

RUN AT THE RIDGE 5KM  
 FIVE KILOMETER ROAD RACE  
 USATF Certified. Registration No.  
 WINNIPEG 05/05/2012 Weather: Cool, cloudy, 14 celcius

\*\*\*\*\* AWARDS LIST \*\*\*\*\*

\*\*\*\*\* FEMALE OVERALL RESULTS \*\*\*\*\*

1	Julia Zrinyi	18	18:21
2	Lexi Jocelyn	13	20:48
3	Nadine Karpinski	40	21:49

\*\*\*\*\* MALE OVERALL RESULTS \*\*\*\*\*

1	Jay Ort	15	16:08
2	Stephen Campbell	22	16:17
3	Eric Thache	20	16:45

\*\*\*\*\* FEMALE MASTERS RESULTS \*\*\*\*\*

1	Lisa Dillon	44	22:21
2	Audrey Rebizant	50	25:46
3	Doris Kasdorf	44	26:02

\*\*\*\*\* MALE MASTERS RESULTS \*\*\*\*\*

1	Sheldon Reynolds	59	19:24
2	Grant Towns	65	19:33
3	Sonny Cochrane	43	19:41

FEMALE AGE GROUP 01 - 10

1	101 Margrett Watt	10	26:51
2	115 Raina Adrian	10	28:26

MALE AGE GROUP 01 - 10

1	9 Cole Staub	10	19:32
2	36 Colin Degagne	10	22:43
3	48 Jaso Tydings	10	23:58

FEMALE AGE GROUP 11 - 12

1	33 Ana Srzic	12	22:29
2	40 Coco Koltek	12	22:58
3	41 Anne Pye	11	23:02

MALE AGE GROUP 11 - 12

1	16 Carter Ross	12	20:43
2	21 Andrew Kaul	11	21:22
3	22 Clark Ethan	11	21:27

FEMALE AGE GROUP 13 - 14

1	64 Kayla Hosegood	14	24:55
2	67 Caitlyn Yim	13	25:05
3	68 Annie Hollander	13	25:08

MALE AGE GROUP 13 - 14

1	5 Jadon Jackson	14	18:58
2	6 Dylan Nichol	13	19:02
3	8 Clark Anthony	13	19:28

FEMALE AGE GROUP 15 - 18

1	70 Sydney Deighton	17	25:14
2	76 Sophie Rebizant	16	25:35
3	99 Tamara Paetsch	18	26:41

MALE AGE GROUP 15 - 18

1	14 Corey Haverstick	17	20:11
2	44 Jonathon MacKenzie-	15	23:37
3	73 Kapilan Panchendrab	17	25:19

		FEMALE AGE GROUP	19 - 39	
1	37	Wendy Toews	27	22:47
2	49	Cayla Mooney	20	24:00
3	59	Jennifer Ford	30	24:30
		MALE AGE GROUP	19 - 39	
1	18	Tyler Buckingham	29	20:50
2	60	Colton Devos	19	24:34
3	66	Tyler Zirk	25	25:04
		FEMALE AGE GROUP	40 - 69	
1	88	Cindy Phillips	45	26:08
2	100	Heidi Toews	50	26:50
3	102	Rhonda Chorney	46	26:52
		MALE AGE GROUP	40 - 69	
1	12	Ken Friesen	56	19:50
2	13	Steve Suomo	45	20:09
3	15	Rick Steinke	43	20:35
		FEMALE AGE GROUP	70 - 75	
1	29	Melissa Malden	72	22:03
2	158	Rafiqua Bari	72	46:04
		MALE AGE GROUP	70 - 75	
1	51	Raymond Sokalski	72	24:07
2	138	Ken Landgraff	72	32:21
3	139	Wade Miller	72	32:26