

**2010 CIS Championships - Windsor, ON**  
**March 11-13, 2010**

Women 60 Meter

7 Advance: Top 2 Each Heat plus Next 3 Best Times

Sponsor: National Car & Truck Rental

CIS Meet: M 7.31 2009 Genevieve Thibault, Laval

Facility: F 7.15 1988 Angela Bailey, Etobicoke Huskie Strider

Name Year School Prelims H#

Preliminaries

1	Geneviève Thibault	Laval	7.44Q	2
2	Sarah Peirce	Guelph	7.46Q	1
3	Amanda Ruller	Regina	7.59Q	2
4	Nicole Sassine	Windsor	7.60Q	1
5	Susan Sobey	Dalhousie	7.62q	2
6	Caley Miskimmin	Manitoba	7.63q	1
7	Noelle Montcalm	Windsor	7.68q	1
8	Billie Whitegibson	Windsor	7.72	2
9	Lisa Wong	Manitoba	7.75	2
10	Thandiwe Vela	Toronto	7.76	1
11	Veronica Catry	Queen's	7.84	2
12	Danielle Harrison	Windsor	7.86	1

Women 60 Meter

Sponsor: National Car & Truck Rental

CIS Meet: M 7.31 2009 Genevieve Thibault, Laval

Facility: F 7.15 1988 Angela Bailey, Etobicoke Huskie Strider

Name Year School Finals

Finals

1	Geneviève Thibault	Laval	7.35	
2	Sarah Peirce	Guelph	7.45	
3	Noelle Montcalm	Windsor	7.54	
4	Caley Miskimmin	Manitoba	7.59	
5	Susan Sobey	Dalhousie	7.61	
6	Nicole Sassine	Windsor	7.62	
--	Amanda Ruller	Regina	FS	162.7

Preliminaries

8	Billie Whitegibson	Windsor		
9	Lisa Wong	Manitoba		
10	Thandiwe Vela	Toronto		
11	Veronica Catry	Queen's		
12	Danielle Harrison	Windsor		

Women 300 Meter

6 Advance: Top 1 Each Heat plus Next 3 Best Times

Sponsor: University of Windsor Alumni Association

CIS Meet: M 37.35 2005 Adrienne Power, Dalhousie

Facility: F 37.78 1985 Molly Killingbeck, York University

Name Year School Prelims H#

1	Alicia Brown	Toronto	39.15Q	1
2	Noelle Montcalm	Windsor	39.41Q	2
3	Amonn Nelson	Calgary	39.52Q	3
4	Sharai Siemens	Saskatchewan	39.57q	1
5	Laurélie Harvey	Laval	39.73q	2
6	Kelsey Lotwin	Calgary	40.36q	2

7	Danielle Kendall	Calgary	40.44	1
8	Athena McBean	Toronto	40.61	1
9	Nicole Sassine	Windsor	40.67	3
10	Nana Momoh	Sherbrooke	40.78	3
11	Brenna Thomson	Western	41.22	2
--	Jen Perrault	Western	DNF	3

Women 300 Meter

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Sponsor: University of Windsor Alumni Association  
 CIS Meet: M 37.35 2005 Adrienne Power, Dalhousie  
 Facility: F 37.78 1985 Molly Killingbeck, York University

Name	Year	School	Finals
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Finals

1	Amonn Nelson	Calgary	37.92
2	Noelle Montcalm	Windsor	38.73
3	Sharai Siemens	Saskatchewan	39.33
4	Alicia Brown	Toronto	39.35
5	Kelsey Lotwin	Calgary	40.35
6	Laurélie Harvey	Laval	41.07

Preliminaries

7	Danielle Kendall	Calgary
8	Athena McBean	Toronto
9	Nicole Sassine	Windsor
10	Nana Momoh	Sherbrooke
11	Brenna Thomson	Western
--	Jen Perrault	Western

Women 600 Meter

6 Advance: Top 1 Each Heat plus Next 4 Best Times

Sponsor: Sam's Pizzeria  
 2 Turn Stagger  
 CIS Meet: M 1:27.63 1984 Camille Cato, York  
 Facility: F 1:28.22 1984 Molly Killingbeck, York University

Name	Year	School	Prelims	H#
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1	Melissa Bishop	Windsor	1:31.26Q	2
2	Celia Peters	Dalhousie	1:32.60Q	1
3	Sarah Wells	Toronto	1:33.11q	2
4	Raeleen Hunter	Windsor	1:33.32q	2
5	Sharai Siemens	Saskatchewan	1:33.55q	2
6	Kailey Smith	Saskatchewan	1:34.03q	1
7	Rachel Aubry	Guelph	1:34.07	1
8	Jen Perrault	Western	1:34.24	2
9	Shauna Malek	Guelph	1:35.06	1
10	Nana Momoh	Sherbrooke	1:35.08	1
11	Julene Friesen	Saskatchewan	1:36.50	1
12	Andrina Slegers	Windsor	1:40.30	2

Women 600 Meter

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Sponsor: Sam's Pizzeria  
 2 Turn Stagger  
 CIS Meet: M 1:27.63 1984 Camille Cato, York  
 Facility: F 1:28.22 1984 Molly Killingbeck, York University

Name	Year	School	Finals
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Finals

1	Melissa Bishop	Windsor	1:30.48
2	Celia Peters	Dalhousie	1:31.55
3	Sarah Wells	Toronto	1:32.20

4	Raeleen Hunter	Windsor	1:32.89
5	Kailey Smith	Saskatchewan	1:33.09
6	Sharai Siemens	Saskatchewan	1:34.56
Preliminaries			
7	Rachel Aubry	Guelph	
8	Jen Perrault	Western	
9	Shauna Malek	Guelph	
10	Nana Momoh	Sherbrooke	
11	Julene Friesen	Saskatchewan	
12	Andrina Slegers	Windsor	

Women 1000 Meter

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Sponsor: Southland Insurance

1 Turn Stagger

CIS Meet: M 2:42.81 1988 Paula Schnurr, McMaster  
Facility: F 2:46.42 1988 Paula Schnurr, McMaster University  
Name Year School Finals

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Finals

1	Melissa Bishop	Windsor	2:47.50
2	Megan Brown	Toronto	2:48.35
3	Celia Peters	Dalhousie	2:48.98
4	Ashley Ryer	Saint Mary's	2:49.18
5	Julia Malleck	Ottawa	2:49.99
6	Raeleen Hunter	Windsor	2:50.03
7	Nadine Frost	Guelph	2:54.13
8	Lindsay Acheson	Alberta	2:57.66
9	Melanie Hughes	Sherbrooke	2:57.95
10	Kailey Smith	Saskatchewan	3:00.77

Women 1500 Meter

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Sponsor: University of Windsor Alumni Association

1 Turn Stagger

CIS Meet: M 4:15.41 1988 Paula Schnurr, McMaster  
Facility: F 4:17.78 1993 Paula Schnurr, McMaster University  
Name Year School Finals

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1	Megan Brown	Toronto	4:23.27
2	Rachel Cliff	Guelph	4:25.32
3	Julia Tschanz	Victoria	4:29.20
4	Claire Jean	Victoria	4:29.71
5	Caroline Schlosser	Dalhousie	4:30.42
6	Ashley Ryer	Saint Mary's	4:31.09
7	Julia Malleck	Ottawa	4:31.80
8	Katie Anderson	McMaster	4:33.40
9	Jess Vanhie	Guelph	4:34.10
10	Jodi Souter	Saskatchewan	4:34.36
11	Melanie Hughes	Sherbrooke	4:35.91
12	Kelly MacDonald	StFX	4:40.51

Women 3000 Meter

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Sponsor: Cogeco

1 Turn Stagger

CIS Meet: M 9:04.88 1988 Brenda Shackleton, Victoria  
Facility: F 9:16.90 1983 Ann Marie Malone, Queen's University  
Name Year School Finals

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1	Rachel Cliff	Guelph	9:21.29
2	Megan Brown	Toronto	9:23.90
3	Julia Tschanz	Victoria	9:39.77

4	Jodi Souter	Saskatchewan	9:42.79
5	Courtney Laurie	Guelph	9:47.44
6	Katrina Bruckschwaiger	Manitoba	9:47.67
7	Monika Preibischova	StFX	9:48.26
8	Claire Jean	Victoria	9:51.82
9	Debby Querengesser	Calgary	10:11.60
10	Sara Giovannetti	McMaster	10:14.76
11	Mélanie Myrand	McGill	10:17.03
--	Genevieve Lalonde	Guelph	DNF

Women 60 Meter Hurdles

7 Advance: Top 2 Each Heat plus Next 3 Best Times

Sponsor: Riverview Steel

CIS Meet: M 8.23 1997                      Sonia Paquette, Sherbrooke  
 Facility: F 8.08 1988                      Julie Rocheleau, Ottawa Athletic Club  
 Name                                      Year School                                      Prelims H#

Preliminaries

1	Jen Cotten	Western	8.63Q	1
2	Noelle Montcalm	Windsor	8.65Q	2
3	Kathryn McCaffrey	Alberta	8.71Q	2
4	Charelle Anobile	Windsor	8.89Q	1
5	Hayley Warren	McGill	8.90q	2
6	Jolean Somogyi	Saskatchewan	8.92q	1
7	Nicole Breker	Regina	9.00q	2
8	Courtney Wilkes	Alberta	9.05	1
9	Emily Coxhead	Western	9.10	2
10	Tory Merrill	Toronto	9.14	2
11	Amanda Herron	Saskatchewan	9.14	1
12	Amilia Di Chiara	Windsor	9.14	1

Women 60 Meter Hurdles

Sponsor: Riverview Steel

CIS Meet: M 8.23 1997                      Sonia Paquette, Sherbrooke  
 Facility: F 8.08 1988                      Julie Rocheleau, Ottawa Athletic Club  
 Name                                      Year School                                      Finals

Finals

1	Noelle Montcalm	Windsor	8.54
2	Jen Cotten	Western	8.55
3	Hayley Warren	McGill	8.79
4	Kathryn McCaffrey	Alberta	8.85
5	Jolean Somogyi	Saskatchewan	8.90
6	Nicole Breker	Regina	8.95
7	Charelle Anobile	Windsor	8.98

Preliminaries

8	Courtney Wilkes	Alberta
9	Emily Coxhead	Western
10	Tory Merrill	Toronto
11	Amanda Herron	Saskatchewan
12	Amilia Di Chiara	Windsor

Women 4x200 Meter Relay

6 Advance: Top 1 Each Heat plus Next 3 Best Times

Sponsor: Investors Group

CIS Meet: M 1:37.11 1993                      , Windsor  
 Facility: F 1:39.52 1993                      , University of Windsor  
 School                                      Prelims H#

1	University of Calgary	1:39.94Q	2
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1) Robyn Webster	2) Danielle Kendall		
3) Amonn Nelson	4) Kelsey Lotwin		
2 University of Western Ontario		1:40.59Q	1
1) Brenna Thomson	2) Lisa Grieve		
3) Jen Perrault	4) Jen Cotten		
3 University of Windsor		1:40.69Q	3
1) Noelle Montcalm	2) Nicole Sassine		
3) Natoya Whittingham	4) Danielle Harrison		
4 University of Alberta		1:43.06q	1
1) Christine Bushie	2) Kirklin Maclise		
3) Courtney Smith	4) Amanda Jahraus		
5 University of Toronto		1:43.21q	2
1) Alicia Brown	2) Athena McBean		
3) Jessica Caterini	4) Thandiwe Vela		
6 Queen's University		1:43.23q	2
1) Veronica Catry	2) Pauliina Beretta		
3) Jan Stirling	4) Marissa Walter		
7 McGill University		1:43.31	1
1) Hayley Warren	2) Genevieve Blanchard		
3) Alison Cameron-Vendrig	4) Sabrina Lavoie		
8 University of Saskatchewan		1:44.51	3
1) Carrie Yuzik	2) Veronika Smits		
3) Katelyn Kuspira	4) Amanda Herron		
9 Universite de Sherbrooke		1:45.17	2
1) Eve-Lyne Robitaille-Beaumier	2) Laurie Daudelin-Gauthier		
3) Mireille Bergeron	4) Pascale Delisle		
10 University of Regina		1:45.40	3
1) Amanda Ruller	2) Tennille Davis		
3) Merissa Margetts	4) Shalane Haselhan		
11 York University		1:45.46	1
1) Brittany Pepper	2) Danielle Villalta		
3) Diandra Forde	4) Christa Acquah		
-- University of Manitoba		DNF	3
1) Lisa Wong	2) Meaghan Woo		
3) Kimberly-Ann Bordun	4) Caley Miskimmin		

Women 4x200 Meter Relay

Sponsor: Investors Group

CIS Meet: M 1:37.11 1993 , Windsor

Facility: F 1:39.52 1993 , University of Windsor

School Finals

Finals

1 University of Windsor		1:38.60F	
1) Noelle Montcalm	2) Nicole Sassine		
3) Natoya Whittingham	4) Danielle Harrison		
2 University of Calgary		1:39.05F	
1) Robyn Webster	2) Danielle Kendall		
3) Amonn Nelson	4) Kelsey Lotwin		
3 University of Western Ontario		1:41.33	
1) Brenna Thomson	2) Lisa Grieve		
3) Jen Cotten	4) Cassandra McCaig		
4 Queen's University		1:42.71	
1) Veronica Catry	2) Pauliina Beretta		
3) Jan Stirling	4) Marissa Walter		
5 University of Toronto		1:43.26	
1) Alicia Brown	2) Athena McBean		
3) Jessica Caterini	4) Thandiwe Vela		
6 University of Alberta		1:44.30	
1) Christine Bushie	2) Kathryn McCaffrey		
3) Courtney Smith	4) Amanda Jahraus		

Preliminaries

- 7 McGill University
- 8 University of Saskatchewan
- 9 Universite de Sherbrooke
- 10 University of Regina
- 11 York University
- University of Manitoba

Women 4x400 Meter Relay

Sponsor: Adidas

CIS Meet: M 3:45.83 1998 , Toronto  
 Facility: F 3:47.78 1983 , University of Michigan  
 School Finals H#

Finals

1	University of Calgary		3:46.30F	2
	1) Kelsey Lotwin	2) Michelle Seifert		
	3) Amonn Nelson	4) Danielle Kendall		
2	University of Toronto		3:46.59F	2
	1) Athena McBean	2) Alicia Brown		
	3) Sarah Wells	4) Tory Merrill		
3	University of Western Ontario		3:48.48	2
	1) Jen Perrault	2) Lisa Grieve		
	3) Jen Ricks	4) Jen Cotten		
4	University of Saskatchewan		3:51.19	2
	1) Sharai Siemens	2) Julene Friesen		
	3) Ashley Gerstmar	4) Kailey Smith		
5	University of Windsor		3:51.30	2
	1) Donia Oumesrou	2) Amanda Kanters		
	3) Raeleen Hunter	4) Melissa Bishop		
6	Queen's University		3:52.26	2
	1) Jan Stirling	2) Veronica Catry		
	3) Jennifer Barrow	4) Alicia Kallos		
7	University of Guelph		3:54.82	1
	1) Shauna Malek	2) Corinne Smith		
	3) Jenni Vanos	4) Lydia Frost		
8	McGill University		3:55.16	1
	1) Sabrina Lavoie	2) Alison Cameron-Vendrig		
	3) Alana Battiston	4) Anne Ruggirello		
9	University of Manitoba		3:55.44	1
	1) Kimberly-Ann Bordun	2) Michelle Lavoie		
	3) Dana Baker	4) Jennifer Campbell		
10	Universite de Sherbrooke		3:56.45	1
	1) Pascale Delisle	2) Eve-Lyne Robitaille-Beaumier		
	3) Catherine Gauthier	4) Nana Momoh		
11	McMaster University		4:01.60	1
	1) Dana Hislop	2) Morgan Van Mierlo		
	3) Kim Volterman	4) Jessica Tat		
12	University of Alberta		4:07.30	1
	1) Kirklin Maclise	2) Christine Bushie		
	3) Courtney Smith	4) Hayley Degaust		

Women 4x800 Meter Relay

Sponsor: Mondo

CIS Meet: M 8:41.66 1988 , Victoria  
 Facility: F 8:56.57 1998 S.Welsh,E.Penny,S.Ali Kan, T.Dunn, Univers  
 School Finals

1	University of Windsor		8:58.40	
	1) Heather Kurpe	2) Amanda Kanters		
	3) Raeleen Hunter	4) Melissa Bishop		
2	University of Guelph		8:59.98	

1) Corinne Smith	2) Nadine Frost		
3) Rachel Aubry	4) Shauna Malek		
3 McMaster University		9:05.78	
1) Lisa Giles	2) Jillian Wyman		
3) Sarah Haliburton	4) Katie Anderson		
4 McGill University		9:05.79	
1) Charlene Puel	2) Sarah McCuaig		
3) Aimee Castro	4) Catherine Drouin-Audet		
5 University of Manitoba		9:08.95	
1) Jackie Adamson	2) Chantal Auger		
3) Jacky Phalen	4) Michelle Lavoie		
6 Queen's University		9:14.25	
1) Heather Bijman	2) Leah Larocque		
3) Kim Kallio	4) Alicia Kallos		
7 University of Calgary		9:18.14	
1) Riley McQueen	2) Michelle Seifert		
3) Madeline MacDonald	4) Gloria Kanuka		
8 University of Saskatchewan		9:19.60	
1) Amanda Banks	2) Julene Friesen		
3) Marcia Richards	4) Kailey Smith		
9 University of Victoria		10:06.88	
1) Brittany Therrien	2) Kendra Pomfret		
3) Lauren Beaulieu	4) Alicia Roske		
-- University of Alberta		DQ	CIS D 4.4.3.1 IAAF 1
1) Jean Bolen	2) Alana Soderberg		
3) Lindsay Acheson	4) Hayley Degauast		

#### Women High Jump

Sponsor: AMJ Cambell Van Lines

1.50m to 1.60m then by 3's

CIS Meet: M 1.87m 1986

Tami Lutz, UBC

Facility: F 1.88m 1988

Linda McCurdy, University of Toronto TC

Name	Year	School	Finals
1 Sarah Boyle		Toronto	1.80m
1.50 1.55 1.60 1.63 1.66 1.69 1.72 1.75 1.80 1.83			
P P P P P O O XO XXO XXX			
2 Lindsey Bergevin		Alberta	1.72m
1.50 1.55 1.60 1.63 1.66 1.69 1.72 1.75			
P P P P O O O XXX			
3 Laura Maessen		Toronto	1.69m
1.50 1.55 1.60 1.63 1.66 1.69 1.72			
P P O O O XO XXX			
4 Shaneista Haye		Guelph	J1.69m
1.50 1.55 1.60 1.63 1.66 1.69 1.72			
P P O O XO XXO XXX			
5 Katerine Dugas		UdeM	1.66m
1.50 1.55 1.60 1.63 1.66 1.69			
P O O XO XO XXX			
6 Julia Wallace		Guelph	1.63m
1.50 1.55 1.60 1.63 1.66			
P XO XO O XXX			
7 Tamara Cap		UdeM	J1.63m
1.50 1.55 1.60 1.63 1.66			
O O O XO XXX			
8 Alyson McPhee		McGill	J1.63m
1.50 1.55 1.60 1.63 1.66			
O O XO XO XXX			
9 Shalane Haselhan		Regina	J1.63m
1.50 1.55 1.60 1.63 1.66			
P XXO O XXO XXX			
10 Jen Cotten		Western	1.60m

	1.50	1.55	1.60	1.63		
	P	XO	XO	XXX		
11 Kelly Morrison					Windsor	J1.60m
	1.50	1.55	1.60	1.63		
	P	O	XXO	XXX		
12 Amanda Schneck					Alberta	J1.60m
	1.50	1.55	1.60	1.63		
	O	XXO	XXO	XXX		
13 Teresa Logozar					Manitoba	1.55m
	1.50	1.55	1.60			
	O	XO	XXX			

Women Pole Vault

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Sponsor: J. P. Thomson Associates Ltd.  
3.10m by 15 to 3.40m then by 10's to 3.60m then by 5's  
CIS Meet: M 4.22m 2005 Kelsie Hendry, Saskatchewan  
Facility: F 4.20m 2004 Kelsie Hendry, U of Saskatchewan

Name	Year	School	Finals														
1 Heather Hamilton		York	4.23mM														
	3.10	3.25	3.40	3.50	3.60	3.65	3.70	3.75	3.80	3.85	3.90	3.95	4.00	4.05	4.10	4.23	4.31
	PPP	PPP	PPP	PPP	PPP	PPP	PPP	PPP	PPP	PPP	O	PPP	XPP	O	PPP	XO	XXX
2 Leah Vause		Saskatchewan	4.00m														
	3.10	3.25	3.40	3.50	3.60	3.65	3.70	3.75	3.80	3.85	3.90	3.95	4.00	4.05	4.10		
	PPP	PPP	PPP	PPP	PPP	PPP	PPP	PPP	XO	PPP	O	PPP	O	PPP	XXX		
3 Erika Reiser		Windsor	3.85m														
	3.10	3.25	3.40	3.50	3.60	3.65	3.70	3.75	3.80	3.85	3.90	3.95					
	PPP	PPP	PPP	O	PPP	O	PPP	XO	PPP	XO	PPP	XXX					
4 Meghan Richey		Saskatchewan	3.65m														
	3.10	3.25	3.40	3.50	3.60	3.65	3.70										
	PPP	O	XO	O	O	O	XXX										
5 Alex Allen		Manitoba	3.60m														
	3.10	3.25	3.40	3.50	3.60	3.65											
	PPP	PPP	PPP	XO	O	XXX											
5 Robyn Webster		Calgary	3.60m														
	3.10	3.25	3.40	3.50	3.60	3.65	3.70										
	PPP	PPP	XO	O	O	PPP	XXX										
7 Carmen Siu		Western	J3.60m														
	3.10	3.25	3.40	3.50	3.60	3.65											
	PPP	PPP	PPP	O	XO	XXX											
8 Teresa Logozar		Manitoba	3.50m														
	3.10	3.25	3.40	3.50	3.60												
	PPP	PPP	PPP	O	XXX												
9 Erika Fiedler		Guelph	3.40m														
	3.10	3.25	3.40	3.50													
	PPP	O	O	XXX													
9 Erica Rutley		Alberta	3.40m														
	3.10	3.25	3.40	3.50													
	PPP	O	O	XXX													
11 Jenn Tomayer		Windsor	J3.40m														
	3.10	3.25	3.40	3.50													
	PPP	PPP	XXO	XXX													
12 Mélinda-Megan Rock		McGill	3.25m														
	3.10	3.25	3.40														
	O	XXO	XXX														

Women Long Jump

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Sponsor: Radisson Riverfront Hotel  
CIS Meet: M 6.24m 2001 Jocelyn Adu-Gyamfi, Toronto  
Facility: F 6.36m 2007 Tabia Charles, Power Athletics

Name	Year	School	Finals
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1	Jen Cotten					Western	5.96m
	5.96m	5.75m	5.78m	5.84m	5.86m	5.87m	
2	Tamara Cap					UdeM	5.81m
	5.69m	5.62m	5.38m	5.47m	FOUL	5.81m	
3	Nicole Breker					Regina	5.77m
	5.54m	5.41m	5.58m	5.63m	5.73m	5.77m	
4	Pascale Delisle					Sherbrooke	5.67m
	3.86m	5.54m	5.43m	FOUL	5.58m	5.67m	
5	Esther Renaud					Sherbrooke	5.61m
	FOUL	5.54m	FOUL	FOUL	5.61m	5.45m	
6	Natoya Whittingham					Windsor	5.60m
	FOUL	3.71m	5.53m	5.60m	FOUL	5.57m	
7	Dana Baker					Manitoba	5.55m
	5.53m	5.38m	5.29m	5.37m	5.55m	FOUL	
8	Tory Merrill					Toronto	5.38m
	5.32m	5.38m	5.35m	5.25m	5.22m	5.21m	
9	Lacey Vandermarel					Western	5.37m
	FOUL	5.37m	FOUL				
10	Kathryn McCaffrey					Alberta	5.27m
	5.27m	5.19m	5.20m				
11	Alanna Stewart					Toronto	5.21m
	4.97m	5.21m	FOUL				
12	Morgan Hall					Western	5.16m
	FOUL	FOUL	5.16m				

#### Women Triple Jump

Sponsor: Southland Insurance

CIS Meet: M 13.01m 1993

Kelly Dinsmore, Windsor

Facility: F 12.82m 1994

Kelly Dinsmore, University of Windsor

Name	Year	School	Finals
1 Jaideene Lowe		Windsor	12.73m
	FOUL	FOUL	12.15m
	12.05m	12.32m	12.73m
2 Alicia Smith		Western	12.35m
	11.94m	FOUL	12.35m
	FOUL	12.31m	FOUL
3 Mila Simulik		Western	12.17m
	12.07m	12.04m	12.00m
	12.17m	FOUL	12.04m
4 Nicole Breker		Regina	11.87m
	FOUL	11.87m	FOUL
	FOUL	FOUL	FOUL
	FOUL	11.49m	
5 Courtney Wilkes		Alberta	11.74m
	11.70m	11.74m	11.34m
	11.45m	FOUL	11.13m
6 Kim Richardson		Guelph	11.67m
	11.63m	11.48m	11.67m
	11.36m	11.48m	11.49m
7 Josée-Anne Sarazin		Sherbrooke	11.57m
	11.43m	11.57m	11.27m
	FOUL	FOUL	FOUL
8 Audrey Morin Lemay		Sherbrooke	11.42m
	FOUL	11.42m	11.26m
	FOUL	FOUL	FOUL
9 Sarah Sylvester		Western	J11.42m
	10.84m	11.16m	11.42m
10 Katie Kaiser		Western	11.40m
	11.40m	FOUL	11.35m
11 Keisha Sharp		Regina	10.91m
	10.53m	10.91m	10.85m
12 Alison Jestadt		Regina	10.74m
	10.61m	10.57m	10.74m

#### Women Shot Put

Sponsor: University of Windsor

CIS Meet: M 15.31m 1990

Shannon Kekula, Saskatchewan

Facility: F 16.20m 1988

Melody Torcallacci, London-Western TFC

Name	Year	School	Finals
1 Taryn Suttie		Saskatchewan	15.32mM
	14.74m 14.58m 14.12m 14.00m 14.36m 15.32m		
2 Cynthia Appiah		York	14.34m
	12.70m 13.00m 13.87m 14.30m 14.30m 14.34m		
3 Elizabeth Petrov		York	13.90m
	13.30m 12.99m 13.77m FOUL 13.78m 13.90m		
4 Steffi Stephenson		Windsor	13.74m
	12.65m 13.74m 12.21m 12.67m FOUL FOUL		
5 Celine Freeman-Gibb		Windsor	13.47m
	FOUL 13.47m 13.11m 12.71m 13.05m 12.32m		
6 Jaime Waine		Calgary	12.60m
	12.35m FOUL 12.60m 12.42m 12.45m FOUL		
7 Myriam Dumont-Breton		Sherbrooke	12.43m
	12.19m FOUL 12.43m FOUL 11.97m 12.39m		
8 Kimberly Elliott		Saskatchewan	12.29m
	12.24m 11.56m 12.29m 12.28m FOUL 11.73m		
9 Shealyn McLaughlin		Windsor	11.90m
	11.24m 11.90m FOUL		
10 Breanna Rak		Saskatchewan	11.81m
	11.81m FOUL FOUL		
11 Isabelle Boudreau		Sherbrooke	11.73m
	11.73m 11.49m 11.58m		
12 Caitlin Fowler		Regina	11.34m
	11.17m 11.06m 11.34m		
13 Kristin Obrochta		York	10.86m
	10.86m FOUL FOUL		

Women Weight Throw

Sponsor: Vitamin Water

CIS Meet: M 19.66m 2005 Kate Forbes, Lethbridge

Facility: F 18.99m 2004 Kate Forbes, University of Lethbridge

Name	Year	School	Finals
1 Kristin Obrochta		York	17.76m
	17.63m 17.76m 17.40m 17.55m FOUL 17.43m		
2 Annie Larose		Sherbrooke	17.51m
	FOUL 17.51m FOUL FOUL 17.19m 17.50m		
3 Cynthia Appiah		York	17.10m
	16.35m 16.25m 17.10m 16.78m 16.63m 16.68m		
4 Cara Marcantonio		Western	16.49m
	14.33m FOUL 16.49m FOUL FOUL 15.94m		
5 Brittany Herd		Guelph	15.95m
	14.56m 15.26m 15.12m 15.95m 15.47m 15.75m		
6 Kristen Mackie		Saskatchewan	15.47m
	FOUL FOUL 15.47m FOUL FOUL 13.96m		
7 Shealyn McLaughlin		Windsor	14.96m
	14.35m 14.96m 13.87m FOUL 13.45m 14.71m		
8 Jenine McCutcheon		Western	14.92m
	14.21m 14.41m 14.43m 14.92m 14.50m 14.56m		
9 Elizabeth MacDonald		Dalhousie	13.98m
	13.69m 13.98m 13.32m		
10 Elizabeth Petrov		York	12.76m
	FOUL 12.76m FOUL		
11 Steffi Stephenson		Windsor	12.64m
	FOUL 12.64m FOUL		
-- Taryn Suttie		Saskatchewan	FOUL
	FOUL FOUL FOUL		

Indoor Pentathlon: #5 Women 800 Meter Indoor Pentathlon

Name	Year	School	Finals	Points
1 Tory Merrill		Toronto	2:18.26	847
2 Jen Cotten		Western	2:18.40	845
3 Alana Battiston		McGill	2:21.03	810
4 Amanda Schneck		Alberta	2:26.54	737
5 Pascale Delisle		Sherbrooke	2:26.55	737
6 Danielle Villalta		York	2:33.60	648 Placed 9th rule
200.				
7 Hannah Bagnall		Windsor	2:35.03	631
8 Alyson McPhee		McGill	2:38.47	591 Placed 8th - rule
20				
9 Tamara Cap		UdeM	2:42.07	549
10 Leanne Hildenbrandt		Alberta	2:43.26	536
11 Veronika Smits		Saskatchewan	2:43.45	534

Indoor Pentathlon: #1 Women 60 Meter Hurdles Indoor Pentathlon

Name	Year	School	Finals	H#	Points
1 Jen Cotten		Western	8.66	2	982
2 Tamara Cap		UdeM	8.97	2	916
3 Tory Merrill		Toronto	9.01	2	908
4 Chelsea Valois		Regina	9.07	2	895
5 Pascale Delisle		Sherbrooke	9.07	2	895
6 Veronika Smits		Saskatchewan	9.16	2	877
7 Hannah Bagnall		Windsor	9.24	1	860
8 Amanda Schneck		Alberta	9.30	1	848
9 Alyson McPhee		McGill	9.36	1	836
10 Danielle Villalta		York	9.39	1	830
11 Leanne Hildenbrandt		Alberta	9.45	1	818
12 Alana Battiston		McGill	9.52	1	804

Indoor Pentathlon: #2 Women High Jump Indoor Pentathlon

Name	Year	School	Finals	Points
1 Tamara Cap		UdeM	1.64m	783
1.40 1.43 1.46 1.49 1.52 1.55 1.58 1.61 1.64 1.67				
PPP PPP PPP PPP O O O XO XO XXX				
1 Amanda Schneck		Alberta	1.64m	783
1.40 1.43 1.46 1.49 1.52 1.55 1.58 1.61 1.64 1.67				
PPP PPP O O O O XXO XXO XXO XXX				
1 Jen Cotten		Western	1.64m	783
1.40 1.43 1.46 1.49 1.52 1.55 1.58 1.61 1.64 1.67				
PPP PPP PPP PPP PPP O O O XXO XXX				
4 Alyson McPhee		McGill	1.61m	747
1.40 1.43 1.46 1.49 1.52 1.55 1.58 1.61 1.64				
PPP PPP O O XXO O XO O XXX				
5 Alana Battiston		McGill	1.58m	712
1.40 1.43 1.46 1.49 1.52 1.55 1.58 1.61				
PPP PPP O O O O XO XXX				
6 Leanne Hildenbrandt		Alberta	1.55m	678
1.40 1.43 1.46 1.49 1.52 1.55 1.58				
PPP O O XO O O XXX				
6 Pascale Delisle		Sherbrooke	1.55m	678
1.40 1.43 1.46 1.49 1.52 1.55 1.58				
PPP PPP O O O O XXX				
6 Danielle Villalta		York	1.55m	678
1.40 1.43 1.46 1.49 1.52 1.55 1.58				
PPP PPP O O O XXO XXX				
9 Tory Merrill		Toronto	1.52m	644
1.40 1.43 1.46 1.49 1.52 1.55				

	O	O	O	XO	O	XXX		
9	Veronika Smits					Saskatchewan	1.52m	644
	1.40	1.43	1.46	1.49	1.52	1.55		
	PPP	PPP	O	O	XO	XXX		
11	Hannah Bagnall					Windsor	1.49m	610
	1.40	1.43	1.46	1.49	1.52			
	O	XXO	XO	XXO	XXX			

Indoor Pentathlon: #4 Women Long Jump Indoor Pentathlon

Name	Year	School	Finals	Points
1 Jen Cotten		Western	5.87m	810
	FOUL	5.84m	5.87m	
2 Pascale Delisle		Sherbrooke	5.82m	795
	5.60m	5.46m	5.82m	
3 Tamara Cap		UdeM	5.69m	756
	5.43m	5.69m	5.41m	
4 Tory Merrill		Toronto	5.40m	671
	FOUL	5.40m	5.25m	
5 Leanne Hildenbrandt		Alberta	5.29m	640
	5.29m	3.46m	5.27m	
6 Hannah Bagnall		Windsor	5.16m	603
	4.87m	4.52m	5.16m	
7 Alyson McPhee		McGill	5.06m	576
	4.87m	4.66m	5.06m	
8 Danielle Villalta		York	5.03m	567
	5.02m	5.03m	4.91m	
9 Alana Battiston		McGill	4.92m	538
	4.92m	4.87m	4.69m	
10 Amanda Schneck		Alberta	4.90m	532
	4.89m	4.90m	4.69m	
11 Veronika Smits		Saskatchewan	4.88m	527
	4.65m	4.88m	4.54m	

Indoor Pentathlon: #3 Women Shot Put Indoor Pentathlon

Name	Year	School	Finals	Points
1 Pascale Delisle		Sherbrooke	11.26m	612
	11.26m	10.54m	9.96m	
2 Tory Merrill		Toronto	10.48m	561
	9.95m	9.93m	10.48m	
3 Alana Battiston		McGill	10.37m	554
	10.37m	10.20m	9.68m	
3 Veronika Smits		Saskatchewan	10.37m	554
	10.07m	10.37m	10.36m	
5 Tamara Cap		UdeM	10.05m	533
	FOUL	9.98m	10.05m	
6 Jen Cotten		Western	9.96m	527
	9.96m	9.57m	9.65m	
7 Hannah Bagnall		Windsor	9.57m	501
	9.57m	FOUL	9.00m	
8 Amanda Schneck		Alberta	9.42m	492
	9.42m	7.90m	8.38m	
9 Leanne Hildenbrandt		Alberta	9.10m	471
	8.42m	9.10m	8.75m	
10 Danielle Villalta		York	8.93m	460
	8.87m	8.93m	8.86m	
11 Alyson McPhee		McGill	8.52m	433
	8.49m	8.52m	7.54m	

Women Indoor Pentathlon

Sponsor: University of Windsor

CIS Meet: M 4380 2007

Jessica Zelinka, Calgary

Facility: F 4062 2004

Jessica Zelinka, University of Calgary

Name Year School Finals

1	Jen Cotten	Western	3947
2	Pascale Delisle	Sherbrooke	3717
3	Tory Merrill	Toronto	3631
4	Tamara Cap	UdeM	3537
5	Alana Battiston	McGill	3418
6	Amanda Schneck	Alberta	3392
7	Hannah Bagnall	Windsor	3205
8	Alyson McPhee	McGill	3194
9	Danielle Villalta	York	3183
10	Leanne Hildenbrandt	Alberta	3143
11	Veronika Smits	Saskatchewan	3136

Men 60 Meter

7 Advance: Top 2 Each Heat plus Next 3 Best Times

Sponsor: National Car & Truck Rental

CIS Meet: M 6.58 2002

Ibrahim Meite, Sherbrooke

Facility: F 6.51 1986

Ben Johnson, York Optimists

Name Year School Prelims H#

Preliminaries

1	Sam Effah	Calgary	M 6.57Q	2	
2	Tyrone Halstead	York	6.77Q	1	
3	Jason Kerr	Western	6.75Q	2	
4	Graeme Rinholm	Saskatchewan	6.78Q	1	
5	Olu Ogunde	York	6.79q	1	
6	Hank Palmer	McGill	6.80q	2	
7	Dontae Richards-Kwok	York	6.82q	2	
8	Randolph Fajardo	York	6.84	1	6.833
9	Justin Keating	Windsor	6.84	2	6.838
10	Aaron Bowman	Windsor	6.87	1	
11	Oluwasegun Makinde	Ottawa	6.89	1	
12	Moussa Sissoko	Ottawa	7.04	2	

Men 60 Meter

Sponsor: National Car & Truck Rental

CIS Meet: M 6.58 2002

Ibrahim Meite, Sherbrooke

Facility: F 6.51 1986

Ben Johnson, York Optimists

Name Year School Finals

Finals

1	Sam Effah	Calgary	6.59
2	Tyrone Halstead	York	6.65
3	Jason Kerr	Western	6.76
4	Graeme Rinholm	Saskatchewan	6.78
5	Hank Palmer	McGill	6.82
6	Dontae Richards-Kwok	York	6.85
7	Olu Ogunde	York	6.86

Preliminaries

8	Randolph Fajardo	York
9	Justin Keating	Windsor
10	Aaron Bowman	Windsor
11	Oluwasegun Makinde	Ottawa
12	Moussa Sissoko	Ottawa

Men 300 Meter

6 Advance: Top 1 Each Heat plus Next 3 Best Times

Sponsor: Windsor Honda

CIS Meet: M 33.40 1999 Alexandre Marchand, Sherbrooke  
Facility: F 33.79 1985 Desai Williams, York University  
Name Year School Prelims H#

1	Sam Effah	Calgary	34.02Q	3
2	Jason Kerr	Western	34.03Q	1
3	Michael Robertson	Ottawa	34.76Q	2
4	Dontae Richards-Kwok	York	34.20q	1
5	Chris Reid	Windsor	34.86q	3
6	Kyle Murray	Lethbridge	35.02q	3
7	Brendan Dills	Windsor	35.03	1
8	Graeme Rinholm	Saskatchewan	35.21	2
9	Michael Trnkus	Toronto	35.34	2
10	Ayoub Rachati	Sherbrooke	35.49	3
11	Evan Kimick	Calgary	35.62	1
12	Tyrone Halstead	York	35.88	2

Men 300 Meter

Sponsor: Windsor Honda

CIS Meet: M 33.40 1999 Alexandre Marchand, Sherbrooke  
Facility: F 33.79 1985 Desai Williams, York University  
Name Year School Finals

Finals

1	Sam Effah	Calgary	33.76F
2	Dontae Richards-Kwok	York	34.31
3	Jason Kerr	Western	34.51
4	Chris Reid	Windsor	35.06
5	Michael Robertson	Ottawa	35.27
6	Kyle Murray	Lethbridge	36.49

Preliminaries

7	Brendan Dills	Windsor
8	Graeme Rinholm	Saskatchewan
9	Michael Trnkus	Toronto
10	Ayoub Rachati	Sherbrooke
11	Evan Kimick	Calgary
12	Tyrone Halstead	York

Men 600 Meter

7 Advance: Top 1 Each Heat plus Next 4 Best Times

Sponsor: The Basement Pub

2 Turn Stagger

CIS Meet: M 1:16.10 1995 Byron Goodwin, Manitoba  
Facility: F 1:18.49 1985 Tim Bethune, University of Toronto  
Name Year School Prelims H#

1	Jaden Ostapowich	Alberta	1:20.82Q	2	
2	Scott Leitch	Western	1:21.57Q	1	
3	Michael Robertson	Ottawa	1:20.84q	2	
4	Mike Saizew	Calgary	1:20.86q	2	
5	Charles-Olivier Laporte	Laval	1:21.70q	1	
6	Benjamin Gravel	Sherbrooke	1:21.90q	1	
7	Mathieu Raymond	Laval	J1:22.08q	1	Jury of Appeal decis
8	Mitch Tome	Windsor	J1:21.96	2	
9	Tait Nystuen	Regina	J1:21.98	2	
10	Travis Toet	Manitoba	1:23.24	2	
11	Dustin Eldridge	Windsor	1:33.73	1	
12	Dustin Gamble	Guelph	1:34.43	1	

Men 600 Meter

Sponsor: The Basement Pub

2 Turn Stagger

CIS Meet: M 1:16.10 1995 Byron Goodwin, Manitoba  
Facility: F 1:18.49 1985 Tim Bethune, University of Toronto

Name Year School Finals

Finals

1	Scott Leitch	Western	1:19.55
2	Mike Saizew	Calgary	1:19.66
3	Jaden Ostapowich	Alberta	1:20.18
4	Charles-Olivier Laporte	Laval	1:20.44
5	Michael Robertson	Ottawa	1:20.49
6	Benjamin Gravel	Sherbrooke	1:20.71
7	Mathieu Raymond	Laval	1:22.32

Preliminaries

8	Mitch Tome	Windsor	J
9	Tait Nystuen	Regina	J
10	Travis Toet	Manitoba	
11	Dustin Eldridge	Windsor	
12	Dustin Gamble	Guelph	

Men 1000 Meter

Sponsor: Harvey's

1 Turn Stagger

CIS Meet: M 2:23.08 1999 Sebastien Ouellet, Sherbrooke  
Facility: F 2:23.10 2004 Ryan Mckenzie, University of Windsor

Name Year School Finals

Finals

1	Matt Hulse	Queen's	2:25.08
2	Matt Walters	Windsor	2:25.34
3	Michael Del Monte	Toronto	2:25.37
4	Darren Mazzei	Victoria	2:26.47
5	Adam Kellar	Windsor	2:27.70
6	James Poulin-cadovius	Sherbrooke	2:28.27
7	Olivier Lavoie	Sherbrooke	2:28.56
8	Ryan Russell	Calgary	2:29.19
9	John Corbit	StFX	2:36.29

Men 1500 Meter

Sponsor: Windsor Factory Supply

1 Turn Stagger

CIS Meet: M 3:46.85 1990 All Klassen, UBC  
Facility: F 3:45.95 2002 Ryan Mckenzie, University of Windsor

Name Year School Finals

1	Kyle Boorsma	Guelph	3:49.53
2	Matt Hulse	Queen's	3:50.94
3	Robert Jackson	Guelph	3:51.23
4	Dave Weston	Windsor	3:51.75
5	Allan Brett	Guelph	3:52.19
6	James Poulin-cadovius	Sherbrooke	3:53.39
7	Andrew Aguanno	Windsor	3:56.39
8	Karl Robertson	Victoria	3:57.27
9	Adam Kellar	Windsor	3:59.42
10	Johannes Mallie	Victoria	4:06.54
--	John Corbit	StFX	DNF
--	Michael Del Monte	Toronto	DNF

Men 3000 Meter

Sponsor: The Running Factory

1 Turn Stagger

CIS Meet: M 7:59.29 1996

Jeff Schliebler, UBC

Facility: F 7:59.29 1996

Jeff Schiebler, U of British Columbia

Name	Year	School	Finals
1 Kyle Boorsma		Guelph	8:15.09
2 Kyle O'Neill		Western	8:16.42
3 Dave Weston		Windsor	8:21.19
4 Allan Brett		Guelph	8:25.99
5 Kelly Wiebe		Regina	8:26.96
6 Nigel Wray		Guelph	8:31.20
7 Matt Brunsting		Guelph	8:35.20
8 Andrew Aguanno		Windsor	8:36.25
9 Jamie Weikum		Alberta	8:39.53
10 John Parrott		Guelph	8:45.51
11 Russell Christie		Dalhousie	8:51.03
12 Petr Doubravsky		StFX	8:54.91

Men 60 Meter Hurdles

7 Advance: Top 2 Each Heat plus Next 3 Best Times

Sponsor: Advantage Accounting

CIS Meet: M 7.83 1983

Mark McKoy, York

Facility: F 7.59 1988

Mark McKoy, York University

Name	Year	School	Prelims	H#
Preliminaries				
1 Matt Brisson		Western	8.07Q	1
2 Chris Theriau		York	8.09Q	2
3 Justin Baker		Regina	8.11Q	1
4 Tyler Fawcett		Ottawa	8.20Q	2
5 Oluwasegun Makinde		Ottawa	8.32q	1
6 Anthony Dandie		Windsor	8.46q	2
7 Kevin O'Neill		Western	8.56q	1
8 Pierre Puyjalon		Sherbrooke	8.57	2
9 Chris Crossley		Saskatchewan	8.61	2
10 Dong Liu		McGill	8.64	1
11 Leslie Andersen		Regina	8.92	2
12 Jeremy Sin		Toronto	9.38	1

Men 60 Meter Hurdles

Sponsor: Advantage Accounting

CIS Meet: M 7.83 1983

Mark McKoy, York

Facility: F 7.59 1988

Mark McKoy, York University

Name	Year	School	Finals	
Finals				
1 Justin Baker		Regina	8.06	8.051
2 Chris Theriau		York	8.06	8.056
3 Matt Brisson		Western	8.09	
4 Tyler Fawcett		Ottawa	8.12	
5 Oluwasegun Makinde		Ottawa	8.35	
6 Anthony Dandie		Windsor	8.37	
7 Kevin O'Neill		Western	8.58	
Preliminaries				
8 Pierre Puyjalon		Sherbrooke		
9 Chris Crossley		Saskatchewan		
10 Dong Liu		McGill		



11 Leslie Andersen Regina  
12 Jeremy Sin Toronto

Men 4x200 Meter Relay

6 Advance: Top 1 Each Heat plus Next 3 Best Times

Sponsor: Investors Group

CIS Meet: M 1:26.01 2007 , Sherbrooke  
Facility: F 1:26.66 2004 , Universite de Sherbrooke  
School Prelims H#

1	University of Western Ontario	1:28.58Q	2
	1) Jason Kerr	2) Elias Granillo	
	3) Brandon McCartney	4) Dan Goddard	
2	University of Windsor	1:28.88Q	1
	1) Justin Keating	2) Brendan Dills	
	3) Chris Reid	4) Shayne Rice	
3	York University	1:29.76Q	3
	1) Tyrone Halstead	2) Dontae Richards-Kwok	
	3) Olu Ogunde	4) Randolph Fajardo	
4	University of Ottawa	1:29.33q	1
	1) Christopher Greenaway	2) Oluwasegun Makinde	
	3) Moussa Sissoko	4) Olivier Gauthier-Kwan	
5	University of Regina	1:29.98q	2
	1) Mason Foote	2) Eric Clark	
	3) Leslie Andersen	4) Enyinnah Okere	
6	Queen's University	1:30.04q	2
	1) Tyler Nightingale	2) Adrian Heller	
	3) Gord Frenke	4) Shane Kelly	
7	McGill University	1:30.78	1
	1) Hank Palmer	2) Andrew Archibald	
	3) Eric Ellemo	4) Andrew Hamilton	
8	University of Calgary	1:31.54	3
	1) Stewart Bury-Jones	2) Bastian Mayer	
	3) Evan Kimick	4) Trent Johnston	
9	University of Waterloo	1:31.69	3
	1) Luke Govia	2) Jacob Muirhead	
	3) Eric Roque	4) Kofi Kwarko-Fosu	
10	Dalhousie University	1:31.74	3
	1) Michael Bawol	2) Luke Demetre	
	3) Randy Henley	4) Anthony Bernard	
11	University of Saskatchewan	1:32.61	1
	1) Graeme Rinholm	2) Curtis Buhs	
	3) Keegan Sharp	4) Shawn Setyo	
12	University of Alberta	1:32.73	2
	1) Mason Torresan	2) Wynand Nel	
	3) Kevin Blimke	4) Goran Miletic	

Men 4x200 Meter Relay

Sponsor: Investors Group

CIS Meet: M 1:26.01 2007 , Sherbrooke  
Facility: F 1:26.66 2004 , Universite de Sherbrooke  
School Finals

Finals

1	York University	1:27.34	
	1) Tyrone Halstead	2) David Mayer	
	3) Olu Ogunde	4) Randolph Fajardo	
2	University of Western Ontario	1:27.86	
	1) Jason Kerr	2) Elias Granillo	
	3) Brandon McCartney	4) Dan Goddard	
3	University of Windsor	1:29.09	

1) Justin Keating	2) Brendan Dills	
3) Chris Reid	4) Shayne Rice	
4 University of Regina		1:29.22
1) Mason Foote	2) Eric Clark	
3) Leslie Andersen	4) Enyinnah Okere	
5 Queen's University		1:30.39
1) Tyler Nightingale	2) Adrian Heller	
3) Gord Frenke	4) Shane Kelly	
6 University of Ottawa		1:30.69
1) Oluwasegun Makinde	2) Moussa Sissoko	
3) Tyler Fawcett	4) Olivier Gauthier-Kwan	

Preliminaries

7 McGill University  
8 University of Calgary  
9 University of Waterloo  
10 Dalhousie University  
11 University of Saskatchewan  
12 University of Alberta

Men 4x400 Meter Relay

Sponsor: Adidas

CIS Meet: M 3:14.60 1993 , Western  
Facility: F 3:16.85 2009 Universite de Sherbrooke, Sherbrooke  
S Labelle, V Komenan, B Meité, M Nken

School Finals H#

Finals

1 University of Western Ontario		3:18.17	2
1) Brandon McCartney	2) Jason Kerr		
3) Rob Gooch	4) Scott Leitch		
2 University of Calgary		3:18.53	1
1) Sam Effah	2) Scott Nicol		
3) Evan Kimick	4) Mike Saizew		
3 University of Windsor		3:19.00	2
1) Brendan Dills	2) Mitch Tome		
3) Camilo Quevedo	4) Chris Reid		
4 Queen's University		3:20.14	2
1) Gord Frenke	2) Adrian Heller		
3) Shane Kelly	4) Michael Nishiyama		
5 York University		3:21.78	2
1) David Mayer	2) Stefan Ristic		
3) Ryan Charlton	4) Dontae Richards-Kwok		
6 University of Regina		3:22.00	1
1) Justin Baker	2) Eric Clark		
3) Leslie Andersen	4) Tait Nystuen		
7 Universite de Sherbrooke		3:23.35	2
1) Ayoub Rachati	2) Benjamin Gravel		
3) Florian Bobeuf	4) Pierre Puyjalon		
8 University of Manitoba		3:23.62	1
1) Zach Durand	2) David Szczepaniak		
3) Jay Waters	4) Jamie McMaster		
9 University of Ottawa		3:24.21	2
1) Tyler Fawcett	2) Cameron Smithers		
3) Oluwasegun Makinde	4) Michael Robertson		
10 Université Laval		3:25.90	1
1) Vincent Beaudoin-Hamel	2) Mathieu Raymond		
3) Nicolas Boucher	4) Charles-Olivier Laporte		
11 University of Waterloo		3:26.35	1
1) Jacob Muirhead	2) Luke Govia		
3) Oliver Grant	4) Ben Terejko		
12 University of Guelph		3:29.97	1
1) Matt MacDonald	2) Jason Diston		

3) Gavin Abrahamson

4) Evan Stevens

Men 4x800 Meter Relay

Sponsor: The Running Factory

CIS Meet: M 7:29.13 1995 , Manitoba

Facility: F 7:33.02 2009 University of Victoria, Victoria

C Childs, L Burke, J Mallie, D Mazzei

School

Finals

1	University of Victoria	7:37.62
	1) Karl Robertson	2) Clifford Childs
	3) Johannes Mallie	4) Darren Mazzei
2	University of Toronto	7:38.07
	1) Tyler Pettes	2) Stephen Douglas
	3) Andrew Cruickshank	4) Michael Del Monte
3	Université Laval	7:38.12
	1) Dominic Michaud	2) Charles-Olivier Laporte
	3) Pier-Olivier Laflamme	4) Mathieu Raymond
4	University of Windsor	7:39.23
	1) Adam Kellar	2) Ben Lane
	3) Matt Walters	4) Mitch Tome
5	University of Calgary	7:42.23
	1) Adam Wasylyshyn	2) Scott Nicol
	3) Ryan Russell	4) Mike Saizew
6	Universite de Sherbrooke	7:48.75
	1) Sofiane Azzi	2) Olivier Lavoie
	3) James Poulin-cadovius	4) Benjamin Gravel
7	University of Guelph	7:49.08
	1) Benoit Boulay	2) Stephen Holmes
	3) Evan Stevens	4) Robert Jackson
8	Queen's University	7:51.52
	1) Clay Patterson	2) Joshua Potvin
	3) Michael Nishiyama	4) Matt Hulse
9	University of Manitoba	7:52.29
	1) Jordan Saccuci	2) Andrew Schellenberg
	3) Travis Toet	4) Colin Barnett
10	St. Francis Xavier University	7:54.86
	1) Kyle Tramble	2) Kenton Sportak
	3) Petr Doubravsky	4) John Corbit

Men High Jump

Sponsor: Running Count

1.88m by 5's to 1.98m then by 3's

CIS Meet: M 2.24m 1993 Alex Zaliaskas, Toronto

Facility: F 2.24m 1983 Greg Joy, University of Toronto

Name Year School Finals

1	Simon Watts	Dalhousie	2.07m
	1.88 1.93 1.98 2.01 2.04 2.07 2.10		
	P P O XXO O XXO XXX		
2	Justin Darlington	McGill	2.04m
	1.88 1.93 1.98 2.01 2.04 2.07		
	XO O O O O XXX		
3	Jeremy Eckert	Regina	J2.04m
	1.88 1.93 1.98 2.01 2.04 2.07		
	P O P O XXO XXX		
4	Connor MacDonald	Regina	J2.04m
	1.88 1.93 1.98 2.01 2.04 2.07		
	P XO XO O XXO XXX		
5	Jason Diston	Guelph	2.01m
	1.88 1.93 1.98 2.01 2.04		

	O	P	XXO	XO	XXX			
6	Brett	Georgevski		Toronto		J2.01m		
	1.88	1.93	1.98	2.01	2.04			
	O	O	O	XXO	XXX			
7	Lucas	Rodewald		Manitoba		1.98m		
	1.88	1.93	1.98	2.01				
	O	O	O	XXX				
8	Mike	Lopatowski		Guelph		J1.98m		
	1.88	1.93	1.98	2.01				
	O	XO	O	XXX				
9	Joshua	Edwards		Windsor		J1.98m		
	1.88	1.93	1.98	2.01				
	O	O	XO	XXX				
10	Jonathan	Odumeru		York		J1.98m		
	1.88	1.93	1.98	2.01				
	O	O	XXO	XXX				
10	Rob	McCulloch		Dalhousie		J1.98m		
	1.88	1.93	1.98	2.01				
	O	O	XXO	XXX				
12	Pierre	Puyjalon		Sherbrooke		1.93m		
	1.88	1.93	1.98					
	O	O	XXX					
12	Cornell	Haynes		Guelph		1.93m		
	1.88	1.93	1.98					
	P	O	XXX					
14	Tyrone	Welchinski		Manitoba		1.88m		
	1.88	1.93						
	O	XXX						

Men Pole Vault

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Sponsor: Coco Cola  
4.30m to 4.45m then by 10's to 4.65m then by 5's  
CIS Meet: M 5.65m 1992 Doug Wood, York  
Facility: F 5.61m 2008 Russ Buller, Unattached

Name	Year	School	Finals																	
1	Jason	Wurster	Toronto	5.40m																
	4.30	4.45	4.55	4.65	4.70	4.75	4.80	4.85	4.90	4.95	5.00	5.05	5.10	5.15	5.20	5.35	5.40			
5.52	PPP	PPP	PPP	PPP	PPP	PPP	PPP	PPP	PPP	PPP	PPP	PPP	PPP	PPP	PPP	XXO	P	O		
XXX																				
2	Taylor	Petrucha	Saskatchewan	5.20m																
	4.30	4.45	4.55	4.65	4.70	4.75	4.80	4.85	4.90	4.95	5.00	5.05	5.10	5.15	5.20	5.35				
	PPP	PPP	PPP	PPP	PPP	O	PPP	PPP	PPP	XO	PPP	PPP	O	PPP	O	XXX				
3	Dillon	Petrucha	Saskatchewan	4.95m																
	4.30	4.45	4.55	4.65	4.70	4.75	4.80	4.85	4.90	4.95	5.00									
	O	O	PPP	O	PPP	O	PPP	XO	XPP	O	XXX									
4	Jeff	Vukasovic	Windsor	4.90m																
	4.30	4.45	4.55	4.65	4.70	4.75	4.80	4.85	4.90	4.95	5.00									
	PPP	PPP	O	PPP	O	PPP	O	XO	XO	XPP	XX									
5	Scott	McCubbing	Saskatchewan	4.75m																
	4.30	4.45	4.55	4.65	4.70	4.75	4.80	4.85												
	PPP	PPP	XXO	O	PPP	XO	PPP	XXX												
6	Rossel	Sabourin	Manitoba	4.65m																
	4.30	4.45	4.55	4.65	4.70															
	XO	XO	XO	XXO	XXX															
7	Townsend	Benard	Toronto	4.55m																
	4.30	4.45	4.55	4.65																
	PPP	XO	O	XXX																
8	Mike	Lopatowski	Guelph	J4.55m																
	4.30	4.45	4.55	4.65																
	O	XXO	XO	XXX																

9	Maxime Beaumont-Courteau	McGill	4.45m
	4.30 4.45 4.55		
	PPP XXO XXX		
10	Chris Erle	Western	4.30m
	4.30 4.45		
	XXO XXX		
--	Lane Britnell	Saskatchewan	NH
	4.30 4.45 4.55 4.65		
	PPP PPP PPP XXX		
--	Vuk Bogunovic	Guelph	NH
	4.30 4.45		
	PPP XXX		

Men Long Jump

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Sponsor: Bill & Jean Wright  
CIS Meet: M 7.64m 2003 Patrick Banim-Massok, UQAM  
Facility: F 7.64m 8803 K. McDuffie/P. Banim Massock, Edmonton OC /  
Name Year School Finals  
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1	Christopher Greenaway	Ottawa	7.88mM
	7.43m FOUL 7.39m 7.31m FOUL 7.88m		
2	Andrew Judge	Western	7.18m
	FOUL 7.18m 6.85m 7.03m 7.01m 7.04m		
3	Guyson Kuruneri	Guelph	7.03m
	FOUL FOUL 7.03m 6.93m FOUL 7.01m		
4	Anthony Dandie	Windsor	6.98m
	6.83m 6.98m FOUL FOUL 6.90m FOUL		
5	Anthony Bernard	Dalhousie	6.85m
	6.73m FOUL FOUL FOUL 6.85m FOUL		
6	Olivier Gauthier-Kwan	Ottawa	6.83m
	6.70m FOUL 6.43m 6.45m FOUL 6.83m		
7	Chris Crossley	Saskatchewan	6.79m
	FOUL 6.79m 6.76m 5.86m 6.58m PASS		
8	David Walford	Regina	6.66m
	6.44m 6.35m 6.66m 6.44m PASS 3.90m		
9	Jeremy Yang	Waterloo	6.57m
	FOUL 6.56m 6.57m		
10	Jeremy Eckert	Regina	6.43m
	5.96m 6.43m 6.29m		
11	Maxime Fredette	Sherbrooke	6.36m
	6.36m 3.52m PASS		
12	Ehis Adada	Western	6.26m
	5.74m 6.26m FOUL		

Men Triple Jump

=====  
Sponsor: University of Windsor  
CIS Meet: M 15.80m 2002 Patrick Banim-Massok, UQAM  
Facility: F 16.07m 1988 George Wright, University of Toronto TC  
Name Year School Finals  
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1	Jason Goetz	Waterloo	15.13m
	13.76m 14.26m 14.81m 15.10m 14.93m 15.13m		
2	Andrew Judge	Western	15.01m
	14.10m FOUL FOUL 14.61m 14.92m 15.01m		
3	Justin Darlington	McGill	14.87m
	FOUL 13.96m 14.28m 14.20m FOUL 14.87m		
4	Josh Gundrum	Manitoba	14.46m
	14.17m 14.20m 14.46m 14.15m 13.65m 14.43m		
5	Kevin Honig	Guelph	14.44m
	FOUL 14.25m 14.27m 14.35m FOUL 14.44m		
6	Christopher Greenaway	Ottawa	14.25m

	11.83m	FOUL	14.11m	13.72m	FOUL	14.25m	
7	David Walford			Regina			J14.25m
	13.56m	FOUL	13.87m	FOUL	13.93m	14.25m	
8	Jason Mei			Toronto			13.65m
	13.65m	FOUL	13.37m	13.11m	13.41m	FOUL	
9	Carl Shen			Western			13.57m
	FOUL	13.23m	13.57m				
10	Ian Jestadt			Regina			13.04m
	12.38m	13.04m	PASS				
11	Leslie Andersen			Regina			13.01m
	12.96m	FOUL	13.01m				

Men Shot Put

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Sponsor: Mondo

CIS Meet: M 18.46m 2004 Chris Meisner, Lethbridge

Facility: F 18.55m 1998 Brad Snyder, Windsor Legion TFC

Name	Year	School	Finals
1 Andrew Smith		Saskatchewan	17.94m
	17.94m	17.51m	FOUL
2 Mike Miller		Windsor	16.75m
	16.12m	16.36m	FOUL
3 Tim Hendry		Guelph	16.27m
	FOUL	15.96m	16.27m
4 Cole Bloxam		Windsor	15.56m
	14.03m	15.01m	15.30m
5 Dan McDonald		Western	15.36m
	15.03m	15.13m	FOUL
6 Umar Khan		York	15.21m
	FOUL	15.12m	FOUL
7 Garrett Ramey		Saint Mary's	14.80m
	14.02m	14.70m	14.79m
8 Nolan Machiskinic		Saskatchewan	14.52m
	14.52m	FOUL	14.28m
9 Chris Pickering		Regina	14.50m
	14.50m	14.25m	FOUL
10 Brent Roubos		Guelph	14.31m
	14.23m	14.31m	FOUL
11 Patrick Arbour		Ottawa	13.93m
	13.71m	13.80m	13.93m
12 Garth Suppes		Manitoba	13.63m
	13.62m	13.63m	FOUL

Men Weight Throw

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Sponsor: University of Windsor Alumni Association

CIS Meet: M 24.08m 2009 Jim Steacy, Lethbridge

Facility: F 24.08m 2009 Jim Steacy, Lethbridge

Name	Year	School	Finals
1 Dustin McCrank		Guelph	18.61m
	16.54m	17.85m	17.83m
2 Garth Suppes		Manitoba	17.36m
	17.18m	FOUL	17.36m
3 Tim Hendry		Guelph	17.05m
	15.61m	15.99m	15.94m
4 Andrew Smith		Saskatchewan	16.63m
	16.27m	FOUL	FOUL
5 Justin Charrier		Manitoba	16.49m
	16.15m	16.49m	15.73m
6 Ryan Tarnava		Lethbridge	16.27m
	14.57m	FOUL	16.27m

7	Chris Pickering	Regina	15.80m
	15.27m 15.80m 15.47m FOUL 15.37m FOUL		
8	Umar Khan	York	J15.80m
	15.80m FOUL 13.86m 13.96m FOUL FOUL		
9	Robert Young	Calgary	14.90m
	14.60m 14.90m 14.29m		
10	Andrej Brajic	Calgary	14.89m
	14.89m 14.37m 14.19m		
11	Brent Roubos	Guelph	14.25m
	13.54m FOUL 14.25m		
12	Mathieu Dumont	Sherbrooke	11.58m
	11.58m FOUL 11.24m		

Indoor Pentathlon: #5 Men 1000 Meter Indoor Pentathlon

Name	Year School	Finals	Points
1 Leslie Andersen	Regina	2:40.80	865
2 Florian Bobeuf	Sherbrooke	2:41.96	852
3 Keegan Sharp	Saskatchewan	2:42.63	844
4 Anthony Dandie	Windsor	2:45.09	818
5 Chris Crossley	Saskatchewan	2:46.21	806
6 Pierre Puyjalon	Sherbrooke	2:47.26	794
7 Evan Neufeldt	Saskatchewan	2:52.90	735
8 Rob McCulloch	Dalhousie	2:53.93	725
9 Jason Diston	Guelph	2:54.99	714
10 Steve Fox	Dalhousie	3:16.86	509
11 Patrick Arbour	Ottawa	3:19.72	484

Indoor Pentathlon: #1 Men 60 Meter Hurdles Indoor Pentathlon

Name	Year School	Finals	H#	Points
1 Anthony Dandie	Windsor	8.27	2	915
2 Chris Crossley	Saskatchewan	8.35	2	896
3 Pierre Puyjalon	Sherbrooke	8.43	2	877
4 Patrick Arbour	Ottawa	8.52	2	855
5 Keegan Sharp	Saskatchewan	8.53	2	853
6 Leslie Andersen	Regina	8.64	2	827
7 Evan Neufeldt	Saskatchewan	8.87	1	775
8 Jason Diston	Guelph	8.88	1	772
9 Florian Bobeuf	Sherbrooke	9.03	1	739
10 Steve Fox	Dalhousie	9.11	1	722
11 Rob McCulloch	Dalhousie	9.56	1	627
-- Lucas Lafourcade	McGill	DNF	1	

Indoor Pentathlon: #4 Men High Jump Indoor Pentathlon

Name	Year School	Finals	Points
1 Jason Diston	Guelph	2.03m	831
	1.70 1.73 1.76 1.79 1.82 1.85 1.88 1.91 1.94 1.97 2.00 2.03 2.06		
	PPP PPP PPP PPP PPP O PPP O XO XXO O XXO XXX		
1 Chris Crossley	Saskatchewan	2.03m	831
	1.70 1.73 1.76 1.79 1.82 1.85 1.88 1.91 1.94 1.97 2.00 2.03 2.06		
	PPP PPP PPP PPP O PPP O O XO XXO XXO XO XXX		
3 Rob McCulloch	Dalhousie	2.00m	803
	1.70 1.73 1.76 1.79 1.82 1.85 1.88 1.91 1.94 1.97 2.00 2.03		
	PPP PPP PPP PPP PPP O O O XO O O XXX		
4 Pierre Puyjalon	Sherbrooke	1.97m	776
	1.70 1.73 1.76 1.79 1.82 1.85 1.88 1.91 1.94 1.97 2.00		
	PPP PPP PPP PPP O PPP O O XXO O XXX		
5 Keegan Sharp	Saskatchewan	1.91m	723

	1.70	1.73	1.76	1.79	1.82	1.85	1.88	1.91	1.94		
	PPP	PPP	O	PPP	XO	O	O	XXO	XXX		
6	Leslie Andersen									Regina	1.88m 696
	1.70	1.73	1.76	1.79	1.82	1.85	1.88	1.91			
	PPP	PPP	O	PPP	O	O	XXO	XXX			
7	Steve Fox									Dalhousie	1.85m 670
	1.70	1.73	1.76	1.79	1.82	1.85	1.88				
	PPP	PPP	PPP	PPP	PPP	O	XXX				
7	Evan Neufeldt									Saskatchewan	1.85m 670
	1.70	1.73	1.76	1.79	1.82	1.85	1.88				
	PPP	PPP	O	O	O	O	XXX				
7	Patrick Arbour									Ottawa	1.85m 670
	1.70	1.73	1.76	1.79	1.82	1.85	1.88				
	PPP	PPP	XO	XO	XXO	O	XXX				
7	Anthony Dandie									Windsor	1.85m 670
	1.70	1.73	1.76	1.79	1.82	1.85	1.88				
	PPP	PPP	O	PPP	O	XXO	XXX				
11	Florian Bobeuf									Sherbrooke	1.82m 644
	1.70	1.73	1.76	1.79	1.82	1.85					
	O	PPP	XO	O	O	XXX					

Indoor Pentathlon: #2 Men Long Jump Indoor Pentathlon

Name	Year	School	Finals	Points
1 Chris Crossley		Saskatchewan	7.33m	893
	7.33m 6.94m	PASS		
2 Anthony Dandie		Windsor	6.99m	811
	6.83m 6.99m	6.99m		
3 Jason Diston		Guelph	6.86m	781
	6.40m 6.58m	6.86m		
4 Keegan Sharp		Saskatchewan	6.71m	746
	6.46m FOUL	6.71m		
5 Pierre Puyjalon		Sherbrooke	6.58m	716
	6.19m 6.58m	6.40m		
6 Patrick Arbour		Ottawa	6.53m	704
	6.53m 6.40m	FOUL		
7 Leslie Andersen		Regina	6.51m	700
	6.51m FOUL	6.48m		
8 Evan Neufeldt		Saskatchewan	6.38m	670
	FOUL 6.20m	6.38m		
9 Steve Fox		Dalhousie	6.20m	630
	6.04m 6.20m	5.99m		
10 Rob McCulloch		Dalhousie	6.12m	613
	FOUL 6.03m	6.12m		
11 Florian Bobeuf		Sherbrooke	6.00m	587
	6.00m 6.00m	5.98m		

Indoor Pentathlon: #3 Men Shot Put Indoor Pentathlon

Name	Year	School	Finals	Points
1 Patrick Arbour		Ottawa	14.63m	767
	14.60m 14.63m	FOUL		
2 Chris Crossley		Saskatchewan	13.54m	700
	13.54m 12.84m	12.94m		
3 Jason Diston		Guelph	12.86m	659
	FOUL 12.86m	FOUL		
4 Rob McCulloch		Dalhousie	12.02m	608
	12.02m FOUL	11.12m		
5 Steve Fox		Dalhousie	11.50m	576
	11.50m FOUL	FOUL		
6 Keegan Sharp		Saskatchewan	11.41m	571



