

2006 Provincial Cross Country Championships - 10/21/2006**Winnipeg
Results****Girls 11&U 2000 Meter**

Name	Year Team	Finals	Points
1 Somers, Danielle	Ryerson	8:25.3	1
2 Gusdal, Hayley	Ryerson	8:38.9	2
3 Hince Swicki, Amanda	St. John Brebeuf	8:51.0	3
4 Johnson, Mikayla	Bonnycastle 1	8:54.8	4
5 Zajac, Courtney	Tough Track 2	8:56.3	5
6 Huang, Christina	Ryerson	8:56.9	6
7 Bobrowski, Laura	Tough Track 3	8:57.4	7
8 Standing, Carissa	Tough Track 3	8:57.9	8
9 Kinzel, Montana	Tough Track 2	9:02.1	9
10 White, Jenna	Tough Track 2	9:04.7	10
11 Zajac, Janine	Tough Track 2	9:05.9	11
12 Woitas, Kennedy	Tough Track 2	9:06.8	12
13 Libbrecht, Adair	Tough Track 2	9:07.5	13
14 Gauthier, Sami	Beaumont 2	9:20.2	14
15 Sellers Weibe, Mikayla	La Salle School 3	9:20.7	15
16 Grewar, Shona	Royal School	9:21.9	16
17 Waschuk, Ellyn	La Salle School 3	9:26.1	17
18 Tramley, Erin	Ecole Varennes	9:35.8	18
19 Kucheravy, Erin	Ecole Dieppe 3	9:48.6	19
20 Le Blanc, Gabrielle	Ryerson	9:49.2	20
21 Mandzuk, Andrea	Ryerson	9:50.2	21
22 May, Genevieve	Ecole Varennes	9:54.4	22
23 Hiebert, Renee	La Salle School 3	10:02.1	23
24 Keegans, Liane	Ecole Dieppe 3	10:07.4	24
25 Stanson, Monika	La Salle School 3	10:08.5	25
26 Kunzman, Alexandra	Bonnycastle 1	10:11.6	26
27 McInnes, Sarah	Bonnycastle 1	10:15.6	27
28 Nienhuis, Sarah	Im. Christian 1	10:16.5	28
29 Turnbull, Brooke	La Salle School 3	10:17.4	29
30 Waschuk, Kylie	Linden Meadows 1	10:18.0	30
31 Bircham, Shavon	Ecole Dieppe 3	10:18.9	31
32 Thomas, Carlie	La Salle School 4	10:19.6	32
33 Oresnik, Sarah	Ryerson	10:20.8	33
34 Champagne, Courtney	La Salle School 4	10:21.5	34
35 Crymble, Alyssa	Bonnycastle 1	10:22.4	35
36 Hill, Janelle	Beaumont 2	10:43.9	36
37 Mack, Joanne	Unattached	10:48.4	37
38 Murray, Mikhaela	Gaelic Rock	10:52.5	38
39 Hondubura, Chelsey	Beaumont 2	10:53.9	39
40 Gardiner, Blair	Beaumont 2	10:56.8	40
41 Payette, Sam	La Salle School 4	10:58.4	41
42 Hewitt-Mogess, Skye	Bonnycastle 1	10:59.1	42
43 Leonzio, Taylor	La Salle School 4	10:59.9	43
44 MacAulay, Taylor	Bonnycastle 1	11:00.7	44
45 Markovich, Hanna	Ecole Dieppe 3	11:01.7	45
46 Teranishi, Rhea	St. John Brebeuf	11:12.2	46
47 Seymour, Jenna	La Salle School 3	11:12.9	47
48 Cabernel, Allison	La Salle School	11:13.3	48
49 Buist, Marjorie	Im. Christian 1	11:13.8	49
50 Wiens, Tawny	La Salle School 4	11:14.9	50
51 Kaita, Danae	Beaumont 2	11:22.7	51
52 Thomas, Rebecca	Beaumont 2	11:23.2	52

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53	Cerassani, Larissa	Tough Track 4	11:30.4	53
54	Martin, Lauren	Tough Track 4	11:36.2	54
55	Stoesz, Amanda	Bonnycastle	11:36.6	55
56	Douma, Kari	Im. Christian 1	11:37.2	56
57	Houle, Natalie	Ecole Dieppe 3	11:42.3	57
58	Verrier, Emily	Tough Track 4	11:42.7	58
59	Prochazka, Alena	St. John Brebeuf	11:43.3	59
60	Mack, Allison	Unattached	11:44.0	60
61	Desrochers, Ariel	Ecole Dieppe 3	11:47.9	61
62	Raap, Brianna	Im. Christian 1	11:49.0	62
63	Uruski, Jennifer	La Salle School 4	11:49.8	63
64	Unrau, Jade	La Salle School	11:54.7	64
65	Maes, Jamie	La Salle School	11:55.7	65
66	Thomas, Jessica	Beaumont	12:07.3	66
67	Joss, Sadie	Walter Whyte School	12:18.8	67
68	Dufresne, Alexandra	La Salle School	12:20.2	68
69	Thomas, Paige	Walter Whyte School	12:21.1	69
70	Bergsma, Cherika	Im. Christian 1	12:31.9	70
71	Verhelst, Juanita	Im. Christian 1	12:42.6	71
72	Wolfe, Teresimha	La Salle School	12:53.6	72
73	Cusack, Sara	Linden Meadows 1	13:15.1	73
74	Joshi, Xiti	Linden Meadows 1	13:18.8	74

Girls 12-13 2000 Meter

Name	Year Team	Finals	Points	
1	Paracholski, Carly	Unattached	7:28.8	1
2	Paracholski, Meagan	Unattached	7:29.4	2
3	Zryni, Julia	Tough Track 6	7:30.1	3
4	Johnston, Ainsley	Tough Track 6	7:30.9	4
5	Smith, Lindsay	Charleswood 1	7:32.2	5
6	Hebert, Janine	Charleswood 1	7:51.7	6
7	Kinzel, Madison	Tough Track 6	8:01.6	7
8	Teschuk, Erin	St Mary's Academy	8:11.8	8
9	Pishke, Taylor	Tough Track 6	8:21.8	9
10	Bell, Nikki	La Salle School 1	8:31.5	10
11	McGavin, Alex	Tough Track 6	8:43.5	11
12	Campeau, Anika	St Mary's Academy	8:48.5	12
13	Heidinger, Jenna	Charleswood 3	8:51.6	13
14	Sprague, Taylor	River Heights 1	8:52.2	14
15	Kinsman, Laura	River Heights 1	9:01.1	15
16	Fraser, Robyn	Charleswood 3	9:03.2	16
17	Mack, Terri-Lynn	Unattached	9:04.0	17
18	Harrison, Aimee	Charleswood 1	9:11.5	18
19	Reeves, Angela	Charleswood 1	9:12.3	19
20	Robertson, Kayleigh	Charleswood 1	9:13.0	20
21	Babiak, Rebecca	River Heights 1	9:14.4	21
22	Uruski, Courtney	La Salle School 1	9:16.2	22
23	Perimmer, Amanda	La Salle School 1	9:19.6	23
24	Dufresne, Rachel	St Mary's Academy	9:21.1	24
25	Linton, Justy	St Mary's Academy	9:24.3	25

2006 Provincial Cross Country Championships - 10/21/2006**Winnipeg
Results****....Girls 12-13 2000 Meter**

26	Bailey, Alexi	St Mary's Academy	9:25.2	26
27	Graham, Samantha	River Heights 1	9:38.3	27
28	Hansell, Jocelyn	River Heights 1	9:44.6	28
29	Ocmel, Jackie	Charleswood 3	9:51.6	29
30	Murray, Nicole	Gaelic Rock	9:52.0	30
31	Cymbaluk, Jessica	Robert Andrews	9:52.5	31
32	Ross, Kelsey	La Salle School 1	10:06.4	32
33	Melenki, Jina	St Mary's Academy	10:09.5	33
34	Clarke, Alissa	Westdale Wildcats 1	10:57.7	34
35	Scott, Brittney	Charleswood 3	11:12.6	35
36	Unger, Hailey	Charleswood 1	11:14.5	36
37	Sanderson, Jamie	Westdale Wildcats 1	11:28.3	37
38	Bevan, Paige	La Salle School 1	11:37.8	38
39	Bilous, Kirstin	Roadkill	12:31.1	39

Women 20-34 6000 Meter

Name	Year	Team	Finals	Points	
1		Trembath, Darolyn	Bison Track Club	23:29.5	1
2		Wilson, Laura	U of A 1	23:33.0	2
3		Whitten, Tara	U of A 1	23:43.0	3
4		Mink, Georgette	U of M	24:18.3	4
5		Pigford, Ashlee	U of A 1	24:56.3	5
6		Stenger, Joelle	U of A 1	25:05.4	6
7		Hockin, Jenny	U of A 1	25:18.9	7
8		Erin, Braun	U of M	25:37.8	8
9		Van Soest, Jessica	U of A 1	25:51.5	9
10		Vincent, Janelle	U of M	26:19.9	10
11		Fisher, Caroline	U of M	26:48.6	11
12		Laporte, Lynne	Unattached	27:21.0	12
13		Witges, Kim	Unattached	27:50.2	13
14		Tessmann, Gina	U of M	28:09.9	14
15		Freeman, Lisa	U of M	29:20.1	15
16		Murray, Lyndsay	U of M	31:31.7	16

Women 35+ 6000 Meter

Name	Year	Team	Finals	Points	
1		Murray, Lorraine	Gaelic Rock	34:02.1	1

Men 11&U 2000 Meter

Name	Year	Team	Finals	Points	
1		Dillon, Shayne	Tough Track 1	8:13.4	1
2		Smith, Robert	Royal School	8:15.7	2
3		Zeke, Dylan	Beaumont 1	8:19.5	3
4		Soubry, Paul	St. John Brebeuf	8:28.3	4
5		Legare, Scott	Ecole Dieppe 1	8:29.2	5
6		Perimmer, Evan	La Salle School 5	8:30.0	6

2006 Provincial Cross Country Championships - 10/21/2006**Winnipeg****Results****....Men 11&U 2000 Meter**

7	Young, Steven	La Salle School 5	8:33.8	7
8	Ferguson, Quentin	Beaumont 1	8:36.3	8
9	Postlewaite, Brett	Bonnycastle 2	8:37.2	9
10	Dueck, Calvin	Unattached	8:38.6	10
11	Quigley, Sean	Ecole Dieppe 1	8:40.1	11
12	Lambert, Ben	Tough Track 1	8:41.2	12
13	Hiebert, Kyle	La Salle School 5	8:45.8	13
14	Will, Braedy	Beaumont 1	8:50.3	14
15	Lim, Victor	Ryerson	8:51.3	15
16	Lang, Dylan	Ryerson	8:53.0	16
17	Wozny, Nolan	Ryerson	8:57.2	17
18	MacLeod, Liam	La Salle School 5	8:58.0	18
19	Mostert, Nick	Im. Christian	8:59.1	19
20	Dykstra, Chris	Im. Christian	9:01.2	20
21	Henderson, Quinn	La Salle School 6	9:02.9	21
22	Willems, Kurtis	La Salle School 5	9:03.6	22
23	Carriere, James	La Salle School 6	9:04.2	23
24	Eyolfson, Erik	Walter Whyte School	9:05.4	24
25	Kostra-Nelson, Shane	Ecole Dieppe 2	9:10.9	25
26	Couture, Nicholas	Ecole Dieppe 1	9:12.2	26
27	Dick, Braedon	La Salle School 6	9:12.8	27
28	MacDonald, Patrick	Ecole Dieppe 1	9:13.6	28
29	Tosovic, Stefan	Bonnycastle 2	9:18.1	29
30	Ralko, Collin	Ryerson	9:18.9	30
31	Perrault, Matthew	Ecole Julie-Riel	9:19.7	31
32	Berrington, Brent	Ryerson	9:22.3	32
33	Keegans, Matthew	Ecole Dieppe 2	9:23.8	33
34	Baerg, Owen	La Salle School 5	9:26.3	34
35	Derraugh, Connor	Royal School	9:29.5	35
36	Calsbeck, Brett	Linden Meadows 2	9:30.4	36
37	Rogalsky, Stefan	La Salle School 6	9:30.9	37
38	Gruenke, Kyler	Ryerson	9:31.5	38
39	Bartmanovich, Thomas	La Salle School 6	9:32.4	39
40	Murray, Tyler	Gaelic Rock	9:39.7	40
41	Place, Andrew	Bonnycastle 2	9:40.5	41
42	Marroquin, Eric	Bonnycastle 2	9:41.2	42
43	Oxenforth, Brett	Linden Meadows 2	9:41.9	43
44	Juvonen, Andrew	Walter Whyte School	9:42.6	44
45	Penner, David	Ecole Dieppe 2	9:50.9	45
46	Dezan, Lucas	Ecole Dieppe 2	9:52.1	46
47	Peterson, Alex	Beaumont	9:58.5	47
48	Jordan, Scott	Bonnycastle	10:05.0	48
49	Harrison, Brock	Beaumont 1	10:05.5	49
50	Pelland, Tyler	Bonnycastle 2	10:22.7	50
51	Felato, Anthony	Bonnycastle 2	10:31.4	51
52	Howell, Christopher	Ecole Dieppe 2	10:32.3	52
53	Recksiedler, Riley	Walter Whyte School	10:40.9	53
54	Hesselbart, Ryan	Linden Meadows 2	10:41.4	54
55	Fazel, Vahid	Linden Meadows 2	10:45.1	55
56	Fast, Riley	La Salle School	10:58.4	56

2006 Provincial Cross Country Championships - 10/21/2006**Winnipeg
Results****Men 12-13 2000 Meter**

Name	Year	Team	Finals	Points
1 Brault, Charles		College Louis Riel	7:06.9	1
2 Senchuk, Brennan		Wpg Optimist	7:14.0	2
3 MacCharles, Riley		St. John B. 1	7:22.8	3
4 Schmidt, Christopher		St. John B. 1	7:28.0	4
5 Leonzio, Ryan		La Salle School 2	7:42.4	5
6 Degace, Brad		Charleswood 2	7:45.6	6
7 Britton, Stefan		Charleswood 2	7:49.3	7
8 Kristjanson, Bjorn		River Heights 2	7:49.8	8
9 Zinko, Nick		Tough Track 5	8:00.1	9
10 McKinney, Justin		Westdale Wildcats 3	8:04.0	10
11 Fitkowsky, Matthew		River Heights 2	8:07.4	11
12 Link, Carey		Westdale Wildcats 3	8:08.7	12
13 Lazaruk, Matt		Westdale Wildcats 3	8:16.0	13
14 Akins, Michael		Westdale Wildcats 3	8:17.5	14
15 Shaw, Mike		Robert Andrews	8:18.5	15
16 Seavers, Sean		Charleswood 2	8:21.3	16
17 Stevens, Joel		Robert Andrews	8:23.8	17
18 Mitchell, Rory		River Heights 2	8:24.1	18
19 Proven, Andrew		St. John B. 1	8:24.9	19
20 Selishta, Mergim		Westdale Wildcats 2	8:25.4	20
21 Twomey, Devin		Wpg Optimist	8:31.7	21
22 Grant, Jordan		Westdale Wildcats 3	8:32.2	22
23 Zaporzan, Joshua		St. John B. 1	8:32.6	23
24 Anderson, Joran		Tough Track 5	8:34.9	24
25 Lomonaco, Jordan		Westdale Wildcats 3	8:35.8	25
26 Barnsdale, Jamie		Westdale Wildcats 2	8:39.1	26
27 Post, Makenzie		Tough Track 5	8:43.2	27
28 Dillon, Jason		Tough Track 5	8:52.3	28
29 Flamand, Cole		Westdale Wildcats 2	8:53.8	29
30 Richardson, Derek		La Salle School 2	8:56.5	30
31 Waschuk, Ben		La Salle School 2	9:04.8	31
32 Moskal, Chris		Westdale Wildcats 2	9:07.3	32
33 Morrissey, Jesse		Westdale Wildcats 2	9:28.3	33
34 Dack, Shamus		La Salle School 2	10:21.2	34
35 Meeches, Mathew		Westdale Wildcats 2	10:22.0	35
36 Bercan-Outchen, Jonah		Tough Track 5	10:41.5	36

Men 18-19 8000 Meter

Name	Year	Team	Finals	Points
1 Laurier, Joel		College Louis Riel	28:39.2	1

Men 20-34 10000 Meter

Name	Year	Team	Finals	Points
1 Manyfingers, Ian		U of A	33:14.0	1
2 Walker, Brian		Bison Track Club	33:33.2	2
3 Walker, Jeremy		Bison Track Club	33:41.2	3
4 Jerema, Sam		Bison Track Club	33:59.1	4
5 Keefe, Bradley		Bison Track Club	34:16.1	5
6 MacDonald, Sean		U of A	34:21.4	6

2006 Provincial Cross Country Championships - 10/21/2006**Winnipeg
Results****....Men 20-34 10000 Meter**

7	Leclercq, Patrice	U of M White	34:24.1	7
8	Kilcullen, Sheldon	U of M Gold	34:27.5	8
9	Brownlee, Marlowe	U of M Gold	34:34.7	9
10	Tranquada, Eric	U of M Brown	34:40.5	10
11	Lauzon, Joel	U of A	35:09.8	11
12	Hackenbrook, Dylan	U of A	35:17.8	12
13	Belof, Chris	U of M White	35:52.2	13
14	Hunter, Kristjan	U of M Brown	35:53.8	14
15	Andres, Kristian	U of M Gold	36:19.8	15
16	Schinkel, Evan	U of M White	36:47.7	16
17	McGavock, John	Unattached	36:54.2	17
18	Kroeker, Drew	U of M White	37:01.2	18
19	Penner, Adam	U of M Brown	37:15.9	19
20	Metcalfe, Mike	U of A	38:51.4	20
21	DeGange, Jean-Paul	U of M Brown	38:52.8	21
22	Hildebrandt, Barret	U of M White	39:44.5	22
23	Hrynkow, Chris	U of M Gold	39:59.6	23
24	Adamson, Scott	U of M Brown	40:44.5	24
25	Snelling, Sam	U of M White	40:48.2	25

Men 35+ 10000 Meter

Name	Year Team	Finals	Points	
1	Samuel, Dane	Unattached	35:16.2	1
2	Zhou, Sam	Unattached	38:14.3	2
3	Lang, Dennis	Bison Track Club	39:37.8	3
4	Bilous, Keith	Roadkill	40:17.1	4
5	Lawler, David	Unattached	44:40.6	5
6	Shaver, Robert	Unattached	46:40.4	6
7	Teitsma, Neil	Unattached	49:59.8	7
8	Schriemer, Scott	Unattached	50:10.6	8
9	Murray, John	Gaelic Rock	52:55.6	9

Men 14-15 3000 Meter

Name	Year Team	Finals	Points	
1	Redpath, Jason	Lord Selkirk	10:46.0	1
2	Saccucci, Jordan	Wpg Optimist	11:03.1	2
3	Sinclair, Jesse	Oak Park	11:21.8	3
4	Campbell, Colin	Lord Selkirk	11:24.2	4
5	Thatcher, Eric	Tough Track	11:25.6	5
6	Morgan, Brett	Unattached	11:47.6	6
7	McGonigal, Keegan	Westdale Wildcats 4	12:03.4	7
8	Cheater, Christian	Oak Park	12:10.2	8
9	Bone, Bryden	Oak Park	12:12.3	9
10	Hurl, Braden	Oak Park	12:25.6	10
11	Loewen, Derek	Churchill HS	12:30.7	11
12	???, Craig	Oak Park	12:52.1	12
13	Chee-A-Tow, Adam	Westdale Wildcats 4	13:09.3	13
14	Gillespie, Justin	Westdale Wildcats 4	13:20.3	14

2006 Provincial Cross Country Championships - 10/21/2006**Winnipeg
Results****...Men 14-15 3000 Meter**

15	Recksiedler, Shane	Lord Selkirk	13:31.1	15
16	McMurray, Riley	Churchill HS	13:59.0	16
17	Batson, Nathaniel	Churchill HS	15:03.3	17
18	Eyob, Abraham	Churchill HS	20:46.0	18

Women 14-15 3000 Meter

Name	Year	Team	Finals	Points
1	Adamson, Jackie	Wpg Optimist	10:52.0	1
2	Nardela, Felicia	Oak Park	12:42.2	2
3	Gaudet, Janelle	Tough Track 7	13:00.6	3
4	Kirkpatrick, Karli	Tough Track 7	13:05.1	4
5	Mooney, Cayla	Tough Track 7	13:05.8	5
6	St Godard, Lesley	Robert Andrews A	13:22.4	6
7	Liske, Chanel	Tough Track 7	13:27.3	7
8	Kleysen, Stephanie	Tough Track 7	13:27.7	8
9	Bell, Jennifer	La Salle School	13:48.8	9
10	Graham, Bryn	Robert Andrews A	15:08.1	10
11	Kehler, Jessica	Robert Andrews A	15:12.9	11
12	Chukkrey, Katelyn	Robert Andrews A	15:20.5	12
13	Kyzina, Marisa	Robert Andrews A	15:45.8	13

Women 16-17 3000 Meter

Name	Year	Team	Finals	Points
1	Romanson, Stephanie	Wpg Optimist	11:14.7	1
2	Moore, Stevie	Vincent Mass	12:13.9	2
3	Hawyrluk, Kelsey	Wpg Optimist	13:14.0	3
4	Springer, Julia	Lord Selkirk	14:24.4	4

Men 16-17 3000 Meter

Name	Year	Team	Finals	Points
1	Nicol-Samuel, Delohnni	Unattached	10:33.7	1

Men 16-17 5000 Meter

Name	Year	Team	Finals	Points
1	Miller, Greg	Wpg Optimist	16:34.7	1
2	Barnett, Colin	Wpg Optimist	17:35.3	2
3	Brown, Alastair	Wpg Optimist	17:45.3	3
4	Gallaway, Marshal	Neelin	17:47.4	4
5	Dueck, Scott	Wpg Optimist	18:56.5	5
6	Madden-Neubold, Steve	Wpg Optimist	18:56.9	6
7	Sparling, Lucas	Louis Riel 3	19:50.1	7
8	Fontaine, Louis-Felix	Louis Riel 3	19:52.3	8
9	Ottenbreit, Yanik	Louis Riel 3	19:56.4	9
10	Brault, Eric	Louis Riel 3	20:16.8	10

2006 Provincial Cross Country Championships - 10/21/2006**Winnipeg****Results****....Men 16-17 5000 Meter**

11	Grondin, Mark	Wpg Optimist	20:20.8	11
12	Lawler, John	Kelvin High School	20:22.3	12
13	Nordman, Kritjan	Louis Riel 3	21:06.4	13
14	Leach, Jason	Im. Christian	22:03.3	14

Women 18-19 5000 Meter

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	Name	Year Team	Finals	Points
=====				
1	Brault, Sarah-Anne	Louis Riel 1	19:22.9	1
2	Bell, Alex	Lord Selkirk	19:59.6	2
3	Gregoire, Melanie	Louis Riel 1	21:05.8	3
4	Auger, Chantal	Louis Riel 1	22:34.7	4
5	Altomare, Allyssa	Wpg Optimist	22:43.2	5
6	Beauchemin, Margaux	Louis Riel 1	23:02.9	6
7	Michaud, Sylvie	Louis Riel 2	24:00.2	7
8	Remillard, Janelle	Louis Riel 2	24:02.3	8
9	Sparling, Claire	Louis Riel 2	24:24.5	9
10	Leclercq, Myriam	Louis Riel 2	24:57.3	10

Women 20-34 5000 Meter

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	Name	Year Team	Finals	Points
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1	Sherwin, Alice	Bison Track Club	22:27.0	1