

## 2010 Men's Marathon Age Group Rankings

as of October 12th, 2010

<u>First</u>	<u>Last</u>	<u>Time</u>	<u>Age</u>	<u>Race</u>
1 Jon	Gurniak	3:42:48	15-19	MB
2 Alex	Mielke	4:05:46	15-19	MB
3 Nathan	Watson	4:07:25	15-19	Victoria
4 Jarrett	Beghin	4:22:45	15-19	MB
5 Adam	Brown	4:34:44	15-19	MB
6 Joseph	Woldu	4:43:27	15-19	MB
7 Andre	Dumont	4:51:11	15-19	MB
8 Ryan	Pope	5:02:44	15-19	MB
9 Alex	Pym	5:03:52	15-19	MB
10 Mathew	Fraser	5:25:32	15-19	MB
1 Justin	Goulding	3:06:38	20-24	MB
2 Darius	Konotopetz	3:10:46	20-24	Boston
3 Corye	Laroque	3:16:53	20-24	New Orleans
4 Steven	Graupner	3:20:29	20-24	Treherne
5 Alexander	McCormack	3:30:03	20-24	Regina
6 Adam	Kozak	3:34:03	20-24	MB
7 Matthew	Toews	3:39:27	20-24	MB
8 Andrew	Pickerl	3:42:57	20-24	MB
9 Reid	Gallant	3:43:10	20-24	MB
10 Trevor	Friesen	3:48:59	20-24	MB
1 Bradley	Keefe	2:36:15	25-29	Twin City
2 Justin	Davey	2:57:37	25-29	MB
3 Jesse	Vanderveen	3:12:33	25-29	MB
4 Mark	Loewen	3:14:56	25-29	Treherne
5 John	Kenny	3:25:53	25-29	MB
6 Justin	Bender	3:26:28	25-29	MB
7 Aaron	Webb	3:27:02	25-29	MB
8 Dale	Hayes	3:32:50	25-29	MB
9 Yacine	Bara	3:38:39	25-29	MB
10 Taylor	Schmidt	3:45:03	25-29	Fargo
1 Mike	Booth	2:32:33	30-34	MB
2 Jean-Paul	Degagne	2:49:07	30-34	MB
3 Adam	Aleshka	2:50:41	30-34	Treherne
4 Brent	Czarnecki	3:00:18	30-34	Twin City
5 Gerald	Boulet	3:05:24	30-34	MB
6 Christopher	James	3:08:12	30-34	Boston
7 Brendon	Mitchell	3:09:30	30-34	Fargo
8 Justin	Mangin	3:09:31	30-34	MB
9 Kevin	Koenig	3:11:33	30-34	Boston
10 Cory	Shangreux	3:15:28	30-34	MB
1 Robert	Ritchot	2:36:20	35-39	Regina
2 Ken	Zorniak	2:55:31	35-39	Boston
3 Allen	Gilleshammer	2:56:25	35-39	Twin City
4 Darcey	Harder	3:04:07	35-39	MB
5 Chris	Holmes	3:06:45	35-39	Boston
6 Elliot	Cunningham	3:07:54	35-39	MB
7 Wade	Taylor	3:08:57	35-39	Chicago
8 Michael	Tran	3:09:36	35-39	MB
9 Stephen	Tapajna	3:11:51	35-39	Grandma's
10 Jean-Paul	Fradette	3:12:42	35-39	MB
1 Corey	La Berge	2:44:52	40-44	Waterfront
2 Dale	Kirk	2:47:26	40-44	Okanagan
3 Craig	Schatkowsky	3:07:27	40-44	Disney
4 Paul	Rogan	3:11:57	40-44	Waterfront
5 Vladan	Protudjer	3:15:05	40-44	Chicago
6 Jemal	Hailu	3:17:04	40-44	MB
7 Tim	Turner	3:17:18	40-44	Fargo
8 Patrick	McDonald	3:19:05	40-44	Twin City
9 Steve	Suomu	3:19:32	40-44	Chicago
10 Mark	Lawall	3:22:42	40-44	Vancouver

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1	Martin	Krowina	3:00:59	45-49	MB
2	Jake	Fehr	3:01:10	45-49	Boston
3	Roger	Morcilla	3:07:29	45-49	Boston
4	Dean	Schrader	3:13:33	45-49	Whistlestop
5	Dimitry	Melman	3:13:44	45-49	MB
6	Aldo	Furlan	3:17:44	45-49	Boston
7	Randy	Gabel	3:19:39	45-49	Fargo
8	Brad	Whitson	3:22:49	45-49	Montreal
9	Lawrence	Harder	3:23:15	45-49	Waterfront
10	Joe	Ball	3:23:49	45-49	Treherne
1	Clyde	Van Caeyzeele	2:43:12	50-54	Twin City
2	Rick	Lecuyer	3:14:24	50-54	Fargo
3	Ronald	Dupas	3:23:47	50-54	MB
4	William	Diehl-Jones	3:25:39	50-54	Nashville
5	Ross	Wilkinson	3:26:53	50-54	Boston
6	Raymond	Jones	3:28:09	50-54	MB
7	Ron	Kaethler	3:30:19	50-54	Victoria
8	Don	Regehr	3:30:24	50-54	Regina
9	Bogdan	Uminski	3:31:11	50-54	Twin City
10	Jean-Pierre	Grolet	3:31:25	50-54	Whistlestop
1	Bert	Moniot	3:11:19	55-59	Brookings
2	John	Hawranik	3:21:11	55-59	MB
3	Gord	Fairman	3:26:42	55-59	Boston
4	David	Cormie	3:28:27	55-59	Chicago
5	Sheldon	Reynolds	3:29:00	55-59	Fargo
6	Bob	Canarroe	3:37:04	55-59	Twin City
7	Mike	Loewen	3:43:33	55-59	Fredericton
8	Gary	Sinkovits	3:47:47	55-59	MB
9	Nicholas	Dubeski	3:54:48	55-59	MB
10	Edward	Zwingerman	3:54:59	55-59	MB
1	Nicholas	Hirst	3:37:44	60-64	Waterfront
2	Wayne	Sprague	3:44:49	60-64	MB
3	Len	Rolfson	3:55:46	60-64	Brookings
4	Robert	Ansah	3:57:18	60-64	Fargo
5	Jeff	Vince	3:58:12	60-64	Treherne
6	Bob	Stadnyk	4:00:15	60-64	MB
7	Ross	Hamilton	4:03:55	60-64	Sask.
8	Bryan	Hirt	4:10:55	60-64	Fargo
9	Henry	Marie	4:14:48	60-64	MB
10	Ross	Gridley	4:27:40	60-64	Fargo
1	John	Nelson	3:45:02	65-69	MB
2	Sean	Drain	3:53:02	65-69	Twin City
3	Larry	Livingston	4:46:03	65-69	Run The Rock
4	Nazir	Ahmad	4:51:01	65-69	MB
5	Norman	Grywinski	5:05:03	65-69	MB
6	Dennis	Holmes	5:25:29	65-69	Fargo
7	John	Murphy	6:34:45	65-69	Disney
1	Otto	Zacharias	5:02:51	70-74	MB