

Athletics Manitoba Outdoor Records

updated January 2010

Open: The best performance by any athlete within the province of Manitoba Age Categories: The best performance by an Athletics Manitoba member anywhere

Red Indicates record set this season (2009)

	Event			Mark	Date Set	Record Holder	Affiliation	Location
WOMEN								
Senior	100m			11.70	Jul-20-82	TANYA BROTHERS	GALAXY TC	COLORADO SPRINGS
				11.70	Jul-26-91	FAYE ROBERTS	MANITOBA	MONTREAL
Junior	100m			11.70	Jul-20-82	TANYA BROTHERS	GALAXY TC	COLORADO SPRINGS
Youth	100m			11.96	Jul-12-80	TANYA BROTHERS	GALAXY TC	SUDBURY
Midget	100m		1.1	12.31	Aug 09-08	CARLY PARACHOLSKI	MANITOBA/NWO LEGION	SHERBROOKE
Midget	150m	new event		19.49	Jun 6-09	KATIE STAUB	WPG OPTIMIST	WINNIPEG
Open	200m			22.83	Jul-28-99	DEBBIE FERGUSON	BAHAMAS	WINNIPEG
Senior	200m			23.45	Jul-20-82	TANYA BROTHERS	GALAXY TC	COLORADO SPRINGS
Junior	200m			23.45	Jul-20-82	TANYA BROTHERS	GALAXY TC	COLORADO SPRINGS
Youth	200m		0.4	24.51	Aug 27-09	CARLY PARACHOLSKI	TEAM MANITOBA	CHARLOTTETOWN
Midget	200m		-1.7	25.36	Jun 08-08	CARLY PARACHOLSKI	SISLER	WINNIPEG
Midget	300m	new event		42.96	Jul 3-09	KATIE LAVALLEE	WPG OPTIMIST	WINNIPEG
Open	400m			50.77	Jun-30-84	MARITA PAYNE	YO	WINNIPEG
Senior	400m			52.67	May-28-92	ALANNA YAKIWCHUK	RAIDERS TC	PROVO
Junior	400m			54.95	Aug 25-09	CARLY PARACHOLSKI	TEAM MANITOBA	CHARLOTTETOWN
Youth	400m			54.95	Aug 25-09	CARLY PARACHOLSKI	TEAM MANITOBA	CHARLOTTETOWN
Midget	400m			56.06	Aug 09-08	CARLY PARACHOLSKI	MANITOBA/NWO LEGION	SHERBROOKE
Open	800m			1:59.95	Jul-25-99	LETITIA VRIESDE	SURINAME	WINNIPEG
Senior	800m			2:02.34	Aug- 9-88	ANGELA CHALMERS	RAIDERS TC	MONTREAL
Junior	800m			2:07.3h	Jun- 2-81	ANGELA CHALMERS	SUNDOWNERS TC	BURNABY
Youth	800m			2:09.1h	Jul-15-79	NANCY RETTIE	MANITOBA	VANCOUVER
Midget	800m			2:13.00	Aug-15-05	STEPHANIE ROMANSON	WOA	WINNIPEG
Midget	1200m	new event		3:49.58	Jul 11-09	JULIA ZRINYI	TEAM MANITOBA	MEDICINE HAT
Open	1500m			4:13.32	Jun-10-84	DEBBIE SCOTT	VIKINGS TC	WINNIPEG
Senior	1500m			4:03.18	Aug-25-89	ANGELA CHALMERS	RAIDERS TC	BRUSSELS
Junior	1500m			4:19.29	Jun- 9-05	Nicole Edwards	Michigan	SACRAMENTO
Youth	1500m			4:23.7h	Jun-22-79	ANGELA CHALMERS	SUNDOWNERS TC	VANCOUVER
Midget	1500m			4:27.3h	Aug- 5-78	ANGELA CHALMERS	CANADA	MONTREAL
Midget	2000m	new event		7:00.00	Jul 11-09	SARAH SODOWY	TEAM MANITOBA	MEDICINE HAT
Open	3000m			9:02.69	Jul-01-84	LYNNE WILLIAMS	VALLEY ROYALS	WINNIPEG
Senior	3000m			8:38.38	Jan-28-90	ANGELA CHALMERS	CANADA	AUCKLAND
Junior	3000m			9:14.81	Aug-16-85	PAM KLASSEN	MANITOBA	ST. JOHN'S
Youth	3000m			9:29.0h	May-23-82	CAROL HOWE	RAIDERS TC	ST. JOHN'S
Midget	3000m			10:25.25	Jun-24-06	JACLYN ADAMSON	WOA	WINNIPEG
Open	5000m			15:56.19	Jun-26-99	KATHY BUTLER	PACIFIC STORM	WINNIPEG
Senior	5000m			15:34.40	Jul-21-07	ANDREA GROVE	UNATTACHED	BRASSCHAAT, BEL
Junior	5000m			17:23.28	Aug-15-05	SARAH-ANNE BRAULT	COLLEGE LOUIS RIEL	REGINA
Youth	5000m			17:23.28	Aug-15-05	SARAH-ANNE BRAULT	COLLEGE LOUIS RIEL	REGINA
Open	10000m			32:56.51	Jul-28-99	N. ROCHA DE LA CRUZ	MEXICO	WINNIPEG
Senior	10000m			34:09.51	Jun-07-91	TERESA REDPATH	RAIDERS TC	BURNABY
Junior	10000m			34:29.13	Mar-31-01	MICHELLE CARSON	UNATTACHED	STANFORD
Youth	80m	Hurdles	30"	12.14	Jul-30-90	LINDSAY INGRAM	MANITOBA	KELOWNA
Midget	80m	Hurdles	30"-8.0m	12.10	Jul 11-09	MICHELLE HEBERT	TEAM MANITOBA	MEDICINE HAT
Open	100m	Hurdles	33"-8.5m	12.76	Jun-26-99	KETURAH ANDERSON	PHOENIX ATHLETICS	WINNIPEG
Senior	100m	Hurdles	33"	13.83	Jun-26-99	Janna Nikkel	Echo Athletics	WINNIPEG
Junior	100m	Hurdles	33"	13.88	Jul-20-91	Janna Nikkel	Canada	KINGSTON
Youth	100m	Hurdles	30"-8.0m	15.42	Jul-15-06	KENDRA BAKER	MANITOBA	WINNIPEG
Midget	200m	Hurdles	30"-35m	29.42	Jul 11-09	MICHELLE HEBERT	TEAM MANITOBA	MEDICINE HAT
Midget	300m	Hurdles	30"	46.8h	Aug-22-82	Pam Glover	Manitoba	FREDERICTON
Open	400m	Hurdles		53.44	Jul-28-99	DAIMI PERNIA FIGUEROA	CUBA	WINNIPEG
Senior	400m	Hurdles		59.48	May-26-86	RUTH HADDEN	TAKUS TC	PROVO
Junior	400m	Hurdles		59.66	Jul-27-85	RUTH HADDEN	TAKUS TC	BURNABY
Youth	400m	Hurdles	30"	1:01.68	Jul-30-89	LISA OMICHINSKI	MANITOBA	SHERWOOD PARK

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	Event		Mark	Date Set	Record Holder	Affiliation	Location
Senior	2000m	StplCh	7:04.48	Aug 27-09	MELANIE GREGOIRE	TEAM MANITOBA	CHARLOTTETOWN
Junior	2000m	StplCh	7:19.61	Aug-15-05	ALEX BELL	MANITOBA	REGINA
Youth	2000m	StplCh	7:19.61	Aug-15-05	ALEX BELL	MANITOBA	REGINA
Midget	2000m	StplCh	7:53.66	May 25-09	TAYLOR SPRAGUE	SA TOUGH TRACK	WINNIPEG
Open	3000m	StplCh	10:17.55	Jun-27-99	KAREN HARVEY	S. WINDSOR KC	WINNIPEG
Senior	3000m	StplCh	10:22.92	Apr-10-04	MICHELLE CARSON	MICHIGAN STATE	EAST LANSING
Junior	3000m	StplCh	11:38.86	Aug-08-07	MÉLANIE GRÉGOIRE	MANITOBA WCSG	STRATHCONA COUNTY
Youth	3000m	StplCh	11:56.89	Jun-24-06	JANELLE GAUDET	STRIDE AHEAD TOUGH TRACK	WINNIPEG
Open	4x100m	Relay	42.62	Jul-30-99	JAMAICA	K. RICHARDS, A. BAILEY, B. GRANT, P. GOWDIE	WINNIPEG
Senior	4x100m	Relay	46.32	Aug-15-81	MANITOBA	CHERYL CROXFORD SANDY GILKES TANYA BROTHERS FAYE ROBERTS	THUNDER BAY
Junior	4x100m	Relay	47.26	Jun-21-80	MANITOBA	TANYA BROTHERS FAYE ROBERTS ELYSA JAMEN CHANTAL ASTON	WINNIPEG
Youth	4x100m	Relay	47.26	Jun-21-80	MANITOBA	TANYA BROTHERS FAYE ROBERTS ELYSA JAMEN CHANTAL ASTON	WINNIPEG
Midget	4x100m	Relay	49.89	Aug-09-09	MANITOBA	S. WANIGASEKARA, AMY ANDRUSHKO, MICHELLE HEBERT, KATIE STAUB	SHERBROOKE
Open	4x200m	Relay	1:39.9h	May-01-82	GALAXY TC	SANDY GILKES, TANYA BROTHERS, CHANTEL ASTON, DONNA FERGUSON	WINNIPEG
Senior	4x200m	Relay	1:39.9h	May-01-82	GALAXY TC	SANDY GILKES, TANYA BROTHERS, CHANTEL ASTON, DONNA FERGUSON	WINNIPEG
Junior	4x200m	Relay	1:45.8h	Jul-10-77	WINGS TC	MONA COCHINGYAN, LISA POLESCHUK, KAREN POWELL, PENNY GILHULY	WINNIPEG
Youth	4x200m	Relay	1:47.8h	May-01-81	TAKUS TC	LESLIE ALISON DOROTHY MACKENZIE ANDREA PACI NANCY MCCUAIG	WINNIPEG
Midget	4x200m	Relay	1:48.20	Jun-14-87	TAKUS TC	JANNA NIKKEL, SHERRIE REIMER, LINDSAY INGRAM, CATHY ADAMS	WINNIPEG
Open	4x400m	Relay	3:26.70	Jul-30-99	CUBA	J. DUPORTY, Z. CALATAYUD, I. BONNE, D. PERNIA	WINNIPEG
Senior	4x400m	Relay	3:47.0h	Aug-14-79	MANITOBA	MAVIS CURTIS, C. MACPHERSON, NANCY RETTIE, ANGELA CHALMERS	SASKATOON
Junior	4x400m	Relay	3:50.5h	Aug- 1-77	MANITOBA	MAVIS CURTIS, MAUREEN HOUGHTON, ROSANNE MURPHY, M COCHINGYAN	ST. JOHN'S
Youth	4x400m	Relay	3:56.68	Jul-30-89	MANITOBA		SHERWOOD PARK
Midget	4x400m	Relay	4:07.95	Jul 18-09	WPG OPTIMIST	KATIE TAKATCH, KATIE LAVALLEE, MICHELLE HEBERT, ERIN TESCHUK	WINNIPEG
Open	4x800m	Relay	9:03.9h	May-01-82	RAIDERS TC	NANCY RETTIE, CAROL HOWE, VICKI AGAR, SANDY RETTIE	WINNIPEG
Senior	4x800m	Relay	9:03.9h	May-01-82	RAIDERS TC	NANCY RETTIE, CAROL HOWE, VICKI AGAR, SANDY RETTIE	WINNIPEG
Junior	4x800m	Relay	9:35.0h	May-14-88	RAIDERS TC	C. MURPHY, A. PERNITSKY, J. NEUFELD, M. BUISSON	WINNIPEG
Open	1600m	SptMedlyf 4-2-2-8	4:09.3h	May-14-88	RAIDERS TC	NANCY TAYLOR, HEATHER LEE-KIN, M. BRAITHWAITE, BRENDA BAKER	WINNIPEG
Senior	1600m	SptMedlyf 4-2-2-8	4:09.3h	May-14-88	RAIDERS TC	NANCY TAYLOR, HEATHER LEE-KIN, M. BRAITHWAITE, BRENDA BAKER	WINNIPEG
Junior	1600m	SptMedlyf 4-2-2-8	4:10.2h	May-14-88	RAIDERS TC	CHERYL MURPHY, LEANNE HARRISON, TRISHA BEST, A. PERNITSKY	WINNIPEG
Youth	1600m	SptMedlyf 4-2-2-8	4:26.75	Jun-16-01	MANITOBA	MANITOBA	BRANDON
Midget	1600m	SptMedlyf 4-2-2-8	4:08.09	Aug 10-08	MANITOBA/NWO	MEAGAN PARACHOLSKI, MELISSA KITCHING, AMY ANDRUSHKO, CARLY PARACHOLSKI	SHERBROOKE
Open	4000m	DisMedlyf 4-8-12-16	12:52.7h	May-14-88	RAIDERS TC	CAROL BOYLE, VICKI AGAR, CHERYL MURPHY, VELVET CADRE	WINNIPEG
Senior	4000m	DisMedlyf 4-8-12-16	12:52.7h	May-14-88	RAIDERS TC	CAROL BOYLE, VICKI AGAR, CHERYL MURPHY, VELVET CADRE	WINNIPEG

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	Event		Mark	Date Set	Record Holder	Affiliation	Location
Open	High Jump		1.94m	Jul-01-84	DEBBIE BRILL	BC	WINNIPEG
Senior	High Jump		1.79m	Aug-20-97	TAMMY MAHON	MANITOBA	BRANDON
Junior	High Jump		1.79m	Aug-20-97	TAMMY MAHON	MANITOBA	BRANDON
Youth	High Jump		1.79m	Aug-20-97	TAMMY MAHON	MANITOBA	BRANDON
Midget	High Jump		1.73m	Jul- 1-95	TAMMY MAHON	TREHERNE	WINNIPEG
			1.73m	Aug-10-96	TAMMY MAHON	UNATTACHED	KITCHENER
Open	Pole Vault		4.51m	Jul-15-05	DANA BULLER	KITCHENER	WINNIPEG
Senior	Pole Vault		4.12m	May- 5-01	JACKIE HONEY	WOA	EL PASO
Junior	Pole Vault		3.41m	Jul 3-09	SARAH BOILA	WOA	WINNIPEG
Youth	Pole Vault		3.41m	Jul 3-09	SARAH BOILA	WOA	WINNIPEG
Midget	Pole Vault		2.95m	May 23-08	CARISSA GAULTHER	WOA	WINNIPEG
Open	Long Jump		6.59m	Jul-24-99	MAUREEN MAGGI	BRAZIL	WINNIPEG
Senior	Long Jump		6.39m	Apr-14-91	LAVERN CLARKE	U. OF NEW MEXICO	ALBUQUERQUE
Junior	Long Jump		5.83m	Aug- 1-68	KAY THOMSON	FLYING M AC	TORONTO
Youth	Long Jump		5.78m	Jun-23-90	JANNA NIKKEL	MANITOBA	BLAINE
Midget	Long Jump		5.42m	Jun- 8-88	GLADYS NORTEY	SISLER	WINNIPEG
Open	Triple Jump		14.77m	Jul-28-99	YAMILE ALDAMA POZA	CUBA	WINNIPEG
Senior	Triple Jump		13.04m	Mar-23-91	LAVERN CLARKE	U. OF NEW MEXICO	ALBUQUERQUE
Junior	Triple Jump		12.04m	Jul-30-93	MELISSA HABOK	BRANDON RIVALS	COQUITLAM
Youth	Triple Jump		11.50m	May 6-00	ALANNA BOUDREAU	WOA	APLEDOORN
Midget	Triple Jump		11.07m	Jun 23-98	ALANNA BOUDREAU	WOA	WINNIPEG
Open	Shot Put 4kg		19.06m	Jul-27-99	CONNIE PRICE-SMITH	USA	WINNIPEG
Senior	Shot Put 4kg		16.99m	Jun- 7-87	MELODY TORCOLACCI	MANITOBA	KELOWNA
Junior	Shot Put 4kg		13.82m	Apr-29-89	SUSANNE DANDENAUULT	U OF WASHINGTON	FLAGSTAFF
Youth	Shot Put 4kg		12.64m	Jun-29-86	SUSANNE DANDENAUULT	AOTC	ST. JOHN
Midget	Shot Put 4kg		12.55m	Jun-26-85	SUSANNE DANDENAUULT	AOTC	WINNIPEG
Midget	Shot Put 3kg		9.76m	Jul 11-09	AMY GRACEFFO	TEAM MANITOBA	MEDICINE HAT
Open	Hammer 4kg		67.79m	Jul-08-00	DAWN ELLERBE	NYAC	WINNIPEG
Senior	Hammer 4kg		56.26m	Jun-11-93	THERESA BRICK	AOTC	WINNIPEG
Junior	Hammer 4kg		46.86m	Jun-30-93	NOREENA BODAGLO	AOTC	COQUITLAM
Youth	Hammer 4kg		29.44m	Jul-31-07	KAREN FERRIS	FLYING M	WINNIPEG
Midget	Hammer 4kg		23.58m	Aug- 7-94	RAPHAEL DICOSMO	MANITOBA	OTTAWA
Open	Discus 1kg		60.92m	Jul-30-99	ELISANGELA ADRIANO	BRAZIL	WINNIPEG
Senior	Discus 1kg		58.40m	Jun-11-93	THERESA BRICK	AOTC	WINNIPEG
Junior	Discus 1kg		50.08m	May- 6-89	SUSANNE DANDENAUULT	U OF WASHINGTON	SEATTLE
Youth	Discus 1kg		47.56m	Jun-11-93	SAMI-JO SMALL	AOTC	WINNIPEG
Midget	Discus 1kg		36.64m	Jul-20-85	SUSANNE DANDENAUULT	MANITOBA	EDMONTON
Open	Javelin 600g		65.85m	Jul-25-99	OSLEIDYS MENENDEZ	CUBA	WINNIPEG
Senior	Javelin 600g		45.87m	Aug-22-01	ERIN SIGNALDISON	MANITOBA	LONDON
Junior	Javelin 600g		40.26m	Jun- 1-05	DEBRA MULLIN	FLYING M	WINNIPEG
Youth	Javelin 600g		34.19m	Jun-18-03	CHRISSY VAN DAMME	FLYING M	WINNIPEG
Youth	Javelin 600g		34.19m	Jul-6-07	SARA HARMON	FLYING M	WINNIPEG
Midget	Javelin 600g		30.10m	Jul-21-07	JODY ADAMSON	MANITOBA Youth	REGINA
Open	Heptathlon		6290	Jul-28-99	MAGALYS GARCIA LELIEBRE	CUBA	WINNIPEG
Senior	Heptathlon		4980	Jul-12-81	JANET SCOTT	PRAIRIES	WINNIPEG
Junior	Heptathlon		4581	Aug-15-81	SUE GARDINER	MANITOBA	THUNDER BAY
Youth	Heptathlon		4318	Jul-13-80	SUE GARDINER	FLYING M ATHLETIC CLUB	SUDBURY
Midget	Heptathlon		2843	Jun-24-06	JENNA GAUDET	STRIDE AHEAD TOUGH TRACK	WINNIPEG

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MEN								
Open	100m			10.08	Jul-25-99	BERNARD WILLIAMS	USA	WINNIPEG
Senior	100m			10.33	May-25-85	COURTNEY BROWN	RAIDERS TC	PROVO
Junior	100m			10.75	Aug-10-03	DONOVAN ALEXANDER	MANITOBA	SELKIRK
Youth	100m			10.84	Jul- 3-82	COURTNEY BROWN	AOTC	WINNIPEG
Midget	100m			11.06	Aug-13-80	COURTNEY BROWN	AOTC	WINNIPEG
Midget	150m	new event		17.87	Jul 3-09	LEVI SADER	WPG OPTIMIST	WINNIPEG
Open	200m			20.30	Jul-28-99	CLAUDINEI SILVA	BRAZIL	WINNIPEG
Senior	200m			20.51	May-25-85	COURTNEY BROWN	RAIDERS TC	PROVO
Junior	200m			20.81	Jun-30-84	COURTNEY BROWN	RAIDERS TC	WINNIPEG
Youth	200m			20.93	Aug- 1-82	COURTNEY BROWN	CANADA	BERQUISIMETO
Midget	200m			23.52	Jun-8-07	BEN ALLEN	KELVIN HS	WINNIPEG
Midget	300m	new event		37.25	Jul 11-09	LEVI SADER	TEAM MANITOBA	MEDICINE HAT
Open	400m			44.59	Jul-25-99	GREGORY HAUGHTON	JAMAICA	WINNIPEG
Senior	400m			45.87	May-23-87	COURTNEY BROWN	RAIDERS TC	HOUSTON
Junior	400m			47.06	Jul-19-03	NATHAN VADEBONCOEUR	WOA	BRIDGEPORT
Youth	400m			48.45	Aug-12-00	ERIK SPROLL	MB/NWO	CALGARY
Midget	400m			51.26	Aug 09-08	MATTHEW FITKOWSKY	MANITOBA/NOW	SHERBROOKE
Open	800m			1:45.38	Jul-25-99	JOHNNY GRAY	USA	WINNIPEG
Senior	800m			1:46.65	Jul- 7-01	DARRYL FILLION	UNATTACHED	MONTREAL
Junior	800m			1:49.17	May-25-01	ERIK SPROLL	MANITOBA	VICTORIA
Youth	800m			1:50.61	Jul-16-00	ERIK SPROLL	MANITOBA	MONTREAL
Midget	800m			1:58.81	Jul-13-96	JORDAN FIERCE	WOA	KITCHENER
Midget	1200m	new event		3:23.24	Jul 11-09	PATRIQUE BULLOCH	TEAM MANITOBA	MEDICINE HAT
Open	1500m			3:41.20	Jul-30-99	GRAHAM HOOD	CANADA	WINNIPEG
Senior	1500m			3:40.07	Aug- 8-90	CHRIS WEBER	PACESETTER	MONTREAL
Junior	1500m			3:47.1h	Jun-13-86	HENRY KLASSEN	TAKUS TC	VICTORIA
Youth	1500m			3:57.43	Jun- 2-01	KRISTJAN HUNTER	WOA	VANCOUVER
Midget	1500m			4:10.4h	Aug- 7-98	ERIK SPROLL	MANITOBA	PRINCE GEORGE
Midget	2000m	new event		6:07.02	Jul 11-09	LEVI NEUFELD	TEAM MANITOBA	MEDICINE HAT
Open	3000m			8:06.19	May-21-91	CHRIS WEBER	AOTC	WINNIPEG
Senior	3000m			7:56.48	Jul-18-95	CHRIS WEBER	RENEGADES	FRANCE
Junior	3000m			8:40.81	Jun- 1-05	Peter Doroshuk	PARC	WINNIPEG
Youth	3000m			8:44.81	Aug- 7-98	WILL THRIFT	MANITOBA	PRINCE GEORGE
Midget	3000m			9:02.8h	Jun-14-74	GEORGE ANNECK	TEC VOC	WINNIPEG
Open	5000m			13:42.04	Jul-24-99	GALVIN MARTINEZ	MEXICO	WINNIPEG
Senior	5000m			13:36.12	Jul- 2-95	CHRIS WEBER	RENEGADES	GATESHEAD
Junior	5000m			14:14.4h	Jul-13-80	CAREY PENNER	MANITOBA	SUDBURY
Youth	5000m			17:07.08	May-25-07	DELOHNNI NICOL-SAMUEL	UNATTACHED	WINNIPEG
Open	10000m			28:43.50	Jul-27-99	ENENILSON SILVA	BRAZIL	WINNIPEG
Senior	10000m			28:16.51	Jul-25-75	CHRIS MCCUBBINS	CANADA	MONTREAL
Junior	10000m			30:16.6h	Jul-06-74	RICK BOURRIER	MANITOBA	SASKATOON
Youth	100m	Hurdles	36"	14.19	Jul-29-90	SHAUN MOORE	MANITOBA	KELOWNA
Midget	100m	Hurdles	33"-8.5m	14.55	Jul 11-09	ERIC GUY	TEAM MANITOBA	MEDICINE HAT
Open	110m	Hurdles	42"-9.14	13.17	Jul-30-99	ANIER GARCIA ORTIZ	CUBA	WINNIPEG
Senior	110m	Hurdles	42"-9.14	13.54	Aug-15-05	JARED MACLEOD	CANADA / WOA	ISTANBUL
Junior	110m	Hurdles	39"-9.14	14.35	Jun 14-08	KEIRAN MOOLCHAN	WOA	TORONTO
Youth	110m	Hurdles	36"-9.14	15.00	Aug-12-06	KIERAN MOOLCHAN	MANITOBA/NWO	BURNABY
Midget	200m	Hurdles	30"	28.10	Jul 11-09	ERIC GUY	TEAM MANITOBA	MEDICINE HAT
Midget	300m	Hurdles	30"	40.55	Aug- 3-85	Garth Glover	Takus TC	SASKATOON
Open	400m	Hurdles		48.23	Jul-28-99	ERONILDES ARAUJO	BRAZIL	WINNIPEG
Senior	400m	Hurdles	36"	50.8h	Jun-18-68	WES BROOKER	MANITOBA	RANDALL'S ISLAND
Junior	400m	Hurdles	36"	53.0h	Jun-28-81	DAN MOROZ	TAKUS TC	TORONTO
Youth	400m	Hurdles	36"	55.28	Aug-09-87	GARTH GLOVER	MANITOBA	CALGARY
Youth	400m	Hurdles	33"	57.73	Jul 11-09	TERRENCE SAMPSON	TEAM MANITOBA	WINNIPEG

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	Event		Mark	Date Set	Record Holder	Affiliation	Location
Youth	1500m	StplCh	4:18.3h	Aug-11-73	LAWRIE LEWIS	MANITOBA	BURNABY
Midget	1500m	StplCh	4:27.5h	Aug-27-71	LAWRIE LEWIS	MANITOBA	WINNIPEG
Youth	2000m	StplCh	6:03.94	Aug-12-06	GREG MILLER	MANITOBA/ NWO	BURNABY
Midget	2000m	StplCh	6:39.59	Aug-06-05	GREG MILLER	MANITOBA/ WOA	EDMONTON
Open	3000m	StplCh	8:32.41	Jun-27-99	JOEL BOURGEOIS	MTL OLYMPIQUE	WINNIPEG
Senior	3000m	StplCh	8:35.39	Jun- 8-91	HENRY KLASSEN	AM	BURNABY
Junior	3000m	StplCh	9:02.76	Jun- 2-02	KRISTJAN HUNTER	MANITOBA	BURNABY
Youth	3000m	StplCh	10:02.76	Jun-24-06	GREG MILLER	WOA	WINNIPEG
Youth	1500m	Racewalk	7:57.89.	Aug-11-07	JASON REDPATH	MANITOBA/NWO LEGION	OROMOCTO
Open	4x100m	Relay	38.18	Jul-30-99	BRAZIL	R. OLIVIERA, C. SILVA, E. RIBEIRO, C. SILVA	WINNIPEG
Senior	4x100m	Relay	40.71	Jul-31-83	MANITOBA		CALGARY
Junior	4x100m	Relay	41.95	Aug-8-07	MANITOBA WCSG	ZACHARIE DURAND, DAVID SZCZEPANIAK, KIERAN MOOLCHAN, NATHAN LABBE	STRATHCONA COUNTY
Youth	4x100m	Relay	43.4h	Aug-21-82	MANITOBA	GREG BRYSON, ANDREW ENNS, DAVE MACKENZIE, COURTNEY BROWN	FREDERICTON
Midget	4x100m	Relay	45.94	Aug-15-99	MANITOBA	R. SYLVESTER, A. FUNSTON, J. FIELDS, N. VADEBONCOEUR	SUDBURY
Open	4x200m	Relay	1:31.2h	Jul-19-69	RAZORBACK TC		WINNIPEG
Senior	4x200m	Relay	1:24.3h	Jul-26-69	MANITOBA		CALGARY
Junior	4x200m	Relay	1:31.2h	Jul-19-69	RAZORBACK TC		WINNIPEG
Youth	4x200m	Relay	1:36.7h	Jun-22-70	WINGS TC		WINNIPEG
Midget	4x200m	Relay	1:42.3h	May-01-82	AOTC	DOUG MACKENZIE, RON DELL, DEREK ROLSTONE, DAVID NEWBERRY	WINNIPEG
Open	4x400m	Relay	2:57.97	Jul-30-99	JAMAICA	M. MCDONALD, G. HAUGHTON, D. MCFARLANE, D. CLARKE	WINNIPEG
Senior	4x400m	Relay	3:12.60	Aug-21-97	MANITOBA		BRANDON
Junior	4x400m	Relay	3:19.5h	Aug-13-77	MANITOBA	DAVE KOZUSKA, BRENT KONANTZ, DAVE MORGAN, JIM PARTAKER	ST.JOHN'S
Youth	4x400m	Relay	3:24.33	Aug-12-00	MANITOBA	RYAN WILSON, PATRICK BINNE, NATHAN VADEBONCOEUR, ERIK SPROLL	CALGARY
Midget	4x400m	Relay	3:41.6h	Jul-29-84	MANITOBA	JAMIE STEER, RON KING, DAVID POWELL, SCOTT BREAKLY	WINNIPEG
Open	4x800m	Relay	7:44.3h	Jun-26-85	RAIDERS TC	GREG ATHAYDE, ROB GUY, WYNN GMITROSKI, RODGER LORENZO	WINNIPEG
Senior	4x800m	Relay	7:44.3h	Jun-26-85	RAIDERS TC	GREG ATHAYDE, ROB GUY, WYNN GMITROSKI, RODGER LORENZO	WINNIPEG
Junior	4x800m	Relay	7:55.4h	Jul-31-72	RAZORBACK TC	Laurie Lewis, Elton Noga, Craig Johnston, Murray Ardies	WINNIPEG
Youth	4x800m	Relay	8:41.47	May-02-81	TAKUS TC		WINNIPEG
Open	4x1500m	Relay	18:24.4h	May-20-72	RAZORBACK TC	RON MELNICHUK, BARRY STEWART, WAYNE MCMAHON, LARRY SWITZER	WINNIPEG
Senior	4x1500m	Relay	16:01.5h	May-11-87	RAIDERS TC	CHAD JOHNSTON, GLEN REDPATH, ROB GUY, KEVIN CHRISTIANSON	RICHMOND
Open	1600m	SptMedlyf 4-2-2-8	3:28.8h	May-14-88	RAIDERS TC	DWAYNE FALK, CAL LANGFORD, LA SIEGGA, DOUG MCKELLAN	GENE DE WINNIPEG
Senior	1600m	SptMedlyf 4-2-2-8	3:28.8h	May-14-88	RAIDERS TC	DWAYNE FALK, CAL LANGFORD, LA SIEGGA, DOUG MCKELLAN	GENE DE WINNIPEG
Junior	1600m	SptMedlyf 4-2-2-8	3:40.0h	Aug-23-70	MANITOBA		ABBOTSFORD
Youth	1600m	SptMedlyf 4-2-2-8	3:40.80	Aug-14-88	MANITOBA		QUEBEC CITY
Midget	1600m	SptMedlyf 4-2-2-8	3:50.81	Aug-18-02	MANITOBA	DREW NEUFELD, STEVE SYDORCHUK, STEFAN ARNASON, DAVID KURY	SHERBROOK
Open	4000m	DisMedlyf 4-8-12-16	10:20.0h	May-17-88	RAIDERS TC	BUDDY VOTH, CAL LANGFORD, RIC CHAPMAN, DARCY READY	WINNIPEG
Senior	4000m	DisMedlyf 4-8-12-16	10:20.0h	May-17-88	RAIDERS TC	BUDDY VOTH, CAL LANGFORD, RIC CHAPMAN, DARCY READY	WINNIPEG

Athletics Manitoba Outdoor Records

updated January 2010

	Event		Mark	Date Set	Record Holder	Affiliation	Location
Open	High Jump		2.26m	Jun-30-84	MILT OTTEY	YO	WINNIPEG
Senior	High Jump		2.15m	Aug-09-02	MICHAEL KIZINKEWICH	WOA	SAN ANTONIO
			2.15m	Aug- 8-96	FRANK MCLEAN	MANITOBA	KITCHENER
Junior	High Jump		2.09m	Jun-26-88	STEVE WELCH	AOTC	OTTAWA
Youth	High Jump		2.04m	May-25-07	LUCAS RODEWALD	WOA	WINNIPEG
Youth	High Jump		2.04m	Jul-11-07	LUCAS RODEWALD	CANADA	OSTRAVA, CZR
Midget	High Jump		1.96m	Jun-29-74	GARRY SCOTT	MANITOBA	WINNIPEG
Open	Pole Vault		5.60m	Jul-27-99	PATRICK MANSON	USA	WINNIPEG
Senior	Pole Vault		4.78m	Jul-6-07	CLIFF CAINES	WOA	WINNIPEG
Junior	Pole Vault		4.40m	Jul-31-82	DON LAWSON	CANADA	BERQUISIMETO
Youth	Pole Vault		4.10m	Aug-16-93	AARON WARD	MANITOBA	KAMLOOPS
Midget	Pole Vault		3.40m	Jul 3-09	VITALIY BILENKO	WPG OPTIMIST	WINNIPEG
Open	Long Jump		8.52m	Jul-25-99	IVAN PEDROSO SOLER	CUBA	WINNIPEG
Senior	Long Jump		7.93m	Jul- 8-00	MIKE LABERGE	FLYING M AC	FLAGSTAFF
Junior	Long Jump		7.33m	Jul-21-06	NATHAN LABBE	WOA	SHERBROOKE
Youth	Long Jump		7.00m	Jun-25-05	NATHAN LABBE	UNATTACHED	WINNIPEG
Midget	Long Jump		6.47m	Jun-20-86	JASON BOGEN	ROBERT ANDREWS	WINNIPEG
Open	Triple Jump		17.19m	Jul-30-99	YOELBI QUESADA	CUBA	WINNIPEG
Senior	Triple Jump		15.92m	Aug- 1-87	DEXTOR BELTON	MANITOBA	OTTAWA
Junior	Triple Jump		14.51m	Jul- 6-53	JACK SMYTH	WAA HOUNDS	WINNIPEG
Youth	Triple Jump		13.65m	Jul-27-07	DAVID WALFORD	WOA	ABBOTSFORD
Midget	Triple Jump		12.53m	Jul-11-86	JASON BOGEN	ROBERT ANDREWS	WINNIPEG
Open	Shot Put 7.27kg		19.93m	Jul-24-99	BRADLEY MEARS	USA	WINNIPEG
Senior	Shot Put 7.27kg		19.88m	Aug-13-85	BRUCE PIRNIE	Manitoba	REGINA
Junior	Shot Put 6kg		14.85m	Jun-14-90	TREVOR NEUMANN	AOTC	WINNIPEG
Youth	Shot Put 5kg		15.77m	Jul-21-85	Bojan Paunovic	AOTC	EDMONTON
Midget	Shot Put 4kg		15.03m	Jun-27-87	DAVID GRAYSTONE	AOTC	MOOSE JAW
Open	Hammer 7.27kg		79.61m	Jul-27-99	LANCE DEAL	USA	WINNIPEG
Senior	Hammer 7.27kg		66.58m	Aug-31-89	DAREN MCFEE	RAIDERS TC	WINNIPEG
Junior	Hammer 6kg		49.24m	Aug-14-87	BOJAN PAUNOVIC	MANITOBA	REGINA
Youth	Hammer 5kg		47.62m	Jul-30-89	DALE BARNYCH	AOTC	SHERWOOD PARK
Midget	Hammer 5kg		27.44m	Jun-26-04	CLINTON STEVENSON	PEGUIS CENTRAL	WINNIPEG
Open	Discus 2kg		65.89m	Jul-15-05	JASON TUNKS	LONDON WESTERN	WINNIPEG
Senior	Discus 2kg		62.99m	May-18-05	DARIUSZ SLOWIK	WOA	SALINAS
Junior	Discus 1.75kg		52.86m	Jun-26-75	Chuck Sigfusson	Unattached	WINNIPEG
Youth	Discus 1.5kg		49.54m	Jul-21-73	Chuck Sigfusson	Unattached	WINNIPEG
Midget	Discus 1kg		45.50m	Jun-26-04	Clinton Stevenson	Peguis Central	WINNIPEG
Open	Javelin 800g		79.30m	Jul-08-92	ED KOMINSKI	USA	WINNIPEG
Senior	Javelin 800g		73.76m	May- 7-88	Mike Brennan	AOTC	WINNIPEG
Junior	Javelin 800g		57.78m	Jul- 6-91	Dale Barnych	AOTC	WINNIPEG
Youth	Javelin 700g		54.70m	Jul-29-89	Dale Barnych	AOTC	SHERWOOD PARK
Midget	Javelin 600g		48.18m	Jun-20-87	Dale Barnych	Manitoba	SASKATOON
Open	Decathlon		8170	Jul-25-99	CHRIS HUFFINS	USA	WINNIPEG
Senior	Decathlon		7741	May-24-87	GORD ORLIKOW	CANADA	GOTZIS
Junior	Decathlon		6397	Jul-09-89	JASON KINASH	AOTC	SASKATOON
Youth	Octathlon		5587	Aug-07-04	STEPHAN ARNASON	MANITOBA/NWO	SUDBURY