

# Athletics Manitoba Outdoor Records

updated September 2009

Open: The best performance by any athlete within the province of Manitoba Age Categories: The best performance by an Athletics Manitoba member anywhere

Red Indicates within this season (2009)

	Event			Mark	Date Set	Record Holder	Affiliation	Location
<b>WOMEN</b>								
Senior	100m			11.70	<b>Jul-20-82</b>	TANYA BROTHERS	GALAXY TC	COLORADO SPRINGS
				11.70	<b>Jul-26-91</b>	FAYE ROBERTS	MANITOBA	MONTREAL
Junior	100m			11.70	<b>Jul-20-82</b>	TANYA BROTHERS	GALAXY TC	COLORADO SPRINGS
Youth	100m			11.96	<b>Jul-12-80</b>	TANYA BROTHERS	GALAXY TC	SUDBURY
Midget	100m		1.1	12.31	<b>Aug 09-08</b>	CARLY PARACHOLSKI	MANITOBA/NWO LEGION	SHERBROOKE
<b>Midget</b>	<b>150m</b>	<b>new event</b>		<b>19.49</b>	<b>Jun 6-09</b>	<b>KATIE STAUB</b>	<b>WPG OPTIMIST</b>	<b>WINNIPEG</b>
Open	200m			22.83	<b>Jul-28-99</b>	DEBBIE FERGUSON	BAHAMAS	WINNIPEG
Senior	200m			23.45	<b>Jul-20-82</b>	TANYA BROTHERS	GALAXY TC	COLORADO SPRINGS
Junior	200m			23.45	<b>Jul-20-82</b>	TANYA BROTHERS	GALAXY TC	COLORADO SPRINGS
<b>Youth</b>	<b>200m</b>		<b>0.4</b>	<b>24.51</b>	<b>Aug 27-09</b>	<b>CARLY PARACHOLSKI</b>	<b>TEAM MANITOBA</b>	<b>CHARLOTTETOWN</b>
Midget	200m		-1.7	25.36	<b>Jun 08-08</b>	CARLY PARACHOLSKI	SISLER	WINNIPEG
<b>Midget</b>	<b>300m</b>	<b>new event</b>		<b>42.96</b>	<b>Jul 3-09</b>	<b>KATIE LAVALLEE</b>	<b>WPG OPTIMIST</b>	<b>WINNIPEG</b>
Open	400m			50.77	<b>Jun-30-84</b>	MARITA PAYNE	YO	WINNIPEG
Senior	400m			52.67	<b>May-28-92</b>	ALANNA YAKIWCHUK	RAIDERS TC	PROVO
<b>Youth</b>	<b>400m</b>			<b>54.95</b>	<b>Aug 25-09</b>	<b>CARLY PARACHOLSKI</b>	<b>TEAM MANITOBA</b>	<b>CHARLOTTETOWN</b>
<b>Youth</b>	<b>400m</b>			<b>54.95</b>	<b>Aug 25-09</b>	<b>CARLY PARACHOLSKI</b>	<b>TEAM MANITOBA</b>	<b>CHARLOTTETOWN</b>
Midget	400m			56.06	<b>Aug 09-08</b>	CARLY PARACHOLSKI	MANITOBA/NWO LEGION	SHERBROOKE
Open	800m			1:59.95	<b>Jul-25-99</b>	LETITIA VRIESDE	SURINAME	WINNIPEG
Senior	800m			2:02.34	<b>Aug- 9-88</b>	ANGELA CHALMERS	RAIDERS TC	MONTREAL
Junior	800m			2:07.3h	<b>Jun- 2-81</b>	ANGELA CHALMERS	SUNDOWNERS TC	BURNABY
Youth	800m			2:09.1h	<b>Jul-15-79</b>	NANCY RETTIE	MANITOBA	VANCOUVER
Midget	800m			2:13.00	<b>Aug-15-05</b>	STEPHANIE ROMANSON	WOA	WINNIPEG
<b>Midget</b>	<b>1200m</b>	<b>new event</b>		<b>3:49.58</b>	<b>Jul 11-09</b>	<b>JULIA ZRINYI</b>	<b>TEAM MANITOBA</b>	<b>MEDICINE HAT</b>
Open	1500m			4:13.32	<b>Jun-10-84</b>	DEBBIE SCOTT	VIKINGS TC	WINNIPEG
Senior	1500m			4:03.18	<b>Aug-25-89</b>	ANGELA CHALMERS	RAIDERS TC	BRUSSELS
Junior	1500m			4:19.29	<b>Jun- 9-05</b>	Nicole Edwards	Michigan	SACRAMENTO
Youth	1500m			4:23.7h	<b>Jun-22-79</b>	ANGELA CHALMERS	SUNDOWNERS TC	VANCOUVER
Midget	1500m			4:27.3h	<b>Aug- 5-78</b>	ANGELA CHALMERS	CANADA	MONTREAL
<b>Midget</b>	<b>2000m</b>	<b>new event</b>		<b>7:00.00</b>	<b>Jul 11-09</b>	<b>SARAH SODOWY</b>	<b>TEAM MANITOBA</b>	<b>MEDICINE HAT</b>
Open	3000m			9:02.69	<b>Jul-01-84</b>	LYNNE WILLIAMS	VALLEY ROYALS	WINNIPEG
Senior	3000m			8:38.38	<b>Jan-28-90</b>	ANGELA CHALMERS	CANADA	AUCKLAND
Junior	3000m			9:14.81	<b>Aug-16-85</b>	PAM KLASSEN	MANITOBA	ST. JOHN'S
Youth	3000m			9:29.0h	<b>May-23-82</b>	CAROL HOWE	RAIDERS TC	ST. JOHN'S
Midget	3000m			10:25.25	<b>Jun-24-06</b>	JACLYN ADAMSON	WOA	WINNIPEG
Open	5000m			15:56.19	<b>Jun-26-99</b>	KATHY BUTLER	PACIFIC STORM	WINNIPEG
Senior	5000m			15:34.40	<b>Jul-21-07</b>	ANDREA GROVE	UNATTACHED	BRASSCHAAT, BEL
Junior	5000m			17:23.28	<b>Aug-15-05</b>	SARAH-ANNE BRAULT	COLLEGE LOUIS RIEL	REGINA
Youth	5000m			17:23.28	<b>Aug-15-05</b>	SARAH-ANNE BRAULT	COLLEGE LOUIS RIEL	REGINA
Open	10000m			32:56.51	<b>Jul-28-99</b>	N. ROCHA DE LA CRUZ	MEXICO	WINNIPEG
Senior	10000m			34:09.51	<b>Jun-07-91</b>	TERESA REDPATH	RAIDERS TC	BURNABY
Junior	10000m			34:29.13	<b>Mar-31-01</b>	MICHELLE CARSON	UNATTACHED	STANFORD
Youth	80m Hurdles	30"		12.14	<b>Jul-30-90</b>	LINDSAY INGRAM	MANITOBA	KELOWNA
<b>Midget</b>	<b>80m Hurdles</b>	<b>30"-8.0m</b>		<b>12.10</b>	<b>Jul 11-09</b>	<b>MICHELLE HEBERT</b>	<b>TEAM MANITOBA</b>	<b>MEDICINE HAT</b>
Open	100m Hurdles	33"-8.5m		12.76	<b>Jun-26-99</b>	KETURAH ANDERSON	PHOENIX ATHLETICS	WINNIPEG
Senior	100m Hurdles	33"		13.83	<b>Jun-26-99</b>	Janna Nikkel	Echo Athletics	WINNIPEG
Junior	100m Hurdles	33"		13.88	<b>Jul-20-91</b>	Janna Nikkel	Canada	KINGSTON
Youth	100m Hurdles	30"-8.0m		15.42	<b>Jul-15-06</b>	KENDRA BAKER	MANITOBA	WINNIPEG
<b>Midget</b>	<b>200m Hurdles</b>	<b>30"-35m</b>		<b>29.42</b>	<b>Jul 11-09</b>	<b>MICHELLE HEBERT</b>	<b>TEAM MANITOBA</b>	<b>MEDICINE HAT</b>
Midget	300m Hurdles	30"		46.8h	<b>Aug-22-82</b>	Pam Glover	Manitoba	FREDERICTON
Open	400m Hurdles			53.44	<b>Jul-28-99</b>	DAIMI PERNIA FIGUEROA	CUBA	WINNIPEG
Senior	400m Hurdles			59.48	<b>May-26-86</b>	RUTH HADDEN	TAKUS TC	PROVO
Junior	400m Hurdles			59.66	<b>Jul-27-85</b>	RUTH HADDEN	TAKUS TC	BURNABY
Youth	400m Hurdles	30"		1:01.68	<b>Jul-30-89</b>	LISA OMICHINSKI	MANITOBA	SHERWOOD PARK

# Athletics Manitoba Outdoor Records

updated September 2009

Open: The best performance by any athlete within the province of Manitoba Age Categories: The best performance by an Athletics Manitoba member anywhere

Red Indicates within this season (2009)

	Event			Mark	Date Set	Record Holder	Affiliation	Location
Senior	2000m	StplCh		7:04.48	<b>Aug 27-09</b>	MELANIE GREGOIRE	TEAM MANITOBA	CHARLOTTETOWN
Junior	2000m	StplCh		7:19.61	<b>Aug-15-05</b>	ALEX BELL	MANITOBA	REGINA
Youth	2000m	StplCh		7:19.61	<b>Aug-15-05</b>	ALEX BELL	MANITOBA	REGINA
Midget	2000m	StplCh		7:53.66	<b>May 25-09</b>	TAYLOR SPRAGUE	SA TOUGH TRACK	WINNIPEG
Open	3000m	StplCh		10:17.55	<b>Jun-27-99</b>	KAREN HARVEY	S. WINDSOR KC	WINNIPEG
Senior	3000m	StplCh		10:22.92	<b>Apr-10-04</b>	MICHELLE CARSON	MICHIGAN STATE	EAST LANSING
Junior	3000m	StplCh		11:38.86	<b>Aug-08-07</b>	MÉLANIE GRÉGOIRE	MANITOBA WCSG	STRATHCONA COUNTY
Youth	3000m	StplCh		11:56.89	<b>Jun-24-06</b>	JANELLE GAUDET	STRIDE AHEAD TOUGH TRACK	WINNIPEG
Open	4x100m	Relay		42.62	<b>Jul-30-99</b>	JAMAICA	K. RICHARDS, A. BAILEY, B. GRANT, P. GOWDIE	WINNIPEG
Senior	4x100m	Relay		46.32	<b>Aug-15-81</b>	MANITOBA	CHERYL CROXFORD SANDY GILKES TANYA BROTHERS FAYE ROBERTS	THUNDER BAY
Junior	4x100m	Relay		47.26	<b>Jun-21-80</b>	MANITOBA	TANYA BROTHERS FAYE ROBERTS ELYSA JAMEN CHANTAL ASTON	WINNIPEG
Youth	4x100m	Relay		47.26	<b>Jun-21-80</b>	MANITOBA	TANYA BROTHERS FAYE ROBERTS ELYSA JAMEN CHANTAL ASTON	WINNIPEG
Midget	4x100m	Relay		50.63	<b>Aug- 9-87</b>	MANITOBA		CALGARY
Open	4x200m	Relay		1:39.9h	<b>May-01-82</b>	GALAXY TC	SANDY GILKES, TANYA BROTHERS, CHANTEL ASTON, DONNA FERGUSON	WINNIPEG
Senior	4x200m	Relay		1:39.9h	<b>May-01-82</b>	GALAXY TC	SANDY GILKES, TANYA BROTHERS, CHANTEL ASTON, DONNA FERGUSON	WINNIPEG
Junior	4x200m	Relay		1:45.8h	<b>Jul-10-77</b>	WINGS TC	MONA COCHINGYAN, LISA POLESCHUK, KAREN POWELL, PENNY GILHULY	WINNIPEG
Youth	4x200m	Relay		1:47.8h	<b>May-01-81</b>	TAKUS TC	LESLIE ALISON DOROTHY MACKENZIE ANDREA PACI NANCY MCCUAIG	WINNIPEG
Midget	4x200m	Relay		1:48.20	<b>Jun-14-87</b>	TAKUS TC	JANNA NIKKEL, SHERRIE REIMER, LINDSAY INGRAM, CATHY ADAMS	WINNIPEG
Open	4x400m	Relay		3:26.70	<b>Jul-30-99</b>	CUBA	J. DUPORTY, Z. CALATAYUD, I. BONNE, D. PERNIA	WINNIPEG
Senior	4x400m	Relay		3:47.0h	<b>Aug-14-79</b>	MANITOBA	MAVIS CURTIS, C. MACPHERSON, NANCY RETTIE, ANGELA CHALMERS	SASKATOON
Junior	4x400m	Relay		3:50.5h	<b>Aug- 1-77</b>	MANITOBA	MAVIS CURTIS, MAUREEN HOUGHTON, ROSANNE MURPHY, M COCHINGYAN	ST. JOHN'S
Youth	4x400m	Relay		3:56.68	<b>Jul-30-89</b>	MANITOBA		SHERWOOD PARK
Midget	4x400m	Relay		4:07.95	<b>Jul 18-09</b>	WPG OPTIMIST	KATIE TAKATCH, KATIE LAVALLEE, MICHELLE HEBERT, ERIN TESCHUK	WINNIPEG
Open	4x800m	Relay		9:03.9h	<b>May-01-82</b>	RAIDERS TC	NANCY RETTIE, CAROL HOWE, VICKI AGAR, SANDY RETTIE	WINNIPEG
Senior	4x800m	Relay		9:03.9h	<b>May-01-82</b>	RAIDERS TC	NANCY RETTIE, CAROL HOWE, VICKI AGAR, SANDY RETTIE	WINNIPEG
Junior	4x800m	Relay		9:35.0h	<b>May-14-88</b>	RAIDERS TC	C. MURPHY, A. PERNITSKY, J. NEUFELD, M. BUISSON	WINNIPEG
Open	1600m	SptMedlyf	4-2-2-8	4:09.3h	<b>May-14-88</b>	RAIDERS TC	NANCY TAYLOR, HEATHER LEE-KIN, M. BRAITHWAITE, BRENDA BAKER	WINNIPEG
Senior	1600m	SptMedlyf	4-2-2-8	4:09.3h	<b>May-14-88</b>	RAIDERS TC	NANCY TAYLOR, HEATHER LEE-KIN, M. BRAITHWAITE, BRENDA BAKER	WINNIPEG
Junior	1600m	SptMedlyf	4-2-2-8	4:10.2h	<b>May-14-88</b>	RAIDERS TC	CHERYL MURPHY, LEANNE HARRISON, TRISHA BEST, A. PERNITSKY	WINNIPEG
Youth	1600m	SptMedlyf	4-2-2-8	4:26.75	<b>Jun-16-01</b>	MANITOBA	MANITOBA	BRANDON
Midget	1600m	SptMedlyf	4-2-2-8	4:08.09	<b>Aug 10-08</b>	MANITOBA/NWO	MEAGAN PARACHOLSKI, MELISSA KITCHING, AMY ANDRUSHKO, CARLY PARACHOLSKI	SHERBROOKE
Open	4000m	DisMedlyf	4-8-12-16	12:52.7h	<b>May-14-88</b>	RAIDERS TC	CAROL BOYLE, VICKI AGAR, CHERYL MURPHY, VELVET CADRE	WINNIPEG
Senior	4000m	DisMedlyf	4-8-12-16	12:52.7h	<b>May-14-88</b>	RAIDERS TC	CAROL BOYLE, VICKI AGAR, CHERYL MURPHY, VELVET CADRE	WINNIPEG

# Athletics Manitoba Outdoor Records

updated September 2009

Open: The best performance by any athlete within the province of Manitoba    Age Categories: The best performance by an Athletics Manitoba member anywhere

**Red Indicates within this season (2009)**

	Event		Mark	Date Set	Record Holder	Affiliation	Location
Open	High Jump		1.94m	<b>Jul-01-84</b>	DEBBIE BRILL	BC	WINNIPEG
Senior	High Jump		1.79m	<b>Aug-20-97</b>	TAMMY MAHON	MANITOBA	BRANDON
Junior	High Jump		1.79m	<b>Aug-20-97</b>	TAMMY MAHON	MANITOBA	BRANDON
Youth	High Jump		1.79m	<b>Aug-20-97</b>	TAMMY MAHON	MANITOBA	BRANDON
Midget	High Jump		1.73m	<b>Jul- 1-95</b>	TAMMY MAHON	TREHERNE	WINNIPEG
			1.73m	<b>Aug-10-96</b>	TAMMY MAHON	UNATTACHED	KITCHENER
Open	Pole Vault		4.51m	<b>Jul-15-05</b>	DANA BULLER	KITCHENER	WINNIPEG
Senior	Pole Vault		4.12m	<b>May- 5-01</b>	JACKIE HONEY	WOA	EL PASO
<b>Junior</b>	<b>Pole Vault</b>		<b>3.41m</b>	<b>Jul 3-09</b>	<b>SARAH BOILA</b>	<b>WOA</b>	<b>WINNIPEG</b>
<b>Youth</b>	<b>Pole Vault</b>		<b>3.41m</b>	<b>Jul 3-09</b>	<b>SARAH BOILA</b>	<b>WOA</b>	<b>WINNIPEG</b>
Midget	Pole Vault		2.95m	<b>May 23-08</b>	CARISSA GAULTHER	WOA	WINNIPEG
Open	Long Jump		6.59m	<b>Jul-24-99</b>	MAUREEN MAGGI	BRAZIL	WINNIPEG
Senior	Long Jump		6.39m	<b>Apr-14-91</b>	LAVERN CLARKE	U. OF NEW MEXICO	ALBUQUERQUE
Junior	Long Jump		5.83m	<b>Aug- 1-68</b>	KAY THOMSON	FLYING M AC	TORONTO
Youth	Long Jump		5.78m	<b>Jun-23-90</b>	JANNA NIKKEL	MANITOBA	BLAINE
Midget	Long Jump		5.42m	<b>Jun- 8-88</b>	GLADYS NORTEY	SISLER	WINNIPEG
Open	Triple Jump		14.77m	<b>Jul-28-99</b>	YAMILE ALDAMA POZA	CUBA	WINNIPEG
Senior	Triple Jump		13.04m	<b>Mar-23-91</b>	LAVERN CLARKE	U. OF NEW MEXICO	ALBUQUERQUE
Junior	Triple Jump		12.04m	<b>Jul-30-93</b>	MELISSA HABOK	BRANDON RIVALS	COQUITLAM
Youth	Triple Jump		11.50m	<b>May 6-00</b>	ALANNA BOUDREAU	WOA	APLEDOORN
Midget	Triple Jump		11.07m	<b>Jun 23-98</b>	ALANNA BOUDREAU	WOA	WINNIPEG
Open	Shot Put	4kg	19.06m	<b>Jul-27-99</b>	CONNIE PRICE-SMITH	USA	WINNIPEG
Senior	Shot Put	4kg	16.99m	<b>Jun- 7-87</b>	MELODY TORCOLACCI	MANITOBA	KELOWNA
Junior	Shot Put	4kg	13.82m	<b>Apr-29-89</b>	SUSANNE DANDENAU	U OF WASHINGTON	FLAGSTAFF
Youth	Shot Put	4kg	12.64m	<b>Jun-29-86</b>	SUSANNE DANDENAU	AOTC	ST. JOHN
Midget	Shot Put	4kg	12.55m	<b>Jun-26-85</b>	SUSANNE DANDENAU	AOTC	WINNIPEG
<b>Midget</b>	<b>Shot Put</b>	<b>3kg</b>	<b>9.76m</b>	<b>Jul 11-09</b>	<b>AMY GRACEFFO</b>	<b>TEAM MANITOBA</b>	<b>MEDICINE HAT</b>
Open	Hammer	4kg	67.79m	<b>Jul-08-00</b>	DAWN ELLERBE	NYAC	WINNIPEG
Senior	Hammer	4kg	56.26m	<b>Jun-11-93</b>	THERESA BRICK	AOTC	WINNIPEG
Junior	Hammer	4kg	46.86m	<b>Jun-30-93</b>	NOREENA BODAGLO	AOTC	COQUITLAM
Youth	Hammer	4kg	29.44m	<b>Jul-31-07</b>	KAREN FERRIS	FLYING M	WINNIPEG
Midget	Hammer	4kg	23.58m	<b>Aug- 7-94</b>	RAPHAEL DICOSMO	MANITOBA	OTTAWA
Open	Discus	1kg	60.92m	<b>Jul-30-99</b>	ELISANGELA ADRIANO	BRAZIL	WINNIPEG
Senior	Discus	1kg	58.40m	<b>Jun-11-93</b>	THERESA BRICK	AOTC	WINNIPEG
Junior	Discus	1kg	50.08m	<b>May- 6-89</b>	SUSANNE DANDENAU	U OF WASHINGTON	SEATTLE
Youth	Discus	1kg	47.56m	<b>Jun-11-93</b>	SAMI-JO SMALL	AOTC	WINNIPEG
Midget	Discus	1kg	36.64m	<b>Jul-20-85</b>	SUSANNE DANDENAU	MANITOBA	EDMONTON
Open	Javelin	600g	65.85m	<b>Jul-25-99</b>	OSLEIDYS MENENDEZ	CUBA	WINNIPEG
Senior	Javelin	600g	45.87m	<b>Aug-22-01</b>	ERIN SIGNALDISON	MANITOBA	LONDON
Junior	Javelin	600g	40.26m	<b>Jun- 1-05</b>	DEBRA MULLIN	FLYING M	WINNIPEG
Youth	Javelin	600g	34.19m	<b>Jun-18-03</b>	CHRISSY VAN DAMME	FLYING M	WINNIPEG
Youth	Javelin	600g	34.19m	<b>Jul-6-07</b>	SARA HARMON	FLYING M	WINNIPEG
Midget	Javelin	600g	30.10m	<b>Jul-21-07</b>	JODY ADAMSON	MANITOBA Youth	REGINA
Open	Heptathlon		6290	<b>Jul-28-99</b>	MAGALYS GARCIA LELIEBRE	CUBA	WINNIPEG
Senior	Heptathlon		4980	<b>Jul-12-81</b>	JANET SCOTT	PRAIRIES	WINNIPEG
Junior	Heptathlon		4581	<b>Aug-15-81</b>	SUE GARDINER	MANITOBA	THUNDER BAY
Youth	Heptathlon		4318	<b>Jul-13-80</b>	SUE GARDINER	FLYING M ATHLETIC CLUB	SUDBURY
Midget	Heptathlon		2843	<b>Jun-24-06</b>	JENNA GAUDET	STRIDE AHEAD TOUGH TRACK	WINNIPEG

# Athletics Manitoba Outdoor Records

updated September 2009

Open: The best performance by any athlete within the province of Manitoba Age Categories: The best performance by an Athletics Manitoba member anywhere

Red Indicates within this season (2009)

	Event			Mark	Date Set	Record Holder	Affiliation	Location
<b>MEN</b>								
Open	100m			10.08	Jul-25-99	BERNARD WILLIAMS	USA	WINNIPEG
Senior	100m			10.33	May-25-85	COURTNEY BROWN	RAIDERS TC	PROVO
Junior	100m			10.75	Aug-10-03	DONOVAN ALEXANDER	MANITOBA	SELKIRK
Youth	100m			10.84	Jul- 3-82	COURTNEY BROWN	AOTC	WINNIPEG
Midget	100m			11.06	Aug-13-80	COURTNEY BROWN	AOTC	WINNIPEG
Midget	150m	new event		17.87	Jul 3-09	LEVI SADER	WPG OPTIMIST	WINNIPEG
Open	200m			20.30	Jul-28-99	CLAUDINEI SILVA	BRAZIL	WINNIPEG
Senior	200m			20.51	May-25-85	COURTNEY BROWN	RAIDERS TC	PROVO
Junior	200m			20.81	Jun-30-84	COURTNEY BROWN	RAIDERS TC	WINNIPEG
Youth	200m			20.93	Aug- 1-82	COURTNEY BROWN	CANADA	BERQUISIMETO
Midget	200m			23.52	Jun-8-07	BEN ALLEN	KELVIN HS	WINNIPEG
Midget	300m	new event		37.25	Jul 11-09	LEVI SADER	TEAM MANITOBA	MEDICINE HAT
Open	400m			44.59	Jul-25-99	GREGORY HAUGHTON	JAMAICA	WINNIPEG
Senior	400m			45.87	May-23-87	COURTNEY BROWN	RAIDERS TC	HOUSTON
Junior	400m			47.06	Jul-19-03	NATHAN VADEBONCOEUR	WOA	BRIDGEPORT
Youth	400m			48.45	Aug-12-00	ERIK SPROLL	MB/NWO	CALGARY
Midget	400m			51.26	Aug 09-08	MATTHEW FITKOWSKY	MANITOBA/NOW	SHERBROOKE
Open	800m			1:45.38	Jul-25-99	JOHNNY GRAY	USA	WINNIPEG
Senior	800m			1:46.65	Jul- 7-01	DARRYL FILLION	UNATTACHED	MONTREAL
Junior	800m			1:49.17	May-25-01	ERIK SPROLL	MANITOBA	VICTORIA
Youth	800m			1:50.61	Jul-16-00	ERIK SPROLL	MANITOBA	MONTREAL
Midget	800m			1:58.81	Jul-13-96	JORDAN FIERCE	WOA	KITCHENER
Midget	1200m	new event		3:23.24	Jul 11-09	PATRIQUE BULLOCH	TEAM MANITOBA	MEDICINE HAT
Open	1500m			3:41.20	Jul-30-99	GRAHAM HOOD	CANADA	WINNIPEG
Senior	1500m			3:40.07	Aug- 8-90	CHRIS WEBER	PACESETTER	MONTREAL
Junior	1500m			3:47.1h	Jun-13-86	HENRY KLASSEN	TAKUS TC	VICTORIA
Youth	1500m			3:57.43	Jun- 2-01	KRISTJAN HUNTER	WOA	VANCOUVER
Midget	1500m			4:10.4h	Aug- 7-98	ERIK SPROLL	MANITOBA	PRINCE GEORGE
Midget	2000m	new event		6:07.02	Jul 11-09	LEVI NEUFELD	TEAM MANITOBA	MEDICINE HAT
Open	3000m			8:06.19	May-21-91	CHRIS WEBER	AOTC	WINNIPEG
Senior	3000m			7:56.48	Jul-18-95	CHRIS WEBER	RENEGADES	FRANCE
Junior	3000m			8:40.81	Jun- 1-05	Peter Doroshuk	PARC	WINNIPEG
Youth	3000m			8:44.81	Aug- 7-98	WILL THRIFT	MANITOBA	PRINCE GEORGE
Midget	3000m			9:02.8h	Jun-14-74	GEORGE ANNECK	TEC VOC	WINNIPEG
Open	5000m			13:42.04	Jul-24-99	GALVIN MARTINEZ	MEXICO	WINNIPEG
Senior	5000m			13:36.12	Jul- 2-95	CHRIS WEBER	RENEGADES	GATESHEAD
Junior	5000m			14:14.4h	Jul-13-80	CAREY PENNER	MANITOBA	SUDBURY
Youth	5000m			17:07.08	May-25-07	DELOHNNI NICOL-SAMUEL	UNATTACHED	WINNIPEG
Open	10000m			28:43.50	Jul-27-99	ENENILSON SILVA	BRAZIL	WINNIPEG
Senior	10000m			28:16.51	Jul-25-75	CHRIS MCCUBBINS	CANADA	MONTREAL
Junior	10000m			30:16.6h	Jul-06-74	RICK BOURRIER	MANITOBA	SASKATOON
Youth	100m	Hurdles	36"	14.19	Jul-29-90	SHAUN MOORE	MANITOBA	KELOWNA
Midget	100m	Hurdles	33"-8.5m	14.55	Jul 11-09	ERIC GUY	TEAM MANITOBA	MEDICINE HAT
Open	110m	Hurdles	42"-9.14	13.17	Jul-30-99	ANIER GARCIA ORTIZ	CUBA	WINNIPEG
Senior	110m	Hurdles	42"-9.14	13.54	Aug-15-05	JARED MACLEOD	CANADA / WOA	ISTANBUL
Junior	110m	Hurdles	39"-9.14	14.35	Jun 14-08	KEIRAN MOOLCHAN	WOA	TORONTO
Youth	110m	Hurdles	36"-9.14	15.00	Aug-12-06	KIERAN MOOLCHAN	MANITOBA/NWO	BURNABY
Midget	200m	Hurdles	30"	28.10	Jul 11-09	ERIC GUY	TEAM MANITOBA	MEDICINE HAT
Midget	300m	Hurdles	30"	40.55	Aug- 3-85	Garth Glover	Takus TC	SASKATOON
Open	400m	Hurdles		48.23	Jul-28-99	ERONILDES ARAUJO	BRAZIL	WINNIPEG
Senior	400m	Hurdles	36"	50.8h	Jun-18-68	WES BROOKER	MANITOBA	RANDALL'S ISLAND
Junior	400m	Hurdles	36"	53.0h	Jun-28-81	DAN MOROZ	TAKUS TC	TORONTO
Youth	400m	Hurdles	36"	55.28	Aug-09-87	GARTH GLOVER	MANITOBA	CALGARY
Youth	400m	Hurdles	33"	57.73	Jul 11-09	TERRENCE SAMPSON	TEAM MANITOBA	WINNIPEG

# Athletics Manitoba Outdoor Records

updated September 2009

Open: The best performance by any athlete within the province of Manitoba    Age Categories: The best performance by an Athletics Manitoba member anywhere

**Red Indicates within this season (2009)**

	Event			Mark	Date Set	Record Holder	Affiliation	Location
Youth	1500m	StplCh		4:18.3h	<b>Aug-11-73</b>	LAWRIE LEWIS	MANITOBA	BURNABY
Midget	1500m	StplCh		4:27.5h	<b>Aug-27-71</b>	LAWRIE LEWIS	MANITOBA	WINNIPEG
Youth	2000m	StplCh		6:03.94	<b>Aug-12-06</b>	GREG MILLER	MANITOBA/ NWO	BURNABY
Midget	2000m	StplCh		6:39.59	<b>Aug-06-05</b>	GREG MILLER	MANITOBA/ WOA	EDMONTON
Open	3000m	StplCh		8:32.41	<b>Jun-27-99</b>	JOEL BOURGEOIS	MTL OLYMPIQUE	WINNIPEG
Senior	3000m	StplCh		8:35.39	<b>Jun- 8-91</b>	HENRY KLASSEN	AM	BURNABY
Junior	3000m	StplCh		9:02.76	<b>Jun- 2-02</b>	KRISTJAN HUNTER	MANITOBA	BURNABY
Youth	3000m	StplCh		10:02.76	<b>Jun-24-06</b>	GREG MILLER	WOA	WINNIPEG
Youth	1500m	Racewalk		7:57.89.	<b>Aug-11-07</b>	JASON REDPATH	MANITOBA/NWO LEGION	OROMOCTO
Open	4x100m	Relay		38.18	<b>Jul-30-99</b>	BRAZIL	R. OLIVIERA, C. SILVA, E. RIBEIRO, C. SILVA	WINNIPEG
Senior	4x100m	Relay		40.71	<b>Jul-31-83</b>	MANITOBA		CALGARY
Junior	4x100m	Relay		41.95	<b>Aug-8-07</b>	MANITOBA WCSG	ZACHARIE DURAND, DAVID SZCZEPANIAK, KIERAN MOOLCHAN, NATHAN LABBE	STRATHCONA COUNTY
Youth	4x100m	Relay		43.4h	<b>Aug-21-82</b>	MANITOBA	GREG BRYSON, ANDREW ENNS, DAVE MACKENZIE, COURTNEY BROWN	FREDERICTON
Midget	4x100m	Relay		45.94	<b>Aug-15-99</b>	MANITOBA	R. SYLVESTER, A. FUNSTON, J. FIELDS, N. VADEBONCOEUR	SUDBURY
Open	4x200m	Relay		1:31.2h	<b>Jul-19-69</b>	RAZORBACK TC		WINNIPEG
Senior	4x200m	Relay		1:24.3h	<b>Jul-26-69</b>	MANITOBA		CALGARY
Junior	4x200m	Relay		1:31.2h	<b>Jul-19-69</b>	RAZORBACK TC		WINNIPEG
Youth	4x200m	Relay		1:36.7h	<b>Jun-22-70</b>	WINGS TC		WINNIPEG
Midget	4x200m	Relay		1:42.3h	<b>May-01-82</b>	AOTC	DOUG MACKENZIE, RON DELL, DEREK ROLSTONE, DAVID NEWBERRY	WINNIPEG
Open	4x400m	Relay		2:57.97	<b>Jul-30-99</b>	JAMAICA	M. MCDONALD, G. HAUGHTON, D. MCFARLANE, D. CLARKE	WINNIPEG
Senior	4x400m	Relay		3:12.60	<b>Aug-21-97</b>	MANITOBA		BRANDON
Junior	4x400m	Relay		3:19.5h	<b>Aug-13-77</b>	MANITOBA	DAVE KOZUSKA, BRENT KONANTZ, DAVE MORGAN, JIM PARTAKER	ST.JOHN'S
Youth	4x400m	Relay		3:24.33	<b>Aug-12-00</b>	MANITOBA	RYAN WILSON, PATRICK BINNE, NATHAN VADEBONCOEUR, ERIK SPROLL	CALGARY
Midget	4x400m	Relay		3:41.6h	<b>Jul-29-84</b>	MANITOBA	JAMIE STEER, RON KING, DAVID POWELL, SCOTT BREAKLY	WINNIPEG
Open	4x800m	Relay		7:44.3h	<b>Jun-26-85</b>	RAIDERS TC	GREG ATHAYDE, ROB GUY, WYNN GMITROSKI, RODGER LOURENZO	WINNIPEG
Senior	4x800m	Relay		7:44.3h	<b>Jun-26-85</b>	RAIDERS TC	GREG ATHAYDE, ROB GUY, WYNN GMITROSKI, RODGER LOURENZO	WINNIPEG
Junior	4x800m	Relay		7:55.4h	<b>Jul-31-72</b>	RAZORBACK TC	LAURIE LEWIS, ELTON NOGA, CRAIG JOHNSTON, MURRAY ARDIES	WINNIPEG
Youth	4x800m	Relay		8:41.47	<b>May-02-81</b>	TAKUS TC		WINNIPEG
Open	4x1500m	Relay		18:24.4h	<b>May-20-72</b>	RAZORBACK TC	RON MELNICHUK, BARRY STEWART, WAYNE MCMAHON, LARRY SWITZER	WINNIPEG
Senior	4x1500m	Relay		16:01.5h	<b>May-11-87</b>	RAIDERS TC	CHAD JOHNSTON, GLEN REDPATH, ROB GUY, KEVIN CHRISTIANSON	RICHMOND
Open	1600m	SptMedlyf	4-2-2-8	3:28.8h	<b>May-14-88</b>	RAIDERS TC	DWAYNE FALK, CAL LANGFORD, GENE DE LA SIEGGA, DOUG MCKELLAN	WINNIPEG
Senior	1600m	SptMedlyf	4-2-2-8	3:28.8h	<b>May-14-88</b>	RAIDERS TC	DWAYNE FALK, CAL LANGFORD, GENE DE LA SIEGGA, DOUG MCKELLAN	WINNIPEG
Junior	1600m	SptMedlyf	4-2-2-8	3:40.0h	<b>Aug-23-70</b>	MANITOBA		ABBOTSFORD
Youth	1600m	SptMedlyf	4-2-2-8	3:40.80	<b>Aug-14-88</b>	MANITOBA		QUEBEC CITY
Midget	1600m	SptMedlyf	4-2-2-8	3:50.81	<b>Aug-18-02</b>	MANITOBA	DREW NEUFELD, STEVE SYDORCHUK, STEFAN ARNASON, DAVID KURY	SHERBROOK
Open	4000m	DisMedlyf	4-8-12-16	10:20.0h	<b>May-17-88</b>	RAIDERS TC	BUDDY VOTH, CAL LANGFORD, RIC CHAPMAN, DARCY READY	WINNIPEG
Senior	4000m	DisMedlyf	4-8-12-16	10:20.0h	<b>May-17-88</b>	RAIDERS TC	BUDDY VOTH, CAL LANGFORD, RIC CHAPMAN, DARCY READY	WINNIPEG

