



# Athletics Manitoba Outdoor Records

as of Sept 2019

Age Categories: The best performance by an Athletics Manitoba member anywhere

Open: The best performance by any athlete within the province of Manitoba

**Red Indicates record set this season (2019)**

Age Class	Event	Wind	Mark	Date Set	Record Holder	Affiliation	Location
<b>WOMEN</b>							
Senior	100m		11.70	Jul-20-82	TANYA BROTHERS	GALAXY TC	COLORADO SPRINGS
			11.70	Jul-26-91	FAYE ROBERTS	MANITOBA	MONTREAL
U20	100m		11.70	Jul-20-82	TANYA BROTHERS	GALAXY TC	COLORADO SPRINGS
U18	100m		11.96	Jul-12-80	TANYA BROTHERS	GALAXY TC	SUDBURY
U16	100m	0.4	12.27	Jul -17-11	TEGAN TURNER	MANITOBA	REGINA
Open	200m		22.83	Jul-28-99	DEBBIE FERGUSON	BAHAMAS	WINNIPEG
Senior	200m		23.45	Jul-20-82	TANYA BROTHERS	GALAXY TC	COLORADO SPRINGS
U20	200m		23.45	Jul-20-82	TANYA BROTHERS	GALAXY TC	COLORADO SPRINGS
U18	200m	0.4	24.51	Aug 27-09	CARLY PARACHOLSKI	MANITOBA	CHARLOTTETOWN
U16	200m	-1.9	25.15	Jul-5-14	VICTORIA TACHINSKI	SA TOUGH TRACK	WINNIPEG
U16	300m		39.10	Aug-16-14	VICTORIA TACHINSKI	MANITOBA	LANGLEY
Open	400m		50.77	Jun-30-84	MARITA PAYNE	YORK OPTIMISTS	WINNIPEG
Senior	400m		52.67	May-28-92	ALANNA YAKIWCHUK	RAIDERS TC	PROVO
U20	400m		53.38	Aug-06-16	VICTORIA TACHINSKI	SA TOUGH TRACK	Ste-Therese, QC
U18	400m		53.38	Aug-06-16	VICTORIA TACHINSKI	SA TOUGH TRACK	Ste-Therese, QC
U16	400m		54.51	Apr-19-14	VICTORIA TACHINSKI	SA TOUGH TRACK	NORWALK, CA
Open	800m		1:59.95	Jul-25-99	LETITIA VRIESDE	SURINAME	WINNIPEG
Senior	800m		2:01.84	Aug-3-13	NICOLE SIFUENTES	UNATTACHED	GENT, BELGIUM
U20	800m		2:03.58	Jun-25-16	VICTORIA TACHINSKI	SA TOUGH TRACK	NASHVILLE, TN
U18	800m		2:05.88	Jun-25-16	VICTORIA TACHINSKI	SA TOUGH TRACK	NASHVILLE, TN
U16	800m		2:07.91	Aug-17-14	VICTORIA TACHINSKI	MANITOBA	LANGLEY
U16	1200m		3:36.45	Aug-09-13	JENNIE BARAGAR-PETRASH	MANITOBA	LANGLEY
Open	1500m		4:13.32	Jun-10-84	DEBBIE SCOTT	VIKINGS TC	WINNIPEG
Senior	1500m		4:01.61	Sep-3-94	ANGELA CHALMERS	CANADA	PARIS
U20	1500m		4:16.49	May-25-13	JULIA ZRINYI	U. OF CONNECTICUT	GREENSBORO, NC
U18	1500m		4:23.7h	Jun-22-79	ANGELA CHALMERS	SUNDOWNERS TC	VANCOUVER
U16	1500m		4:27.3h	Aug- 5-78	ANGELA CHALMERS	CANADA	MONTREAL
Senior	2000m		5:34.49	Sep-4-94	ANGELA CHALMERS	CANADA	SHEFFIELD
U16	2000m		6:25.59	Aug-10-13	JENNIE BARAGAR-PETRASH	MANITOBA	LANGLEY



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<b><u>WOMEN</u></b>								
Open	3000m		9:02.69	Jul-01-84	LYNNE WILLIAMS	VALLEY ROYALS	WINNIPEG	
Senior	3000m		8:32.17	Aug-23-94	ANGELA CHALMERS	CANADA	VICTORIA	
U20	3000m		9:14.81	Aug-16-85	PAM KLASSEN	MANITOBA	ST. JOHN'S	
U18	3000m		9:29.0h	May-23-82	CAROL HOWE	RAIDERS TC	ST. JOHN'S	
Open	5000m		15:56.19	Jun-26-99	KATHY BUTLER	PACIFIC STORM	WINNIPEG	
Senior	5000m		15:27.58	Apr-26-13	NICOLE SIFUENTES	UNATTACHED	STANFORD, CA	
U20	5000m		17:23.28	Aug-15-05	SARAH-ANNE BRAULT	COLLEGE LOUIS RIEL	REGINA	
Open	10000m		32:56.51	Jul-28-99	N. ROCHA DE LA CRUZ	MEXICO	WINNIPEG	
Senior	10000m		32:29.69	May-4-08	ANDREA GROVE-MCDONOUGH	MOUNTAIN WEST TRACK CLUB	PALO ALTO, CA	
U20	10000m		34:29.13	Mar-31-01	MICHELLE CARSON	UNATTACHED	STANFORD	
U16	80mH	0.762m-8.0m	12.10	Jul-11-09	MICHELLE HEBERT	MANITOBA	MEDICINE HAT	
Open	100mH	0.84m-8.5m	12.76	Jun-26-99	KETURAH ANDERSON	PHOENIX ATHLETICS	WINNIPEG	
Senior	100mH	0.84m-8.5m	13.83	Jun-26-99	JANNA NIKKEL	ECHO ATHLETICS	WINNIPEG	
U20	100mH	0.84m-8.5m	13.88	Jul-20-91	JANNA NIKKEL	CANADA	KINGSTON	
<b>U18</b>	<b>100mH</b>	<b>0762m-8.5m</b>	<b>-2.5</b>	<b>15.01</b>	<b>Aug 11-19</b>	<b>FATOYE OLUWATONI</b>	<b>MANITOBA</b>	<b>SYDNEY</b>
U16	200mH	0.762m-35m	29.42	Jul-11-09	MICHELLE HEBERT	MANITOBA	MEDICINE HAT	
U18	300mH	0.762m-35m	43.65	Jul-21-10	MELISSA KITCHING	MANITOBA	WINNIPEG	
Open	400mH	0.762m-35m	53.44	Jul-28-99	DAIMI PERNIA FIGUEROA	CUBA	WINNIPEG	
Senior	400mH	0.762m-35m	58.65	Apr-17-15	MELISSA KITCHING	NORTH DAKOTA STATE	NORWALK, CA	
U20	400mH	0.762m-35m	59.66	Jul-27-85	RUTH HADDEN	TAKUS TC	BURNABY	
U18	400mH	0.762m-35m	1:01.68	Jul-30-89	LISA OMICHINSKI	MANITOBA	SHERWOOD PARK	
U16	1500m	StplCh	no water	5:06.38	Aug-13-17	MARGRETT WATT	WPG OPTIMIST	BRANDON
Senior	2000m	StplCh		6:45.40	Aug-16-13	ERIN TESCHUK	MANITOBA	SHERBROOKE
U20	2000m	StplCh		6:45.40	Aug-16-13	ERIN TESCHUK	MANITOBA	SHERBROOKE
<b>U18</b>	<b>2000m</b>	<b>StplCh</b>		<b>6:51.97</b>	<b>Jun-8-19</b>	<b>CECILIA HOWES</b>	<b>WINNIPEG OPTIMIST</b>	<b>COQUITLAM</b>
U16	2000m	StplCh		7:53.66	May-25-09	TAYLOR SPRAGUE	SA TOUGH TRACK	WINNIPEG
Open	3000m	StplCh		10:17.55	Jun-27-99	KAREN HARVEY	S. WINDSOR KC	WINNIPEG
Senior	3000m	StplCh		9:40.07	Aug-24-15	ERIN TESCHUK	CANADA	BEIJING
<b>U20</b>	<b>3000m</b>	<b>StplCh</b>		<b>10:47.19</b>	<b>Jul-26-19</b>	<b>CECILIA HOWES</b>	<b>WINNIPEG OPTIMIST</b>	<b>MONTREAL</b>
<b>U18</b>	<b>3000m</b>	<b>StplCh</b>		<b>10:47.19</b>	<b>Jul-26-19</b>	<b>CECILIA HOWES</b>	<b>WINNIPEG OPTIMIST</b>	<b>MONTREAL</b>



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<b>WOMEN</b>							
Open	4x100m Relay		42.62	Jul-30-99	JAMAICA	K. RICHARDS, A. BAILEY, B. GRANT, P. GOWDIE	WINNIPEG
Senior	4x100m Relay		46.18	Aug-3-17	MANITOBA	RACHAEL MCLEOD, TAYO BABALOLA, TEGAN TURNER, BRIANNA TYNES	WINNIPEG
U20	4x100m Relay		47.15	Aug-10-15	MANITOBA	TEGAN TURNER, SCIERA OPALEKE, KYIA GILES, RACHEL MCLEOD	WOOD BUFFALO, AB
U18	4x100m Relay		47.26	Jun-21-80	MANITOBA	TANYA BROTHERS FAYE ROBERTS	WINNIPEG
U16	4x100m Relay		48.98	Jul-29-18	MANITOBA	ELYSA JAMEN CHANTAL ASTON D.ADEKAYODE, M.DALKIE, B.SUMKA, J.HOAD	SHERWOOD PARK
Open	4x200m Relay		1:39.9h	May-01-82	GALAXY TC	SANDY GILKES, TANYA BROTHERS, CHANTEL ASTON, DONNA FERGUSON	WINNIPEG
Senior	4x200m Relay		1:39.9h	May-01-82	GALAXY TC	SANDY GILKES, TANYA BROTHERS, CHANTEL ASTON, DONNA FERGUSON	WINNIPEG
U20	4x200m Relay		1:45.8h	Jul-10-77	WINGS TC	MONA COCHINGYAN, LISA POLESCHUK, KAREN POWELL, PENNY	WINNIPEG
U18	4x200m Relay		1:47.8h	May-01-81	TAKUS TC	LESLIE ALISON DOROTHY MACKENZIE	WINNIPEG
U16	4x200m Relay		1:48.20	Jun-14-87	TAKUS TC	ANDREA PACI NANCY MCCUAIG JANNA NIKKEL, SHERRIE REIMER, LINDSAY INGRAM, CATHY ADAMS	WINNIPEG
Open	4x400m Relay		3:26.70	Jul-30-99	CUBA	J. DUPORTY, Z. CALATAYUD, I. BONNE, D. PERNIA	WINNIPEG
Senior	4x400m Relay		3:43.65	Aug-3-17	MANITOBA	TAYO BABALOLA, ERIN WHITE, SOPHIA MBABAALI, VICTORIA	WINNIPEG
U20	4x400m Relay		3:50.5h	Aug- 1-77	MANITOBA	MAVIS CURTIS, MAUREEN HOUGHTON, ROSANNE MURPHY, M	ST. JOHN'S
U18	4x400m Relay		3:51.75	Aug - 7-11	MANITOBA	AMY ANDRUSHKO, ERIN TESCHUK, JULIA ZRINYI, MELANIE BARAN	OTTAWA
U16	4x400m Relay		4:07.95	Jul 18-09	WPG OPTIMIST	KATIE TAKATCH, KATIE LAVALLEE, MICHELLE HEBERT, ERIN TESCHUK	WINNIPEG
Open	4x800m Relay		9:03.9h	May-01-82	RAIDERS TC	NANCY RETTIE, CAROL HOWE, VICKI AGAR, SANDY RETTIE	WINNIPEG
Senior	4x800m Relay		9:03.9h	May-01-82	RAIDERS TC	NANCY RETTIE, CAROL HOWE, VICKI AGAR, SANDY RETTIE	WINNIPEG
U20	4x800m Relay		9:35.0h	May-14-88	RAIDERS TC	C. MURPHY, A. PERNITSKY, J. NEUFELD, M. BUISSON	WINNIPEG



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<b>WOMEN</b>							
Open	1600m Sprt Medly	4-2-2-8	4:09.3h	May-14-88	RAIDERS TC	NANCY TAYLOR, HEATHER LEE-KIN, M. BRAITHWAITE, BRENDA BAKER	WINNIPEG
Senior	1600m Sprt Medly	4-2-2-8	4:09.3h	May-14-88	RAIDERS TC	NANCY TAYLOR, HEATHER LEE-KIN, M. BRAITHWAITE, BRENDA BAKER	WINNIPEG
U20	1600m Sprt Medly	4-2-2-8	4:10.2h	May-14-88	RAIDERS TC	CHERYL MURPHY, LEANNE HARRISON, TRISHA BEST, A. PERNITSKY	WINNIPEG
U18	1600m Sprt Medly	4-2-2-8	4:26.75	Jun-16-01	MANITOBA	MANITOBA	BRANDON
U16	1600m Sprt Medly	4-2-2-8	4:08.09	Aug 10-08	MANITOBA/NWO	MEAGAN PARACHOLSKI, MELISSA KITCHING, AMY ANDRUSHKO, CARLY	SHERBROOKE
Open	4000m Dist Medly	4-8-12-16	12:52.7h	May-14-88	RAIDERS TC	CAROL BOYLE, VICKI AGAR, CHERYL MURPHY, VELVET CADRE	WINNIPEG
Senior	4000m Dist Medly	4-8-12-16	12:52.7h	May-14-88	RAIDERS TC	CAROL BOYLE, VICKI AGAR, CHERYL MURPHY, VELVET CADRE	WINNIPEG
Open	High Jump		1.94m	Jul-01-84	DEBBIE BRILL	BC	WINNIPEG
Senior	High Jump		1.79m	Aug-20-97	TAMMY MAHON	MANITOBA	BRANDON
U20	High Jump		1.79m	Aug-20-97	TAMMY MAHON	MANITOBA	BRANDON
U18	High Jump		1.79m	Aug-20-97	TAMMY MAHON	MANITOBA	BRANDON
U16	High Jump		1.73m	Jul- 1-95	TAMMY MAHON	TREHERNE	WINNIPEG
Open	Pole Vault		4.51m	Jul-15-05	DANA BULLER	KITCHENER	WINNIPEG
Senior	Pole Vault		4:30m	Jun-30-12	VICTORIA DRESSLER	WOA	CALGARY
U20	Pole Vault		3.65m	Jun 25-13	SAMANTHA ALLEGRO	WOA	WINNIPEG
U18	Pole Vault		3.41m	Jul 3-09	SARAH BOILA	WOA	WINNIPEG
U16	Pole Vault		2.95m	May 23-08	CARISSA GAUTHIER	WOA	WINNIPEG
Open	Long Jump		6.59m	Jul-24-99	MAUREEN MAGGI	BRAZIL	WINNIPEG
Senior	Long Jump		6.39m	Apr-14-91	LAVERN CLARKE	U. OF NEW MEXICO	ALBUQUERQUE, NM
U20	Long Jump		5.83m	Aug- 1-68	KAY THOMSON	FLYING M AC	TORONTO
			5.83m	Jul-28-13	JOY BECKER	MANITOBA	CALGARY
U18	Long Jump		5.78m	Jun-23-90	JANNA NIKKEL	MANITOBA	BLAINE, WA
U16	Long Jump		5.43m	Jun-23-18	DEBRA ADEKAYODE	WPG OPTIMIST	WINNIPEG
Open	Triple Jump		14.77m	Jul-28-99	YAMILE ALDAMA POZA	CUBA	WINNIPEG
Senior	Triple Jump		13.04m	Mar-23-91	LAVERN CLARKE	U. OF NEW MEXICO	ALBUQUERQUE, NM
U20	Triple Jump	0.9	12.51m	Jul-15-17	REBEKAH ECKERT	MANITOBA	WINNIPEG
<b>U18</b>	<b>Triple Jump</b>	<b>0.0</b>	<b>11.98m</b>	<b>Jul-26-19</b>	<b>LARA DENBOW</b>	<b>PRAIRIE STORM</b>	<b>MONTREAL</b>
U16	Triple Jump		11.07m	Jun 23-98	ALANNA BOUDREAU	WOA	WINNIPEG



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<b>WOMEN</b>							
Open	Shot Put	4kg	19.06m	Jul-27-99	CONNIE PRICE-SMITH	USA	WINNIPEG
Senior	Shot Put	4kg	16.99m	Jun- 7-87	MELODY TORCOLACCI	MANITOBA	KELOWNA
U20	Shot Put	4kg	13.82m	Apr-29-89	SUSANNE DANDENAULT	U OF WASHINGTON	FLAGSTAFF, AZ
U18	Shot Put	4kg	13.61m	May-07-16	TAYLOR HEALD	Flying M AC	MOORHEAD
U18	Shot Put L	3kg	14.74m	Jun-26-16	TAYLOR HEALD	Flying M AC	WINNIPEG
U16	Shot Put	4kg	12.55m	Jun-26-85	SUSANNE DANDENAULT	AOTC	WINNIPEG
U16	Shot Put L	3kg	14.48m	Aug-16-14	TAYLOR HEALD	MANITOBA	LANGLEY
Open	Hammer	4kg	67.79m	Jul-08-00	DAWN ELLERBE	NYAC	WINNIPEG
Senior	Hammer	4kg	56.26m	Jun-11-93	THERESA BRICK	AOTC	WINNIPEG
U20	Hammer	4kg	46.86m	Jun-30-93	NOREENA BODAGLO	AOTC	COQUITLAM
U18	Hammer	4kg	39.01m	May 07-16	TAYLOR HEALD	Flying M AC	MOORHEAD
U18	Hammer L	3kg	50.43m	May-18-13	MADELINE BEAUVAIS	STRIDE AHEAD TOUGH TRACK	LETHBRIDGE
U16	Hammer	4kg	23.58m	Aug- 7-94	RAPHAEL DICOSMO	MANITOBA	OTTAWA
U16	Hammer L	3kg	45.50m	Aug-19-12	MADELINE BEAUVAIS	STRIDE AHEAD TOUGH TRACK	CHARLOTTETOWN
Open	Discus	1kg	60.92m	Jul-30-99	ELISANGELA ADRIANO	BRAZIL	WINNIPEG
Senior	Discus	1kg	58.40m	Jun-11-93	THERESA BRICK	AOTC	WINNIPEG
U20	Discus	1kg	50.08m	May- 6-89	SUSANNE DANDENAULT	U OF WASHINGTON	SEATTLE, WA
U18	Discus	1kg	47.57m	May 26-16	TAYLOR HEALD	Flying M AC	LETHBRIDGE
U16	Discus	1kg	38.92m	Jul-20-14	TAYLOR HEALD	MANITOBA	SASKATOON
Open	Javelin	600g	65.85m	Jul-25-99	OSLEIDYS MENENDEZ	CUBA	WINNIPEG
Senior	Javelin	600g	48.08m	May-18-16	BROOKE-LYNN BOYD	WPG OPTIMIST	WINNIPEG
U20	Javelin	600g	44.17m	Jun-27-15	BROOKE-LYNN BOYD	WPG OPTIMIST	WINNIPEG
U18	Javelin	600g	35.51m	Aug-6-10	AMY GRACEFFO	MANITOBA / N.W.O.	OTTAWA
U18	Javelin L	500g	34.60m	Jul-20-14	TAYLOR HEALD	MANITOBA	SASKATOON
U16	Javelin	600g	30.10m	Jul-21-07	JODY ADAMSON	MANITOBA	REGINA
U16	Javelin L	500g	34.60m	Jul-20-14	TAYLOR HEALD	MANITOBA	SASKATOON
Open	Heptathlon		6290	Jul-28-99	MAGALYS GARCIA LELIEBRE	CUBA	WINNIPEG
Senior	Heptathlon		4980	Jul-12-81	JANET SCOTT	PRAIRIES	WINNIPEG
U20	Heptathlon		4712	Jul-29-12	AMY GRACEFFO	SA TOUGH TRACK	WINNIPEG
U18	Heptathlon		4785	Jul-6-13	ROBYN WEAR	WPG OPTIMIST	WINNIPEG
U16	Heptathlon		2843	Jun-24-06	JENNA GAUDET	STRIDE AHEAD TOUGH TRACK	WINNIPEG



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<b>MEN</b>							
Open	100m		10.08	Jul-25-99	BERNARD WILLIAMS	USA	WINNIPEG
<b>Senior</b>	<b>100m</b>		10.33	May-25-85	COURTNEY BROWN	RAIDERS TC	PROVO
		1.1	<b>10.33</b>	<b>Jul-7-19</b>	<b>LUXON GLOR</b>	<b>CANADA</b>	<b>QUERETARO, MEXICO</b>
U20	100m	0.9	10.55	Jul-4-15	EVAN RATZLAFF	BISON ATHLETICS	EDMONTON
U18	100m		10.84	Jul- 3-82	COURTNEY BROWN	AOTC	WINNIPEG
U16	100m		11.06	Aug-13-80	COURTNEY BROWN	AOTC	WINNIPEG
Open	200m		20.30	Jul-28-99	CLAUDINEI SILVA	BRAZIL	WINNIPEG
Senior	200m		20.51	May-25-85	COURTNEY BROWN	RAIDERS TC	PROVO
U20	200m		20.81	Jun-30-84	COURTNEY BROWN	RAIDERS TC	WINNIPEG
U18	200m		20.93	Aug- 1-82	COURTNEY BROWN	CANADA	BERQUISIMETO
<b>U16</b>	<b>200m</b>	<b>0.4</b>	<b>23.25</b>	<b>Aug-11-19</b>	<b>GRANT WHITE</b>	<b>MANITOBA</b>	<b>SYDNEY</b>
U16	300m		36.91	Aug-16-14	JACK KENNEDY	MANITOBA	LANGLEY
Open	400m		44.59	Jul-25-99	GREGORY HAUGHTON	JAMAICA	WINNIPEG
Senior	400m		45.87	May-23-87	COURTNEY BROWN	RAIDERS TC	HOUSTON
U20	400m		47.06	Jul-19-03	NATHAN VADEBONCOEUR	WOA	BRIDGEPORT
U18	400m		48.45	Aug-12-00	ERIK SPROLL	MB/NWO	CALGARY
U16	400m		51.26	Aug 09-08	MATTHEW FITKOWSKY	MANITOBA /N.W.O.	SHERBROOKE
Open	800m		1:45.38	Jul-25-99	JOHNNY GRAY	USA	WINNIPEG
Senior	800m		1:46.65	Jul- 7-01	DARRYL FILLION	UNATTACHED	MONTREAL
U20	800m		1:49.17	May-25-01	ERIK SPROLL	MANITOBA	VICTORIA
U18	800m		1:50.44	Jun-6-14	SHANE DILLON	SA TOUGH TRACK	GREENSBORO, NC
U16	800m		1:58.51	Aug-19-12	JAY ORT	MANITOBA	CHARLOTTETOWN
U16	1200m		3:13.05	Aug-17-12	JAY ORT	MANITOBA	CHARLOTTETOWN
Open	1500m		3:41.20	Jul-30-99	GRAHAM HOOD	CANADA	WINNIPEG
Senior	1500m		3:40.07	Aug- 8-90	CHRIS WEBER	PACESETTER	MONTREAL
U20	1500m		3:47.1h	Jun-13-86	HENRY KLASSEN	TAKUS TC	VICTORIA
U18	1500m		3:55.65	Jul 31-14	JAY ORT	UNATTACHED	WINNIPEG
U16	1500m		4:10.4h	Aug- 7-98	ERIK SPROLL	MANITOBA	PRINCE GEORGE
U16	2000m		6:03.72	Aug-18-12	ALEXANDRE ROUGEAU	MANITOBA	CHARLOTTETOWN
Open	3000m		8:06.19	May-21-91	CHRIS WEBER	AOTC	WINNIPEG
Senior	3000m		7:56.48	Jul-18-95	CHRIS WEBER	RENEGADES	FRANCE
U20	3000m		8:23.76	Aug- 20-14	JAY ORT	CANADA	CHINA
U18	3000m		8:23.76	Aug- 20-14	JAY ORT	CANADA	CHINA



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<b>MEN</b>								
Open	5000m		13:42.04	Jul-24-99	GALVIN MARTINEZ	MEXICO	WINNIPEG	
Senior	5000m		13:36.12	Jul- 2-95	CHRIS WEBER	RENEGADES	GATESHEAD, ENGIAND	
U20	5000m		14:14.4h	Jul-13-80	CAREY PENNER	MANITOBA	SUDBURY	
Open	10000m		28:43.50	Jul-27-99	ENENILSON SILVA	BRAZIL	WINNIPEG	
Senior	10000m		28:16.51	Jul-25-75	CHRIS MCCUBBINS	CANADA	MONTREAL	
U20	10000m		30:16.6h	Jul-06-74	RICK BOURRIER	MANITOBA	SASKATOON	
U16	100mH	0.84m-8.5m	14.25	Jul 10-10	ERIC GUY	WPG OPTIMIST	WINNIPEG	
Open	110mH	1.067m-9.14m	13.17	Jul-30-99	ANIER GARCIA ORTIZ	CUBA	WINNIPEG	
Senior	110mH	1.067m-9.14m	2.0	13.54	Aug-15-05	JARED MACLEOD	CANADA / WOA	ISTANBUL
U20	110mH	0.991m-9.14m	-0.8	14.10	Aug-24-13	ERIC GUY	CANADA	MEDELLIN, COLUMBIA
U18	110mH	0.914m-9.14m	0.0	14.60	Jun-23-12	ERIC GUY	WPG OPTIMIST	WINNIPEG
U16	200mH	0.762m	-1.1	26.71	Aug 13-17	CONNER KLASSEN	MANITOBA	BRANDON
U18	300mH	0.84m		40.25	Aug-17-14	ZACHARY MEDAL	MANITOBA	LANGLEY
Open	400mH	0.914m		48.23	Jul-28-99	ERONILDES ARAUJO	BRAZIL	WINNIPEG
Senior	400mH	0.914m		50.8h	Jun-18-68	WES BROOKER	MANITOBA	RANDALL'S ISLAND, NY
U20	400mH	0.914m		53.0h	Jun-28-81	DAN MOROZ	TAKUS TC	TORONTO
<b>U18</b>	<b>400mH</b>	<b>0.84m</b>		<b>56.07</b>	<b>Jul-14-19</b>	<b>KIRK CADMAN</b>	<b>MANITOBA</b>	<b>REGINA</b>
U18	1500m	StplCh		4:18.3h	Aug-11-73	LAWRIE LEWIS	MANITOBA	BURNABY
U16	1500m	StplCh	no water	4:26.67	Aug-13-17	JOSHUA GONZALES	WPG OPTIMIST	BRANDON
U18	2000m	StplCh		6:03.94	Aug-12-06	GREG MILLER	MANITOBA / N.W.O.	BURNABY
U16	2000m	StplCh		6:39.59	Aug-06-05	GREG MILLER	MANITOBA	EDMONTON
Open	3000m	StplCh		8:32.41	Jun-27-99	JOEL BOURGEOIS	MTL OLYMPIQUE	WINNIPEG
Senior	3000m	StplCh		8:35.39	Jun- 8-91	HENRY KLASSEN	AM	BURNABY
U20	3000m	StplCh		9:02.76	Jun- 2-02	KRISTJAN HUNTER	MANITOBA	BURNABY
U18	3000m	StplCh		10:02.76	Jun-24-06	GREG MILLER	WOA	WINNIPEG
U18	1500m	Racewalk		7:57.89.	Aug-11-07	JASON REDPATH	MANITOBA / N.W.O.	OROMOCTO



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<b>MEN</b>							
Open	4x100m Relay		38.18	Jul-30-99	BRAZIL	R. OLIVIERA, C. SILVA, E. RIBEIRO, C. SILVA	WINNIPEG
Senior	4x100m Relay		40.71	Jul-31-83	MANITOBA		CALGARY
U20	4x100m Relay		41.95	Aug-8-07	MANITOBA WCSG	ZACHARIE DURAND, DAVID SZCZEPANIAK, KIERAN MOOLCHAN, M.INDOME, T.MIDDLETON,	STRATHCONA COUNTY
U18	4x100m Relay		43.09	Jul-29-18	MANITOBA	T.TOMLINSON, G. HUTCHISON-	SHERWOOD PARK
U16	4x100m Relay		45.02	Aug-15-17	MANITOBA	T.TOMLINSON, R.BROOKS, G.HUTCHISON-CAMPBELL	WINNIPEG
Open	4x200m Relay		1:31.2h	Jul-19-69	RAZORBACK TC		WINNIPEG
Senior	4x200m Relay		1:24.3h	Jul-26-69	MANITOBA		CALGARY
U20	4x200m Relay		1:31.2h	Jul-19-69	RAZORBACK TC		WINNIPEG
U18	4x200m Relay		1:36.7h	Jun-22-70	WINGS TC		WINNIPEG
U16	4x200m Relay		1:42.3h	May-01-82	AOTC	DOUG MACKENZIE, RON DELL, DEREK ROLSTONE, DAVID NEWBERRY	WINNIPEG
Open	4x400m Relay		2:57.97	Jul-30-99	JAMAICA	M. MCDONALD, G. HAUGHTON, D. MCFARLANE, D. CLARKE	WINNIPEG
Senior	4x400m Relay		3:12.60	Aug-21-97	MANITOBA		BRANDON
U20	4x400m Relay		3:19.5h	Aug-13-77	MANITOBA	DAVE KOZUSKA, BRENT KONANTZ, DAVE MORGAN, JIM PARTAKER	ST.JOHN
<b>U18</b>	<b>4x400m</b>		<b>3:21.72</b>	<b>Jul-14-19</b>	<b>MANITOBA</b>	<b>F.Zemliduk, D.Turon, J.Bryant, Cox-Yestrau</b>	<b>T. Regina</b>
U16	4x400m Relay		3:41.6h	Jul-29-84	MANITOBA	JAMIE STEER, RON KING, DAVID POWELL, SCOTT BREAKLY	WINNIPEG
Open	4x800m Relay		7:44.3h	Jun-26-85	RAIDERS TC	GREG ATHAYDE, ROB GUY, WYNN GMITROSKI, RODGER LORENZO	WINNIPEG
Senior	4x800m Relay		7:44.3h	Jun-26-85	RAIDERS TC	GREG ATHAYDE, ROB GUY, WYNN GMITROSKI, RODGER LORENZO	WINNIPEG
U20	4x800m Relay		7:55.4h	Jul-31-72	RAZORBACK TC	LAURIE LEWIS, ELTON NOGA, CRAIG JOHNSTON, MURRAY ARDIES	WINNIPEG
U18	4x800m Relay		8:41.47	May-02-81	TAKUS TC		WINNIPEG
Open	4x1500m Relay		18:24.4h	May-20-72	RAZORBACK TC	RON MELNICHUK, BARRY STEWART, WAYNE MCMAHON, LARRY SWITZER	WINNIPEG
Senior	4x1500m Relay		16:01.5h	May-11-87	RAIDERS TC	CHAD JOHNSTON, GLEN REDPATH, ROB GUY, KEVIN CHRISTIANSON	RICHMOND





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<b>MEN</b>							
Open	1600m Sprt Medley	4-2-2-8	3:28.8h	May-14-88	RAIDERS TC	DWAYNE FALK, CAL LANGFORD, GENE DE LA SIEGGA, DOUG	WINNIPEG
Senior	1600m Sprt Medley	4-2-2-8	3:28.8h	May-14-88	RAIDERS TC	DWAYNE FALK, CAL LANGFORD, GENE DE LA SIEGGA, DOUG	WINNIPEG
U20	1600m Sprt Medley	4-2-2-8	3:40.0h	Aug-23-70	MANITOBA		ABBOTSFORD
U18	1600m Sprt Medley	4-2-2-8	3:33.20	May-6-11	KELVIN	Mathew Fitkowsky, Levi Neufeld, Patrick Duncan, Riel Willmott	SIOUX FALLS, SD
U16	1600m Sprt Medley	4-2-2-8	3:47.19	Jul-30-16	MANITOBA	Trey Friesen, Benjamin Perrett, Dasan Jesmer-McFarlane, Ethan Clark,	REGINA
Open	4000m Dist Medley	4-8-12-16	10:20.0h	May-17-88	RAIDERS TC	BUDDY VOTH, CAL LANGFORD, RIC CHAPMAN, DARCY READY	WINNIPEG
Senior	4000m Dist Medley	4-8-12-16	10:20.0h	May-17-88	RAIDERS TC	BUDDY VOTH, CAL LANGFORD, RIC CHAPMAN, DARCY READY	WINNIPEG
Open	High Jump		2.26m	Jun-30-84	MILT OTTEY	YO	WINNIPEG
Senior	High Jump		2.19m	Jul-28-13	ALHAJI MANSARAY	MANITOBA	CALGARY
U20	High Jump		2.19m	Jul-28-13	ALHAJI MANSARAY	MANITOBA	CALGARY
U18	High Jump		2.04m	Jul-11-07	LUCAS RODEWALD	CANADA	OSTRAVA, CZR
U16	High Jump		1.96m	Jun-29-74	GARRY SCOTT	MANITOBA	WINNIPEG
Open	Pole Vault		5.60m	Jul-27-99	PATRICK MANSON	USA	WINNIPEG
Senior	Pole Vault		4.78m	Jul-6-07	CLIFF CAINES	WOA	WINNIPEG
U20	Pole Vault		4.40m	Jul-31-82	DON LAWSON	CANADA	BERQUISIMETO
U18	Pole Vault		4.50m	Jun-14-11	VITALIY BILENKO	WPG OPTIMIST	FLORENCE, ITALY
U16	Pole Vault		3.41m	Jul-6-13	JAMES KENNY	WPG OPTIMIST	WINNIPEG
Open	Long Jump		8.52m	Jul-25-99	IVAN PEDROSO SOLER	CUBA	WINNIPEG
Senior	Long Jump		7.93m	Jul- 8-00	MIKE LABERGE	FLYING M AC	FLAGSTAFF, AZ
U20	Long Jump		7.33m	Jul-21-06	NATHAN LABBE	WOA	SHERBROOKE
U18	Long Jump		7.00m	Jun-25-05	NATHAN LABBE	UNATTACHED	WINNIPEG
U16	Long Jump		6.47m	Jun-20-86	JASON BOGEN	ROBERT ANDREWS	WINNIPEG
Senior	Triple Jump		15.92m	Aug- 1-87	DEXTOR BELTON	MANITOBA	OTTAWA
<b>U20</b>	<b>Triple Jump</b>	<b>2.0</b>	<b>15.04m</b>	<b>Jul-6-19</b>	<b>DAXX TURNER</b>	<b>PRAIRIE STORM</b>	<b>WINNIPEG</b>
<b>U18</b>	<b>Triple Jump</b>	<b>2.0</b>	<b>15.04m</b>	<b>Jul-6-19</b>	<b>DAXX TURNER</b>	<b>PRAIRIE STORM</b>	<b>WINNIPEG</b>
U16	Triple Jump	0.3	12.65m	Jun-10-17	GRAHAM HUTCHISOON-CAMPBELL	WPG OPTIMIST	WINNIPEG



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Open	Shot Put	7.26kg	19.93m	Jul-24-99	BRADLEY MEARS	USA	WINNIPEG
Senior	Shot Put	7.26kg	19.88m	Aug-13-85	BRUCE PIRNIE	MANITOBA	REGINA
U20	Shot Put	6kg	16.70m	Jun-16-13	CURTIS URNIEZIUS	UNATTACHED	LETHBRIDGE
U18	Shot Put	5kg	15.77m	Jul-21-85	BOJAN PAUNOVIC	AOTC	EDMONTON
U16	Shot Put	4kg	15.03m	Jun-27-87	DAVID GRAYSTONE	AOTC	MOOSE JAW
Open	Hammer	7.26kg	79.61m	Jul-27-99	LANCE DEAL	USA	WINNIPEG
Senior	Hammer	7.26kg	66.58m	Aug-31-89	DAREN MCFEE	RAIDERS TC	WINNIPEG
U20	Hammer	6kg	60.46m	May-25-13	CURTIS URNIEZIUS	UNATTACHED	WINNIPEG
U18	Hammer	5kg	50.28m	Jul-26-11	CURTIS URNIEZIUS	BISON T&F	WINNIPEG
U16	Hammer	5kg	27.44m	Jun-26-04	CLINTON STEVENSON	PEGUIS CENTRAL	WINNIPEG
<b>U16</b>	<b>Hammer</b>	<b>4kg</b>	<b>47.64m</b>	<b>Jun-22-19</b>	<b>DYLAN BARNYCH</b>	<b>UNATTACHED</b>	<b>WINNIPEG</b>
Open	Discus	2kg	65.89m	Jul-15-05	JASON TUNKS	LONDON WESTERN	WINNIPEG
Senior	Discus	2kg	62.99m	May-18-05	DARIUSZ SLOWIK	WOA	SALINAS
U20	Discus	1.75kg	52.86m	Jun-26-75	CHUCK SIGFUSSON	UNATTACHED	WINNIPEG
U18	Discus	1.5kg	49.54m	Jul-21-73	CHUCK SIGFUSSON	UNATTACHED	WINNIPEG
U16	Discus	1kg	54.00m	Aug-12-18	KYLE NOVAK	UNATTACHED	BRANDON
Open	Javelin	800g	79.30m	Jul-08-92	ED KOMINSKI	USA	WINNIPEG
Senior	Javelin	800g	73.76m	May- 7-88	MIKE BRENNAN	AOTC	WINNIPEG
U20	Javelin	800g	59.69m	Aug 10-15	BORZAH YANKEY	MANITOBA	WOOD BUFFALO, AB
U18	Javelin	700g	57.74m	Jul-24-10	MAX COTE	TEAM MANITOBA	WINNIPEG
U16	Javelin	600g	52.34m	Jul-29-18	JESSE BULAWKA-LEPINE	MANITOBA	SHERWOOD PARK
Open	Decathlon		8170	Jul-25-99	CHRIS HUFFINS	USA	WINNIPEG
Senior	Decathlon		7741	May-24-87	GORD ORLIKOW	CANADA	GOTZIS
U20	Decathlon		6397	Jul-09-89	JASON KINASH	AOTC	SASKATOON
U18	Octathlon		5587	Aug-07-04	STEPHAN ARNASON	MANITOBA/NWO	SUDBURY