

Athletics Manitoba Rankings

as of April 8, 2010

Open Women

Rank	Mark	Rnd	Name	Age	Team	Date	Meet
Women Open 60m							
1	7.59	F	Miskimmin, Caley	23	U OF MANITOBA	3/10/2010	CIS Championships
2	7.69	P	Wong, Lisa	21	U OF MANITOBA	2/6/2010	2010 Bison Classic
3	7.84	F	Paracholski, Carly	17	SISLER	2/26/2010	High School Series #3
4	7.96	P	Woo, Meaghan	22	U OF MANITOBA	2/26/2010	2010 Canada West Championships
5	7.98	F	Ogungbemi, Sade	17	RIVER EAST COLLE	3/24/2010	High School Series Championship
6	8.00	F	Staub, Katie	16	WPG OPTIMIST	3/5/2010	2010 Boeing Indoor Classic
7	8.08	F	Boxill, Alicia	20	U OF MANITOBA	2/6/2010	2010 Bison Classic
8	8.10	F	Kitching, Melissa	17	WPG OPTIMIST	3/5/2010	2010 Boeing Indoor Classic
9	8.13	F	Waters, Mallory	17	VINCENT MASSEY W	2/26/2010	High School Series #3
10	8.14	F	Wanigasekara, Sasanie	15	ST. MAURICE	2/26/2010	High School Series #3
11	8.15	F	Paracholski, Meagan	17	SISLER	2/26/2010	High School Series #3
12	8.18	F	Bera, Mercy	16	KELVIN HIGH	2/26/2010	High School Series #3
13	8.20	F	Harpelle, Leah	20	U OF MANITOBA	2/6/2010	2010 Bison Classic
13	8.20	P	Robson, Victoria	25	WPG OPTIMIST	2/6/2010	2010 Bison Classic
15	8.21	F	Mooney, Cayla	18	SA TOUGH TRACK	1/22/2010	AM Indoor Grand Prix #4 & #5
16	8.22	F	Hebert, Michelle	16	STURGEON HEIGHTS	2/26/2010	High School Series #3
17	8.23		Kimberly-Ann Bordun	21	U OF MANITOBA	1/17/2010	North Dakota State Bison Classic
18	8.24	F	Rempel, Meaghan	19	U OF MANITOBA	3/5/2010	2010 Boeing Indoor Classic
19	8.29	F	Zajac, Courtney	14	SA TOUGH TRACK	12/5/2009	Flying M 2009
20	8.30	F	McEachern, Sydney	15	KELVIN HIGH	3/24/2010	High School Series Championship

Women Open 150m

1	19.59	F	Wanigasekara, Sasanie	15	SA TOUGH TRACK	3/5/2010	2010 Boeing Indoor Classic
2	20.09	F	Staub, Katie	15	WPG OPTIMIST	12/11/2009	AM Indoor Grand Prix #1 & #2
3	20.18	F	Zajac, Courtney	15	SA TOUGH TRACK	1/22/2010	AM Indoor Grand Prix #4 & #5
4	20.59	F	Filyk, Megan	15	SA TOUGH TRACK	2/24/2010	AM Indoor Grand Prix #7
5	20.61	F	McLeod, Rachael	14	JR. DEVELOPMENT	2/24/2010	AM Indoor Grand Prix #7
6	20.74	F	Mandzuk, Andrea	15	SA TOUGH TRACK	3/5/2010	2010 Boeing Indoor Classic
7	20.78	F	Whyte, Brodie	13	WPG OPTIMIST	3/5/2010	2010 Boeing Indoor Classic
8	20.82	F	Duma, Tyra	13	WPG OPTIMIST	3/5/2010	2010 Boeing Indoor Classic
9	20.87	F	McEachern, Sydney	15	KELVIN HIGH	1/22/2010	AM Indoor Grand Prix #4 & #5
10	20.99	P	Sellers-Wiebe, Mikayla	13	SA TOUGH TRACK	3/5/2010	2010 Boeing Indoor Classic
11	21.01	F	Fey, Kier	13	SELKIRK JR HIGH	3/5/2010	2010 Boeing Indoor Classic
12	21.05	F	Takatch, Katie	15	WPG OPTIMIST	12/11/2009	AM Indoor Grand Prix #1 & #2
13	21.08	F	Lavallee, Katie	15	WPG OPTIMIST	12/11/2009	AM Indoor Grand Prix #1 & #2
14	21.14	F	Keller, Alisha	14	ST. JOHN'S	3/5/2010	2010 Boeing Indoor Classic
15	21.30	P	McDiarmid, Kaitlin	15	WALTER WHYTE	3/5/2010	2010 Boeing Indoor Classic
16	21.44	P	Beauvais, Madeline	13	SA TOUGH TRACK	3/5/2010	2010 Boeing Indoor Classic
17	21.46	P	Dela Merced, Geselle	13	WPG OPTIMIST	3/5/2010	2010 Boeing Indoor Classic
18	21.59	P	Willison, Alyssa	13	SA TOUGH TRACK	3/5/2010	2010 Boeing Indoor Classic
19	21.64	F	Woitas, Kennedy	14	SA TOUGH TRACK	2/24/2010	AM Indoor Grand Prix #7
20	21.79	P	Cerasani, Larissa	14	SA TOUGH TRACK	3/5/2010	2010 Boeing Indoor Classic

Women Open 200m

1	25.33	F	Paracholski, Carly	17	SISLER	3/5/2010	2010 Boeing Indoor Classic
2	25.54	F	Wong, Lisa	20	U OF MANITOBA	12/11/2009	AM Indoor Grand Prix #1 & #2
3	25.66	F	Kitching, Melissa	17	WPG OPTIMIST	3/5/2010	2010 Boeing Indoor Classic
4	25.74		Woo, Meaghan	22	U OF MANITOBA	2/12/2010	Iowa State
5	26.13	F	Staub, Katie	16	WPG OPTIMIST	3/5/2010	2010 Boeing Indoor Classic
6	26.15	F	Campbell, Jennifer	23	U OF MANITOBA	2/12/2010	Iowa State
7	26.34	P	Paracholski, Meagan	17	SISLER	3/5/2010	2010 Boeing Indoor Classic
8	26.48	F	Ogungbemi, Sade	17	RIVER EAST	3/24/2010	High School Series Championship
9	26.52	F	Waters, Mallory	17	FLYING M	2/24/2010	AM Indoor Grand Prix #7
10	26.54		Bordun, Kimberly-Ann	20	U OF MANITOBA	2/12/2010	Iowa State
11	26.68	F	Zrinyi, Julia	16	SA TOUGH TRACK	2/24/2010	AM Indoor Grand Prix #7
12	26.81	F	Hebert, Michelle	16	WPG OPTIMIST	3/24/2010	High School Series Championship
13	26.82	F	Bordun, Kimberly-Ann	21	U OF MANITOBA	1/13/2010	AM Indoor Grand Prix #3
14	26.86	F	Boxill, Alicia	19	U OF MANITOBA	12/11/2009	AM Indoor Grand Prix #1 & #2
15	26.89		Harpelle, Leah	20	U OF MANITOBA	1/23/2010	Jack Johnson Classic
16	27.01	F	Huebert, Sarah	18	WPG OPTIMIST	3/5/2010	2010 Boeing Indoor Classic
17	27.05		Miskimmin, Caley	23	U OF MANITOBA	1/17/2010	North Dakota State Bison Classic

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Open Women

Rank	Mark	Rnd	Name	Age	Team	Date	Meet
Women Open 200m cont'd							
18	27.08	P	Rempel, Meaghan	19	U OF MANITOBA	3/5/2010	2010 Boeing Indoor Classic
19	27.11	F	McEachern, Sydney	15	KELVIN HIGH	3/24/2010	High School Series Championship
20	27.20	F	Mooney, Cayla	18	SA TOUGH TRACK	1/13/2010	AM Indoor Grand Prix #3
Women Open 300m							
1	40.97	F	Kitching, Melissa	17	WPG OPTIMIST	2/6/2010	2010 Bison Classic
2	41.09	P	Campbell, Jennifer	23	U OF MANITOBA	2/26/2010	2010 Canada West Championships
3	41.47	F	Woo, Meaghan	22	U OF MANITOBA	2/6/2010	2010 Bison Classic
4	41.83	F	Bordun, Kimberly-Ann	20	U OF MANITOBA	12/5/2009	Flying M 2009
5	42.20	F	Baker, Dana	22	U OF MANITOBA	12/5/2009	Flying M 2009
6	42.27	F	Wanigasekara, Sasanie	15	SA TOUGH TRACK	3/5/2010	2010 Boeing Indoor Classic
7	42.64	F	Baran, Melanie	15	SA TOUGH TRACK	12/5/2009	Flying M 2009
8	42.68	F	Staub, Katie	16	WPG OPTIMIST	1/22/2010	AM Indoor Grand Prix #4 & #5
9	43.20	F	Huebert, Sarah	18	WPG OPTIMIST	2/6/2010	2010 Bison Classic
10	43.32	F	Harpelle, Leah	19	U OF MANITOBA	12/5/2009	Flying M 2009
11	44.26	F	Zajac, Courtney	15	SA TOUGH TRACK	3/5/2010	2010 Boeing Indoor Classic
12	44.36	F	Andrushko, Amy	15	SA TOUGH TRACK	12/11/2009	AM Indoor Grand Prix #1 & #2
13	44.59	F	Rempel, Meaghan	18	U OF MANITOBA	12/5/2009	Flying M 2009
14	44.60	F	Takatch, Katie	16	WPG OPTIMIST	2/6/2010	2010 Bison Classic
15	44.63	F	Lavallee, Katie	16	WPG OPTIMIST	2/6/2010	2010 Bison Classic
16	45.01	F	McLeod, Rachael	13	JR. DEVELOPMENT	12/5/2009	Flying M 2009
17	45.11	F	Sellers-Wiebe, Mikayla	13	SA TOUGH TRACK	3/5/2010	2010 Boeing Indoor Classic
18	45.25	F	Boxill, Alicia	19	U OF MANITOBA	12/5/2009	Flying M 2009
19	45.51	F	Whyte, Brodie	13	WPG OPTIMIST	3/5/2010	2010 Boeing Indoor Classic
20	45.57	F	Van Schepdael, Mikaela	14	SA TOUGH TRACK	2/10/2010	AM Indoor Grand Prix #6
Women Open 400m							
1	55.60	F	Johnson, Alyssa	18	U OF UTAH	2/27/2010	Mountain West Conference
2	56.26	F	Paracholski, Carly	17	SISLER	3/5/2010	2010 Boeing Indoor Classic
3	57.40	F	Campbell, Jennifer	22	U OF MANITOBA	2/12/2010	Iowa State
4	58.10	F	Kitching, Melissa	17	WPG OPTIMIST	3/5/2010	2010 Boeing Indoor Classic
5	58.40	F	Woo, Meaghan	22	U OF MANITOBA	2/12/2010	Iowa State
6	59.04	F	Bordun, Kimberly-Ann	20	U OF MANITOBA	2/12/2010	Iowa State
7	59.17	F	Baker, Dana	22	U OF MANITOBA	2/12/2010	Iowa State
8	59.70	F	Baran, Melanie	16	SA TOUGH TRACK	3/5/2010	2010 Boeing Indoor Classic
9	1:00.06	F	Lavoie, Michelle	18	U OF MANITOBA	12/11/2009	AM Indoor Grand Prix #1 & #2
10	1:00.88	F	Andrushko, Amy	16	PIERRE TRUDEAU	3/5/2010	2010 Boeing Indoor Classic
11	1:01.90	F	Adamson, Jackie	19	U OF MANITOBA	3/5/2010	2010 Boeing Indoor Classic
12	1:02.85	F	Takatch, Katie	16	STURGEON HEIGHTS	2/5/2010	High School Series # 1
13	1:03.25	F	Lavallee, Katie	16	WPG OPTIMIST	3/5/2010	2010 Boeing Indoor Classic
14	1:03.37	F	Hebert, Michelle	16	STURGEON HEIGHTS	2/26/2010	High School Series #3
15	1:03.45	F	Cayer, Marielle	17	WESTWOOD	2/26/2010	High School Series #3
16	1:03.48	F	Smith, Lindsay	15	OAK PARK	2/5/2010	High School Series # 1
17	1:03.85	F	Cote, Raven	17	JOHN TAYLOR	3/24/2010	High School Series Championship
18	1:04.59	F	Auger, Chantal	19	U OF MANITOBA	12/11/2009	AM Indoor Grand Prix #1 & #2
19	1:05.26	F	Sprague, Taylor	16	KELVIN HIGH	2/26/2010	High School Series #3
20	1:05.46	F	Cheung, Victoria	15	GRANT PARK	3/24/2010	High School Series Championship
Women Open 600m Run							
1	1:35.79	F	Campbell, Jennifer	23	U OF MANITOBA	2/26/2010	2010 Canada West Championships
2	1:35.85	F	Baran, Melanie	16	SA TOUGH TRACK	2/6/2010	2010 Bison Classic
3	1:36.19	F	Woo, Meaghan	21	U OF MANITOBA	1/23/2010	Jack Johnson Classic
4	1:36.27	F	Lavoie, Michelle	19	U OF MANITOBA	2/6/2010	2010 Bison Classic
5	1:38.6h	F	Adamson, Jackie	18	U OF MANITOBA	12/5/2009	Flying M 2009
6	1:39.63	F	Auger, Chantal	20	U OF MANITOBA	2/6/2010	2010 Bison Classic
7	1:41.21	F	Smith, Lindsay	16	WPG OPTIMIST	2/6/2010	2010 Bison Classic
8	1:44.8h	F	Andrushko, Amy	15	SA TOUGH TRACK	12/5/2009	Flying M 2009
9	1:49.4h	F	Cote, Raven	16	JOHN TAYLOR	12/5/2009	Flying M 2009
10	1:49.94	F	Sellers-Wiebe, Mikayla	13	SA TOUGH TRACK	2/24/2010	AM Indoor Grand Prix #7
11	1:51.3h	F	Kinzel, Montana	13	SA TOUGH TRACK	12/5/2009	Flying M 2009
12	1:51.7h	F	Zajac, Janine	13	SA TOUGH TRACK	12/5/2009	Flying M 2009

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Rank	Mark	Rnd	Name	Age	Team	Date	Meet
Women Open 600m Run cont'd							
13	1:54.4h	F	Kroeker, Kailey	20	U OF MANITOBA	12/5/2009	Flying M 2009
14	1:56.8h	F	Huang, Christina	14	ACADIA	12/5/2009	Flying M 2009
15	1:58.3h	F	Calabro, Dominique	13	SA TOUGH TRACK	12/5/2009	Flying M 2009
16	2:00.0h	F	Standing, Carissa	13	SA TOUGH TRACK	12/5/2009	Flying M 2009
17	2:00.36	F	Tachinski, Victoria	11	HENRY G. IZATT	3/5/2010	2010 Boeing Indoor Classic
18	2:01.9h	F	Willison, Alyssa	12	SA TOUGH TRACK	12/5/2009	Flying M 2009
19	2:04.14	F	Candeias, Katarina	11	HENRY G. IZATT	3/5/2010	2010 Boeing Indoor Classic
20	2:04.9h	F	Brydges, Stephanie	14	KILDONAN EAST	12/5/2009	Flying M 2009
Women Open 800m Run							
1	2:03.68	F	Edwards, Nicole	24	UNATTACHED	3/6/2010	Alex Wilson Invitational
2	2:15.54	F	Zrinyi, Julia	16	VINCENT MASSEY W	3/24/2010	High School Series Championship
3	2:17.44	F	Lavoie, Michelle	19	U OF MANITOBA	2/12/2010	Iowa State
4	2:18.04	F	Paracholski, Carly	17	SISLER	1/22/2010	AM Indoor Grand Prix #4 & #5
5	2:20.27	F	Baran, Melanie	16	SA TOUGH TRACK	3/5/2010	2010 Boeing Indoor Classic
6	2:22.16	F	Auger, Chantal	20	U OF MANITOBA	2/12/2010	Iowa State
7	2:22.53	F	Cantin, Catherine	16	WPG OPTIMIST	3/5/2010	2010 Boeing Indoor Classic
8	2:23.78	F	Gaensler, Hannah	16	WPG OPTIMIST	2/12/2010	2010 Regina Kinsmen Classic
9	2:23.85	F	Adamson, Jackie	18	U OF MANITOBA	1/23/2010	Jack Johnson Classic
10	2:24.35	F	Smith, Lindsay	16	WPG OPTIMIST	3/5/2010	2010 Boeing Indoor Classic
11	2:24.64	F	Sprague, Taylor	16	KELVIN HIGH	3/12/2010	High School Series #4
12	2:25.11	F	Cantin, Cathenne	16	RAVENSCOURT	2/12/2010	High School Series #2
13	2:25.96	F	Andrushko, Amy	16	SA TOUGH TRACK	2/24/2010	AM Indoor Grand Prix #7
14	2:27.52	F	Paracholski, Meagan	17	SISLER	3/12/2010	High School Series #4
15	2:29.25	F	Zajac, Janine	13	SA TOUGH TRACK	12/11/2009	AM Indoor Grand Prix #1 & #2
16	2:30.78	F	Van Schepdael, Mikaela	14	SA TOUGH TRACK	3/5/2010	2010 Boeing Indoor Classic
17	2:30.87	F	Friesen, Kendra	15	WPG OPTIMIST	2/24/2010	AM Indoor Grand Prix #7
18	2:34.44	F	Hebert, Janine	15	WPG OPTIMIST	12/11/2009	AM Indoor Grand Prix #1 & #2
19	2:34.73	F	Cote, Raven	17	WPG OPTIMIST	3/5/2010	2010 Boeing Indoor Classic
20	2:35.94	F	Cheung, Victoria	15	GRANT PARK	3/12/2010	High School Series #4
Women Open 1000m Run							
1	2:42.41	F	Edwards, Nicole	24	UNATTACHED	1/16/2010	Penn State Challenge
2	2:56.69	F	Zrinyi, Julia	16	SA TOUGH TRACK	2/6/2010	2010 Bison Classic
3	2:58.82	F	Phalen, Jacky	22	U OF MANITOBA	2/26/2010	2010 Canada West Championships
4	3:03.83	F	Stromberg, Justine	21	U OF MANITOBA	2/6/2010	2010 Bison Classic
5	3:04.57	F	Adamson, Jackie	19	U OF MANITOBA	1/17/2010	North Dakota State Bison Classic
6	3:13.6h	F	Sherwin, Alice	20	U OF MANITOBA	12/5/2009	Flying M 2009
7	3:14.05	F	Carr, Becky	21	U OF MANITOBA	2/6/2010	2010 Bison Classic
8	3:16.8h	F	Altomare, Alyssa	21	U OF MANITOBA	12/5/2009	Flying M 2009
9	3:26.7h	F	Van Schepdael, Mikaela	13	SA TOUGH TRACK	12/5/2009	Flying M 2009
10	3:36.2h	F	Calabro, Dominique	13	SA TOUGH TRACK	12/5/2009	Flying M 2009
11	3:38.7h	F	Settee, Courtney	15	KILDONAN EAST	12/5/2009	Flying M 2009
12	3:42.4h	F	Passler-Bates, Danika	12	SA TOUGH TRACK	12/5/2009	Flying M 2009
13	3:56.2h	F	Baragar-Petrash, Jennie	11	SA TOUGH TRACK	12/5/2009	Flying M 2009
14	4:24.7h	F	Belisle, Breanna	12	ACADIA	12/5/2009	Flying M 2009
15	4:33.5h	F	Petroff, Jane	11	SA TOUGH TRACK	12/5/2009	Flying M 2009
16	4:39.5h	F	McLeod, Ashlee	21	NAVVIES TC	12/5/2009	Flying M 2009
17	4:49.1h	F	Desmarais, Natalie	9	JR. DEVELOPMENT	12/5/2009	Flying M 2009
18	4:49.6h	F	Van Steelant, Leaha-Marie	36	BULLDOGS	12/5/2009	Flying M 2009
Women Open 1200m Run							
1	3:45.01	F	Zrinyi, Julia	15	SA TOUGH TRACK	12/11/2009	AM Indoor Grand Prix #1 & #2
2	3:58.31	F	Ready, Tarina	14	WPG OPTIMIST	3/5/2010	2010 Boeing Indoor Classic
3	4:03.48	F	Bobrowski, Laura	13	SA TOUGH TRACK	12/11/2009	AM Indoor Grand Prix #1 & #2
4	4:07.39	F	Van Schepdael, Mikaela	13	SA TOUGH TRACK	12/11/2009	AM Indoor Grand Prix #1 & #2
5	4:09.52	F	Brzezinska, Eva	15	WPG OPTIMIST	12/11/2009	AM Indoor Grand Prix #1 & #2
6	4:16.88	F	Kessler, Veronica	13	UNATTACHED	3/5/2010	2010 Boeing Indoor Classic
7	4:18.60	F	Kleisinger, Shayla	13	GRANT PARK	3/5/2010	2010 Boeing Indoor Classic
8	4:18.89	F	Ready, Shandra	15	WPG OPTIMIST	12/11/2009	AM Indoor Grand Prix #1 & #2
9	4:26.58	F	O'Flaherty, Bridget	15	KELVIN HIGH	3/5/2010	2010 Boeing Indoor Classic

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as of April 8, 2010

Open Women

Rank	Mark	Rnd	Name	Age	Team	Date	Meet
Women Open 1200m Run cont'd							
10	4:27.95	F	Standing, Carissa	14	SA TOUGH TRACK	3/5/2010	2010 Boeing Indoor Classic
11	4:39.79	F	Calabro, Dominique	14	SA TOUGH TRACK	1/22/2010	AM Indoor Grand Prix #4 & #5
12	4:41.20	F	Siemens, Kyla	13	SA TOUGH TRACK	12/11/2009	AM Indoor Grand Prix #1 & #2
13	4:45.63	F	Kehrer, Caroline	13	RIVER HEIGHTS	3/5/2010	2010 Boeing Indoor Classic
14	4:48.09	F	Baragar-Petrash, Jennie	11	SA TOUGH TRACK	12/11/2009	AM Indoor Grand Prix #1 & #2
15	4:51.17	F	Lam, Serena	14	GRANT PARK	3/5/2010	2010 Boeing Indoor Classic
16	4:58.18	F	Ross, Charlotte	13	RIVER HEIGHTS	3/5/2010	2010 Boeing Indoor Classic
17	5:03.52	F	Sprague, Kailey	13	RIVER HEIGHTS	3/5/2010	2010 Boeing Indoor Classic
18	5:04.03	F	Carroll, Courtney	13	ST. JOHN'S	3/5/2010	2010 Boeing Indoor Classic
19	5:23.34	F	Wirth, Lauren	11	WPG OPTIMIST	3/5/2010	2010 Boeing Indoor Classic
Women Open 1500m Run							
1	4:16.46	F	Edwards, Nicole	24	UNATTACHED	3/12/2010	IAAF World Indoor Championships
2	4:38.56	F	Walker, Darolyn	27	RIVER CITY	12/11/2009	AM Indoor Grand Prix #1 & #2
3	4:40.00	F	Bruckschwaiger, Katrina	28	U OF MANITOBA	2/26/2010	2010 Canada West Championships
4	4:43.54	F	Teschuk, Erin	15	WPG OPTIMIST	12/11/2009	AM Indoor Grand Prix #1 & #2
5	4:43.67	F	Gregoire, Melanie	23	U OF MANITOBA	2/6/2010	2010 Bison Classic
6	4:44.63	F	Zrinyi, Julia	16	SA TOUGH TRACK	3/5/2010	2010 Boeing Indoor Classic
7	4:47.37	F	Phalen, Jacky	22	U OF MANITOBA	2/26/2010	2010 Canada West Championships
8	4:49.90	F	Ginter, Lacey	23	U OF MANITOBA	2/6/2010	2010 Bison Classic
9	4:53.89	F	Dubois, Nicole	19	U OF MANITOBA	2/6/2010	2010 Bison Classic
10	4:54.02	F	Cantin, Catherine	16	WPG OPTIMIST	3/5/2010	2010 Boeing Indoor Classic
11	4:55.41	F	Stromberg, Justine	21	U OF MANITOBA	2/12/2010	2010 Regina Kinsmen Classic
12	4:55.45	F	Bell, Alex	21	U OF MANITOBA	2/10/2010	AM Indoor Grand Prix #6
13	4:56.78	F	Adamson, Jackie	19	U OF MANITOBA	2/10/2010	AM Indoor Grand Prix #6
14	4:57.67	F	Gaensler, Hannah	16	WPG OPTIMIST	2/12/2010	2010 Regina Kinsmen Classic
15	4:58.37	F	Tessmann, Gina	25	U OF MANITOBA	2/6/2010	2010 Bison Classic
16	4:58.51	F	Altomare, Alyssa	22	U OF MANITOBA	2/10/2010	AM Indoor Grand Prix #6
17	4:58.73	F	Sprague, Taylor	16	KELVIN HIGH	3/24/2010	High School Series Championship
18	5:01.65	F	Sherwin, Alice	20	U OF MANITOBA	12/11/2009	AM Indoor Grand Prix #1 & #2
19	5:03.73	F	Paracholski, Meagan	17	SISLER	3/5/2010	2010 Boeing Indoor Classic
20	5:03.97	F	Sadowy, Sara	14	WPG OPTIMIST	12/11/2009	AM Indoor Grand Prix #1 & #2
Women Open 3000m Run							
1	9:46.14	F	Bruckschwaiger, Katrina	28	U OF MANITOBA	2/12/2010	Iowa State
2	10:18.82	F	Gregoire, Melanie	22	U OF MANITOBA	1/23/2010	Jack Johnson Classic
3	10:22.81	F	Ginter, Lacey	23	U OF MANITOBA	1/23/2010	Jack Johnson Classic
4	10:25.60	F	Tessmann, Gina	24	U OF MANITOBA	2/12/2010	Iowa State
5	10:34.57	F	Gaensler, Hannah	16	WPG OPTIMIST	3/5/2010	2010 Boeing Indoor Classic
6	10:40.70	F	Sherwin, Alice	20	U OF MANITOBA	12/11/2009	AM Indoor Grand Prix #1 & #2
7	10:59.43	F	Altomare, Alyssa	21	U OF MANITOBA	12/11/2009	AM Indoor Grand Prix #1 & #2
8	11:02.63	F	Barrett, Nicole	22	U OF MANITOBA	12/11/2009	AM Indoor Grand Prix #1 & #2
9	11:05.24	F	Dubois, Nicole	19	U OF MANITOBA	2/12/2010	2010 Regina Kinsmen Classic
10	11:07.53	F	Bell, Alex	21	U OF MANITOBA	1/22/2010	AM Indoor Grand Prix #4 & #5
11	11:22.77	F	Dickson, Tyra	28	UNATTACHED	3/5/2010	2010 Boeing Indoor Classic
12	11:44.37	F	Cortvriendt, Ashlyn	14	M.N.T.C.	3/5/2010	2010 Boeing Indoor Classic
13	11:47.00	F	Ready, Richelle	18	U OF MANITOBA	12/5/2009	Flying M 2009
14	11:54.54	F	Klatt, Janessa	16	M.N.T.C.	3/5/2010	2010 Boeing Indoor Classic
15	12:03.62	F	Malo, Roseria	16	M.N.T.C.	2/24/2010	AM Indoor Grand Prix #7
16	12:07.79	F	Kessler, Veronica	13	UNATTACHED	3/5/2010	2010 Boeing Indoor Classic
17	12:43.04	F	O'Flaherty, Bridget	15	KELVIN HIGH	3/5/2010	2010 Boeing Indoor Classic
18	12:49.01	F	Staerk, Shayna	14	M.N.T.C.	2/24/2010	AM Indoor Grand Prix #7
19	13:04.66	F	Sanduliak, Tianna	16	ELKHORN TRACK	3/5/2010	2010 Boeing Indoor Classic
20	14:20.10	F	Humphries, Hannah	13	M.N.T.C.	12/11/2009	AM Indoor Grand Prix #1 & #2

Athletics Manitoba Rankings

as of April 8, 2010

Open Women

Rank	Mark	Rnd	Name	Age	Team	Date	Meet
Women Open 1 Mile							
1	4:29.42		Edwards, Nicole	24	UNATTACHED	1/23/2010	New Balance Games NY
2	5:05.63		Bruckschwaiger, Katrina	28	U OF MANITOBA	1/17/2010	North Dakota State Bison Classic
3	5:12.94		Gregoire, Melanie	22	U OF MANITOBA	2/12/2010	Iowa State
4	5:13.19		Ginter, Lacey	23	U OF MANITOBA	2/12/2010	Iowa State
5	5:20.16		Tessmann, Gina	24	U OF MANITOBA	2/12/2010	Iowa State
6	5:23.35		Bell, Alex	21	U OF MANITOBA	1/17/2010	North Dakota State Bison Classic
7	5:38.18		Stromberg, Justine	21	U OF MANITOBA	1/17/2010	North Dakota State Bison Classic
8	6:01.59		Carr, Becky	21	U OF MANITOBA	1/17/2010	North Dakota State Bison Classic
Women Open 60m Hurdles 0.840m-8.5m							
1	9.67	F	Allen, Alex	20	U OF MANITOBA	1/13/2010	AM Indoor Grand Prix #3
2	9.70	M	Twerdun, Deondra	22	U OF MANITOBA	2/26/2010	2010 Canada West Championships
3	10.54	F	Gundrum, Amanda	18	U OF MANITOBA	12/5/2009	Flying M 2009
4	12.59	F	Prychitko, Alexis	18	U OF MANITOBA	12/5/2009	Flying M 2009
Women Open High Jump							
1	1.63m	F	Logozar, Teresa	38	U OF MANITOBA	2/26/2010	2010 Canada West Championships
2	1.56m	F	Allen, Alex	19	U OF MANITOBA	12/5/2009	Flying M 2009
3	1.55m	F	Sigurdson, Haley	24	U OF MANITOBA	2/6/2010	2010 Bison Classic
3	1.55m	F	Stoesz, Meredith	19	U OF MANITOBA	12/11/2009	AM Indoor Grand Prix #1 & #2
3	1.55m	F	Scott, Megan	20	U OF MANITOBA	2/10/2010	AM Indoor Grand Prix #6
6	1.53m	F	Wade, Alexandra	14	SA TOUGH TRACK	12/5/2009	Flying M 2009
7	1.49m	M	Twerdun, Deondra	22	U OF MANITOBA	2/12/2010	2010 Regina Kinsmen Classic
8	1.45m	F	Mowat, Kathleen	17	STONEWALL	3/24/2010	High School Series Championship
8	1.45m	F	Roman, Angela	17	VINCENT MASSEY W	3/24/2010	High School Series Championship
8	1.45m	F	Gaudet, Jenna	19	UNATTACHED	3/5/2010	2010 Boeing Indoor Classic
8	1.45m	F	Prychitko, Alexis	18	U OF MANITOBA	12/11/2009	AM Indoor Grand Prix #1 & #2
8	1.45m	F	Sellers-Wiebe, Mikayla	13	SA TOUGH TRACK	2/10/2010	AM Indoor Grand Prix #6
8	1.45m	F	Enokson, Jaimie	17	GARDEN CITY	3/24/2010	High School Series Championship
14	1.43m	F	Filyk, Megan	15	SA TOUGH TRACK	3/5/2010	2010 Boeing Indoor Classic
15	1.40m	F	Kowalyszyn, Lisa	14	WEST KILDONAN	2/5/2010	High School Series # 1
15	1.40m	F	Johnston, Meghan	15	RIVER EAST COLLE	2/5/2010	High School Series # 1
15	1.40m	F	Lewarne, Jennifer	15	UNATTACHED	1/22/2010	AM Indoor Grand Prix #4 & #5
15	1.40m	F	Kendall, Rachel	15	SISLER	2/5/2010	High School Series # 1
19	1.39m	M	Graceffo, Amy	16	SA TOUGH TRACK	1/22/2010	AM Indoor Grand Prix #4 & #5
Women Open Pole Vault							
1	3.95m	F	Robson, Victoria	25	WPG OPTIMIST	1/22/2010	AM Indoor Grand Prix #4 & #5
2	3.70m	F	Logozar, Teresa	37	U OF MANITOBA	12/11/2009	AM Indoor Grand Prix #1 & #2
3	3.62m	F	Allen, Alex	20	U OF MANITOBA	2/12/2010	2010 Regina Kinsmen Classic
4	3.35m	F	Boila, Sarah	18	WPG OPTIMIST	1/13/2010	AM Indoor Grand Prix #3
5	3.25m	F	Richards, Melissa	17	WPG OPTIMIST	2/12/2010	2010 Regina Kinsmen Classic
5	3.25m	F	Tasche, Hillarie	24	UNATTACHED	12/11/2009	AM Indoor Grand Prix #1 & #2
7	3.15m	F	Gauthier, Carissa	17	WPG OPTIMIST	2/24/2010	AM Indoor Grand Prix #7
8	3.00m	F	Cook, Taralyn	21	U OF MANITOBA	2/24/2010	AM Indoor Grand Prix #7
9	2.90m	F	Allegro, Samantha	16	WPG OPTIMIST	3/5/2010	2010 Boeing Indoor Classic
10	2.85m	F	Garfinkle, Mikaela	18	WPG OPTIMIST	2/24/2010	AM Indoor Grand Prix #7
11	2.80m	F	Wong, Rebecca	27	U OF MANITOBA	2/6/2010	2010 Bison Classic
12	2.45m	F	Desjardins, Amy	14	WPG OPTIMIST	12/11/2009	AM Indoor Grand Prix #1 & #2
Women Open Long Jump							
1	5.74m	F	Baker, Dana	23	U OF MANITOBA	2/26/2010	2010 Canada West Championships
2	5.36m	F	Wong, Lisa	21	U OF MANITOBA	2/12/2010	2010 Regina Kinsmen Classic
3	5.20m	F	Wanigasekara, Sasanie	15	SA TOUGH TRACK	3/5/2010	2010 Boeing Indoor Classic
4	5.13m	F	Twerdun, Deondra	22	U OF MANITOBA	1/13/2010	AM Indoor Grand Prix #3
5	5.12m	F	Comeault, Ali	19	U OF MANITOBA	2/12/2010	2010 Regina Kinsmen Classic
6	5.06m	F	Gundrum, Amanda	19	U OF MANITOBA	2/26/2010	2010 Canada West Championships
7	4.99m	F	Graceffo, Amy	16	SA TOUGH TRACK	3/5/2010	2010 Boeing Indoor Classic
8	4.93m	F	Zajac, Courtney	15	SA TOUGH TRACK	3/5/2010	2010 Boeing Indoor Classic
9	4.87m	F	Filyk, Megan	15	SA TOUGH TRACK	3/5/2010	2010 Boeing Indoor Classic
10	4.83m	F	Paracholski, Carly	17	SISLER	3/5/2010	2010 Boeing Indoor Classic

Athletics Manitoba Rankings

as of April 8, 2010

Open Women

Rank	Mark	Rnd	Name	Age	Team	Date	Meet
Women Open Long Jump cont'd							
11	4.81m	F	Paracholski, Meagan	17	SISLER	3/5/2010	2010 Boeing Indoor Classic
12	4.70m	F	Robson, Victoria	25	WPG OPTIMIST	2/6/2010	2010 Bison Classic
13	4.62m	F	Jeffers, Erinn	14	JR. DEVELOPMENT	12/5/2009	Flying M 2009
14	4.57m	F	Keller, Alisha	14	ST. JOHN'S	3/5/2010	2010 Boeing Indoor Classic
15	4.55m	F	Schwiersch, Varena	16	FORT RICHMOND	3/24/2010	High School Series Championship
15	4.55m	F	Mandzuk, Andrea	15	SA TOUGH TRACK	3/5/2010	2010 Boeing Indoor Classic
17	4.54m	F	MacGregor, Dawn	16	KELVIN HIGH	12/11/2009	AM Indoor Grand Prix #1 & #2
18	4.52m	F	Scott, Megan	20	U OF MANITOBA	2/24/2010	AM Indoor Grand Prix #7
19	4.51m	F	Allen, Alex	19	U OF MANITOBA	12/5/2009	Flying M 2009
20	4.45m	F	Morrison, Amanda	18	SHAFTESBURY	3/24/2010	High School Series Championship
Women Open Long Jump Standing							
1	2.20m	F	Dela Merced, Geselle	12	WPG OPTIMIST	12/11/2009	AM Indoor Grand Prix #1 & #2
2	2.19m	F	Cerasani, Larissa	13	SA TOUGH TRACK	12/11/2009	AM Indoor Grand Prix #1 & #2
3	1.95m	F	Babalola, Tayo	12	WPG OPTIMIST	12/11/2009	AM Indoor Grand Prix #1 & #2
4	1.86m	F	Levi, Jessica	13	SA TOUGH TRACK	12/11/2009	AM Indoor Grand Prix #1 & #2
5	1.79m	F	Lubi, Princess	12	WPG OPTIMIST	1/22/2010	AM Indoor Grand Prix #4 & #5
6	1.71m	F	Barsalou, Lydia	11	WPG OPTIMIST	1/22/2010	AM Indoor Grand Prix #4 & #5
7	1.69m	F	Deato, Jasmine	11	WPG OPTIMIST	1/22/2010	AM Indoor Grand Prix #4 & #5
8	1.62m	F	Said, Saida	12	WPG OPTIMIST	1/22/2010	AM Indoor Grand Prix #4 & #5
9	1.60m	F	Woitas, Jensyn	9	SA TOUGH TRACK	12/11/2009	AM Indoor Grand Prix #1 & #2
10	1.59m	F	Ditter, Jazi	8	SA TOUGH TRACK	12/11/2009	AM Indoor Grand Prix #1 & #2
11	1.55m	F	Jackson, Hannah	10	SA TOUGH TRACK	1/22/2010	AM Indoor Grand Prix #4 & #5
12	1.52m	F	Lunny, Olivia	11	WPG OPTIMIST	1/22/2010	AM Indoor Grand Prix #4 & #5
13	1.50m	F	Vergel, Aimee	11	WPG OPTIMIST	1/22/2010	AM Indoor Grand Prix #4 & #5
14	1.48m	F	Exconde, Marianne	12	ST. EDWARD'S	1/22/2010	AM Indoor Grand Prix #4 & #5
15	1.44m	F	Masangkay, Mary Gayle	11	WPG OPTIMIST	1/22/2010	AM Indoor Grand Prix #4 & #5
16	1.43m	F	Reimer, Alexandria	11	WPG OPTIMIST	1/22/2010	AM Indoor Grand Prix #4 & #5
16	1.43m	F	Parrenas, Lumiere	11	WPG OPTIMIST	1/22/2010	AM Indoor Grand Prix #4 & #5
18	1.42m	F	Bernardo, Bea	10	ST. EDWARD'S	1/22/2010	AM Indoor Grand Prix #4 & #5
19	1.41m	F	Scobbie, Natara	13	WALTER WHYTE	1/22/2010	AM Indoor Grand Prix #4 & #5
20	1.31m	F	Arceo, Tannia Fe	11	WPG OPTIMIST	1/22/2010	AM Indoor Grand Prix #4 & #5
Women Open Triple Jump							
1	11.07m	F	Gundrum, Amanda	19	U OF MANITOBA	2/26/2010	2010 Canada West Championships
2	11.02m	F	Twerdun, Deondra	22	U OF MANITOBA	2/10/2010	AM Indoor Grand Prix #6
3	10.78m	F	Wanigasekara, Sasanie	15	SA TOUGH TRACK	1/22/2010	AM Indoor Grand Prix #4 & #5
4	10.44m	F	Comeault, Ali	19	U OF MANITOBA	2/12/2010	2010 Regina Kinsmen Classic
5	10.26m	F	Scott, Megan	20	U OF MANITOBA	2/26/2010	2010 Canada West Championships
6	10.13m	F	Waters, Mallory	17	VINCENT MASSEY W	2/26/2010	High School Series #3
7	10.06m	F	Paracholski, Meagan	17	SISLER	3/5/2010	2010 Boeing Indoor Classic
8	9.92m	F	Paracholski, Carly	17	SISLER	3/5/2010	2010 Boeing Indoor Classic
9	9.83m	F	Millns, Carlyne	15	STURGEON HEIGHTS	3/24/2010	High School Series Championship
10	9.78m	F	LaFreniere, Taylor	15	KELVIN HIGH	3/24/2010	High School Series Championship
11	9.73m	F	Essex, Emily	15	KELVIN HIGH	3/5/2010	2010 Boeing Indoor Classic
11	9.73m	F	Ong, Verna	17	MAPLES	3/24/2010	High School Series Championship
13	9.71m	F	Kendall, Rachel	15	SISLER	2/5/2010	High School Series # 1
14	9.69m	F	Mendoza, Cheryl	16	MAPLES	3/24/2010	High School Series Championship
15	9.67m	F	De Guzman, Rachel	17	SISLER	3/24/2010	High School Series Championship
16	9.64m	F	McDiarmid, Kaitlin	15	WALTER WHYTE	1/22/2010	AM Indoor Grand Prix #4 & #5
16	9.64m	F	Despins, Jaclyn	17	GARDEN CITY	3/24/2010	High School Series Championship
18	9.48m	F	Welby, Meaghan	17	GARDEN CITY	3/24/2010	High School Series Championship
19	9.36m	F	Bera, Mercy	16	KELVIN HIGH	2/26/2010	High School Series #3
20	9.34m	F	Lau, Lillian	16	FORT RICHMOND	3/24/2010	High School Series Championship

Athletics Manitoba Rankings

as of April 8, 2010

Open Women

Rank	Mark	Rnd	Name	Age	Team	Date	Meet
Women Open Shot Put 4kg							
1	12.07m	F	Ocran, Michelle	23	U OF MANITOBA	1/22/2010	AM Indoor Grand Prix #4 & #5
2	10.94m	F	Twerdun, Deondra	22	U OF MANITOBA	3/5/2010	2010 Boeing Indoor Classic
3	10.89m	F	Neumann, Jill	35	FLYING M	3/5/2010	2010 Boeing Indoor Classic
4	10.16m	F	Matwyczuk, Alexa	17	SISLER	3/5/2010	2010 Boeing Indoor Classic
5	9.98m	F	Martin, Stacey	19	U OF MANITOBA	1/22/2010	AM Indoor Grand Prix #4 & #5
6	9.94m	F	Chupa, Lindsay	19	U OF MANITOBA	1/22/2010	AM Indoor Grand Prix #4 & #5
7	9.42m	F	Graceffo, Amy	16	SA TOUGH TRACK	3/5/2010	2010 Boeing Indoor Classic
8	9.23m	F	Williamson, Michelle	20	U OF MANITOBA	12/11/2009	AM Indoor Grand Prix #1 & #2
9	8.71m	F	Walker, Alexandra	19	ELKHORN TRACK	3/5/2010	2010 Boeing Indoor Classic
10	8.63m	F	Moyer, Amy	16	OAK PARK	3/24/2010	High School Series Championship
11	8.56m	F	Neal, Kailee	18	GARDEN CITY	3/24/2010	High School Series Championship
12	8.50m	F	Quashie, Shanna	17	GARDEN CITY	3/24/2010	High School Series Championship
13	8.22m	F	Babiak, Rebecca	16	KELVIN HIGH	3/12/2010	High School Series #4
14	8.00m	F	Tran, Jessica	18	DAKOTA	3/5/2010	2010 Boeing Indoor Classic
15	7.95m	F	Simes, Kate	17	SA TOUGH TRACK	3/5/2010	2010 Boeing Indoor Classic
15	7.95m	F	Parrington, Kyleigh	17	DAKOTA	1/22/2010	AM Indoor Grand Prix #4 & #5
17	7.83m	F	Kafka, Taylor	15	STONEWALL	2/5/2010	High School Series # 1
18	7.78m	F	Kuchevary, Caila	16	WPG OPTIMIST	2/12/2010	2010 Regina Kinsmen Classic
19	7.76m	F	Travers, Chelsea	18	MAPLES	3/12/2010	High School Series #4
20	7.73m	F	Yankey, Manzah	16	KELVIN HIGH	3/24/2010	High School Series Championship
20	7.73m	F	Armstrong, Alissa	17	FORT RICHMOND	3/24/2010	High School Series Championship

Women Open Weight Throw 9.09kg

1	14.25m	F	Ferris, Karen	19	U OF MANITOBA	3/5/2010	2010 Boeing Indoor Classic
2	11.65m	F	Ocran, Michelle	23	U OF MANITOBA	3/5/2010	2010 Boeing Indoor Classic
3	10.82m	F	Chupa, Lindsay	19	U OF MANITOBA	1/22/2010	AM Indoor Grand Prix #4 & #5
4	9.05m	F	Martin, Stacey	19	U OF MANITOBA	3/5/2010	2010 Boeing Indoor Classic
5	6.87m	F	Walker, Alexandra	19	ELKHORN TRACK	3/5/2010	2010 Boeing Indoor Classic

Women Open Pentathlon

1	3084	F	Twerdun, Deondra	22	U OF MANITOBA	2/12/2010	2010 Regina Kinsmen Classic
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