6:10 PM	110m Hurdles	U18+ Men	1	3
6:15 PM	100mHurdles	U18+ Women	1	4
6:20 PM	100m Hurdles	U16 Men	1	1
6:25 PM	80m Hurdes	U14/U16 Women	1	4
6:35 PM	1500m Steeple	U16 Men	1	2
6:45 PM	1500m Steeple	U16 Women	1	4
6:55 PM	2000m Steeple	U18/U20 Women	1	7
7:10 PM	150m	U12/U14 Men	2	10
7:20 PM	150m	U12/U14 Women	2	13
7:30 PM	200m	U16+ Men	7	49
7:50 PM	200m	U16+ Women	9	66
8:15 PM	600m	U12 Women	1	1
8:20 PM	800m	U14+ Men	4	36
8:35 PM	800m	U14+ Women	4	38
8:50 PM	4x400m	Men + Women	1	3+3
9:00 PM	Event #5 400m	Decathlon Men	1	3

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Friday, May 8th - FIELD

5:30 PM	Standing Long Jump	U12/U14 Men & Women	1	2+6
5:30 PM	Javelin	Men & Women	1	16
5:30 PM	Long Jump	Special O Men & Women	1	2+2
6:00 PM	High Jump	U16+ & Special O Women	1	10
6:30 PM	Event #2 Long Jump	Decathlon Men	1	3
6:45 PM	Shot Put	U12 Men & Women	1	1+1
6:45 PM	Triple Jump	U16+ Men	1	8
7:30 PM	Event #3 Shot Put	Decathlon Men	1	3
7:30 PM	Discus	Women & Men	1	17
7:45 PM	Triple Jump	U16+ Women	1	16
8:00 PM	Event #4 High Jump	Decathlon Men	1	3

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<u>Saturday, May 9th - TRACK</u>				<u>Heats</u>	<u>Entries</u>
10:00 AM	Event #6 110mh	Decathlon Men		1	3
10:10 AM	3000m	U18+ Men		1	9
10:25 AM	3000m	U18+ Women		2	13
10:50 AM	2000m	U16 Men		1	5
11:00 AM	2000m	U16 Women		1	4
11:10 AM	400m	U18+ Men		3	18
11:20 AM	400m	U18+ Women		2	15
11:30 AM	80m	U12/U14 Men		2	12
11:40 AM	80m	U12/U14 Women		2	14
11:50 AM	100m	U16+ Men		7	52
12:05 PM	100m	U16+ Women		9	67
LUNCH BREAK					
1:10 PM	200m Hurdles	U16 Women		1	3
1:25 PM	1200m	U14/U16 Men		2	13
1:40 PM	1200m	U14/U16 Women		1	8
1:50 PM	300m	U14/U16 Men		1	7
1:55 PM	300m	U14/U16 Women		2	9
2:05 PM	1500m	U18+ Men		2	18
2:20 PM	1500m	U18+ Women		2	21
2:35 PM	4x100m	Men		1	7
2:45 PM	4x100m	Women		2	9
3:15 PM	Event #10 1500m	Decathlon Men		1	3

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Saturday, May 9th - FIELD

10:00 AM	Long Jump (Pit 1)	U12 Men & Women	1	4+5
10:00 AM	Long Jump (Pit 2)	U14 Men & Women	1	2+9
10:00 AM	Shot Put	Special O Men & Women	1	2+2
10:00 AM	Ball Throw	U12/U14 Men & Women	1	1+1
10:45 AM	Event #7 Discus	Decathlon Men	1	3
11:00 AM	Long Jump (Pit 1)	U16 Women	1	12
11:00 AM	Long Jump (Pit 2)	U18 Women	1	8
11:30 AM	High Jump	U16+ Men	1	8
12:00 PM	Shot Put	U16+ Men	1	10
12:00 PM	Event #8 Pole Vault	Decathlon Men	1	3
1:00 PM	Long Jump	U20+ Women	1	9
1:30 PM	Pole Vault	Men & Women	1	2+3
1:30 PM	High Jump	U12/U14 Men & Women	1	2+7
2:00 PM	Event #9 Javelin	Decathlon Men	1	3
2:15 PM	Shot Put	U16+ Women	1	9
2:30 PM	Long Jump	U20+ Men	1	5
3:00 PM	Hammer	Men & Women	1	11
3:30 PM	Long Jump	U16/U18 Men	1	13