



# **TRACK & FIELD / ROAD RUNNING / CROSS COUNTRY**

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## **Manitoba Provincial Age Class Championships/Canada Summer Games & Legion Trials**

University Stadium, Winnipeg, MB

July 5<sup>th</sup> & 6<sup>th</sup>, 2013

### Event Notes

- Entry Fees: \$5.00 - individual events, \$10.00 – relay, \$20.00 – multiple events
- Late Entry Fees: \$10.00 – individual event, \$20.00 – relay, \$30.00 – multiple events
- Day membership fee: \$5.00 for all athletes that are not full Athletics Manitoba members
- Late Entries will be accepted on the day of the competition. ONLY athletes with stickers from registration will be eligible to compete.
  
- Events can run up to 15 minutes ahead of schedule. Please ensure that you/ your athletes are ready to marshal. Please listen to the announcer as the events will be announced prior to marshalling.
- Starting commands will be given in both French and English.
- The 100m and 200m will run heats and finals for Youth and up age groups.
- The top 2 runners from each heat will advance to the final, followed by the 4 next best times.
- Junior and Senior athletes will be combined in races due to the Canada games trials.
- Junior and Senior results will be separated and medals will be awarded to the top 3 finishers in each separate category.
- Successful Canada Games candidates will be contacted by Monday at the latest and will need to attend a mandatory drug seminar on July 8<sup>th</sup> 2013 from 7:00pm to 10:00pm 136 Frank Kennedy at the University of Manitoba.
- Youth/Midget Team members will be mailed information regarding the Provincial Team by July 10<sup>th</sup> 2013