



## MANITOBA INDOOR RECORDS

as of April 2016

Open: The best performance by any athlete within the province of Manitoba  
Age Categories: The best performance by an Athletics Manitoba member anywhere

Red Indicates record set during the 2015-2016 Indoor season

Event		Mark	Date Set	Record Holder	Affiliation	Location
<b>Women</b>						
Open	60m	7.35	Feb- 6-88	ESMIE LAWRENCE	SPARTANS TC	WINNIPEG
Senior	60m	7.48	Feb-16-91	FAYE ROBERTS	RAIDERS TC	SASKATOON
Junior	60m	7.53	Feb-17-90	ANGELA MORRIS	RAIDERS TC	EDMONTON
Youth	60m	7.64	Mar-16-11	TEGAN TURNER	NELSON MCINTYRE	WINNIPEG
Midget	60m	7.86	Dec-14-04	CHANTAL GRANT	WPG OPTIMIST	WINNIPEG
Midget	150m	19.59	Mar-05-10	SASANIE WANIGASEKARA	SA TOUGH TRACK	WINNIPEG
Open	200m	23.71	Feb-14-86	FRANCE GAREAU	NB LEGION	WINNIPEG
Senior	200m	24.20	Feb-26-83	TANYA BROTHERS	RAIDERS TC	SHERBROOK
Junior	200m	24.44	Mar-01-08	CHANTAL GRANT	WPG OPTIMIST	WINNIPEG
Youth	<b>200m</b>	<b>24.48</b>	<b>Mar-11-16</b>	<b>VICTORIA TACHINSKI</b>	<b>SA TOUGH TRACK</b>	<b>NEW YORK</b>
Midget	200m	25.49	Mar-01-14	VICTORIA TACHINSKI	SA TOUGH TRACK	WINNIPEG
Open	300m	37.09	Jan-29-05	KALTOUMA NADJINA	CALGARY INTI. TC	WINNIPEG
Senior	300m	38.16	Mar-10-90	ALANNA YAKIWCHUK	U OF MANITOBA	WINNIPEG
Junior	300m	38.48	Feb-7-15	VICTORIA TACHINSKI	SA TOUGH TRACK	WINNIPEG
Youth	300m	38.48	Feb-7-15	VICTORIA TACHINSKI	SA TOUGH TRACK	WINNIPEG
Midget	300m	40.28	Mar-02-14	VICTORIA TACHINSKI	SA TOUGH TRACK	WINNIPEG
Open	400m	53.47	Feb- 3-01	KALTOUMA NADJINA	CALGARY INTL. TC	WINNIPEG
Senior	<b>400m</b>	<b>53.97</b>	<b>Mar-13-16</b>	<b>VICTORIA TACHINSKI</b>	<b>SA TOUGH TRACK</b>	<b>NEW YORK</b>
Junior	<b>400m</b>	<b>53.97</b>	<b>Mar-13-16</b>	<b>VICTORIA TACHINSKI</b>	<b>SA TOUGH TRACK</b>	<b>NEW YORK</b>
Youth	<b>400m</b>	<b>53.97</b>	<b>Mar-13-16</b>	<b>VICTORIA TACHINSKI</b>	<b>SA TOUGH TRACK</b>	<b>NEW YORK</b>
Midget	400m	55.42	Mar-15-14	VICTORIA TACHINSKI	SA TOUGH TRACK	NEW YORK
Open	600m	1:28.68	Feb-02-04	AIMEE TETERIS	PACIFIC ATHLETICS	WINNIPEG
Senior	600m	1:29.94	Mar-13-92	ALANNA YAKIWCHUK	U OF MANITOBA	WINNIPEG
Junior	600m	1:30.28	Feb-7-15	VICTORIA TACHINSKI	SA TOUGH TRACK	WINNIPEG
Youth	600m	1:30.28	Feb-7-15	VICTORIA TACHINSKI	SA TOUGH TRACK	WINNIPEG
Midget	600m	1:36.69	Dec-7-14	VICTORIA TACHINSKI	SA TOUGH TRACK	WINNIPEG
Open	800m	2:04.56	Jan-31-04	AIMEE TETRIS	PACIFIC ATHLETICS	WINNIPEG
Senior	800m	2:06.14	Feb- 8-86	CAROLYN COMEAU	AM	WINNIPEG
Junior	800m	2:06.67	Feb-12-05	NICOLE EDWARDS	U OF MICHIGAN	UNIVERSITY PK
Youth	800m	2:09.72	Mar-6-15	VICTORIA TACHINSKI	SA TOUGH TRACK	WINNIPEG
Midget	800m	2:16.36	Mar- 1-01	NICOLE EDWARDS	WPG OPTIMIST	WINNIPEG
Open	1000m	2:42.81	Mar-10-88	PAULA SCHNURR	MCMASTER UNIVERSITY	WINNIPEG
Senior	1000m	2:42.31	Jan-16-10	NICOLE EDWARDS	UNATTACHED	PENN STATE
Junior	1000m	2:49.51	Feb-18-04	NICOLE EDWARDS	WPG OPTIMIST	WINNIPEG
Youth	1000m	2:53.61	Feb-02-02	NICOLE EDWARDS	WPG OPTIMIST	WINNIPEG
Midget	1000m	2:59.0h	Dec-11-88	ANDREA GROVE	TAKUS TC	SASKATOON
Midget	1200m	3:43:61	Mar-02-13	JENNIE BARAGAR-PETRASH	WPG OPTIMIST	WINNIPEG



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<b>Women</b>							
Open	1500m	4:13.6h	Feb- 9-80	JAN MERRILL	USA	WINNIPEG	
Senior	1500m	4:07.61	Mar-3-14	NICOLE SIFUENTES	UNATTACHED	POLAND	
Junior	1500m	4:21.0h	Feb-09-80	NANCY RETTIE	RAIDERS TC	WINNIPEG	
Youth	1500m	4:32.5h	Dec-28-79	NANCY RETTIE	RAIDERS TC	SASKATOON	
Midget	1500m	4:40.4h	Dec-14-01	NICOLE EDWARDS	WPG OPTIMIST	WINNIPEG	
Midget	2000m	6:44.02	Mar-1-13	JENNIE BARAGAR-PETRASH	WPG OPTIMIST	WINNIPEG	
Open	3000m	9:04.88	Mar-12-88	BRENDA SHACKLETON	U OF VICTORIA	WINNIPEG	
<b>Senior</b>	<b>3000m</b>	<b>8:57.17</b>	<b>Feb-2-16</b>	<b>NICOLE SIFUENTES</b>	<b>UNATTACHED</b>	<b>BOSTON</b>	
Junior	3000m	9:45.03	Mar-13-82	CAROL HOWE		EDMONTON	
Youth	3000m	9:45.03	Mar-13-82	CAROL HOWE		EDMONTON	
Midget	3000m	10:34.72	Jan-21-01	LAUREN CHAMPAGNE	WPG OPTIMIST	WINNIPEG	
Open	5000m	16:29.5h	Dec-20-85	SANDY RETTIE	RAIDERS TC	WINNIPEG	
<b>Senior</b>	<b>5000m</b>	<b>15:42.31</b>	<b>DEC-04-15</b>	<b>NICOLE SIFUENTES</b>	<b>UNATTACHED</b>	<b>ALLENDALE, MI</b>	
Open	60mH	33"-8.5m	8.30	Feb-21-93	SONIA PAQUETTE	QU-COCH	WINNIPEG
Senior	60mH	33"-8.5m	8.45	Mar-12-94	JANNA NIKKEL	U OF MANITOBA	WINNIPEG
Senior	60mH	33"-8.5m	8.45	Feb-25-94	JANNA NIKKEL	U OF MANITOBA	EDMONTON
Junior	60mH	33"-8.5m	8.56	Feb-28-92	JANNA NIKKEL	TAKUS TC	SASKATOON
Youth	60mH	30"-8.5m	9.03	Mar-1-08	ALYSSA JOHNSON	SISLER HS	WINNIPEG
Youth	60mH	30"-8.0m	9.10	Feb-24-89	LINDSAY INGRAM	TAKUS TC	SASKATOON
Midget	60mH	30"-7.5m	9.45	Dec-08-06	ALYSSA JOHNSON	FLYING M	WINNIPEG
Mldget	60mH	30"-8.0m	9.61	Mar-06-09	MICHELLE HEBERT	WPG OPTIMIST	WINNIPEG
			9.61	Mar-2-13	EMILY REKRUT-PRESSEY	KELVIN HS	WINNIPEG
Open	4x100m	Relay	48.20	Feb- 03-90	WC GAMES TEAM		WINNIPEG
Senior	4x100m	Relay	48.20	Feb-03-90	WC GAMES TEAM		WINNIPEG
Junior	4x100m	Relay	49.49	Mar-05-94	RAIDERS TC		WINNIPEG
Youth	4x100m	Relay	50.37	Feb-02-90	TAKUS TC		WINNIPEG
Midget	4x100m	Relay	51.13	Feb-06-88	TAKUS TC		WINNIPEG
Open	4x200m	Relay	1:38.34	Mar-11-95	U OF WINDSOR		WINNIPEG
Senior	4x200m	Relay	1:38.57	Mar-10-84	U OF MANITOBA	N.MCCUAIG, TANYA BROTHERS, CHERYL CROXFORD, R.HADDEN THORNA SCOTT, NANCY MCCUAIG, LESLIE ALLISON, D. MACKENZIE	QUEBEC CITY
Junior	4x200m	Relay	1:44.96	Mar-14-82	TAKUS TC		EDMONTON
Youth	4x200m	Relay	1:49.7h	Mar-18-89	GLENLAWN		WINNIPEG
Midget	4x200m	Relay	1:47.53	Mar-07-09	SA TOUGH TRACK	A. ANDRUSHKO, C.ZAJAC, A.GRACEFFO S. WANIGASEKARA	WINNIPEG



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<b>Women</b>						
Open	4x400m Relay	3:42.2h	Feb-11-84	TAKUS TC		WINNIPEG
Senior	4x400m Relay	3:42.2h	Feb-11-84	TAKUS TC		WINNIPEG
Junior	4x400m Relay	3:56.85	Mar 5-11	SA Tough Track	J.ZRINYI, A.ANDRUSKO, S. WANIGASEKARA, M.BARON	WINNIPEG
Youth	4x400m Relay	3:56.85	Mar 5-11	SA Tough Track	J.ZRINYI, A.ANDRUSKO, S.WANIGASEKARA, MELANIE BARON	WINNIPEG
Midget	4x400m Relay	4:09.9h	Dec-10-88	WINGS TC		WINNIPEG
Open	4x800m Relay	8:32.34	Jan-31-04	PACIFIC ATHLETICS		WINNIPEG
Senior	4x800m Relay	8:53.06	Mar-11-05	U OF MANITOBA	K.ISACCCSON, JANA-RAE CASSIDY, DAROLYN TREMBATH, L.WHALEN	WINNIPEG
Open	High Jump	1.95m	Feb- 9-80	DEBBIE BRILL	PACIFIC COAST CLUB	WINNIPEG
Senior	High Jump	1.80m	Mar-06-97	TAMMY MAHON	UNATTACHED	WINNIPEG
Junior	High Jump	1.80m	Mar-06-97	TAMMY MAHON	UNATTACHED	WINNIPEG
Youth	High Jump	1.80m	Mar-06-97	TAMMY MAHON	UNATTACHED	WINNIPEG
Midget	High Jump	1.70m	Nov-21-86	ANDRA YOUNES	FLYING M AC	WINNIPEG
Senior	Pole Vault	4.16m	Feb-2-12	VICTORIA DRESSLER	WPG OPTIMIST	WINNIPEG
Senior	Pole Vault	4.16m	Feb-2-12	VICTORIA DRESSLER	WPG OPTIMIST	WINNIPEG
Junior	Pole Vault	3.70m	Mar-09-12	MELISSA RICHARDS	WPG OPTIMIST	WINNIPEG
Youth	Pole Vault	3.28m	Feb-14-09	SARAH BOILA	WPG OPTIMIST	WINNIPEG
Midget	Pole Vault	3.00m	Feb-20-08	CARISSA GAUTHIER	WPG OPTIMIST	WINNIPEG
Open	Long Jump	6.12m	Feb-21-93	NICOLE DEVONISH	ON-EG	WINNIPEG
<b>Senior</b>	<b>Long Jump</b>	<b>6.08m</b>	<b>Feb-27-16</b>	<b>JOY BECKER</b>	<b>UNATTACHED</b>	<b>SASKATOON</b>
Junior	Long Jump	5.87m	Mar-08-13	JOY BECKER	BISON TRACK & FIELD	WINNIPEG
Youth	Long Jump	5.65m	Mar- 8-80	TANYA BROTHERS	GALAXT TC	EDMONTON
Midget	Long Jump	5.36m	Dec-10-11	ROBYN WEAR	WPG OPTIMIST	WINNIPEG
Open	Triple Jump	12.83m	Feb-21-93	KELLY DINSMORE	ONTARIO-BOARD	WINNIPEG
Senior	Triple Jump	12.89m	Feb-20-90	LAVERNE CLARKE	AOTC	FLAGSTAFF
<b>Junior</b>	<b>Triple Jump</b>	<b>11.92m</b>	<b>Feb-6-16</b>	<b>REBEKAH ECKERT</b>	<b>FLYING M</b>	<b>WINNIPEG</b>
Youth	Triple Jump	11.53m	Mar-19-15	REBEKAH ECKERT	UNATTACHED	WINNIPEG
Midget	Triple Jump	11.40m	Mar-02-93	TARA SCHWABE	RAIDERS TC	WINNIPEG
Open	Shot Put 4kg	16.74m	Jan-28-95	GEORGETTE REED	CALGARY SPARTANS	WINNIPEG
Senior	Shot Put 4kg	16.20m	Feb-21-88	MELODIE TORCOLACCI	MTC	WINDSOR
Junior	Shot Put 4kg	14.77m	Jan-05-68	MAUREEN DOWDS	U OF MANITOBA	EDMONTON
Youth	Shot Put 4kg	13.69m	Mar-7-15	TAYLOR HEAD	FLYING M	WINNIPEG
<b>Youth</b>	<b>Shot Put 3kg</b>	<b>14.27m</b>	<b>Mar-5-16</b>	<b>TAYLOR HEAD</b>	<b>FLYING M</b>	<b>WINNIPEG</b>
Midget	Shot Put 4kg	12.68m	Feb-13-14	TAYLOR HEAD	FLYING M	WINNIPEG
Midget	Shot Put 3kg	14.93m	Dec-7-14	TAYLOR HEAD	FLYING M	WINNIPEG



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<b>Women</b>							
Open	Wt Throw	9.07kg	20.28m	Feb-4-11	HEATHER STEACY	CHINOOK T & F	WINNIPEG
Senior	Wt Throw	9.07kg	17.04m	Mar- 6-98	NOREENA BODAGLO	U OF MANITOBA	WINNIPEG
Junior	Wt Throw	9.07kg	14.25m	Mar- 6-10	KAREN FERRIS	U OF MANITOBA	WINNIPEG
Youth	Wt Throw	9.07kg	12.93m	Mar-7-15	TAYLOR HEAD	FLYING M	WINNIPEG
<b>Youth</b>	<b>Wt Throw</b>	<b>7.26kg</b>	<b>16.08m</b>	<b>Mar-5-16</b>	<b>TAYLOR HEAD</b>	<b>FLYING M</b>	<b>WINNIPEG</b>
Midget	Wt Throw	7.26kg	12.29m	Dec-7-14	TAYLOR HEAD	FLYING M	WINNIPEG
Open	Pentathlon		3978	Feb-27-04	JESSICA ZELINKA	U OF CALGARY	WINNIPEG
<b>Senior</b>	<b>Pentathlon</b>		<b>3639</b>	<b>Dec-5-15</b>	<b>KALEIGH HOLE</b>	<b>UNATTACHED</b>	<b>LONDON</b>
Junior	Pentathlon		3458	Feb-2-14	ROBYN WEAR	WPG OPTIMIST	REGINA
Youth	Pentathlon		3305	Jan-18-13	ROBYN WEAR	WPG OPTIMIST	WINNIPEG
Midget	Pentathlon		2800	Dec-10-11	ROBYN WEAR	WPG OPTIMIST	WINNIPEG
<b>Men</b>							
Open	60m		6.59	Feb-20-93	BRUNY SURIN	VIDE	WINNIPEG
Senior	60m		6.69	Feb-21-87	RICK JONES	RAIDERS TC	EDMONTON
Junior	60m		6.83	Dec-29-82	COURTNEY BROWN	AOTC	SASKATOON
Youth	60m		6.83	Dec-29-82	COURTNEY BROWN	AOTC	SASKATOON
Midget	60m		7.31	Dec-08-07	BEN ALLEN	KELVIN	WINNIPEG
Midget	150m		17.96	Mar-05-10	ROBERT ANDERSON	SISLER	WINNIPEG
Open	200m		21.27	Feb-15-87	CYPRIAN ENWEANI	SASKATCHEWAN	WINNIPEG
Senior	200m		21.36	Feb-11-84	CAL LANGFORD	RAIDERS TC	WINNIPEG
Junior	200m		21.37	Feb-11-84	COURTNEY BROWN	AOTC	WINNIPEG
Youth	200m		22.45	Mar- 2-01	NATHAN VADEBONCOEUR	WPG OPTIMIST	WINNIPEG
Midget	200m		22.90	Dec-10-10	JOSHUA AHLBAUM-ATEAH	SA TOUGH TRACK	WINNIPEG
Open	300m		32.53	Feb-02-08	TYLER CHRISTOPHER	LEGACY ATHLETICS	WINNIPEG
Senior	300m		33.62	Feb-09-85	ANDRE SMITH	RAIDERS TC	WINNIPEG
Junior	300m		34.1h	Jan-26-84	COURTNEY BROWN	AOTC	WINNIPEG
Youth	300m		35.55	Dec-01-01	NATHAN VADEBONCOEUR	WPG OPTIMIST	WINNIPEG
Midget	300m		37.25	Dec-29-80	COURTNEY BROWN	AOTC	SASKATOON
Open	400m		47.07	Feb-20-93	MARK JACKSON	PHOENIX	WINNIPEG
Senior	400m		47.08	Feb-06-88	ANDRE SMITH	RAIDERS TC	WINNIPEG
Junior	400m		47.98	Dec-16-03	NATHAN VADEBONCOEUR	WPG OPTIMIST	WINNIPEG
Youth	400m		49.53	Mar-04-00	ERIK SPROLL	ST. PAULS HS	WINNIPEG
Midget	400m		52.1h	Dec-29-73	GARRY KOENIG	RAZORBACK TC	SASKATOON
Midget	400m		52.1h	Mar-20-87	BRAD CUMMINGS	WESTDALE JR HIGH	WINNIPEG
Open	600m		1:16.10	Mar-11-95	BYRON GOODWIN	U OF MANITOBA	WINNIPEG
Senior	600m		1:16.10	Mar-11-95	BYRON GOODWIN	U OF MANITOBA	WINNIPEG
Junior	600m		1:19.39	Mar-8-07	FERGUSON, QUIN	U OF MANITOBA	MONTREAL
Youth	600m		1:20.5h	Dec-02-00	ERIK SPROLL	UNATTACHED	WINNIPEG
Midget	600m		1:28.67	Jan-13-96	JORDAN FIERCE	WPG OPTIMIST	WINNIPEG



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<b>Men</b>						
Open 800m	1:49.22	Feb-30-93	KEVIN SULLIVAN	BRANTFORD	WINNIPEG	
Senior 800m	1:48.16	Feb-12-05	ERIK SPROLL	KANSAS STATE	AMES	
Junior 800m	1:50.07	Feb- 9-02	ERIK SPROLL	KANSAS STATE	AMES	
Youth 800m	1:53.40	Feb- 5-00	ERIK SPROLL	UNATTACHED	WINNIPEG	
Midget 800m	2:01.25	Dec-08-12	JAY ORT	UNATTACHED	WINNIPEG	
Open 1000m	2:23.2h	Mar-09-90	MIKE BURKE	U OF TORONTO	WINNIPEG	
Senior 1000m	2:23.03	Feb-23-96	DARYL FILLION	U OF MANITOBA	EDMONTON	
Junior 1000m	2:26.21	Feb-28-03	KRISTJAN HUNTER	IOWA STATE	LINCOLN	
Youth 1000m	2:31.23	Dec-7-14	SHANE DILLON	SA TOUGH TRACK	WINNIPEG	
Midget 1000m	2:39.8h	Dec-01-12	JAY ORT	UNATTACHED	WINNIPEG	
Midget 1200m	3:21.59	Mar-03-12	JAY ORT	UNATTACHED	REGINA	
Open 1500m	3:41.87	Feb- 6-88	DOUG CONSIGLIO	U OF ARKANSAS	WINNIPEG	
Senior 1500m	3:47.35	Mar-09-90	HENRY KLASSEN	PACESETTER	WINNIPEG	
Junior 1500m	3:53.6h	Feb-09-80	CAREY PENNER	DAKOTA COLLEGIATE	WINNIPEG	
Youth 1500m	3:57.32	Mar-03-01	KRISTJAN HUNTER	WPG OPTIMIST	WINNIPEG	
Midget 1500m	4:10.4h	Nov-26-71	ED ROMANOWSKI	WINGS TC	WINNIPEG	
Midget 2000m	6:38.15	Jan-20-12	ALEXANDRE ROUGEAU	CENTRAL ATHLETICS	WINNIPEG	
Open 3000m	8:01.89	Feb- 1-03	GRAHAM HOOD	PACIFIC ATHLETICS	WINNIPEG	
Senior 3000m	8:08.31	Mar- 8-91	DARREN KLASSEN	U OF MANITOBA	WINDSOR	
Junior 3000m	8:19.09	Feb- 7-87	DARREN KLASSEN	GWA	WINNIPEG	
Youth 3000m	8:35.68	Mar- 6-98	WILL THRIFT	WPG OPTIMIST	WINNIPEG	
Midget 3000m	9:02.11	Dec-15-01	PABLO BATISTA	WPG OPTIMIST	WINNIPEG	
Open 5000m	14:25.1h	Jan-10-88	DARREN KLASSEN	U OF MANITOBA	WINNIPEG	
Senior 5000m	14:10.0h	Jan-18-92	CHAD JOHNSTON	PACESETTER	MINNEAPOLIS	
Junior 5000m	14:46.2h	Dec-19-86	DARREN KLASSEN	GWA	WINNIPEG	
Open 60mH	42"-9.14m	7.77	Feb-4-06	JARED MCLEOD	WPG OPTIMIST	WINNIPEG
Senior 60mH	42"-9.14m	7.70	Jan-28-06	JARED MCLEOD	WPG OPTIMIST	LEXINGTON, KY
Junior 60mH	39"-9.14m	8.14	Mar-02-13	ERIC GUY	WPG OPTIMIST	WINNIPEG
Youth 60mH	36"-9.14m	8.20	Mar-2-12	ERIC GUY	WPG OPTIMIST	WINNIPEG
Youth 60mH	36"-8.5m	8.68	Mar 24-10	GRAHAM WOO	JOHN TAYLOR	WINNIPEG
Midget 60mH	33"-8.5m	8.92	Dec-11-09	ERIC GUY	WPG OPTIMIST	WINNIPEG
Midget 60mH	33"-8.0m	9.33	Mar- 4-99	THOM ETUK	GRANT PARK	WINNIPEG



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Open	4x100m Relay	42.55	Feb- 4-89	RAIDERS TC		WINNIPEG
Senior	4x100m Relay	42.55	Feb-04-89	RAIDERS TC		WINNIPEG
Junior	4x100m Relay	44.06	Feb-02-91	AOTC		WINNIPEG
Youth	4x100m Relay	45.25	Mar-04-11	SISLER HIGH SCHOOL	Karl Dela Cruz, John Mar Francisco, Robert Anderson, Brendan	WINNIPEG
Midget	4x100m Relay	47.25	Dec-05-09	WPG OPTIMIST	KYLE LEECH, ROBERT ANDERSON, BRAYDEN SCHINDEL, LEVI SADER	WINNIPEG
Open	4x200m Relay	1:27.05	Jan-29-94	CANADIAN JUNIOR TEAM		WINNIPEG
Senior	4x200m Relay	1:27.63	Mar-07-08	U OF MANITOBA	David Szczepaniak, Zacharie Durand, Nathan Labbe, Quin Ferguson	MONTREAL
Junior	4x200m Relay	1.33.14	Dec-12-09	KELVIN HIGH SCHOOL	PATRICK DUNCAN, M.FITKOWSKY, RIEL WILMOTT, BEN ALLEN	WINNIPEG
Youth	4x200m Relay	1.33.14	Dec-12-09	KELVIN HIGH SCHOOL	PATRICK DUNCAN, M.FITKOWSKY, RIEL WILMOTT, BEN ALLEN	WINNIPEG
Midget	4x200m Relay	1:38.45	Dec-07-07	KELVIN HIGH SCHOOL	PATRICK DUNCAN, M.FITKOWSKY, VINNY CANNATA, BEN ALLEN	WINNIPEG
Open	4x400m Relay	3:15.94	Mar-14-92	U OF MANITOBA	WAYNE CRUMP, SIMON TREPEL, B. PLAXTON, BYRON GOODWIN	WINNIPEG
Senior	4x400m Relay	3:13.31	Jan-31-87	RAIDERS TC	PETER STOVEL, GORD ORLIKOW, ANDRE SMITH, CAL LANGFORD	SHERBROOKE
Junior	4x400m Relay	3:23.37	Mar-06-88	TAKUS		WINNIPEG
Youth	4x400m Relay	3:32.00	Nov-30-13	SA TOUGH TRACK	J. AHLBAUM-ATEAH, S.DILLON, S. JOHNSON, C.BOYD	WINNIPEG
Midget	4x400m Relay	3:38.1h	Dec-30-80	AOTC	LOUIS RIVARD, GREY BRYSON, DAVE MCKENZIE, COURTNEY	SASKATOON
Open	4x800m Relay	7:29.23	Mar-10-95	U OF MANITOBA	JEFF GIESBRECHT, MIKE KEMP, JIM DYCK, CHRIS WEBER	WINNIPEG
Senior	4x800m Relay	7:29.23	Mar-10-95	U OF MANITOBA	JEFF GIESBRECHT, MIKE KEMP, JIM DYCK, CHRIS WEBER	WINNIPEG



## MANITOBA INDOOR RECORDS

as of April 2016

Open: The best performance by any athlete within the province of Manitoba  
Age Categories: The best performance by an Athletics Manitoba member anywhere

**Red Indicates record set during the 2015-2016 Indoor season**

Event	Mark	Date Set	Record Holder	Affiliation	Location	
<b>Men</b>						
Open High Jump	2.24m	Feb-22-75	DWIGHT STONES	PACIFIC COAST	WINNIPEG	
Senior High Jump	2.17m	Jan-9-04	MICHAEL KIZINKEWICH	KANSAS STATE	KANSAS	
	2.17m	Feb-2-15	ALHAJI MANSARAY	U OF MANITOBA	WINNIPEG	
Junior High Jump	2.09m	Dec-15-01	MICHAEL KIZINKEWICH	WPG OPTIMIST	WINNIPEG	
Youth High Jump	2.06m	Dec-07-07	LUCAS RODEWALD	WPG OPTIMIST	WINNIPEG	
Midget High Jump	1.90m	Dec-30-80	LOUIS RIVARD	AOTC	SASKATOON	
Open Pole Vault	5.65m	Mar-13-92	DOUG WOOD	YORK U	WINNIPEG	
Senior Pole Vault	4.87m	Feb-14-76	JOHN FELLING	CANADA	WINNIPEG	
Junior Pole Vault	4.50m	Feb-13-13	VITALY BILENKO	WPG OPTIMIST	WINNIPEG	
Youth Pole Vault	4.10m	Feb-4-11	VITALY BILENKO	WPG OPTIMIST	WINNIPEG	
Midget Pole Vault	3.30m	Nov-30-13	JAMES KENNY	WPG OPTIMIST	WINNIPEG	
Open Long Jump	7.77m	Feb-21-93	IAN JAMES	UTTC	WINNIPEG	
Senior Long Jump	7.61m	Mar- 6-98	MIKE LABERGE	FLYING M	WINNIPEG	
Junior Long Jump	7.26m	Feb-23-07	NATHAN LABBE	U OF MANITOBA	WINNIPEG	
Youth Long Jump	6.74m	Dec-03-05	NATHAN LABBE	WPG OPTIMIST	WINNIPEG	
<b>Midget Long Jump</b>	<b>6.46m</b>	<b>Mar-17-16</b>	<b>MATHIEU INDOME</b>	<b>WPG OPTIMIST</b>	<b>WINNIPEG</b>	
Open Triple Jump	16.35m	Feb-21-93	EDRICK FLOREAL	VIDE	WINNIPEG	
Senior Triple Jump	16.06m	Feb-23-86	DEXTER BELTON	FLYING M	EDMONTON	
Junior Triple Jump	14.36m	Feb-28-82	HUGH MAGUIRE	U OF MANITOBA	SASKATOON	
Youth Triple Jump	13.84m	Mar-1-14	LUXON GLOR	FORT RICHMOND	WINNIPEG	
Midget Triple Jump	12.56m	Dec-09-05	DAVID WALFORD	BISON TRACK & FIELD	WINNIPEG	
Open Shot Put	7.26kg	21.26m	Feb-23-74	GEORGE WOODS	PACIFIC COAST CLUB	WINNIPEG
Senior Shot Put	7.26kg	19.58m	Feb-08-75	BRUCE PIRNIE	UNATTACHED	MINNEAPOLIS
Junior Shot Put	6kg	16.32m	Nov-30-13	CURTIS URNIEZIUS	UNATTACHED	SASKATOON
Youth Shot Put	5kg	15.96m	Dec-28-95	BOJAN PAUNOVIC	AOTC	SASKATOON
Midget Shot Put	4kg	15.76m	Nov-22-86	GERRY FERRIS	VET	WINNIPEG
Open Wt Throw	15.88kg	23.62m	Feb-3-07	JIM STEACY	U OF LETHBRIDGE	WINNIPEG
Senior Wt Throw	15.88kg	20.02m	Mar-10-01	DARIUS SLOWIK	U OF MANITOBA	SHERBROOKE
Junior Wt Throw	15.88kg	14.74m	Feb- 8-86	BOJAN PAUNOVIC	AOTC	WINNIPEG
Junior Wt Throw	11.34kg	20.02m	Mar-02-13	CURTIS URNIEZIUS	UNATTACHED	WINNIPEG
Youth Wt Throw	9.07kg	19.76m	Dec-7-14	JARED ALLARY	FLYING M	WINNIPEG
Midget Wt Throw	9.07kg	16.34m	Dec-16-03	MATTHEW WEIRSEMA	WPG OPTIMIST	WINNIPEG
Open Heptathlon	5305	Feb-20-93	RICHARD HESKETH	CALGARY TRACK	WINNIPEG	
Senior Heptathlon	5528	Feb-21-97	GORD ORLIKOW	RAIDERS TC	EDMONTON	
Junior Heptathlon	4695	Feb-15-91	SHAUN MOORE	AOTC	SASKATOON	
Open Pentathlon	3777	Feb-25-00	GREG URBANCZYK	U OF ALBERTA	WINNIPEG	
Senior Pentathlon	3869	Jan-25-03	CLIFF CAINES	WPG OPTIMIST	SASKATOON	
Junior Pentathlon	3432	Feb-14-15	CHAD ENNS	U OF MANITOBA	REGINA	
Youth Pentathlon	3478	Jan-23-04	STEFAN ARNASON	WPG OPTIMIST	SASKATOON	
Midget Pentathlon	2910	Mar-30-02	STEFAN ARNASON	WPG OPTIMIST	WINNIPEG	