

# 10km Men's Age Group Rankings

to July 11th, 2010

Rank	First	Last	Time	Age	Race
1	Quentin	Ferguson	42:58	1-14	Physio
2	Evan	Pfimmer	44:13	1-14	Physio
3	Quinn	Henderson	44:36	1-14	Physio
4	Andrew	Kort	47:43	1-14	Puma
5	Eli	Melsness	48:12	1-14	Physio
6	Nick	Niebuhr	48:16	1-14	Physio
7	Bryce	Jenkins	51:24	1-14	Physio
8	Benedict	Penner	51:50	1-14	Physio
9	Conor	McGovern	53:05	1-14	G Beach
10	Cole	Houghton	54:38	1-14	Physio
1	Bjorn	Kristjanson	35:59	15-19	Physio
2	Trevor	Penner	38:56	15-19	Puma
3	Paul	Athayde	41:53	15-19	Puma
4	Colton	Devos	42:29	15-19	Physio
5	Ben	Paterson	43:11	15-19	G Beach
6	Ryan	Pope	48:09	15-19	Physio
7	Brendan	Kupiak	49:09	15-19	G Beach
8	Jake	Cullen	49:42	15-19	Brandon
9	Kyle	Robison	52:10	15-19	Physio
10	Mathew	Pelletier	53:20	15-19	Brandon
1	Calvary	DeJong	33:02	20-24	Puma
2	Steven	Graupner	35:33	20-24	Physio
3	Corey	Gallagher	36:05	20-24	Puma
4	Darius	Konotopetz	39:20	20-24	Physio
5	Adam	Kozak	41:00	20-24	Physio
6	John	Lawler	42:00	20-24	Physio
7	Davis	Sohor	42:42	20-24	Puma
8	Ryan	McKim	45:53	20-24	Brandon
9	Paul	Boyko	47:14	20-24	Physio
10	Thomas	Graupner	47:58	20-24	Puma
1	Brian	Walker	32:29	25-29	Puma
2	Jeremy	Walker	33:03	25-29	Puma
3	Bradley	Keefe	33:45	25-29	Puma
4	Jacques	Marcoux	35:27	25-29	Puma
5	Barret	Hildebrandt	37:40	25-29	Puma
5	Justin	Kirouac	39:30	25-29	Physio
6	Neil	Ternowetsky	40:42	25-29	Physio
7	John	Kenny	40:53	25-29	Physio
8	Matt	Millar	41:46	25-29	Physio
9	Mitchell	Renaud	43:32	25-29	Physio
10	Sam	Blackwell	43:56	25-29	Puma
1	Mike	Booth	33:12	30-34	Physio
2	Greg	Penner	38:11	30-34	G Beach
3	Sean	Lindsay	40:26	30-34	Puma
4	Gerald	Boulet	40:51	30-34	Physio
5	Boris	Garcia	42:24	30-34	Brandon
6	Sean	Campbell	43:05	30-34	Physio
7	Brent	Czarnecki	43:57	30-34	G Beach
8	Stuart	Holden	44:04	30-34	Puma
9	Curtis	Nichol	44:21	30-34	Puma
10	Scott	McMillan	47:20	30-34	Physio
1	Michael	Terepa	36:52	35-39	Physio
2	Jeff	McMillan	37:10	35-39	Puma
3	Mario	Fonseca	37:54	35-39	Physio
4	Christian	Marmen	38:49	35-39	Brandon
5	Dean	Gurney	41:56	35-39	Physio
6	Jonathan	Stapinsky	42:38	35-39	Puma
7	Jason	Guarino	42:41	35-39	Physio
8	Matthew	Lamb	46:27	35-39	Puma
9	Jim	Carlisle	46:44	35-39	Physio
10	Jon	Kilfoyle	46:59	35-39	Physio
1	Darren	Klassen	33:06	40-44	Puma
2	Dale	Kirk	36:09	40-44	Puma
3	Matthew	Seftel	37:20	40-44	Puma
4	Scott	Gurney	38:47	40-44	Physio
5	Michael	Klatt	40:53	40-44	Puma

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Rank	First	Last	Time	Age	Race
6	Tim	Magas	41:39	40-44	Physio
7	Paul	Rogan	42:04	40-44	Puma
8	Don	Bevington	42:35	40-44	Physio
9	Daniel	Krueger	43:20	40-44	Puma
10	Jody	Langhan	44:40	40-44	Puma
1	Darcy	Ready	33:47	45-49	Puma
2	Martin	Krowina	38:55	45-49	Physio
3	Mark	Conrad	41:47	45-49	Physio
4	Michael	McGovern	42:17	45-49	Physio
5	Andrew	Schewe	42:26	45-49	Physio
6	Serge	Faucher	43:32	45-49	Physio
7	Brian	Mayes	44:03	45-49	Brandon
8	Brad	Whitson	44:07	45-49	Physio
9	Gareth	Taylor	45:43	45-49	Physio
10	Mark	D'Almeida	46:35	45-49	Physio
1	Murray	Rose	40:54	50-54	Physio
2	Bruce	Young	41:19	50-54	Puma
3	Don	Gill	41:41	50-54	Physio
4	Pete	Gagne	42:03	50-54	Physio
5	Keith	Bilous	42:34	50-54	Puma
6	Jean-Pierre	Grolet	43:15	50-54	Puma
7	Christian	Ritchot	43:46	50-54	Physio
8	Randel	Bodner	45:59	50-54	Puma
9	Ken	Friesen	46:03	50-54	G Beach
10	Herman	Gutierrez	46:29	50-54	Physio
1	Wayne	Ford	43:29	55-59	Physio
2	Edward	Zwingerman	44:44	55-59	Physio
3	David	Lawler	44:59	55-59	Puma
4	John	Combs	50:20	55-59	Brandon
5	Lyle	Jarvis	50:43	55-59	Physio
6	John	Gray	51:09	55-59	Physio
7	Dale	Fuga	53:47	55-59	Physio
8	Roger	Friesen	55:37	55-59	Physio
9	Gilles	Gregoire	57:04	55-59	Physio
10	David	O'Connor	58:27	55-59	Physio
1	Leon	Clegg	39:54	60-64	Physio
2	Larry	Konotopetz	45:36	60-64	Physio
3	Henry	Marie	45:55	60-64	Physio
4	Jeff	Vince	48:58	60-64	Puma
5	Wayne	Bohn	52:45	60-64	Physio
6	Paul	Read	52:51	60-64	Physio
7	Frank	Matheson	54:08	60-64	G Beach
8	Dan	Ritchot	56:03	60-64	Brandon
9	Dave	Johannson	1:02:21	60-64	Physio
10	Glen	Mitchell	1:03:35	60-64	G Beach
1	Jim	Cooke	42:47	65-69	Physio
2	Ron	Topinka	51:27	65-69	Brandon
3	Sean	Drain	52:04	65-69	G Beach
4	John	Guy	52:07	65-69	Physio
5	Neil	Sargent	52:25	65-69	Physio
6	Jim	Glasier	53:09	65-69	Physio
7	Garry	Bell	55:00	65-69	Physio
8	Colin	Reed	55:48	65-69	G Beach
9	Nazir	Ahmad	58:23	65-69	Physio
10	Gary	Davis	1:01:01	65-69	Physio
1	Jim	Cooke	48:11	70-74	G Beach
2	Jim	Anderson	56:02	70-74	Puma
3	James	King	59:05	70-74	G Beach
4	Merv	Cavers	59:58	70-74	Puma
5	Alex	Myska	1:04:09	70-74	Physio
6	Ray	Harris	1:05:59	70-74	Physio
1	Ed	Klassen	50:08	75-79	G Beach
2	Ray	Garrity	1:04:55	75-79	G Beach
1	Bruce	Beatson	2:09:00	80-84	Physio