

2010 Men's Marathon Age Group Rankings

as of December 31st, 2010

<u>First</u>	<u>Last</u>	<u>Time</u>	<u>Age</u>	<u>Race</u>	
1	Jon	Gurniak	3:42:48	15-19	MB
2	Alex	Mielke	4:05:46	15-19	MB
3	Nathan	Watson	4:07:25	15-19	Victoria
4	Jarrett	Beghin	4:22:45	15-19	MB
5	Adam	Brown	4:34:44	15-19	MB
6	Joseph	Woldu	4:43:27	15-19	MB
7	Andre	Dumont	4:51:11	15-19	MB
8	Ryan	Pope	5:02:44	15-19	MB
9	Alex	Pym	5:03:52	15-19	MB
10	Mathew	Fraser	5:25:32	15-19	MB
1	Darius	Konotopetz	2:59:17	20-24	Toronto
2	Justin	Goulding	3:06:38	20-24	MB
3	Corye	Laroque	3:16:53	20-24	New Orleans
4	Steven	Graupner	3:20:29	20-24	Treherne
5	Alexander	McCormack	3:30:03	20-24	Regina
6	Adam	Kozak	3:34:03	20-24	MB
7	Matthew	Toews	3:39:27	20-24	MB
8	Andrew	Pickerl	3:42:57	20-24	MB
9	Reid	Gallant	3:43:10	20-24	MB
10	Trevor	Friesen	3:48:59	20-24	MB
1	Bradley	Keefe	2:36:15	25-29	Twin City
2	Justin	Davey	2:57:37	25-29	MB
3	Justin	Bender	3:06:13	25-29	Toronto
4	Jesse	Vanderveen	3:12:33	25-29	MB
5	Mark	Loewen	3:14:56	25-29	Treherne
6	Aaron	Webb	3:20:08	25-29	Toronto
7	John	Kenny	3:25:53	25-29	MB
8	Dale	Hayes	3:32:50	25-29	MB
9	Yacine	Bara	3:38:39	25-29	MB
10	Taylor	Schmidt	3:45:03	25-29	Fargo
1	Mike	Booth	2:32:33	30-34	MB
2	Jean-Paul	Degagne	2:49:07	30-34	MB
3	Adam	Aleshka	2:50:41	30-34	Treherne
4	Brent	Czarnecki	3:00:18	30-34	Twin City
5	Gerald	Boulet	3:05:24	30-34	MB
6	Christopher	James	3:08:12	30-34	Boston
7	Brendon	Mitchell	3:09:30	30-34	Fargo
8	Justin	Mangin	3:09:31	30-34	MB
9	Kevin	Koenig	3:11:33	30-34	Boston
10	Cory	Shangreux	3:15:28	30-34	MB
1	Robert	Ritchot	2:36:20	35-39	Regina
2	Ken	Zorniak	2:55:31	35-39	Boston
3	Allen	Gilleshammer	2:56:25	35-39	Twin City
4	Darcey	Harder	3:04:07	35-39	MB
5	Chris	Holmes	3:06:45	35-39	Boston
6	Elliot	Cunningham	3:07:54	35-39	MB
7	Wade	Taylor	3:08:57	35-39	Chicago
8	Michael	Tran	3:09:36	35-39	MB
9	Stephen	Tapajna	3:11:51	35-39	Grandma's
10	Jean-Paul	Fradette	3:12:42	35-39	MB
1	Corey	La Berge	2:44:52	40-44	Waterfront
2	Dale	Kirk	2:47:26	40-44	Okanagan
3	Matthew	Seftel	2:54:45	40-44	New York
4	Syl	Lemelin	2:58:37	40-44	New York
5	Craig	Schatkowsky	3:07:27	40-44	Disney
6	Paul	Rogan	3:11:57	40-44	Waterfront
7	Vladan	Protudjer	3:15:05	40-44	Chicago
8	Jemal	Hailu	3:17:04	40-44	MB
9	Tim	Turner	3:17:18	40-44	Fargo
10	Patrick	McDonald	3:19:05	40-44	Twin City

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1	Martin	Krowina	3:00:59	45-49	MB
2	Jake	Fehr	3:01:10	45-49	Boston
3	Roger	Morcilla	3:07:29	45-49	Boston
4	Randy	Gabel	3:11:59	45-49	Toronto
5	Dean	Schrader	3:13:33	45-49	Whistlestop
6	Dimitry	Melman	3:13:44	45-49	MB
7	Aldo	Furlan	3:17:44	45-49	Boston
8	Steve	Pazdor	3:17:53	45-49	Hamilton
9	Brad	Whitson	3:22:49	45-49	Montreal
10	Lawrence	Harder	3:23:15	45-49	Waterfront
1	Clyde	Van Caeyzeele	2:43:12	50-54	Twin City
2	Rick	Lecuyer	3:14:24	50-54	Fargo
3	Jake	Fehr	3:16:03	50-54	New York
4	Alan	Hayes	3:23:00	50-54	Toronto
5	Ronald	Dupas	3:23:47	50-54	MB
6	William	Diehl-Jones	3:25:39	50-54	Nashville
7	Ross	Wilkinson	3:26:53	50-54	Boston
8	Raymond	Jones	3:28:09	50-54	MB
9	Ron	Kaethler	3:30:19	50-54	Victoria
10	Don	Regehr	3:30:24	50-54	Regina
1	Bert	Moniot	3:11:19	55-59	Brookings
2	John	Hawranik	3:21:11	55-59	MB
3	Gord	Fairman	3:26:42	55-59	Boston
4	David	Cormie	3:28:27	55-59	Chicago
5	Sheldon	Reynolds	3:29:00	55-59	Fargo
6	Bob	Canarroe	3:37:04	55-59	Twin City
7	Mike	Loewen	3:37:36	55-59	Toronto
8	Bob	Hamilton	3:44:31	55-59	California Int.
9	Gary	Sinkovits	3:47:47	55-59	MB
10	Nicholas	Dubeski	3:54:48	55-59	MB
1	Nicholas	Hirst	3:37:44	60-64	Waterfront
2	Wayne	Sprague	3:44:49	60-64	MB
3	Len	Rolfson	3:55:46	60-64	Brookings
4	Robert	Ansah	3:57:18	60-64	Fargo
5	Jeff	Vince	3:58:12	60-64	Treherne
6	Bob	Stadnyk	4:00:15	60-64	MB
7	Ross	Hamilton	4:03:55	60-64	Sask.
8	Bryan	Hirt	4:10:55	60-64	Fargo
9	Henry	Marie	4:14:48	60-64	MB
10	Ross	Gridley	4:27:40	60-64	Fargo
1	John	Nelson	3:45:02	65-69	MB
2	Sean	Drain	3:53:02	65-69	Twin City
3	Larry	Livingston	4:46:03	65-69	Run The Rock
4	Nazir	Ahmad	4:51:01	65-69	MB
5	Norman	Grywinski	5:05:03	65-69	MB
6	Dennis	Holmes	5:25:29	65-69	Fargo
7	John	Murphy	6:34:45	65-69	Disney
1	Otto	Zacharias	5:02:51	70-74	MB