

Cleaning Protocols for Track and Field Equipment Use at the University of MB Stadium

General Notes

- As agreed upon by the University of Manitoba and Athletics Manitoba, equipment availability will proceed in two stages.
 - Stage 1 (Monday, July 13th) will include Throwing implements, Blocks and Hurdles.
 - Stage 2 (Monday, July 20th) will include Sand Pits and High Jump Mats.
 - This staggered approach will allow for the gradual re-introduction of equipment, and ensure that proper sanitizing procedures are followed.
- AM Staff/Volunteer onsite for each training session will bring out the cleaning supply kits each day at practice and place at the designated area.
- Coaches will be responsible for picking up a kit for their area and returning it at the end of their session to the designated area.
- Cleaning supply kits will be stored overnight under the grandstand.
- Used cloths will be washed to disinfect and then returned for another training session.
- One coach has volunteered to be responsible for the washing/replacing the used cloths. This will likely need to happen once/twice per week.

There will be 2-3 small cleaning supply kits for each event area. They will include,

- 1 bottle of disinfecting spray
- 1 bottle of hand sanitizer
- Bag with clean unused cloths
- Box or bucket and a mesh bag for used cloths
- HJ specific – may require a Swiffer style floor mop

STAGE 1 – Event specific Process and Procedures

Throws

- All equipment must be cleaned and disinfected before and after use.
- Each athlete must use the equipment designated for their exclusive use during the training session.
- If equipment must be shared, it must be disinfected between each use.
- Athletes will be required to retrieve their own equipment on the landing surface.

Blocks

- Use two separate sets (carts) of blocks.
 - Cart 1 – Mon/Weds/Sat
 - Cart 2 – Tues/Thurs/Sun
- Whenever possible, athletes should not share blocks.
- Blocks must be sprayed with disinfectant after each use.
- One person handles (replaces) the blocks and then disinfects blocks and sanitizes hands.

Hurdles

- Whenever possible, athletes should not share hurdles.
- Only one person per group handles hurdles and must disinfect the hurdles and sanitize hands before and after use.

- If athletes are sharing a lane of hurdles, the hurdles must also be sprayed/wiped after any unplanned contact.

STAGE 2 - Event specific Process and Procedures

High Jump

- Mats are to be covered by a large tarp that must be fully disinfected before and after each individual athlete. OR;
- Pits are to be covered by a large tarp that is unique to each athlete and put in place and removed before and after each individual athlete/user (therefore multiple tarps needed). OR;
- 1-2 soft gymnastic mats could also be used on top of the pit.
- Only one person handles (places) the first mat/sheet, which is disinfected and then placed on landing area. Jumper does one or more jumps, then removes mat/sheet and disinfects it and sanitizes hands.
- A second clean mat/sheet is placed on the pit for the next jumper while the other is disinfected.

Long Jump/Triple Jump

- Prior to the first use of the sand pits a high mist spray of disinfectant of a suitable concentration neutralise the virus, will be sprayed over the sand prior to use, as well as turned and raked.
- The disinfectant used for this purpose will be provided by the University of Manitoba and will be the same product used by the Active Living Centre to disinfect equipment.
- To help mitigate any additional risk we strongly recommend that athletes:
 - Sanitize hands before and after each jump.
 - Avoid getting sand in your eyes, nose, or mouth.
 - The landing pit should be fully turned and raked before and after each individual athlete/user.
 - Equipment such as rakes, measuring tapes, should be managed by dedicated individuals for a particular session i.e. one athlete or the coach, and cleaned and disinfected between one athlete's series of jumps or between sessions.
- Subsequently, at the end of each training session, coaches will be required to spray their pit.
- Different training groups should not share sand pits on any particular night.
 - Example: Group 1 finishes training in Pit #1 at 6:00pm, Coach sprays down the pit before departing.
 - Group 2 uses Pit #2, Coach sprays down the pit before departing.