

Open: The best performance by any athlete within the province of Manitoba Age Categories: The best performance by an Athletics Manitoba member anywhere

Red Indicates record set this season (2011)

	Event		Wind	Mark	Date Set	Record Holder	Affiliation	Location
<b>WOMEN</b>								
Senior	100m			11.70	Jul-20-82	TANYA BROTHERS	GALAXY TC	COLORADO SPRINGS
				11.70	Jul-26-91	FAYE ROBERTS	MANITOBA	MONTREAL
Junior	100m			11.70	Jul-20-82	TANYA BROTHERS	GALAXY TC	COLORADO SPRINGS
Youth	100m			11.96	Jul-12-80	TANYA BROTHERS	GALAXY TC	SUDBURY
<b>Midget</b>	<b>100m</b>		<b>0.4</b>	<b>12.27</b>	Jul-17-11	<b>TEGAN TURNER</b>	<b>MANITOBA</b>	<b>REGINA</b>
Midget	150m			19.11	Jul-10-10	SASANIE WANIGASEKARA	SA TOUGH TRACK	WINNIPEG
Open	200m			22.83	Jul-28-99	DEBBIE FERGUSON	BAHAMAS	WINNIPEG
Senior	200m			23.45	Jul-20-82	TANYA BROTHERS	GALAXY TC	COLORADO SPRINGS
Junior	200m			23.45	Jul-20-82	TANYA BROTHERS	GALAXY TC	COLORADO SPRINGS
Youth	200m		0.4	24.51	Aug-27-09	CARLY PARACHOLSKI	TEAM MANITOBA	CHARLOTTETOWN
Midget	200m		-1.7	25.36	Jun-08-08	CARLY PARACHOLSKI	SISLER	WINNIPEG
Midget	300m			41.37	Jul-25-10	SASANIE WANIGASEKARA	SA TOUGH TRACK	WINNIPEG
Open	400m			50.77	Jun-30-84	MARITA PAYNE	YO	WINNIPEG
Senior	400m			52.67	May-28-92	ALANNA YAKIWCHUK	RAIDERS TC	PROVO
Junior	400m			54.95	Aug-25-09	CARLY PARACHOLSKI	TEAM MANITOBA	CHARLOTTETOWN
Youth	400m			54.95	Aug-25-09	CARLY PARACHOLSKI	TEAM MANITOBA	CHARLOTTETOWN
Midget	400m			56.06	Aug-09-08	CARLY PARACHOLSKI	MANITOBA/NWO LEGION	SHERBROOKE
Open	800m			1:59.95	Jul-25-99	LETITIA VRIESDE	SURINAME	WINNIPEG
Senior	800m			2:02.34	Aug-9-88	ANGELA CHALMERS	RAIDERS TC	MONTREAL
Junior	800m			2:05.88	Jul-21-10	CARLY PARACHOLSKI	SISLER	MONCTON
Youth	800m			2:05.88	Jul-21-10	CARLY PARACHOLSKI	SISLER	MONCTON
Midget	800m			2:13.00	Aug-15-05	STEPHANIE ROMANSON	WOA	WINNIPEG
Midget	1200m			3:49.58	Jul-11-09	JULIA ZRINYI	TEAM MANITOBA	MEDICINE HAT
Open	1500m			4:13.32	Jun-10-84	DEBBIE SCOTT	VIKINGS TC	WINNIPEG
Senior	1500m			4:03.18	Aug-25-89	ANGELA CHALMERS	RAIDERS TC	BRUSSELS
Junior	1500m			4:19.29	Jun-9-05	NICOLE EDWARDS	MICHIGAN STATE	SACRAMENTO
Youth	1500m			4:23.7h	Jun-22-79	ANGELA CHALMERS	SUNDOWNERS TC	VANCOUVER
Midget	1500m			4:27.3h	Aug-5-78	ANGELA CHALMERS	CANADA	MONTREAL
<b>Midget</b>	<b>2000m</b>			<b>6:57.64</b>	Jun-25-11	<b>SHAYLA KLIESINGER</b>	<b>GRANT PARK</b>	<b>WINNIPEG</b>
Open	3000m			9:02.69	Jul-01-84	LYNNE WILLIAMS	VALLEY ROYALS	WINNIPEG
Senior	3000m			8:38.38	Jan-28-90	ANGELA CHALMERS	CANADA	AUCKLAND
Junior	3000m			9:14.81	Aug-16-85	PAM KLASSEN	MANITOBA	ST. JOHN'S
Youth	3000m			9:29.0h	May-23-82	CAROL HOWE	RAIDERS TC	ST. JOHN'S
Midget	3000m			10:25.25	Jun-24-06	JACLYN ADAMSON	WOA	WINNIPEG
Open	5000m			15:56.19	Jun-26-99	KATHY BUTLER	PACIFIC STORM	WINNIPEG
<b>Senior</b>	<b>5000m</b>			<b>15:27.84</b>	May-1-11	<b>NICOLE SIFUENTES</b>	<b>UNATTACHED</b>	<b>STANFORD, CA</b>
Junior	5000m			17:23.28	Aug-15-05	SARAH-ANNE BRAULT	COLLEGE LOUIS RIEL	REGINA
Youth	5000m			17:23.28	Aug-15-05	SARAH-ANNE BRAULT	COLLEGE LOUIS RIEL	REGINA
Open	10000m			32:56.51	Jul-28-99	N. ROCHA DE LA CRUZ	MEXICO	WINNIPEG
Senior	10000m			32:29.69	May-4-08	ANDREA GROVE-MCDONOUGH	MOUNTAIN WEST TRACK CLUB	PALO ALTO, CA
Junior	10000m			34:29.13	Mar-31-01	MICHELLE CARSON	UNATTACHED	STANFORD
Youth	80m	Hurdles	30"	12.14	Jul-30-90	LINDSAY INGRAM	MANITOBA	KELOWNA
Midget	80m	Hurdles	30"-8.0m	12.10	Jul-11-09	MICHELLE HEBERT	TEAM MANITOBA	MEDICINE HAT
Open	100m	Hurdles	33"-8.5m	12.76	Jun-26-99	KETURAH ANDERSON	PHOENIX ATHLETICS	WINNIPEG
Senior	100m	Hurdles	33"	13.83	Jun-26-99	JANNA NIKKEL	ECHO ATHLETICS	WINNIPEG
Junior	100m	Hurdles	33"	13.88	Jul-20-91	JANNA NIKKEL	CANADA	KINGSTON
Youth	100m	Hurdles	30"-8.0m	15.42	Jul-15-06	KENDRA BAKER	MANITOBA	WINNIPEG
Midget	200m	Hurdles	30"-35m	29.42	Jul-11-09	MICHELLE HEBERT	TEAM MANITOBA	MEDICINE HAT
Youth	300m	Hurdles	30"	43.65	Jul-21-10	MELISSA KITCHING	TEAM MANITOBA	WINNIPEG
Midget	300m	Hurdles	30"	46.8h	Aug-22-82	Pam Glover	Manitoba	FREDERICTON
Open	400m	Hurdles		53.44	Jul-28-99	DAIMI PERNIA FIGUEROA	CUBA	WINNIPEG
Senior	400m	Hurdles		59.48	May-26-86	RUTH HADDEN	TAKUS TC	PROVO
Junior	400m	Hurdles		59.66	Jul-27-85	RUTH HADDEN	TAKUS TC	BURNABY
Youth	400m	Hurdles	30"	1:01.68	Jul-30-89	LISA OMICHINSKI	MANITOBA	SHERWOOD PARK

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	Event		Wind	Mark	Date Set	Record Holder	Affiliation	Location
Midget	1500m	StplCh	new	5:48.00	Jul-24-10	CARLYNNE MILLNS	WINNIPEG OPTIMIST	WINNIPEG
Senior	2000m	StplCh		7:04.48	Aug-27-09	MELANIE GREGOIRE	TEAM MANITOBA	CHARLOTTETOWN
Junior	2000m	StplCh		7:19.61	Aug-15-05	ALEX BELL	MANITOBA	REGINA
Youth	2000m	StplCh		7:19.61	Aug-15-05	ALEX BELL	MANITOBA	REGINA
Midget	2000m	StplCh		7:53.66	May-25-09	TAYLOR SPRAGUE	SA TOUGH TRACK	WINNIPEG
Open	3000m	StplCh		10:17.55	Jun-27-99	KAREN HARVEY	S. WINDSOR KC	WINNIPEG
Senior	3000m	StplCh		10:22.92	Apr-10-04	MICHELLE CARSON	MICHIGAN STATE	EAST LANSING
Junior	3000m	StplCh		11:38.86	Aug-08-07	MÉLANIE GRÉGOIRE	MANITOBA WCSG	STRATHCONA COUNTY
Youth	3000m	StplCh		11:56.89	Jun-24-06	JANELLE GAUDET	STRIDE AHEAD TOUGH TRACK	WINNIPEG
Open	4x100m	Relay		42.62	Jul-30-99	JAMAICA	K. RICHARDS, A. BAILEY, B. GRANT, P. GOWDIE	WINNIPEG
Senior	4x100m	Relay		46.32	Aug-15-81	MANITOBA	CHERYL CROXFORD SANDY GILKES TANYA BROTHERS FAYE ROBERTS	THUNDER BAY
Junior	4x100m	Relay		47.26	Jun-21-80	MANITOBA	TANYA BROTHERS FAYE ROBERTS ELYSA JAMEN CHANTAL ASTON	WINNIPEG
Youth	4x100m	Relay		47.26	Jun-21-80	MANITOBA	TANYA BROTHERS FAYE ROBERTS ELYSA JAMEN CHANTAL ASTON	WINNIPEG
Midget	4x100m	Relay		49.89	Aug-09-09	MANITOBA	S. WANIGASEKARA, AMY ANDRUSHKO, MICHELLE HEBERT, KATIE STAUB	SHERBROOKE
Open	4x200m	Relay		1:39.9h	May-01-82	GALAXY TC	SANDY GILKES, TANYA BROTHERS, CHANTEL ASTON, DONNA FERGUSON	WINNIPEG
Senior	4x200m	Relay		1:39.9h	May-01-82	GALAXY TC	SANDY GILKES, TANYA BROTHERS, CHANTEL ASTON, DONNA FERGUSON	WINNIPEG
Junior	4x200m	Relay		1:45.8h	Jul-10-77	WINGS TC	MONA COCHINGYAN, LISA POLESCHUK, KAREN POWELL, PENNY GILHULY	WINNIPEG
Youth	4x200m	Relay		1:47.8h	May-01-81	TAKUS TC	LESLIE ALISON DOROTHY MACKENZIE ANDREA PACI NANCY MCCUAIG	WINNIPEG
Midget	4x200m	Relay		1:48.20	Jun-14-87	TAKUS TC	JANNA NIKKEL, SHERRIE REIMER, LINDSAY INGRAM, CATHY ADAMS	WINNIPEG
Open	4x400m	Relay		3:26.70	Jul-30-99	CUBA	J. DUPOPTY, Z. CALATAYUD, I. BONNE, D. PERNIA	WINNIPEG
Senior	4x400m	Relay		3:47.0h	Aug-14-79	MANITOBA	MAVIS CURTIS, C. MACPHERSON, NANCY RETTIE, ANGELA CHALMERS	SASKATOON
Junior	4x400m	Relay		3:50.5h	Aug- 1-77	MANITOBA	MAVIS CURTIS, MAUREEN HOUGHTON, ROSANNE MURPHY, M COCHINGYAN	ST. JOHN'S
Youth	4x400m	Relay		3:51.75	Aug - 7-11	MANITOBA	AMY ANDRUSHKO, ERIN TESCHUK, JULIA ZRINYI, MELANIE BARAN	OTTAWA
Midget	4x400m	Relay		4:07.95	Jul 18-09	WPG OPTIMIST	KATIE TAKATCH, KATIE LAVALLEE, MICHELLE HEBERT, ERIN TESCHUK	WINNIPEG
Open	4x800m	Relay		9:03.9h	May-01-82	RAIDERS TC	NANCY RETTIE, CAROL HOWE, VICKI AGAR, SANDY RETTIE	WINNIPEG
Senior	4x800m	Relay		9:03.9h	May-01-82	RAIDERS TC	NANCY RETTIE, CAROL HOWE, VICKI AGAR, SANDY RETTIE	WINNIPEG
Junior	4x800m	Relay		9:35.0h	May-14-88	RAIDERS TC	C. MURPHY, A. PERNITSKY, J. NEUFELD, M. BUISSON	WINNIPEG
Open	1600m	SptMedlyf 4-2-2-8		4:09.3h	May-14-88	RAIDERS TC	NANCY TAYLOR, HEATHER LEE-KIN, M. BRAITHWAITE, BRENDA BAKER	WINNIPEG
Senior	1600m	SptMedlyf 4-2-2-8		4:09.3h	May-14-88	RAIDERS TC	NANCY TAYLOR, HEATHER LEE-KIN, M. BRAITHWAITE, BRENDA BAKER	WINNIPEG
Junior	1600m	SptMedlyf 4-2-2-8		4:10.2h	May-14-88	RAIDERS TC	CHERYL MURPHY, LEANNE HARRISON, TRISHA BEST, A. PERNITSKY	WINNIPEG
Youth	1600m	SptMedlyf 4-2-2-8		4:26.75	Jun-16-01	MANITOBA	MANITOBA	BRANDON
Midget	1600m	SptMedlyf 4-2-2-8		4:08.09	Aug 10-08	MANITOBA/NWO	MEAGAN PARACHOLSKI, MELISSA KITCHING, AMY ANDRUSHKO, CARLY PARACHOLSKI	SHERBROOKE
Open	4000m	DisMedlyf 4-8-12-16		12:52.7h	May-14-88	RAIDERS TC	CAROL BOYLE, VICKI AGAR, CHERYL MURPHY, VELVET CADRE	WINNIPEG
Senior	4000m	DisMedlyf 4-8-12-16		12:52.7h	May-14-88	RAIDERS TC	CAROL BOYLE, VICKI AGAR, CHERYL MURPHY, VELVET CADRE	WINNIPEG

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	Event	Wind	Mark	Date Set	Record Holder	Affiliation	Location
Open	High Jump		1.94m	Jul-01-84	DEBBIE BRILL	BC	WINNIPEG
Senior	High Jump		1.79m	Aug-20-97	TAMMY MAHON	MANITOBA	BRANDON
Junior	High Jump		1.79m	Aug-20-97	TAMMY MAHON	MANITOBA	BRANDON
Youth	High Jump		1.79m	Aug-20-97	TAMMY MAHON	MANITOBA	BRANDON
Midget	High Jump		1.73m	Jul- 1-95	TAMMY MAHON	TREHERNE	WINNIPEG
			1.73m	Aug-10-96	TAMMY MAHON	UNATTACHED	KITCHENER
Open	Pole Vault		4.51m	Jul-15-05	DANA BULLER	KITCHENER	WINNIPEG
<b>Senior</b>	<b>Pole Vault</b>		<b>4.20m</b>	<b>Jul-3-11</b>	<b>VICTORIA ROBSON</b>	<b>WOA</b>	<b>VICTORIA</b>
Junior	Pole Vault		3.50m	Jul 10-10	SARAH BOILA	WOA	WINNIPEG
Youth	Pole Vault		3.41m	Jul 3-09	SARAH BOILA	WOA	WINNIPEG
Midget	Pole Vault		2.95m	May 23-08	CARISSA GAULTHER	WOA	WINNIPEG
Open	Long Jump		6.59m	Jul-24-99	MAUREEN MAGGI	BRAZIL	WINNIPEG
Senior	Long Jump		6.39m	Apr-14-91	LAVERN CLARKE	U. OF NEW MEXICO	ALBUQUERQUE
Junior	Long Jump		5.83m	Aug- 1-68	KAY THOMSON	FLYING M AC	TORONTO
Youth	Long Jump		5.78m	Jun-23-90	JANNA NIKKEL	MANITOBA	BLAINE
Midget	Long Jump		5.42m	Jun- 8-88	GLADYS NORTEY	SISLER	WINNIPEG
Open	Triple Jump		14.77m	Jul-28-99	YAMILE ALDAMA POZA	CUBA	WINNIPEG
Senior	Triple Jump		13.04m	Mar-23-91	LAVERN CLARKE	U. OF NEW MEXICO	ALBUQUERQUE
Junior	Triple Jump		12.04m	Jul-30-93	MELISSA HABOK	BRANDON RIVALS	COQUITLAM
<b>Youth</b>	<b>Triple Jump</b>		<b>11.55m</b>	<b>Aug - 7-11</b>	<b>SASANIE WANIGASEKARA</b>	<b>MANITOBA</b>	<b>OTTAWA</b>
Midget	Triple Jump		11.07m	Jun 23-98	ALANNA BOUDREAU	WOA	WINNIPEG
Open	Shot Put 4kg		19.06m	Jul-27-99	CONNIE PRICE-SMITH	USA	WINNIPEG
Senior	Shot Put 4kg		16.99m	Jun- 7-87	MELODY TORCOLACCI	MANITOBA	KELOWNA
Junior	Shot Put 4kg		13.82m	Apr-29-89	SUSANNE DANDENAU	U OF WASHINGTON	FLAGSTAFF
Youth	Shot Put 4kg		12.64m	Jun-29-86	SUSANNE DANDENAU	AOTC	ST. JOHN
Midget	Shot Put 4kg		12.55m	Jun-26-85	SUSANNE DANDENAU	AOTC	WINNIPEG
Midget	Shot Put 3kg		9.76m	Jul 11-09	AMY GRACEFFO	TEAM MANITOBA	MEDICINE HAT
Open	Hammer 4kg		67.79m	Jul-08-00	DAWN ELLERBE	NYAC	WINNIPEG
Senior	Hammer 4kg		56.26m	Jun-11-93	THERESA BRICK	AOTC	WINNIPEG
Junior	Hammer 4kg		46.86m	Jun-30-93	NOREENA BODAGLO	AOTC	COQUITLAM
Youth	Hammer 4kg		29.65m	Jul-25-10	ALEXA MATWYCZUK	TEAM MANITOBA	WINNIPEG
Midget	Hammer 4kg		23.58m	Aug- 7-94	RAPHAEL DICOSMO	MANITOBA	OTTAWA
<b>Midget</b>	<b>new wt Hammer 3kg</b>		<b>31.35m</b>	<b>Jul-26-11</b>	<b>MADLINE BEAUVAIS</b>	<b>STRIDE AHEAD TOUGH TRACK</b>	<b>WINNIPEG</b>
Open	Discus 1kg		60.92m	Jul-30-99	ELISANGELA ADRIANO	BRAZIL	WINNIPEG
Senior	Discus 1kg		58.40m	Jun-11-93	THERESA BRICK	AOTC	WINNIPEG
Junior	Discus 1kg		50.08m	May- 6-89	SUSANNE DANDENAU	U OF WASHINGTON	SEATTLE
Youth	Discus 1kg		47.56m	Jun-11-93	SAMI-JO SMALL	AOTC	WINNIPEG
Midget	Discus 1kg		36.64m	Jul-20-85	SUSANNE DANDENAU	MANITOBA	EDMONTON
Open	Javelin 600g		65.85m	Jul-25-99	OSLEIDYS MENENDEZ	CUBA	WINNIPEG
Senior	Javelin 600g		45.87m	Aug-22-01	ERIN SIGNALDISON	MANITOBA	LONDON
Junior	Javelin 600g		40.26m	Jun- 1-05	DEBRA MULLIN	FLYING M	WINNIPEG
Youth	Javelin 600g		35.51m	Aug-6-10	AMY GRACEFFO	MANITOBA/NWO LEGION	OTTAWA
Midget	Javelin 600g		30.10m	Jul-21-07	JODY ADAMSON	MANITOBA Youth	REGINA
Open	Heptathlon		6290	Jul-28-99	MAGALYS GARCIA LELIEBRE	CUBA	WINNIPEG
Senior	Heptathlon		4980	Jul-12-81	JANET SCOTT	PRAIRIES	WINNIPEG
Junior	Heptathlon		4581	Aug-15-81	SUE GARDINER	MANITOBA	THUNDER BAY
<b>Youth</b>	<b>Heptathlon</b>		<b>4390</b>	<b>Aug -7-11</b>	<b>AMY GRACEFFO</b>	<b>MANITOBA</b>	<b>OTTAWA</b>
Midget	Heptathlon		2843	Jun-24-06	JENNA GAUDET	STRIDE AHEAD TOUGH TRACK	WINNIPEG

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	Event		Wind	Mark	Date Set	Record Holder	Affiliation	Location
<b>MEN</b>								
Open	100m			10.08	Jul-25-99	BERNARD WILLIAMS	USA	WINNIPEG
Senior	100m			10.33	May-25-85	COURTNEY BROWN	RAIDERS TC	PROVO
Junior	100m			10.75	Aug-10-03	DONOVAN ALEXANDER	MANITOBA	SELKIRK
Youth	100m			10.84	Jul- 3-82	COURTNEY BROWN	AOTC	WINNIPEG
Midget	100m			11.06	Aug-13-80	COURTNEY BROWN	AOTC	WINNIPEG
Midget	150m			17.50	Jul 10-10	JOSHUA AHLBAUM-ATEAH	SA TOUGH TRACK	WINNIPEG
Open	200m			20.30	Jul-28-99	CLAUDINEI SILVA	BRAZIL	WINNIPEG
Senior	200m			20.51	May-25-85	COURTNEY BROWN	RAIDERS TC	PROVO
Junior	200m			20.81	Jun-30-84	COURTNEY BROWN	RAIDERS TC	WINNIPEG
Youth	200m			20.93	Aug- 1-82	COURTNEY BROWN	CANADA	BERQUISIMETO
<b>Midget</b>	<b>200m</b>		<b>0.2</b>	<b>23.50</b>	<b>Jul-17-11</b>	<b>JOSHUA AHLBAUM-ATEAH</b>	<b>TEAM MANITOBA</b>	<b>REGINA</b>
Midget	300m			37.25	Jul 11-09	LEVI SADER	TEAM MANITOBA	MEDICINE HAT
Open	400m			44.59	Jul-25-99	GREGORY HAUGHTON	JAMAICA	WINNIPEG
Senior	400m			45.87	May-23-87	COURTNEY BROWN	RAIDERS TC	HOUSTON
Junior	400m			47.06	Jul-19-03	NATHAN VADEBONCOEUR	WOA	BRIDGEPORT
Youth	400m			48.45	Aug-12-00	ERIK SPROLL	MB/NWO	CALGARY
Midget	400m			51.26	Aug 09-08	MATTHEW FITKOWSKY	MANITOBA/NOW	SHERBROOKE
Open	800m			1:45.38	Jul-25-99	JOHNNY GRAY	USA	WINNIPEG
Senior	800m			1:46.65	Jul- 7-01	DARRYL FILLION	UNATTACHED	MONTREAL
Junior	800m			1:49.17	May-25-01	ERIK SPROLL	MANITOBA	VICTORIA
Youth	800m			1:50.61	Jul-16-00	ERIK SPROLL	MANITOBA	MONTREAL
Midget	800m			1:58.81	Jul-13-96	JORDAN FIERCE	WOA	KITCHENER
Midget	1200m			3:16.91	Jul 24-10	BRAEDAN PETERS	TEAM MANITOBA	WINNIPEG
Open	1500m			3:41.20	Jul-30-99	GRAHAM HOOD	CANADA	WINNIPEG
Senior	1500m			3:40.07	Aug- 8-90	CHRIS WEBER	PACESETTER	MONTREAL
Junior	1500m			3:47.1h	Jun-13-86	HENRY KLASSEN	TAKUS TC	VICTORIA
Youth	1500m			3:57.43	Jun- 2-01	KRISTJAN HUNTER	WOA	VANCOUVER
Midget	1500m			4:10.4h	Aug- 7-98	ERIK SPROLL	MANITOBA	PRINCE GEORGE
Midget	2000m			6:07.02	Jul 11-09	LEVI NEUFELD	TEAM MANITOBA	MEDICINE HAT
Open	3000m			8:06.19	May-21-91	CHRIS WEBER	AOTC	WINNIPEG
Senior	3000m			7:56.48	Jul-18-95	CHRIS WEBER	RENEGADES	FRANCE
<b>Junior</b>	<b>3000m</b>			<b>08:31.2</b>	<b>Aug 9-11</b>	<b>SAM VINCENT</b>	<b>MANITOBA</b>	<b>KAMLOOPS</b>
Youth	3000m			8:44.81	Aug- 7-98	WILL THRIFT	MANITOBA	PRINCE GEORGE
Midget	3000m			9:02.8h	Jun-14-74	GEORGE ANNECK	TEC VOC	WINNIPEG
Open	5000m			13:42.04	Jul-24-99	GALVIN MARTINEZ	MEXICO	WINNIPEG
Senior	5000m			13:36.12	Jul- 2-95	CHRIS WEBER	RENEGADES	GATESHEAD
Junior	5000m			14:14.4h	Jul-13-80	CAREY PENNER	MANITOBA	SUDBURY
<b>Youth</b>	<b>5000m</b>			<b>16:06.54</b>	<b>May-28-11</b>	<b>TYLER MISLAWCHUK</b>	<b>MNTC</b>	<b>WINNIPEG</b>
Open	10000m			28:43.50	Jul-27-99	ENENILSON SILVA	BRAZIL	WINNIPEG
Senior	10000m			28:16.51	Jul-25-75	CHRIS MCCUBBINS	CANADA	MONTREAL
Junior	10000m			30:16.6h	Jul-06-74	RICK BOURRIER	MANITOBA	SASKATOON
Youth	100m	Hurdles	36"-8.5m	14.01	Jun 12-10	GRAHAM WOO	JOHN TAYLOR	WINNIPEG
Midget	100m	Hurdles	33"-8.5m	14.25	Jul 10-10	ERIC GUY	WPG OPTIMIST	WINNIPEG
Open	110m	Hurdles	42"-9.14	13.17	Jul-30-99	ANIER GARCIA ORTIZ	CUBA	WINNIPEG
Senior	110m	Hurdles	42"-9.14	13.54	Aug-15-05	JARED MACLEOD	CANADA / WOA	ISTANBUL
Junior	110m	Hurdles	39"-9.14	14.35	Jun 14-08	KEIRAN MOOLCHAN	WOA	TORONTO
Youth	110m	Hurdles	36"-9.14	15.00	Aug-12-06	KIERAN MOOLCHAN	MANITOBA/NWO	BURNABY
<b>Midget</b>	<b>200m</b>	<b>Hurdles</b>	<b>0.762m</b>	<b>27.25</b>	<b>Jun-25-11</b>	<b>CHAD ENNS</b>	<b>WPG OPTIMIST</b>	<b>WINNIPEG</b>
Youth	300m	Hurdles	0.84m	40.35	Jul 24-10	BRENDAN CUARESMA	TEAM MANITOBA	WINNIPEG
Midget	300m	Hurdles	30"	40.55	Aug- 3-85	Garth Glover	Takus TC	SASKATOON
Open	400m	Hurdles		48.23	Jul-28-99	ERONILDES ARAUJO	BRAZIL	WINNIPEG
Senior	400m	Hurdles	36"	50.8h	Jun-18-68	WES BROOKER	MANITOBA	RANDALL'S ISLAND
Junior	400m	Hurdles	36"	53.0h	Jun-28-81	DAN MOROZ	TAKUS TC	TORONTO
Youth	400m	Hurdles	36"	55.28	Aug-09-87	GARTH GLOVER	MANITOBA	CALGARY
Youth	400m	Hurdles	0.84m	57.73	Jul 11-09	TERRENCE SAMPSON	TEAM MANITOBA	WINNIPEG

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	Event		Wind	Mark	Date Set	Record Holder	Affiliation	Location
Youth	1500m	StplCh		4:18.3h	Aug-11-73	LAWRIE LEWIS	MANITOBA	BURNABY
Midget	1500m	StplCh		4:27.5h	Aug-27-71	LAWRIE LEWIS	MANITOBA	WINNIPEG
Youth	2000m	StplCh		6:03.94	Aug-12-06	GREG MILLER	MANITOBA/ NWO	BURNABY
Midget	2000m	StplCh		6:39.59	Aug-06-05	GREG MILLER	MANITOBA/ WOA	EDMONTON
Open	3000m	StplCh		8:32.41	Jun-27-99	JOEL BOURGEOIS	MTL OLYMPIQUE	WINNIPEG
Senior	3000m	StplCh		8:35.39	Jun- 8-91	HENRY KLASSEN	AM	BURNABY
Junior	3000m	StplCh		9:02.76	Jun- 2-02	KRISTJAN HUNTER	MANITOBA	BURNABY
Youth	3000m	StplCh		10:02.76	Jun-24-06	GREG MILLER	WOA	WINNIPEG
Youth	1500m	Racewalk		7:57.89.	Aug-11-07	JASON REDPATH	MANITOBA/NWO LEGION	OROMOCTO
Open	4x100m	Relay		38.18	Jul-30-99	BRAZIL	R. OLIVIERA, C. SILVA, E. RIBEIRO, C. SILVA	WINNIPEG
Senior	4x100m	Relay		40.71	Jul-31-83	MANITOBA		CALGARY
Junior	4x100m	Relay		41.95	Aug-8-07	MANITOBA WCSG	ZACHARIE DURAND, DAVID SZCZEPANIAK, KIERAN MOOLCHAN, NATHAN LABBE	STRATHCONA COUNTY
Youth	4x100m	Relay		43.4h	Aug-21-82	MANITOBA	GREG BRYSON, ANDREW ENNS, DAVE MACKENZIE, COURTNEY BROWN	FREDERICTON
Midget	4x100m	Relay		45.94	Aug-15-99	MANITOBA	R. SYLVESTER, A. FUNSTON, J. FIELDS, N. VADEBONCOEUR	SUDBURY
Open	4x200m	Relay		1:31.2h	Jul-19-69	RAZORBACK TC		WINNIPEG
Senior	4x200m	Relay		1:24.3h	Jul-26-69	MANITOBA		CALGARY
Junior	4x200m	Relay		1:31.2h	Jul-19-69	RAZORBACK TC		WINNIPEG
Youth	4x200m	Relay		1:36.7h	Jun-22-70	WINGS TC		WINNIPEG
Midget	4x200m	Relay		1:42.3h	May-01-82	AOTC	DOUG MACKENZIE, RON DELL, DEREK ROLSTONE, DAVID NEWBERRY	WINNIPEG
Open	4x400m	Relay		2:57.97	Jul-30-99	JAMAICA	M. McDONALD, G. HAUGHTON, D. MCFARLANE, D. CLARKE	WINNIPEG
Senior	4x400m	Relay		3:12.60	Aug-21-97	MANITOBA		BRANDON
Junior	4x400m	Relay		3:19.5h	Aug-13-77	MANITOBA	DAVE KOZUSKA, BRENT KONANTZ, DAVE MORGAN, JIM PARTAKER	ST. JOHNS
Youth	4x400m	Relay		3:24.33	Aug-12-00	MANITOBA	RYAN WILSON, PATRICK BINNE, NATHAN VADEBONCOEUR, ERIK SPROLL	CALGARY
Midget	4x400m	Relay		3:41.6h	Jul-29-84	MANITOBA	JAMIE STEER, RON KING, DAVID POWELL, SCOTT BREAKLY	WINNIPEG
Open	4x800m	Relay		7:44.3h	Jun-26-85	RAIDERS TC	GREG ATHAYDE, ROB GUY, WYNN GMITROSKI, RODGER LOURENZO	WINNIPEG
Senior	4x800m	Relay		7:44.3h	Jun-26-85	RAIDERS TC	GREG ATHAYDE, ROB GUY, WYNN GMITROSKI, RODGER LOURENZO	WINNIPEG
Junior	4x800m	Relay		7:55.4h	Jul-31-72	RAZORBACK TC	LAURIE LEWIS, ELTON NOGA, CRAIG JOHNSTON, MURRAY ARDIES	WINNIPEG
Youth	4x800m	Relay		8:41.47	May-02-81	TAKUS TC		WINNIPEG
Open	4x1500m	Relay		18:24.4h	May-20-72	RAZORBACK TC	RON MELNICHUK, BARRY STEWART, WAYNE MCMAHON, LARRY SWITZER	WINNIPEG
Senior	4x1500m	Relay		16:01.5h	May-11-87	RAIDERS TC	CHAD JOHNSTON, GLEN REDPATH, ROB GUY, KEVIN CHRISTIANSON	RICHMOND
Open	1600m	SptMedlyf 4-2-2-8		3:28.8h	May-14-88	RAIDERS TC	DWAYNE FALK, CAL LANGFORD, LA SIEGGA, DOUG MCKELLAN	WINNIPEG
Senior	1600m	SptMedlyf 4-2-2-8		3:28.8h	May-14-88	RAIDERS TC	DWAYNE FALK, CAL LANGFORD, LA SIEGGA, DOUG MCKELLAN	WINNIPEG
Junior	1600m	SptMedlyf 4-2-2-8		3:40.0h	Aug-23-70	MANITOBA		ABBOTSFORD
Youth	1600m	SptMedlyf 4-2-2-8		3:33.20	May-6-11	KELVIN	MATTHEW FITKOWSKY, LEVI NEUFELD, PATRICK DUNCAN, RIEL WILLMOTT	ST. JOHNS
Midget	1600m	SptMedlyf 4-2-2-8		3:50.81	Aug-18-02	MANITOBA	DREW NEUFELD, STEVE SYDORCHUK, STEFAN ARNASON, DAVID KURY	SHERBROOK
Open	4000m	DisMedlyf 4-8-12-16		10:20.0h	May-17-88	RAIDERS TC	BUDDY VOTH, CAL LANGFORD, RIC CHAPMAN, DARCY READY	WINNIPEG
Senior	4000m	DisMedlyf 4-8-12-16		10:20.0h	May-17-88	RAIDERS TC	BUDDY VOTH, CAL LANGFORD, RIC CHAPMAN, DARCY READY	WINNIPEG

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	Event	Wind	Mark	Date Set	Record Holder	Affiliation	Location
Open	High Jump		2.26m	Jun-30-84	MILT OTTEY	YO	WINNIPEG
Senior	High Jump		2.15m	Aug-09-02	MICHAEL KIZINKEWICH	WOA	SAN ANTONIO
			2.15m	Aug- 8-96	FRANK MCLEAN	MANITOBA	KITCHENER
Junior	High Jump		2.09m	Jun-26-88	STEVE WELCH	AOTC	OTTAWA
Youth	High Jump		2.04m	Jul-11-07	LUCAS RODEWALD	CANADA	OSTRAVA, CZR
Midget	High Jump		1.96m	Jun-29-74	GARRY SCOTT	MANITOBA	WINNIPEG
Open	Pole Vault		5.60m	Jul-27-99	PATRICK MANSON	USA	WINNIPEG
Senior	Pole Vault		4.78m	Jul-6-07	CLIFF CAINES	WOA	WINNIPEG
Junior	Pole Vault		4.40m	Jul-31-82	DON LAWSON	CANADA	BERQUISIMETO
Youth	Pole Vault		4.50m	Jun-14-11	VITALIY BILENKO	WPG OPTIMIST	FLORENCE, ITA
Midget	Pole Vault		3.40m	Jul 3-09	VITALIY BILENKO	WPG OPTIMIST	WINNIPEG
Open	Long Jump		8.52m	Jul-25-99	IVAN PEDROSO SOLER	CUBA	WINNIPEG
Senior	Long Jump		7.93m	Jul- 8-00	MIKE LABERGE	FLYING M AC	FLAGSTAFF
Junior	Long Jump		7.33m	Jul-21-06	NATHAN LABBE	WOA	SHERBROOKE
Youth	Long Jump		7.00m	Jun-25-05	NATHAN LABBE	UNATTACHED	WINNIPEG
Midget	Long Jump		6.47m	Jun-20-86	JASON BOGEN	ROBERT ANDREWS	WINNIPEG
Open	Triple Jump		17.19m	Jul-30-99	YOELBI QUESADA	CUBA	WINNIPEG
Senior	Triple Jump		15.92m	Aug- 1-87	DEXTOR BELTON	MANITOBA	OTTAWA
Junior	Triple Jump		14.51m	Jul- 6-53	JACK SMYTH	WAA HOUNDS	WINNIPEG
Youth	Triple Jump		13.65m	Jul-27-07	DAVID WALFORD	WOA	ABBOTSFORD
Midget	Triple Jump		12.53m	Jul-11-86	JASON BOGEN	ROBERT ANDREWS	WINNIPEG
Open	Shot Put 7.27kg		19.93m	Jul-24-99	BRADLEY MEARS	USA	WINNIPEG
Senior	Shot Put 7.27kg		19.88m	Aug-13-85	BRUCE PIRNIE	Manitoba	REGINA
Junior	Shot Put 6kg		14.85m	Jun-14-90	TREVOR NEUMANN	AOTC	WINNIPEG
Youth	Shot Put 5kg		15.77m	Jul-21-85	BOJAN PAUNOVIC	AOTC	EDMONTON
Midget	Shot Put 4kg		15.03m	Jun-27-87	DAVID GRAYSTONE	AOTC	MOOSE JAW
Open	Hammer 7.27kg		79.61m	Jul-27-99	LANCE DEAL	USA	WINNIPEG
Senior	Hammer 7.27kg		66.58m	Aug-31-89	DAREN MCFEE	RAIDERS TC	WINNIPEG
Junior	Hammer 6kg		49.24m	Aug-14-87	BOJAN PAUNOVIC	MANITOBA	REGINA
Youth	Hammer 5kg		50.28m	Jul-26-11	CURTIS URNIEZIUS	BISON T&F	WINNIPEG
Midget	Hammer 5kg		27.44m	Jun-26-04	CLINTON STEVENSON	PEGUIS CENTRAL	WINNIPEG
Midget	Hammer 4kg		40.30m	Jul-24-10	JAYDEN BUCHANAN	TEAM MANITOBA	WINNIPEG
Open	Discus 2kg		65.89m	Jul-15-05	JASON TUNKS	LONDON WESTERN	WINNIPEG
Senior	Discus 2kg		62.99m	May-18-05	DARIUSZ SLOWIK	WOA	SALINAS
Junior	Discus 1.75kg		52.86m	Jun-26-75	CHUCK SIGFUSSON	UNATTACHED	WINNIPEG
Youth	Discus 1.5kg		49.54m	Jul-21-73	CHUCK SIGFUSSON	UNATTACHED	WINNIPEG
Midget	Discus 1kg		45.50m	Jun-26-04	CLINTON STEVENSON	PEGUIS CENTRAL	WINNIPEG
Open	Javelin 800g		79.30m	Jul-08-92	ED KOMINSKI	USA	WINNIPEG
Senior	Javelin 800g		73.76m	May- 7-88	MIKE BRENNAN	AOTC	WINNIPEG
Junior	Javelin 800g		57.78m	Jul- 6-91	DALE BARNYCH	AOTC	WINNIPEG
Youth	Javelin 700g		57.74m	Jul-24-10	MAX COTE	TEAM MANITOBA	WINNIPEG
Midget	Javelin 600g		48.18m	Jun-20-87	DALE BARNYCH	MANITOBA	SASKATOON
Open	Decathlon		8170	Jul-25-99	CHRIS HUFFINS	USA	WINNIPEG
Senior	Decathlon		7741	May-24-87	GORD ORLIKOW	CANADA	GOTZIS
Junior	Decathlon		6397	Jul-09-89	JASON KINASH	AOTC	SASKATOON
Youth	Octathlon		5587	Aug-07-04	STEPHAN ARNASON	MANITOBA/NWO	SUDBURY