

## **TOUGH TRACK OPEN MAY 23, 25, 2025**

Dates: Friday May 23 and Sunday May 25, 2025

Sanction: Athletics Manitoba

Host : **Tough Track Club**

Meet Director: **Andy Tough** [toughtrack11@shaw.ca](mailto:toughtrack11@shaw.ca) 204 963 2502

Venue: University of Manitoba Stadium

Entries: **1)** All participants must be a member of Athletics Manitoba, or Provincial Association recognized by Athletics Canada

### **2) Entry Fees**

**\$15 .00 per Individual event**

**\$20.00 for Relays**

**\*\* All entries must be paid for online \*\***

### **3) Entry Deadline: Tuesday May 20 2025 by 11:59pm**

Please ensure that your entries are in on time. It will allow us to get the schedule out as soon as possible.

### **4) Entries must be done online using Trackie**

### **5) Late Entries will be Accepted at the Discretion of the Meet Director**

**LATE ENTRY FEE \$25.00 PER INDIVIDUAL EVENT**

**LATE ENTRY FEE \$30.00 PER RELAY**

### **6) Seeded sections – Please submit accurate seed performances**

### **7) All Relay Team members must be from the Same Club or School**

**8) Athletes who are interested in running in the 800m Invitational Sunday Night should email Andy Tough, Meet Director directly. We will consider based on Seasonal Best First and Personal Best Second. Please email to [toughtrack11@shaw.ca](mailto:toughtrack11@shaw.ca) by Tuesday May 20<sup>th</sup>.**

**Possible Cut Offs 800m "A" Men Section 1:57 800m Men "B" Section 2:00**

**800m "A" Women Section 2:20 800m Women "B" Section 2:25**

<b>AGE CLASSES FOR 2024:</b>	<b>U12:</b>	<b>BORN IN 2014 or Later</b>
	<b>U14:</b>	<b>BORN IN 2012 &amp; 2013</b>
	<b>U16:</b>	<b>BORN IN 2010 &amp; 2011</b>
	<b>U18:</b>	<b>BORN IN 2008 &amp; 2009</b>
	<b>U20:</b>	<b>BORN IN 2006 &amp; 2007</b>
	<b>SENIOR:</b>	<b>BORN IN 2005 &amp; EARLIER</b>
	<b>MASTERS:</b>	<b>BORN IN 1990 &amp; EARLIER</b>