Results from the Summer Cross Country Series, Run #4.

July 26, 2007

Course: Churchill Drive Park starting at Ashland Street and Churchill Drive.

2Km loop on mostly flat smooth grass.

Weather +26C, Sunny, Moderate wind

| Name              | Distance | Time  |
|-------------------|----------|-------|
| Andrew Lawler     | 2K       | 9:18  |
| Chrishimba Katera | 2K       | 10:54 |
| Lwando Mupondwa   | 2K       | 11:25 |
| Kelsey Haweryluk  | 2K       | 15:41 |
| David Lawler      | 4K       | 16:39 |
| Laurent Lacroix   | 4K       | 17:30 |
| Kelsey Hawryluk   | 4K       | 18:39 |
| Greg Miller       | 4K       | 18:39 |
| Cathy Cullen      | 4K       | 18:40 |
| Ed Onyebuchi      | 4K       | 23:48 |
| Barb James        | 4K       | 25:04 |
| Peggy Sanders     | 4K       | 25:37 |
| Erin Burns-Flett  | 4K       | 27:07 |
| Greg Athayde      | 8 K      | 32:21 |

Thank you for participating.

Please encourage some one else to come to keep the series going.

The next run will be on August 2 at 6 PM Churchill Drive.

Registration begins at 5:15 PM.

Due to the small turn out of runners for the series this summer August 2 will be the last run, unless there is a significant increase in turnout.