

2010 Men's Marathon Age Group Rankings

as of Sep 15th, 2010

	First	Last	Time	Age	Race
1	Jon	Gurniak	3:42:48	15-19	MB
2	Alex	Mielke	4:05:46	15-19	MB
3	Jarrett	Beghin	4:22:45	15-19	MB
4	Adam	Brown	4:34:44	15-19	MB
5	Joseph	Woldu	4:43:27	15-19	MB
6	Andre	Dumont	4:51:11	15-19	MB
7	Ryan	Pope	5:02:44	15-19	MB
8	Alex	Pym	5:03:52	15-19	MB
9	Mathew	Fraser	5:25:32	15-19	MB
1	Justin	Goulding	3:06:38	20-24	MB
2	Darius	Konotopetz	3:10:46	20-24	Boston
3	Corye	Laroque	3:16:53	20-24	New Orleans
4	Steven	Graupner	3:20:29	20-24	Treherne
5	Alexander	McCormack	3:30:03	20-24	Regina
6	Adam	Kozak	3:34:03	20-24	MB
7	Matthew	Toews	3:39:27	20-24	MB
8	Andrew	Pickerl	3:42:57	20-24	MB
9	Reid	Gallant	3:43:10	20-24	MB
10	Trevor	Friesen	3:48:59	20-24	MB
1	Justin	Davey	2:57:37	25-29	MB
2	Jesse	Vanderveen	3:12:33	25-29	MB
3	Mark	Loewen	3:14:56	25-29	Treherne
4	John	Kenny	3:25:53	25-29	MB
5	Justin	Bender	3:26:28	25-29	MB
6	Aaron	Webb	3:27:02	25-29	MB
7	Dale	Hayes	3:32:50	25-29	MB
8	Yacine	Bara	3:38:39	25-29	MB
9	Taylor	Schmidt	3:45:03	25-29	Fargo
10	Jerod	Fehr	3:47:39	25-29	MB
1	Mike	Booth	2:32:33	30-34	MB
2	Jean-Paul	Degagne	2:49:07	30-34	MB
3	Adam	Aleshka	2:50:41	30-34	Treherne
4	Gerald	Boulet	3:05:24	30-34	MB
5	Christopher	James	3:08:12	30-34	Boston
6	Brendon	Mitchell	3:09:30	30-34	Fargo
7	Justin	Mangin	3:09:31	30-34	MB
8	Kevin	Koenig	3:11:33	30-34	Boston
9	Cory	Shangreux	3:15:28	30-34	MB
10	Blair	Maciura	3:15:50	30-34	Arizona
1	Robert	Ritchot	2:36:20	35-39	Regina
2	Ken	Zorniak	2:55:31	35-39	Boston
3	Robert	Ritchot	2:57:24	35-39	MB
4	Darcey	Harder	3:04:07	35-39	MB
5	Allen	Gelleshammer	3:06:13	35-39	Fargo
6	Chris	Holmes	3:06:45	35-39	Boston
7	Elliot	Cunningham	3:07:54	35-39	MB
8	Michael	Tran	3:09:36	35-39	MB
9	Stephen	Tapajna	3:11:51	35-39	Grandma's
10	Jean-Paul	Fradette	3:12:42	35-39	MB
1	Dale	Kirk	2:53:44	40-44	MB
2	Craig	Schatkowsky	3:07:27	40-44	Disney
3	Paul	Rogan	3:13:27	40-44	Fargo
4	Jemal	Hailu	3:17:04	40-44	MB
5	Tim	Turner	3:17:18	40-44	Fargo
6	Steve	Suomu	3:22:01	40-44	Fargo
7	Mark	Lawall	3:22:42	40-44	Vancouver
8	Mike	Keane	3:27:07	40-44	MB
9	Scott	Gibbons	3:28:28	40-44	Boston
10	Shawm	Leroux	3:28:45	40-44	MB

2010 Men's Marathon Age Group Rankings

as of Sep 15th, 2010

First	Last	Time	Age	Race	
1	Martin	Krowina	3:00:59	45-49	MB
2	Jake	Fehr	3:01:10	45-49	Boston
3	Roger	Morcilla	3:07:29	45-49	Boston
4	Dimitry	Melman	3:13:44	45-49	MB
5	Aldo	Furlan	3:17:44	45-49	Boston
6	Randy	Gabel	3:19:39	45-49	Fargo
7	Brad	Whitson	3:22:49	45-49	Montreal
8	Joe	Ball	3:23:49	45-49	Treherne
9	Demetro	Danyluk	3:23:55	45-49	Boston
10	Daniel	McFee	3:24:12	45-49	MB
1	Clyde	Van Caeyzeele	2:52:40	50-54	MB
2	Rick	Lecuyer	3:14:24	50-54	Fargo
3	Ronald	Dupas	3:23:47	50-54	MB
4	William	Diehl-Jones	3:25:39	50-54	Nashville
5	Ross	Wilkinson	3:26:53	50-54	Boston
6	Raymond	Jones	3:28:09	50-54	MB
7	Don	Regehr	3:30:24	50-54	Regina
8	Bruce	Kucey	3:33:10	50-54	MB
9	Martial	Hebert	3:33:41	50-54	MB
10	Denis	Desjardins	3:34:03	50-54	MB
1	Bert	Moniot	3:11:19	55-59	Brookings
2	John	Hawranik	3:21:11	55-59	MB
3	Gord	Fairman	3:26:42	55-59	Boston
4	Sheldon	Reynolds	3:29:00	55-59	Fargo
5	David	Cormie	3:35:50	55-59	Boston
6	Mike	Loewen	3:43:33	55-59	Fredericton
7	Bob	Conarroe	3:43:42	55-59	MB
8	Gary	Sinkovits	3:47:47	55-59	MB
9	Nicholas	Dubeski	3:54:48	55-59	MB
10	Edward	Zwingerman	3:54:59	55-59	MB
1	Wayne	Sprague	3:44:49	60-64	MB
2	Len	Rolfson	3:55:46	60-64	Brookings
3	Robert	Ansah	3:57:18	60-64	Fargo
4	Jeff	Vince	3:58:12	60-64	Treherne
5	Bob	Stadnyk	4:00:15	60-64	MB
6	Ross	Hamilton	4:03:55	60-64	Sask.
7	Bryan	Hirt	4:10:55	60-64	Fargo
8	Henry	Marie	4:14:48	60-64	MB
9	Ross	Gridley	4:27:40	60-64	Fargo
10	Bruce	Gregory	4:35:01	60-64	Fargo
1	John	Nelson	3:45:02	65-69	MB
2	Nazir	Ahmad	4:51:01	65-69	MB
3	Norman	Grywinski	5:05:03	65-69	MB
4	Dennis	Holmes	5:25:29	65-69	Fargo
5	John	Murphy	6:34:45	65-69	Disney
1	Otto	Zacharias	5:02:51	70-74	MB