



TRACK & FIELD / ROAD RUNNING / CROSS COUNTRY

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AWARDS & MORE ELEMENTARY SCHOOL RELAYS

Friday, March 16, 2007
Max Bell Centre – University of Manitoba



SCHEDULE

*The schedule may need to be altered as the meet progresses,
please listen for announcements throughout the day.*

| | | | | | |
|------------------------------|-----------------|---------------|--------------------------|---------------|---------------|
| <u>10:00 a.m.</u> | 4x200m Relay | Grade 6 Boys | <u>10:00 a.m.</u> | 4xStanding LJ | Grade 4 Girls |
| | 4x200m Relay | Grade 5 Boys | | 4xStanding LJ | Grade 6 Boys |
| | 4x200m Relay | Grade 4 Boys | | 4xStanding LJ | Grade 4 Boys |
| | 4x200m Relay | Grade 6 Girls | | 4xStanding LJ | Grade 5 Boys |
| | 4x200m Relay | Grade 5 Girls | | 4xStanding LJ | Grade 6 Girls |
| | 4x200m Relay | Grade 4 Girls | | 4xStanding LJ | Grade 5 Girls |
| <u>10:00 a.m.</u> | 8 x 40m Shuttle | Grade 6 Girls | | | |
| | 8 x 40m Shuttle | Grade 5 Girls | | | |
| | 8 x 40m Shuttle | Grade 4 Girls | | | |
| | 8 x 40m Shuttle | Grade 6 Boys | | | |
| | 8 x 40m Shuttle | Grade 5 Boys | | | |
| | 8 x 40m Shuttle | Grade 4 Boys | | | |

Following the completion of the 4x200m Relay, the 600 m will begin in the following order:

- Grade 6 Boys
- Grade 5 Boys
- Grade 4 Boys
- Grade 4 Girls
- Grade 5 Girls
- Grade 6 Girls

Following the completion of the Shuttle Relay, the 4x Shot Put will begin in the following order:

- Grade 4 Girls
- Grade 5 Girls
- Grade 6 Girls
- Grade 6 Boys
- Grade 5 Boys
- Grade 4 Boys

(1st = 7 points, 2nd = 5 points, 3rd = 3 points, 4th = 2 points, 5th = 1 point)

Athletes will have the opportunity to try Standing Long Jump throughout the meet in order to qualify for the Hershey's Track & Field Provincial Championships on June 15 & 16, 2007. Please make sure that athletes do not miss scheduled events!