

Athletics Manitoba Outdoor Women's Rankings

to July 22nd, 2009

| Rank | Mark | | Name | Age | School/Club | Date | Meet Name |
|-------------------------------------|---------|---|------------------------|-----|-------------------|------------|----------------------------|
| Women PeeWee 100m Dash | | | | | | | |
| 1 | 16.24 | F | Friesen, Courtney | 11 | SA Tough Track | 12/06/2009 | Grand Prix #4 & #5 |
| 2 | 16.74 | F | Baiye, Faith | 11 | Springs Christian | 12/06/2009 | Grand Prix #4 & #5 |
| 3 | 17.09 | F | Woitas, Jensyn | 9 | SA Tough Track | 24/06/2009 | Grand Prix #6 |
| 4 | 17.14 | F | Jantz, Alyssa | 10 | SA Tough Track | 12/06/2009 | Grand Prix #4 & #5 |
| 5 | 18.68 | F | Standing, Brooke | 10 | SA Tough Track | 12/06/2009 | Grand Prix #4 & #5 |
| Women PeeWee 150m Dash | | | | | | | |
| 1 | 23.09 | F | Nowrang, Skylar | 10 | WPG Optimist | 12/05/2009 | Outdoor Grand Prix #1 |
| 2 | 25.64 | F | Friesen, Courtney | 11 | SA Tough Track | 12/06/2009 | Grand Prix #4 & #5 |
| 3 | 26.19 | F | Jantz, Alyssa | 10 | SA Tough Track | 12/06/2009 | Grand Prix #4 & #5 |
| 4 | 26.56 | F | Friesen, Courtney | 11 | SA Tough Track | 12/05/2009 | Outdoor Grand Prix #1 |
| 5 | 26.84 | F | Jantz, Alyssa | 10 | SA Tough Track | 12/05/2009 | Outdoor Grand Prix #1 |
| 6 | 28.38 | F | Standing, Brooke | 10 | SA Tough Track | 12/06/2009 | Grand Prix #4 & #5 |
| Women PeeWee 200m Dash | | | | | | | |
| 1 | 32.30 | F | Tachinski, Victoria | 10 | SA Tough Track | 12/06/2009 | Grand Prix #4 & #5 |
| 2 | 36.33 | F | Tachinski, Kennedy | 10 | SA Tough Track | 12/06/2009 | Grand Prix #4 & #5 |
| Women PeeWee 300m Dash | | | | | | | |
| 1 | 50.45 | F | Tachinski, Victoria | 10 | SA Tough Track | 12/06/2009 | Grand Prix #4 & #5 |
| 2 | 58.03 | F | Friesen, Courtney | 11 | SA Tough Track | 12/06/2009 | Grand Prix #4 & #5 |
| 3 | 58.10 | F | Tachinski, Kennedy | 10 | SA Tough Track | 12/06/2009 | Grand Prix #4 & #5 |
| 4 | 1:01.78 | F | Jantz, Alyssa | 10 | SA Tough Track | 12/06/2009 | Grand Prix #4 & #5 |
| Women PeeWee 800m Run | | | | | | | |
| 1 | 2:45.26 | F | Tachinski, Victoria | 10 | SA Tough Track | 12/06/2009 | Grand Prix #4 & #5 |
| 2 | 3:07.34 | F | Tachinski, Kennedy | 10 | SA Tough Track | 12/06/2009 | Grand Prix #4 & #5 |
| 3 | 3:13.91 | F | Friesen, Courtney | 11 | SA Tough Track | 12/06/2009 | Grand Prix #4 & #5 |
| 4 | 3:31.03 | F | Wirth, Lauren | 10 | Morden | 03/07/2009 | MB Age Class Championship |
| Women PeeWee 1500m | | | | | | | |
| 1 | 6:53.53 | F | Wirth, Lauren | 10 | Morden | 03/07/2009 | MB Age Class Championship |
| Women PeeWee Long Jump | | | | | | | |
| 1 | 3.43m | F | Said, Saida | 11 | St.Edward's | 25/05/2009 | Outdoor Grand Prix #2 & #3 |
| 2 | 2.91m | F | Baiye, Faith | 11 | Springs Christian | 03/07/2009 | MB Age Class Championship |
| 3 | 2.62m | F | Woitas, Jensyn | 9 | SA Tough Track | 24/06/2009 | Grand Prix #6 |
| 4 | 2.44m | F | Jantz, Alyssa | 10 | SA Tough Track | 12/06/2009 | Grand Prix #4 & #5 |
| 5 | 2.37m | F | Deato, Jasmine | 10 | St.Edward's | 25/05/2009 | Outdoor Grand Prix #2 & #3 |
| 5 | 2.37m | F | Lubi, Princess | 11 | St.Edward's | 25/05/2009 | Outdoor Grand Prix #2 & #3 |
| 7 | 2.16m | F | Standing, Brooke | 10 | SA Tough Track | 12/06/2009 | Grand Prix #4 & #5 |
| Women PeeWee Shot Put 2.73kg | | | | | | | |
| 1 | 3.57m | F | Jantz, Alyssa | 11 | SA Tough Track | 12/06/2009 | Grand Prix #4 & #5 |
| Women Bantam 100m Dash | | | | | | | |
| 1 | 13.83 | F | McLeod, Rachel | 13 | Unattached | 03/07/2009 | MB Age Class Championship |
| 2 | 14.25 | F | Whyte, Brodie | 12 | Wpg Optimist | 12/06/2009 | Grand Prix #4 & #5 |
| 3 | 14.26 | F | Cerasani, Larissa | 13 | SA Tough Track | 12/06/2009 | Grand Prix #4 & #5 |
| 4 | 14.29 | F | Sellers-Wiebe, Mikayla | 12 | SA Tough Track | 12/06/2009 | Grand Prix #4 & #5 |
| 5 | 14.63 | F | Dela Merced, Geselle | 12 | Wpg Optimist | 03/07/2009 | MB Age Class Championship |
| 6 | 14.69 | F | Woitas, Kennedy | 13 | SA Tough Track | 24/06/2009 | Grand Prix #6 |
| 7 | 14.81 | F | Kinzel, Montana | 13 | SA Tough Track | 12/06/2009 | Grand Prix #4 & #5 |
| 7 | 14.81 | F | Beauvais, Madeline | 12 | SA Tough Track | 03/07/2009 | MB Age Class Championship |
| 9 | 15.31 | F | Levi, Jessi | 13 | SA Tough Track | 03/07/2009 | MB Age Class Championship |
| 10 | 15.35 | F | Morgan, Yvette | 13 | Unattached | 03/07/2009 | MB Age Class Championship |

Athletics Manitoba Outdoor

Women's Rankings

to July 22nd, 2009

| Rank | Mark | | Name | Age | School/Club | Date | Meet Name |
|-------------------------------|----------|---|------------------------|-----|----------------|------------|-----------------------------|
| Women Bantam 150m Dash | | | | | | | |
| 1 | 21.15 | F | McLeod, Rachael | 13 | Unattached | 03/07/2009 | MB Age Class Championship |
| 2 | 21.41 | F | Whyte, Brodie | 12 | Wpg Optimist | 12/06/2009 | Grand Prix #4 & #5 |
| 3 | 21.49 | F | Sellers-Wiebe, Mikayla | 12 | SA Tough Track | 12/06/2009 | Grand Prix #4 & #5 |
| 4 | 21.61 | F | Woitas, Kennedy | 13 | SA Tough Track | 12/06/2009 | Grand Prix #4 & #5 |
| 5 | 21.67 | F | Van Schepdael, Mikaela | 13 | SA Tough Track | 12/06/2009 | Grand Prix #4 & #5 |
| 6 | 21.70 | F | Fey, Kier | 12 | Selkirk | 03/07/2009 | MB Age Class Championship |
| 7 | 21.71 | F | Cerasani, Larissa | 13 | SA Tough Track | 12/06/2009 | Grand Prix #4 & #5 |
| 8 | 22.16 | P | Dela Merced, Geselle | 12 | Wpg Optimist | 03/07/2009 | MB Age Class Championship |
| 9 | 22.18 | F | Kinzel, Montana | 13 | SA Tough Track | 12/06/2009 | Grand Prix #4 & #5 |
| 10 | 22.27 | F | Syverson, Cleo | 13 | SA Tough Track | 12/05/2009 | Outdoor Grand Prix #1 |
| Women Bantam 200m Dash | | | | | | | |
| 1 | 30.18 | P | Whyte, Brodie | 13 | Legion Camp | 18/07/2009 | MB-SK Youth Dual and Legion |
| 2 | 33.98 | F | Kessler, Veronica | 12 | Jr Development | 12/06/2009 | Grand Prix #4 & #5 |
| Women Bantam 300m Dash | | | | | | | |
| 1 | 45.17 | F | Fey, Kier | 12 | Selkirk | 03/07/2009 | MB Age Class Championship |
| 2 | 46.44 | F | Van Schepdael, Mikaela | 13 | SA Tough Track | 03/07/2009 | MB Age Class Championship |
| 3 | 48.65 | F | Kinzel, Montana | 13 | SA Tough Track | 24/06/2009 | Grand Prix #6 |
| 4 | 49.09 | F | Dela Merced, Geselle | 12 | Wpg Optimist | 24/06/2009 | Grand Prix #6 |
| 5 | 49.37 | F | Woitas, Kennedy | 13 | SA Tough Track | 24/06/2009 | Grand Prix #6 |
| 6 | 49.60 | F | Gudmundson, Bryarre | 12 | Wpg Optimist | 03/07/2009 | MB Age Class Championship |
| 7 | 49.68 | F | Zajac, Janine | 13 | SA Tough Track | 24/06/2009 | Grand Prix #6 |
| 8 | 50.81 | F | Zrinyi, Anna | 12 | SA Tough Track | 03/07/2009 | MB Age Class Championship |
| 9 | 50.82 | F | Passler-Bates, Danika | 12 | SA Tough Track | 03/07/2009 | MB Age Class Championship |
| 10 | 51.43 | F | Cerasani, Larissa | 13 | SA Tough Track | 24/06/2009 | Grand prix #6 |
| Women Bantam 400m Dash | | | | | | | |
| 1 | 1:05.72 | F | Fey, Kier | 12 | Unattached | 18/07/2009 | MB-SK Youth Dual and Legion |
| 2 | 1:06.55 | F | Sellers-Wiebe, Mikayla | 12 | SA Tough Track | 12/06/2009 | Grand Prix #4 & #5 |
| 3 | 1:11.61 | F | Passler-Bates, Danika | 12 | SA Tough Track | 12/06/2009 | Grand Prix #4 & #5 |
| 4 | 1:14.34 | F | Kessler, Veronica | 12 | Legion Camp | 18/07/2009 | MB-SK Youth Dual and Legion |
| 5 | 1:14.86 | F | Gudmundson, Bryarre | 12 | Wpg Optimist | 24/06/2009 | Grand Prix #6 |
| Women Bantam 800m Run | | | | | | | |
| 1 | 2:29.8 | F | Moar, Alexsondra | 13 | Unattached | 03/07/2009 | MB Age Class Championship |
| 2 | 2:33.83 | F | Van Schepdael, Mikaela | 13 | SA Tough Track | 03/07/2009 | MB Age Class Championship |
| 3 | 2:34.02 | F | Zajac, Janine | 13 | SA Tough Track | 12/06/2009 | Grand Prix # 4 & #5 |
| 4 | 2:39.32 | F | Sellers-Wiebe, Mikayla | 12 | SA Tough Track | 12/05/2009 | Outdoor Grand Prix #1 |
| 5 | 2:41.02 | F | Kinzel, Montana | 13 | SA Tough Track | 12/06/2009 | Grand Prix # 4 & #5 |
| 6 | 2:42.79 | F | Dela Merced, Geselle | 12 | Wpg Optimist | 03/07/2009 | MB Age Class Championship |
| 7 | 2:43.67 | F | Kessler, Veronica | 12 | Jr Development | 03/07/2009 | MB Age Class Championship |
| 8 | 2:44.24 | F | Passler-Bates, Danika | 12 | SA Tough Track | 12/06/2009 | Grand Prix # 4 & #5 |
| 9 | 2:45.47 | F | Bobrowski, Laura | 12 | SA Tough Track | 12/06/2009 | Grand Prix # 4 & #5 |
| 10 | 2:49.65 | F | Zrinyi, Anna | 12 | SA Tough Track | 12/05/2009 | Outdoor Grand Prix #1 |
| Women Bantam 1500m Run | | | | | | | |
| 1 | 5:12.57 | F | Moar, Alexsondra | 13 | Unattached | 03/07/2009 | MB Age Class Championship |
| 2 | 5:15.56 | F | Bobrowski, Laura | 13 | SA Tough Track | 25/05/2009 | Outdoor Grand Prix #2 & #3 |
| 3 | 5:24.55 | F | Kessler, Veronica | 12 | Legion Camp | 18/07/2009 | MB-SK Youth Dual and Legion |
| 4 | 5:26.15 | F | Van Schepdael, Mikaela | 13 | SA Tough Track | 03/07/2009 | MB Age Class Championship |
| 5 | 5:30.12 | F | Tramley, Erin | 13 | Jr Development | 25/05/2009 | Outdoor Grand Prix #2 & #3 |
| 6 | 5:41.54 | F | Kinzel, Montana | 13 | SA Tough Track | 12/06/2009 | Grand Prix #4 & #5 |
| 7 | 6:24.48 | F | Mislawchuk, Madison | 13 | Unattached | 25/05/2009 | Outdoor Grand Prix #2 & #3 |
| Women Bantam 3000m Run | | | | | | | |
| 1 | 12:02.61 | F | Kessler, Veronica | 12 | Legion Camp | 18/07/2009 | MB-SK Youth Dual and Legion |

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Women's Rankings**

to July 22nd, 2009

| Rank | Mark | | Name | Age | School/Club | Date | Meet Name |
|----------------------------------|--------|---|------------------------|-----|----------------|------------|-----------------------------|
| Women Bantam High Jump | | | | | | | |
| 1 | 1.35m | F | Sellers-Wiebe, Mikayla | 12 | SA Tough Track | 12/06/2009 | Grand Prix #4 & #5 |
| 1 | 1.30m | F | Syverson, Cleo | 13 | SA Tough Track | 25/05/2009 | Outdoor Grand Prix #2 & #3 |
| 3 | 1.20m | F | Whyte, Brodie | 12 | Wpg Optimist | 25/05/2009 | Outdoor Grand Prix #2 & #3 |
| 3 | 1.20m | F | Woitak, Kennedy | 13 | SA Tough Track | 12/06/2009 | Grand Prix #4 & #5 |
| 5 | 1.15m | F | Morgan, Yvette | 13 | Unattached | 03/07/2009 | MB Age Class Championship |
| 6 | 1.03m | F | Kessler, Veronica | 12 | Jr Development | 12/05/2009 | Outdoor Grand Prix #1 |
| Woman Bantam Long Jump | | | | | | | |
| 1 | 4.22m | F | Whyte, Brodie | 12 | Legion Camp | 18/07/2009 | MB-SK Youth Dual and Legion |
| 2 | 4.13m | F | Dela Merced, Geselle | 12 | St. Edward's | 03/07/2009 | MB Age Class Championship |
| 3 | 4.08m | F | Cerasani, Larissa | 13 | SA Tough Track | 12/06/2009 | Grand Prix #4 & #5 |
| 4 | 4.00m | F | Sellers-Wiebe, Mikayla | 12 | SA Tough Track | 12/06/2009 | Grand Prix #4 & #5 |
| 5 | 3.78m | F | Zajac, Janine | 13 | SA Tough Track | 24/06/2009 | Grand Prix #6 |
| 6 | 3.77m | F | Morgan, Yvette | 13 | Wpg Optimist | 03/07/2009 | MB Age Class Championship |
| 7 | 3.76m | F | McLeod, Rachael | 13 | Unattached | 03/07/2009 | MB Age Class Championship |
| 8 | 3.17m | F | Levi, Jessi | 13 | Levi, Jessi | 03/07/2009 | MB Age Class Championship |
| 9 | 2.89m | F | Kessler, Veronica | 12 | Jr Development | 25/05/2009 | Outdoor Grand Prix #2 & #3 |
| 10 | 2.82m | F | Hower, Lauren | 12 | Wpg Optimist | 24/06/2009 | Grand Prix #6 |
| Women Bantam Triple Jump | | | | | | | |
| 1 | 7.71m | F | Kessler, Veronica | 12 | Jr Development | 03/07/2009 | MB Age Class Championship |
| Women Bantam Shot Put 3kg | | | | | | | |
| 1 | 7.12m | F | Sellers-Wiebe, Mikayla | 12 | SA Tough Track | 12/06/2009 | Grand Prix #4 & #5 |
| 2 | 6.74m | F | Cerasani, Larissa | 13 | SA Tough Track | 03/07/2009 | MB Age Class Championship |
| 3 | 6.12m | F | Beauvais, Madeline | 12 | SA Tough Track | 03/07/2009 | MB Age Class Championship |
| 4 | 4.83m | F | White, Tori | 12 | SA Tough Track | 25/05/2009 | Outdoor Grand Prix #2 & #3 |
| 5 | 4.70m | F | Fanning, Amanda | 12 | SA Tough Track | 25/05/2009 | Outdoor Grand Prix #2 & #3 |
| 6 | 4.67m | F | Kessler, Veronica | 12 | Jr Development | 25/05/2009 | Outdoor Grand Prix #2 & #3 |
| Women Bantam Discus 1kg | | | | | | | |
| 1 | 11.91m | F | Kessler, Veronica | 12 | Jr Development | 12/06/2009 | Grand Prix #4 & #5 |
| Women Midget 100m Dash | | | | | | | |
| 1 | 12.87 | F | Wanigasekara, Sasanie | 14 | Team Toba | 18/07/2009 | MB-SK Youth Dual and Legion |
| 2 | 12.90 | F | Staub, Katie | 15 | Team Toba | 18/07/2009 | MB-SK Youth Dual and Legion |
| 2 | 12.90 | P | Hebert, Michelle | 15 | Team Manitoba | 11/07/2009 | Western Cdn Midget Champ. |
| 3 | 12.91 | P | Addison, Victoria | 15 | Westwood | 05/06/2009 | 2009 Milk Provincials |
| 4 | 12.94 | P | Zajac, Courtney | 14 | Team Manitoba | 11/07/2009 | Western Cdn Midget Champ. |
| 5 | 13.08 | P | Bera, Mercy | 15 | Kelvin | 05/06/2009 | 2009 Milk Provincials |
| 6 | 13.11 | P | Ogungbemi, Sade | 15 | River East | 05/06/2009 | 2009 Milk Provincials |
| 7 | 13.32 | P | Scott, Ashley | 15 | Crocus Plains | 05/06/2009 | 2009 Milk Provincials |
| 8 | 13.19 | P | Andrushko, Amy | 15 | Legion Camp | 18/07/2009 | MB-SK Youth Dual and Legion |
| Women Midget 150m Dash | | | | | | | |
| 1 | 19.49 | F | Staub, Katie | 15 | Wpg Optimist | 12/06/2009 | Grand Prix #4 & #5 |
| 2 | 19.69 | F | Hebert, Michelle | 15 | Wpg Optimist | 03/07/2009 | MB Age Class Championship |
| 3 | 19.80 | F | Wanigasekara, Sasanie | 14 | SA Tough Track | 25/05/2009 | Outdoor Grand Prix #2 & #3 |
| 4 | 19.91 | F | Zajac, Courtney | 14 | SA Tough Track | 03/07/2009 | MB Age Class Championship |
| 5 | 20.31 | P | Lavellee, Katie | 15 | Wpg Optimist | 03/07/2009 | MB Age Class Championship |
| 6 | 20.42 | F | Mandzuk, Andrea | 14 | SA Tough Track | 12/06/2009 | Grand Prix #4 & #5 |
| 7 | 21.58 | F | Yablecki, Eva | 14 | SA Tough Track | 12/06/2009 | Grand Prix #4 & #5 |
| 8 | 21.80 | F | Merkel, Noelle | 14 | Wpg Optimist | 12/06/2009 | Grand Prix #4 & #5 |
| 9 | 22.38 | P | Hebert, Janine | 15 | Wpg Optimist | 03/07/2009 | MB Age Class Championship |
| 10 | 22.68 | F | Bewski, Alyssa | 14 | Wpg Optimist | 12/06/2009 | Grand Prix #4 & #5 |

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Women's Rankings

to July 22nd, 2009

| Rank | Mark | | Name | Age | School/Club | Date | Meet Name |
|-------------------------------|-------|---|-----------------------|-----|----------------|------------|-----------------------------|
| Women Midget 200m Dash | | | | | | | |
| 1 | 26.56 | P | Andrushko, Amy | 15 | Pierre Ellio | 05/06/2009 | 2009 Milk Provincials |
| 2 | 26.70 | P | Staub, Katie | 15 | Warren | 05/06/2009 | 2009 Milk Provincials |
| 3 | 27.28 | P | Lavallee, Katie | 15 | Wpg Optimist | 05/06/2009 | 2009 Milk Provincials |
| 4 | 27.28 | P | Zajac, Courtney | 14 | Team Manitoba | 11/07/2009 | Western Cdn Midget Champ. |
| 5 | 27.46 | F | Wanigasekara, Sesanie | 14 | SA Tough Track | 12/05/2009 | Outdoor Grand Prix #1 |
| 6 | 27.52 | P | Bera, Mercy | 15 | Kelvin | 05/06/2009 | 2009 Milk Provincials |
| 7 | 27.71 | F | Graceffo, Amy | 15 | Team Toba | 18/07/2009 | MB-SK Youth Dual and Legion |
| 8 | 27.88 | F | Hebert, Michelle | 15 | Wpg Optimist | 12/05/2009 | Outdoor Grand Prix #1 |
| 9 | 27.99 | P | Ogungbemi, Sade | 15 | River East | 05/06/2009 | 2009 Milk Provincials |
| 10 | 28.06 | P | McEachern, Sydney | 15 | Team Manitoba | 11/07/2009 | Western Cdn Midget Champ. |

Women Midget 300m Dash

| | | | | | | | |
|----|-------|---|----------------------|----|----------------|------------|---------------------------|
| 1 | 42.96 | F | Lavallee, Katie | 15 | Wpg Optimist | 03/07/2009 | MB Age Class Championship |
| 2 | 43.78 | F | Andrushko, Amy | 15 | Team Maniotba | 11/07/2009 | Western Cdn Midget Champ. |
| 3 | 44.91 | F | Baran, Melanie | 15 | Team Maniotba | 11/07/2009 | Western Cdn Midget Champ. |
| 4 | 45.21 | F | Zajac, Courtney | 14 | SA Tough Track | 11/07/2009 | Western Cdn Midget Champ. |
| 5 | 45.33 | F | Takatch, Katie | 15 | Team Maniotba | 11/07/2009 | Western Cdn Midget Champ. |
| 6 | 45.96 | F | Smith, Lindsay | 15 | Wpg Optimist | 03/07/2009 | MB Age Class Championship |
| 7 | 47.01 | F | Sodowy, Sarah | 15 | Team Maniotba | 11/07/2009 | Western Cdn Midget Champ. |
| 8 | 47.96 | F | Hebert, Janine | 15 | Wpg Optimist | 03/07/2009 | MB Age Class Championship |
| 9 | 51.77 | F | Berube, Marie-Andree | 14 | Wpg Optimist | 03/07/2009 | MB Age Class Championship |
| 10 | 54.83 | F | Fletcher, Meaghan | 15 | Wpg Optimist | 03/07/2009 | MB Age Class Championship |

Women Midget 400m Dash

| | | | | | | | |
|----|---------|---|-------------------|----|--------------|------------|-----------------------------|
| 1 | 59.80 | F | Andrushko, Amy | 15 | Legion Camp | 18/07/2009 | MB-SK Youth Dual and Legion |
| 2 | 1:00.03 | F | Baran, Melanie | 15 | Legion Camp | 18/07/2009 | MB-SK Youth Dual and Legion |
| 3 | 1:02.70 | P | Lavallee, Katie | 15 | SPC | 05/06/2009 | 2009 Milk Provincials |
| 4 | 1:02.73 | F | Takatch, Katie | 15 | Wpg Optimist | 05/06/2009 | 2009 Milk Provincials |
| 5 | 1:03.36 | P | Cote, Raven | 15 | John Taylor | 05/06/2009 | 2009 Milk Provincials |
| 6 | 1:04.34 | F | Smith, Lindsay | 15 | Legion Camp | 18/07/2009 | MB-SK Youth Dual and Legion |
| 7 | 1:04.54 | F | Hebert, Janine | 15 | Legion Camp | 18/07/2009 | MB-SK Youth Dual and Legion |
| 8 | 1:05.14 | P | Oak Park | 15 | Oak Park | 05/06/2009 | 2009 Milk Provincials |
| 9 | 1:05.44 | P | Cantin, Catherine | 15 | St. John's | 05/06/2009 | 2009 Milk Provincials |
| 10 | 1:06.03 | F | Gyoerick, Logan | 15 | Huskies | 6/12/1009 | Grand Prix #4 & #5 |

Women Midget 800m Run

| | | | | | | | |
|----|---------|---|-------------------|----|----------------|------------|-----------------------------|
| 1 | 2:15.40 | F | Teschuk, Erin | 15 | Wpg Optimist | 03/07/2009 | MB Age Class Championship |
| 2 | 2:17.80 | F | Zrinyi, Julia | 15 | SA Tough Track | 25/05/2009 | Outdoor Grand Prix #1 |
| 3 | 2:22.11 | F | Cantin, Catherine | 15 | Wpg Optimist | 03/07/2009 | MB Age Class Championship |
| 4 | 2:22.52 | F | Baran, Melanie | 15 | SA Tough Track | 25/05/2009 | Outdoor Grand Prix #2 & #3 |
| 5 | 2:23.50 | F | Gyoerick, Logan | 15 | Unattached | 12/05/2009 | Outdoor Grand Prix #1 |
| 6 | 2:23.76 | F | Takatch, Katie | 15 | Wpg Optimist | 12/05/2009 | Outdoor Grand Prix #1 |
| 7 | 2:24.18 | F | Smith, Lindsay | 15 | Legion Camp | 18/07/2009 | MB-SK Youth Dual and Legion |
| 8 | 2:27.80 | F | Sadowy, Sarah | 14 | Unattached | 12/05/2009 | Outdoor Grand Prix #1 |
| 9 | 2:32.20 | F | Gaensler, Hannah | 15 | Whitemouth | 05/06/2009 | 2009 Milk Provincials |
| 10 | 2:32.41 | F | Donohoe, Anna | 15 | Minnedosa | 05/06/2009 | 2009 Milk Provincials |

Women Midget 1200m Run

| | | | | | | | |
|---|---------|---|-----------------|----|---------------|------------|---------------------------|
| 1 | 3:49.58 | F | Zrinyi, Julia | 15 | Team Manitoba | 11/07/2009 | Western Cdn Midget Champ. |
| 2 | 3:57.11 | F | Sodowy, Sarah | 15 | Team Manitoba | 11/07/2009 | Western Cdn Midget Champ. |
| 3 | 4:01.92 | F | Smith, Lindsay | 15 | Team Manitoba | 11/07/2009 | Western Cdn Midget Champ. |
| 4 | 4:01.93 | F | Sprague, Taylor | 15 | Team Manitoba | 11/07/2009 | Western Cdn Midget Champ. |
| 5 | 4:02.16 | F | Baran, Melanie | 15 | Team Manitoba | 11/07/2009 | Western Cdn Midget Champ. |

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| Rank | Mark | | Name | Age | School/Club | Date | Meet Name |
|--|----------|---|-------------------|-----|---------------------|------------|------------------------------|
| Women Midget 1500m Run | | | | | | | |
| 1 | 4:43.71 | F | Teschuk, Erin | 15 | Legion Camp | 18/07/2009 | MB-Sk Youth Dual and Legion |
| 2 | 4:44.84 | F | Zrinyi, Julia | 15 | Legion Camp | 18/07/2009 | MB-Sk Youth Dual and Legion |
| 3 | 4:51.13 | F | Cantin, Catherine | 15 | Legion Camp | 18/07/2009 | MB-Sk Youth Dual and Legion |
| 4 | 5:04.58 | F | Gaensler, Hannah | 15 | Whitemouth | 05/06/2009 | 2009 Milk Provincials |
| 5 | 5:10.07 | F | Sadowy, Sara | 14 | Unattached | 03/07/2009 | MB Age Class Championship |
| 6 | 5:17.47 | F | Baron, Melanie | 15 | Sanf | 05/06/2009 | 2009 Milk Provincials |
| 7 | 5:31.04 | F | Richtik, Taylor | 15 | Westwood | 05/06/2009 | 2009 Milk Provincials |
| 8 | 5:32.52 | F | Taylor, Niki | 15 | Kelvin | 05/06/2009 | 2009 Milk Provincials |
| Women Midget 2000m Run | | | | | | | |
| 1 | 7:00.00 | F | Sodowy, Sarah | 15 | Team Manitoba | 11/07/2009 | Western Cdn Midget Champ. |
| 2 | 7:19.63 | F | Sprague, Taylor | 15 | Team Manitoba | 11/07/2009 | Western Cdn Midget Champ. |
| Women Midget 3000m Run | | | | | | | |
| 1 | 10:26.66 | F | Zrinyi, Julia | 15 | SA Tough Track | 12/05/2009 | Outdoor Grand Prix #1 |
| 2 | 10:34.97 | F | Gaensler, Hannah | 15 | Whitemouth | 05/06/2009 | 2009 Milk Provincials |
| 3 | 10:36.68 | F | Teschuk, Erin | 15 | St. Mary's | 05/06/2009 | 2009 Milk Provincials |
| 4 | 11:08.32 | F | Sprague, Taylor | 15 | Kelvin | 05/06/2009 | 2009 Milk Provincials |
| 5 | 11:08.48 | F | Cantin, Catherine | 15 | Legion Camp | 18/07/2009 | MB-SK Youth Dual and Legion |
| 6 | 12:27.05 | F | Sanduliak, Tianna | 15 | Elkhorn | 05/06/2009 | 2009 Milk Provincials |
| 7 | 13:34.25 | F | Tittle, Zoe | 14 | Legion Camp | 18/07/2009 | MB-SK Youth Dual and Legion |
| Women Midget 80m Hurdles 0.762m-7.5m | | | | | | | |
| 1 | 12.10 | P | Hebert, Michelle | 15 | Team Manitoba | 11/07/2009 | Western Cdn Midget Champ. |
| 2 | 13.18 | P | Millns, Carlynne | 14 | Team Manitoba | 11/07/2009 | Western Cdn Midget Champ. |
| 3 | 13.40 | P | Sprague, Taylor | 15 | Kelvin | 05/06/2009 | 2009 Milk Provincials |
| 4 | 13.81 | F | Essex, Emily | 14 | Unattached | 03/07/2009 | MB Age Class Championship |
| 5 | 13.93 | P | Drain, Krystal | 15 | PCI | 05/06/2009 | 2009 Milk Provincials |
| 6 | 14.58 | F | Najduch, Michelle | 15 | Oak Park | 05/06/2009 | 2009 Milk Provincials |
| 7 | 14.89 | P | Babiak, Rebecca | 15 | Team Manitoba | 11/07/2009 | Western Cdn Midget Champ. |
| 8 | 15.30 | P | Waldner, Pauline | 15 | Faith Academy | 05/06/2009 | 2009 Milk Provincials |
| 9 | 16.89 | P | Metisto, Myra | 15 | Glenlawn | 05/06/2009 | 2009 Milk Provincials |
| 10 | 17.52 | P | Joyal, Desiree | 15 | Leo Remillard | 05/06/2009 | 2009 Milk Provincials |
| Women Midget 100m Hurdles 0.762m-8.5m | | | | | | | |
| 1 | 18.22 | F | Graceffo, Amy | 15 | SA Tough Track | 24/06/2009 | Grand Prix #6 |
| Women Midget 200m Hurdles 0.762m/30" | | | | | | | |
| 1 | 48.53 | F | Hebert, Michelle | 15 | Legion Camp | 18/07/2009 | MB-SK Youth Dual and Legion |
| 2 | 53.28 | F | Sprague, Taylor | 15 | Legion Camp | 18/07/2009 | MB-SK Youth Dual and Legion |
| Women Midget 2000m Steeplechase | | | | | | | |
| 1 | 7:53.66 | F | Sprague, Taylor | 15 | SA Tough Track | 25/05/2009 | Outdoor Grand Prix #2 & #3 |
| Women Midget High Jump | | | | | | | |
| 1 | 1.50m | F | Fairley, Taryn | 15 | SA Tough Track | 12/05/2009 | Outdoor Grand Prix #1 |
| 2 | 1.45m | F | Dygun, Shelby | 15 | Gilbert Plains | 05/06/2009 | 2009 Milk Provincials |
| 3 | 1.40m | F | Filyk, Megan | 14 | SA Tough Track | 03/07/2009 | MB Age Class Championship |
| 4 | 1.33m | F | Graceffo, Amy | 15 | Team Toba | 18/07/2009 | MB-SK Youth Dual and Legion |
| 5 | 1.30m | F | Kushner, Jordan | 15 | Glenella | 05/06/2009 | 2009 Milk Provincials |
| 5 | 1.30m | F | Djordjevic, Ivana | 15 | Leo Remillard | 05/06/2009 | 2009 Milk Provincials |
| 7 | 1.25m | F | Guimond, Darian | 15 | Team Manitoba | 11/07/2009 | Western Canada Midget Champ. |
| 7 | 1.25m | F | Shaw, Nicole | 15 | Sisler | 05/06/2009 | 2009 Milk Provincials |
| 7 | 1.25m | F | Kendall, Rachel | 15 | Sisler | 05/06/2009 | 2009 Milk Provincials |
| 10 | 1.15m | F | Smith, Ashlee | 15 | Westwood Collegiate | 05/06/2009 | 2009 Milk Provincials |

Athletics Manitoba Outdoor

Women's Rankings

to July 22nd, 2009

| Rank | Mark | | Name | Age | School/Club | Date | Meet Name |
|----------------------------------|--------|---|-----------------------|-----|---------------------|------------|------------------------------|
| Women Midget Long Jump | | | | | | | |
| 1 | 5.03m | F | Wanigasekara, Sasanie | 14 | Team Manitoba | 11/07/2009 | Western Cdn Midget Champ. |
| 2 | 4.72m | F | Graceffo, Amy | 15 | SA Tough Track | 05/06/2009 | 2009 Milk Provincials |
| 3 | 4.56m | F | Filyk, Megan | 14 | Legion Camp | 18/07/2009 | MB-SK Youth Dual and Legion |
| 4 | 4.55m | F | Madden, Chloe | 15 | SA Tough Track | 03/07/2009 | MB Age Class Championship |
| 5 | 4.52m | F | Zajac, Courtney | 14 | Legion Camp | 18/07/2009 | MB-SK Youth Dual and Legion |
| 7 | 4.42m | F | Jeffers, Erinn | 14 | Legion Camp | 18/07/2009 | MB-SK Youth Dual and Legion |
| 8 | 4.39m | F | Mandzuk, Andrea | 14 | SA Tough Track | 03/07/2009 | MB Age Class Championship |
| 8 | 4.28m | F | Kendall, Rachel | 15 | Sisler | 05/06/2009 | 2009 Milk Provincials |
| 9 | 4.21m | F | Filyk, Megan | 14 | SA Tough Track | 24/06/2009 | Grand Prix #6 |
| 10 | 4.14m | F | Kucheravy, Caila | 15 | Oak Park | 05/06/2009 | 2009 Milk Provincials |
| Women Midget Triple Jump | | | | | | | |
| 1 | 10.95m | F | Wanigasekara, Sasanie | 14 | SA Tough Track | 25/05/2009 | Outdoor Grand Prix #2 & #3 |
| 2 | 9.99m | F | Babiak, Rebecca | 15 | Team Manitoba | 11/07/2009 | Western Canada Midget Champ. |
| 3 | 9.88m | F | Essex, Emily | 14 | Team Manitoba | 11/07/2009 | Western Canada Midget Champ. |
| 4 | 9.87m | F | Millns, Carlyne | 14 | Team Manitoba | 11/07/2009 | Western Canada Midget Champ. |
| 5 | 9.52m | F | Desgagnes, Dani | 15 | Leo Remillard | 05/06/2009 | 2009 Milk Provincials |
| 6 | 9.11m | F | Smyth, Lesley | 15 | Kildonan East | 05/06/2009 | 2009 Milk Provincials |
| 7 | 8.87m | F | Kendall, Rachel | 15 | Sisler | 05/06/2009 | 2009 Milk Provincials |
| Women Midget Shot Put 3kg | | | | | | | |
| 1 | 9.76m | F | Graceffo, Amy | 15 | Team Manitoba | 11/07/2009 | Western Canada Midget Champ. |
| 2 | 8.77m | F | Faure, Marion | 15 | Notre Dame | 05/06/2009 | 2009 Milk Provincials |
| 3 | 8.57m | F | Guimond, Darian | 15 | Team Manitoba | 11/07/2009 | Western Canada Midget Champ. |
| 4 | 8.29m | F | Willey, Madison | 15 | GVC | 05/06/2009 | 2009 Milk Provincials |
| 5 | 8.04m | F | Grenier, Shaylyn | 15 | Somerset | 05/06/2009 | 2009 Milk Provincials |
| 6 | 6.48m | F | Burns, Bridget | 14 | SA Tough Track | 12/06/2009 | Grand Prix #4 & #5 |
| Women Midget Discus 1kg | | | | | | | |
| 1 | 29.28m | F | Allary, Courtney | 15 | Unattached | 03/07/2009 | MB Age Class Championship |
| 2 | 25.32m | F | Babiak, Rebecca | 15 | Kelvin | 05/06/2009 | 2009 Milk Provincials |
| 3 | 22.79m | F | Mercier, Nadia | 15 | Louis Riel | 05/06/2009 | 2009 Milk Provincials |
| 4 | 21.53m | F | Vargas, Shana | 15 | Westwood Collegiate | 05/06/2009 | 2009 Milk Provincials |
| 5 | 20.57m | F | Guimond, Darian | 15 | Team Manitoba | 11/07/2009 | Western Canada Midget Champ. |
| 6 | 20.43m | F | Tachi, Chelsea | 15 | Garden City | 05/06/2009 | 2009 Milk Provincials |
| 7 | 19.16m | F | Serceau, Marianne | 15 | Leo Remillard | 05/06/2009 | 2009 Milk Provincials |
| 8 | 18.80m | F | Wonnacott, Samantha | 15 | Team Manitoba | 11/07/2009 | Western Canada Midget Champ. |
| 9 | 17.78m | F | Courchene, Lindsey | 15 | Maples | 05/06/2009 | 2009 Milk Provincials |
| 10 | 17.15m | F | Mendoza, Cheryl | 15 | Maples | 05/06/2009 | 2009 Milk Provincials |
| Women Midget Hammer 4kg | | | | | | | |
| 1 | 10.27m | F | Graceffo, Amy | 15 | Team Toba | 18/07/2009 | MB-SK Youth Dual and Legion |
| Women Midget Javelin 600g | | | | | | | |
| 1 | 26.99m | F | Graceffo, Amy | 15 | SA Tough Track | 12/05/2009 | Outdoor Grand Prix #1 |
| 2 | 19.39m | F | Bewski, Alyssa | 14 | Wpg Optimist | 18/07/2009 | MB-SK Youth Dual and Legion |
| 3 | 19.34m | F | Yankey, Manzah | 15 | Kelvin | 05/06/2009 | 2009 Milk Provincials |
| 4 | 10.44m | F | Joyce, Kathy | 15 | Vincent Massey | 05/06/2009 | 2009 Milk Provincials |
| Women Youth 100m Dash | | | | | | | |
| 1 | 12.30 | P | Paracholski, Carly | 16 | Team Toba | 18/07/2009 | MB-SK Youth Dual and Legion |
| 2 | 12.69 | P | Dyck, Jess | 17 | Morden | 05/06/2009 | 2009 Milk Provincials |
| 3 | 12.81 | P | Mooney, Cayla | 17 | Vincent Massey | 05/06/2009 | 2009 Milk Provincials |
| 4 | 12.92 | P | Wiens, Kayleigh | 16 | Garden Valley | 03/07/2009 | 2009 Milk Provincials |
| 5 | 12.93 | P | Kitching, Melissa | 16 | Springfield | 05/06/2009 | 2009 Milk Provincials |
| 6 | 13.03 | P | Toews, Jessica | 17 | MacGregor | 05/06/2009 | 2009 Milk Provincials |
| 7 | 13.13 | F | Kasprick, Lindsay | 17 | Team Toba | 18/07/2009 | MB-SK Youth Dual and Legion |
| 8 | 13.22 | F | Waters, Mallory | 16 | Team Toba | 18/07/2009 | MB-SK Youth Dual and Legion |
| 9 | 13.23 | P | McLean, Heather | 16 | Team Toba | 19/07/2009 | MB-SK Youth Dual and Legion |
| 10 | 13.25 | P | Hamilton, Cassie | 17 | Garden City | 05/06/2009 | 2009 Milk Provincials |

Athletics Manitoba Outdoor Women's Rankings

to July 22nd, 2009

| Rank | Mark | | Name | Age | School/Club | Date | Meet Name |
|------------------------------|----------|---|--------------------------|-----|--------------------|------------|-----------------------------|
| Women Youth 200m Dash | | | | | | | |
| 1 | 25.00 | F | Paracholski, Carly | 16 | Sisler | 05/06/2009 | 2009 Milk Provincials |
| 2 | 26.17 | P | Kitching, Melissa | 16 | Springfield | 05/06/2009 | 2009 Milk Provincials |
| 3 | 26.21 | F | Mooney, Cayla | 17 | Vincent Massey | 6/5/2009 | 2009 Milk Provincials |
| 4 | 27.63 | P | Waters, Mallory | 16 | Flying M | 05/06/2009 | 2009 Milk Provincials |
| 4 | 27.63 | P | Sigvaldason, Nicole | 17 | Garden City | 05/06/2009 | 2009 Milk Provincials |
| 6 | 27.72 | P | Kingsland, Kalene | 16 | Lord Selkirk | 05/06/2009 | 2009 Milk Provincials |
| 7 | 27.96 | P | Cote, Raven | 16 | Wpg Optimist | 03/07/2009 | MB Age Class Championship |
| 8 | 27.98 | F | Huebert, Sarah | 17 | Wpg Optimist | 12/05/2009 | Outdoor Grand Prix #1 |
| 9 | 28.19 | P | Roberts, Tanisha | 16 | Sisler | 03/07/2009 | MB Age Class Championship |
| 10 | 28.19 | P | Hawryluk, Megan | 16 | Stonewall | 05/06/2009 | 2009 Milk Provincials |
| Women Youth 400m Dash | | | | | | | |
| 1 | 55.61 | F | Paracholski, Carly | 16 | Sisler High School | 03/07/2009 | MB Age Class Championship |
| 2 | 59.07 | F | Paracholski, Meagan | 16 | Sisler High School | 03/07/2009 | MB Age Class Championship |
| 3 | 59.56 | F | Kitching, Melissa | 16 | Wpg Optimist | 03/07/2009 | MB Age Class Championship |
| 4 | 1:02.77 | F | Roberts, Tanisha | 16 | Sisler High School | 18/07/2009 | MB-Sk Youth Dual and Legion |
| 5 | 1:02.87 | F | Huebert, Sarah | 17 | Legion Camp | 18/07/2009 | MB-Sk Youth Dual and Legion |
| 6 | 1:03.30 | F | Cote, Raven | 16 | Wpg Optimist | 03/07/2009 | MB Age Class Championship |
| 7 | 1:03.40 | F | Carey, Vanessa | 17 | Margaret Barbour | 05/06/2009 | 2009 Milk Provincials |
| 8 | 1:03.98 | P | Wierer, Sam | 17 | Birtle | 05/06/2009 | 2009 Milk Provincials |
| 9 | 1:04.50 | F | Wroblewski, Rebecca | 17 | John Taylor | 05/06/2009 | 2009 Milk Provincials |
| 10 | 1:04.70 | F | Luke, Bret | 17 | Ste. Rose | 05/06/2009 | 2009 Milk Provincials |
| Women Youth 800m Run | | | | | | | |
| 1 | 2:20.87 | F | Paracholski, Meagan | 16 | Sisler High School | 03/07/2009 | MB Age Class Championship |
| 2 | 2:27.55 | F | Marchildon-Lacoie, Marie | 16 | Louis Riel | 12/05/2009 | Outdoor Grand Prix #1 |
| 3 | 2:31.44 | F | Gyoerick, Logan | 16 | Carman | 05/06/2009 | 2009 Milk Provincials |
| 4 | 2:31.61 | F | Grondin, Renee | 17 | Wpg Optimist | 03/07/2009 | MB Age Class Championship |
| 5 | 2:34.45 | F | Wiens, Kayleigh | 16 | Garden Valley | 05/06/2009 | 2009 Milk Provincials |
| 6 | 2:35.68 | F | Oswald, Sarah | 17 | Oak Park | 05/06/2009 | 2009 Milk Provincials |
| 7 | 2:28.09 | F | Donohoe, Holly | 17 | Minnedos | 05/06/2009 | 2009 Milk Provincials |
| 8 | 2:32.43 | F | Luke, Bret | 17 | Ste. Roe | 05/06/2009 | 2009 Milk Provincials |
| 9 | 2:40.47 | F | Wierer, Sam | 17 | Birtle | 05/06/2009 | 2009 Milk Provincials |
| 10 | 2:42.57 | F | Stevens, Raven | 17 | Margaret Barbour | 05/06/2009 | 2009 Milk Provincials |
| Women Youth 1500m Run | | | | | | | |
| 1 | 4:58.95 | F | Paracholski, Meagan | 16 | Sisler | 05/06/2009 | 2009 Milk Provincials |
| 2 | 5:00.00 | F | Rossum, Krista | 16 | Kelvin | 05/06/2009 | 2009 Milk Provincials |
| 3 | 5:02.49 | F | Wierer, Sam | 17 | Birtle | 05/06/2009 | 2009 Milk Provincials |
| 4 | 5:29.88 | F | Bell, Nikki | 15 | Sanf | 05/06/2009 | 2009 Milk Provincials |
| 5 | 5:33.30 | F | Ostberg, Macey | 16 | Wpg Optimist | 25/05/2009 | Outdoor Grand Prix #2 & #3 |
| 6 | 5:33.49 | F | Eramchuk, Avery | 16 | Lord Selkirk | 05/06/2009 | 2009 Milk Provincials |
| 7 | 5:41.34 | F | Burak, Rachel | 16 | Miles Mac | 05/06/2009 | 2009 Milk Provincials |
| 8 | 5:49.39 | F | Greer, Ella | 16 | St. Norbert | 05/06/2009 | 2009 Milk Provincials |
| 9 | 6:02.33 | F | Redman, Whitney | 17 | Vincent Massey | 05/06/2009 | 2009 Milk Provincials |
| Women Youth 3000m Run | | | | | | | |
| 1 | 10:47.85 | F | Paracholski, Meagan | 16 | Sisler | 05/06/2009 | 2009 Milk Provincials |
| 2 | 10:58.67 | F | Rossum, Krista | 16 | Kelvin | 05/06/2009 | 2009 Milk Provincials |
| 3 | 11:25.25 | F | Bell, Nikki | 16 | Sanf | 05/06/2009 | 2009 Milk Provincials |
| 4 | 11:47.09 | F | Hunt, Christina | 16 | Miles Mac | 05/06/2009 | 2009 Milk Provincials |
| 5 | 11:51.91 | F | Krebs, Kim | 16 | Edward Schreyer | 05/06/2009 | 2009 Milk Provincials |
| 6 | 12:37.48 | F | Greer, Ella | 16 | St. Norbert | 05/06/2009 | 2009 Milk Provincials |
| 7 | 12:41.45 | F | Lam, Linda | 16 | Miles Mac | 05/06/2009 | 2009 Milk Provincials |
| 8 | 13:36.73 | F | Redman, Whitney | 17 | Vincent Massey | 05/06/2009 | 2009 Milk Provincials |
| 9 | 14:38.92 | F | Jabs, Melissa | 16 | Miles Mac | 05/06/2009 | 2009 Milk Provincials |
| Women Youth 5000m Run | | | | | | | |
| 1 | 19:53.42 | F | Malo, Marita | 17 | MB Triathlon | 25/05/2009 | Outdoor Grand Prix #2 & #3 |

Athletics Manitoba Outdoor Women's Rankings

to July 22nd, 2009

| Rank | Mark | | Name | Age | School/Club | Date | Meet Name |
|--|--------|---|----------------------------|-----|--------------------|------------|-----------------------------|
| Women Youth 100m Hurdles 0.84m-8.5m | | | | | | | |
| 1 | 18.8 | F | Grondin, Renee | 17 | Wpg Optimist | 03/07/2009 | MB Age Class Championship |
| Women Youth High Jump | | | | | | | |
| 1 | 1.55m | F | Laing, Michelle | 16 | PCI | 05/06/2009 | 2009 Milk Provincials |
| 2 | 1.50m | F | Guether, Lindsay | 16 | Garden Valley | 03/07/2009 | MB Age Class Championship |
| 2 | 1.50m | F | Mowat, Kathleen | 16 | Stonewall | 6/5/2009 | 2009 Milk Provincials |
| 4 | 1.45m | F | Smith, Taylor | 17 | Unattached | 03/07/2009 | MB Age Class Championship |
| 5 | 1.42m | F | Lychuk, Brooke | 16 | Team Toba | 18/07/2009 | MB-SK Youth Dual and Legion |
| 6 | 1.40m | F | Watts, Hayley | 16 | Oak Park | 05/06/2009 | 2009 Milk Provincials |
| 6 | 1.40m | F | Enokson, Jamie | 16 | Garden City | 05/06/2009 | 2009 Milk Provincials |
| 6 | 1.40m | F | Burak, Rachel | 16 | Miles Mac | 05/06/2009 | 2009 Milk Provincials |
| 9 | 1.35m | F | Hryndzio, Renata | 16 | Miles Mac | 05/06/2009 | 2009 Milk Provincials |
| 9 | 1.35m | F | Smith, Amy | 16 | St. Mary's Academy | 05/06/2009 | 2009 Milk Provincials |
| 9 | 1.35m | F | Grondin, Renee | 17 | Wpg Optimist | 03/07/2009 | MB Age Class Championship |
| Women Youth Pole Vault | | | | | | | |
| 1 | 3.41m | F | Boila, Sarah | 17 | Wpg Optimist | 03/07/2009 | MB Age Class Championship |
| 2 | 3.20m | F | Gauthier, Carrisa | 16 | Wpg Optimist | 03/07/2009 | MB Age Class Championship |
| 3 | 3.10m | F | Garfinkle, Mikaela | 17 | Wpg Optimist | 18/07/2009 | MB-SK Youth Dual and Legion |
| Women Youth Long Jump | | | | | | | |
| 1 | 4.80m | F | Towes, Jessica | 17 | Unattached | 03/07/2009 | MB Age Class Championship |
| 2 | 4.78m | F | Shamanski, Samantha | 17 | Unattached | 12/06/2009 | Grand prix #4 & #5 |
| 3 | 4.69m | F | Wiens, Kayleigh | 16 | Garden Valley | 03/07/2009 | MB Age Class Championship |
| 4 | 4.65m | F | Van De Kerckhove, Courtney | 16 | Westmount | 24/06/2009 | Grand Prix #6 |
| 5 | 4.46m | F | Paul, Karleigh | 16 | SA Tough Track | 12/06/2009 | Grand prix #4 & #5 |
| 6 | 4.41m | F | Grondin, Renee | 17 | Wpg Optimist | 24/06/2009 | Grand Prix #6 |
| 6 | 4.41m | F | Nelson, Alix | 16 | Lord Selkirk | 05/06/2009 | 2009 Milk Provincials |
| 8 | 4.37m | F | Trotter, Shannon | 16 | Ste. Rose | 05/06/2009 | 2009 Milk Provincials |
| 9 | 4.19m | F | Hryndzio, Renata | 16 | Miles Mac | 05/06/2009 | 2009 Milk Provincials |
| 10 | 4.17m | F | Gauthier-Goodison, Carissa | 16 | Louis Riel | 05/06/2009 | 2009 Milk Provincials |
| Women Youth Triple Jump | | | | | | | |
| 1 | 10.38m | F | Shamanski, Samantha | 17 | Unattached | 03/07/2009 | MB Age Class Championship |
| 2 | 10.18m | F | Van De Kerckhove, Courtney | 16 | Westmount | 05/06/2009 | 2009 Milk Provincials |
| 3 | 10.16m | F | Paul, Karleigh | 16 | SA Tough Track | 05/06/2009 | 2009 Milk Provincials |
| 4 | 10.01m | F | Toews, Jessica | 17 | Unattached | 03/07/2009 | MB Age Class Championship |
| 5 | 9.78m | F | Carels, Breanna | 16 | Westmount | 05/06/2009 | 2009 Milk Provincials |
| 6 | 9.40m | F | Waters, Mallory | 16 | Flying M | 03/07/2009 | MB Age Class Championship |
| 7 | 9.37m | F | Hewitt, Quahaila | 16 | Maples | 05/06/2009 | 2009 Milk Provincials |
| 8 | 9.34m | F | Despins, Jaclyn | 16 | Garden City | 05/06/2009 | 2009 Milk Provincials |
| 9 | 9.24m | F | Watts, Hayley | 16 | Oak Park | 05/06/2009 | 2009 Milk Provincials |
| 10 | 9.21m | F | Meadows, Melissa | 16 | Dakota | 05/06/2009 | 2009 Milk Provincials |
| Women Youth Shot Put 4kg | | | | | | | |
| 1 | 10.27m | F | Matwyczuk, Alexa | 16 | Team Toba | 18/07/2009 | MB-SK Youth Dual and Legion |
| 2 | 9.31m | F | Catellier, Amber | 17 | Team Toba | 18/07/2009 | MB-SK Youth Dual and Legion |
| 3 | 9.23m | F | Edel, Melanie | 16 | Morris | 05/06/2009 | 2009 Milk Provincials |
| 4 | 9.00m | F | French, Sam | 16 | Miles Mac | 05/06/2009 | 2009 Milk Provincials |
| 5 | 8.86m | F | Aime, Danica | 16 | Lord Selkirk | 05/06/2009 | 2009 Milk Provincials |
| 6 | 8.82m | F | Matwyczuk, Alexis | 16 | Sisler High School | 05/06/2009 | 2009 Milk Provincials |
| 7 | 7.82m | F | Dueck, Kelsey | 16 | Springfield | 05/06/2009 | 2009 Milk Provincials |
| 8 | 7.74m | F | Grondin, Renee | 17 | Team Toba | 18/07/2009 | MB-SK Youth Dual and Legion |
| 9 | 7.70m | F | Burton, Jaydin | 17 | Vincent Massey | 05/06/2009 | 2009 Milk Provincials |
| 10 | 7.57m | F | Wiens, Kayleigh | 16 | GVC | 05/06/2009 | 2009 Milk Provincials |

Athletics Manitoba Outdoor

Women's Rankings

to July 22nd, 2009

| Rank | Mark | | Name | Age | School/Club | Date | Meet Name |
|---------------------------------|---------|---|-------------------------|-----|---------------------|------------|------------------------------|
| Women Youth Discus 1kg | | | | | | | |
| 1 | 28.76m | F | Matwyczuk, Alexa | 16 | Team Toba | 18/07/2009 | MB-SK Youth Dual and Legion |
| 2 | 26.76m | F | Catellier, Amber | 17 | Team Toba | 18/07/2009 | MB-SK Youth Dual and Legion |
| 3 | 26.21m | F | Brightnoose, Vanessa | 16 | Unattached | 18/07/2009 | MB-SK Youth Dual and Legion |
| 4 | 25.95m | F | Avery, Danica | 16 | Balmoral Hall | 05/06/2009 | 2009 Milk Provincials |
| 5 | 22.94m | F | Burton, Jaydin | 17 | Vincent Massey | 05/06/2009 | 2009 Milk Provincials |
| 6 | 22.86m | F | Barca, Amy | 16 | Teulon | 05/06/2009 | 2009 Milk Provincials |
| 7 | 17.29m | F | Cousins, Breeanna | 16 | Birtle | 05/06/2009 | 2009 Milk Provincials |
| 8 | 16.50m | F | Rowe, Phoenicia | 16 | John Taylor | 05/06/2009 | 2009 Milk Provincials |
| Women Youth Javelin 600g | | | | | | | |
| 1 | 36.71m | F | Adamson, Jody | 17 | William Morton | 12/06/2009 | Grand Prix #4 & #5 |
| 2 | 34.07m | F | Grondin, Renee | 17 | Wpg Optimist | 12/06/2009 | Grand Prix #4 & #5 |
| 3 | 32.83m | F | Halpin, Jaycee | 17 | Team Toba | 18/07/2009 | MB-Sk Youth Dual and Legion |
| 4 | 29.04m | F | McCartney, Ashley | 16 | Joseph H. Kerr | 05/06/2009 | 2009 Milk Provincials |
| 5 | 24.63m | F | Weessies, Amy | 16 | Immanuel Christian | 05/06/2009 | 2009 Milk Provincials |
| 6 | 24.09m | F | Vancauwenberghe, Krista | 16 | Melita | 05/06/2009 | 2009 Milk Provincials |
| 7 | 22.67m | F | Dueck, Kelsey | 16 | Springfield | 05/06/2009 | 2009 Milk Provincials |
| 8 | 21.97m | F | Solider, Whitney | 16 | Treherne | 05/06/2009 | 2009 Milk Provincials |
| 9 | 21.26m | F | Sandron, Elysa | 16 | St. Mary's Academy | 05/06/2009 | 2009 Milk Provincials |
| 10 | 21.03m | F | Matwyczuk, Alexa | 16 | Sisler High School | 03/07/2009 | MB Age Class Championship |
| Women Youth Heptathlon | | | | | | | |
| 1 | 3358 | F | Graceffo, Amy | 15 | SA Tough Track | 12/06/2009 | Grand Prix #4 & #5 |
| 1 | 3167 | F | Grondin, Renee | 17 | Team Toba | 07/18/09 | MB-SK Youth Dual and Legion |
| Women Junior 100m Dash | | | | | | | |
| 1 | 12.56 | F | Johnson, Alyssa | 18 | Sisler | 05/06/2009 | 2009 Milk Provincials |
| 2 | 12.88 | P | Tabing, Genna | 18 | Sisler | 05/06/2009 | 2009 Milk Provincials |
| 3 | 12.97 | F | Boxill, Alicia | 19 | Bison Track | 7/18/1009 | Canadian Junior Championship |
| 4 | 13.14 | P | Duncan, Ravyn | 18 | Olympiens | 05/06/2009 | 2009 Milk Provincials |
| 4 | 13.14 | P | Rempel, Meaghan | 18 | Calvin Christian | 05/06/2009 | 2009 Milk Provincials |
| 6 | 13.42 | P | Lukie, Daria | 18 | St. Mary's Academy | 05/06/2009 | 2009 Milk Provincials |
| 7 | 13.61 | F | Robak, Karolina | 18 | John Taylor | 05/06/2009 | 2009 Milk Provincials |
| 8 | 13.70 | P | Funk, Becky | 18 | Springs Christians | 05/06/2009 | 2009 Milk Provincials |
| 9 | 13.73 | P | Ferris, Karen | 18 | Treherne | 05/06/2009 | 2009 Milk Provincials |
| 10 | 13.87 | P | Chen, Clarissa | 18 | Vincent Massey | 05/06/2009 | 2009 Milk Provincials |
| Women Junior 200m Dash | | | | | | | |
| 1 | 26.16 | F | Johnson, Alyssa | 18 | Flying M | 12/05/2009 | Outdoor Grand Prix #1 |
| 2 | 27.09 | F | Boxill, Alicia | 19 | Bison Track | 12/06/2009 | Grand Prix #4 & #5 |
| 3 | 27.17 | F | Allen, Alexandra | 19 | Wpg Optimist | 18/07/2009 | MB-SK Youth Dual and Legion |
| 4 | 27.18 | F | Rempel, Meaghan | 18 | Calvin Christian | 05/06/2009 | 2009 Milk Provincials |
| 5 | 27.37 | P | Thorleifson, Erin | 18 | Nellie McClung | 05/06/2009 | 2009 Milk Provincials |
| 6 | 27.83 | P | Gaudet, Jenna | 18 | Vincent Massey | 05/06/2009 | 2009 Milk Provincials |
| 7 | 27.85 | P | Lukie, Daria | 18 | St. Mary's Avademy | 05/06/2009 | 2009 Milk Provincials |
| 8 | 28.31 | P | Funk, Becky | 18 | Springs Christian | 05/06/2009 | 2009 Milk Provincials |
| 9 | 29.07 | P | Kovacs, Anna | 18 | Lord Selkirk | 05/06/2009 | 2009 Milk Provincials |
| Women Junior 400m Dash | | | | | | | |
| 1 | 56.03 | F | Johnson, Alyssa | 18 | Flying M | 18/07/2009 | Canadian Junior Championship |
| 2 | 1:01.37 | F | Lavoie, Michele | 18 | SANF | 05/06/2009 | 2009 Milk Provincials |
| 3 | 1:01.91 | F | Thorleifson, Erin | 18 | Nellie McClung | 05/06/2009 | 2009 Milk Provincials |
| 4 | 1:04.09 | F | Gallant, Jena | 18 | Sisler | 05/06/2009 | 2009 Milk Provincials |
| 5 | 1:04.83 | P | Wagner, Luise | 18 | Westgate | 05/06/2009 | 2009 Milk Provincials |
| 6 | 1:07.33 | P | Hyndman, Allana | 18 | Rivers | 05/06/2009 | 2009 Milk Provincials |
| 7 | 1:07.51 | P | Kovacs, Anna | 18 | Lord Selkirk | 05/06/2009 | 2009 Milk Provincials |
| 8 | 1:07.71 | P | Page, Taryn | 18 | Westwood Collegiate | 05/06/2009 | 2009 Milk Provincials |
| 9 | 1:15.55 | F | Labossiere, Andree | 18 | Louis Riel | 25/05/2009 | Outdoor Grand Prix #2 & #3 |

**Athletics Manitoba Outdoor
Women's Rankings**

to July 22nd, 2009

| Rank | Mark | Name | Age | School/Club | Date | Meet Name |
|---|-------------|-----------------------|------------|--------------------|-------------|-----------------------------|
| Women Junior 800m Run | | | | | | |
| 1 | 2:24.10 | F Auger, Chantal | 19 | Bison | 03/07/2009 | MB Age Class Championship |
| 2 | 2:26.42 | F Lavoie, Michele | 18 | Sanford | 05/06/2009 | 2009 Milk Provincials |
| 3 | 2:30.05 | F Dubois, Nicole | 18 | St. Mary's Academy | 05/06/2009 | 2009 Milk Provincials |
| 4 | 2:30.07 | F Sylvie, Michaud | 18 | Louis Riel | 03/07/2009 | MB Age Class Championship |
| 5 | 2:32.66 | F Michaud, Sylvie | 18 | Louis Riel | 05/06/2009 | 2009 Milk Provincials |
| 6 | 2:33.24 | F Remillard, Janelle | 18 | Louis Riel | 03/07/2009 | MB Age Class Championship |
| 7 | 2:33.29 | F Gaudet, Janelle | 18 | Vincent Massey | 05/06/2009 | 2009 Milk Provincials |
| 8 | 2:36.02 | F Wagner, Luise | 18 | Westgate | 05/06/2009 | 2009 Milk Provincials |
| 9 | 2:38.57 | F Karlowsky, Jenessa | 18 | SANF | 05/06/2009 | 2009 Milk Provincials |
| 10 | 2:39.22 | F Allen, Alexandra | 19 | Wpg Optimist | 18/07/2009 | MB-SK Youth Dual and Legion |
| Women Junior 1500m Run | | | | | | |
| 1 | 4:48.39 | F Adamson, Jaclyn | 18 | Wpg Optimist | 03/07/2009 | MB Age Class Championship |
| 2 | 4:55.73 | F Edwards, Rachael | 18 | MB Triathlon | 03/07/2009 | MB Age Class Championship |
| 3 | 5:09.00 | F Dubois, Nicole | 18 | Unattached | 05/06/2009 | 2009 Milk Provincials |
| 4 | 5:16.10 | F Michaud, Sylvie | 18 | Louis Riel | 05/06/2009 | 2009 Milk Provincials |
| 5 | 5:16.60 | F Remillard, Janelle | 18 | Louis Riel | 05/06/2009 | 2009 Milk Provincials |
| 6 | 5:18.10 | F Ready, Richelle | 18 | Vincent Massey | 05/06/2009 | 2009 Milk Provincials |
| 7 | 5:21.80 | F Lavoie, Michele | 18 | Sanford | 05/06/2009 | 2009 Milk Provincials |
| Women Junior 3000m Run | | | | | | |
| 1 | 11:38.01 | F Remillard, Janelle | 18 | Louis Riel | 12/05/2009 | Outdoor Grand Prix #1 |
| Women Junior 5000m Run | | | | | | |
| 1 | 18:55.79 | F Moore, Steve | 19 | MB Triathlon | 03/07/2009 | MB Age Class Championship |
| 2 | 18:59.41 | F Edwards, Rachael | 18 | MB Triathlon | 25/05/2009 | Outdoor Grand Prix #2 & #3 |
| 3 | 20:14.17 | F Dubois, Nicole | 18 | Unattached | 03/07/2009 | MB Age Class Championship |
| Women Junior 100m Hurdles 0.84m - 8.5m | | | | | | |
| 1 | 15.74 | F Gallant, Jena | 18 | Sisler | 03/07/2009 | MB Age Class Championship |
| 2 | 16.60 | F Gundrum, Amanda | 18 | Westmount | 03/07/2009 | MB Age Class Championship |
| 3 | 15.97 | F O'Donnell, Danielle | 19 | SA Tough Track | 03/07/2009 | MB Age Class Championship |
| 4 | 16.66 | F Boxill, Alicia | 19 | Bison Track | 03/07/2009 | MB Age Class Championship |
| 5 | 20.24 | F Bewski, Nicole | 18 | Wpg Optimist | 03/07/2009 | MB Age Class Championship |
| Women Junior 2000m Steeplechase | | | | | | |
| 1 | 7:40.58 | F Adamson, Jaclyn | 18 | Bison Track | 24/06/2009 | Grand Prix #6 |
| Women Junior Pole Vault | | | | | | |
| 1 | 3.20m | F Allen, Alexandra | 19 | Wpg Optimists | 24/06/2009 | Grand Prix #6 |
| Women Junior High Jump | | | | | | |
| 1 | 1.60m | F O'Donnell, Danielle | 19 | SA Tough Track | 03/07/2009 | MB Age Class Championship |
| 2 | 1.55m | F Stoesz, Meredith | 19 | Wpg Optimist | 03/07/2009 | MB Age Class Championship |
| 3 | 1.55m | F Scott, Megan | 19 | Unattached | 03/07/2009 | MB Age Class Championship |
| 4 | 1.45m | F Prychitko, Alexis | 18 | Wpg Optimist | 03/07/2009 | MB Age Class Championship |
| 5 | 1.42m | F Allen, Alexandra | 19 | Wpg Optimist | 18/07/2009 | MB-SK Youth Dual and Legion |
| Women Junior Long Jump | | | | | | |
| 1 | 5.15m | F Gundrum, Amanda | 18 | Westmount | 24/06/2009 | Grand Prix #6 |
| 2 | 4.96m | F Comeault, Ali | 18 | Wpg Optimist | 25/05/2009 | Outdoor Grand Prix #2 & #3 |
| 3 | 4.84m | F O'Donnell, Danielle | 19 | SA Tough Track | 03/07/2009 | MB Age Class Championship |
| 4 | 4.42m | F Allen, Alexandra | 19 | Wpg Optimist | 18/07/2009 | MB-SK Youth Dual and Legion |

Athletics Manitoba Outdoor Women's Rankings

to July 22nd, 2009

| Rank | Mark | | Name | Age | School/Club | Date | Meet Name |
|----------------------------------|---------|---|----------------------|-----|----------------|------------|------------------------------|
| Women Junior Triple Jump | | | | | | | |
| 1 | 10.81m | F | Gundrum, Amanda | 18 | Unattached | 03/07/2009 | MB Age Class Championship |
| 2 | 10.12m | F | Comeault, Ali | 18 | Wpg Optimist | 25/05/2009 | Outdoor Grand Prix #2 & #3 |
| 3 | 9.65m | F | Scott, Megan | 19 | Unattached | 12/06/2009 | Grand Prix #4 & #5 |
| 4 | 9.30m | F | Prychitko, Alexis | 18 | Wpg Optimist | 12/06/2009 | Grand Prix #4 & #5 |
| 5 | 9.23m | F | Bewski, Nicole | 18 | Wpg Optimist | 03/07/2009 | MB Age Class Championship |
| Women Junior Javelin 600g | | | | | | | |
| 1 | 35.46m | F | Harmon, Sara | 19 | Unattached | 03/07/2009 | MB Age Class Championship |
| 2 | 32.24m | F | Stratton, Desiree | 19 | Unattached | 03/07/2009 | MB Age Class Championship |
| 3 | 32.07m | F | O'Donnell, Danielle | 19 | SA Tough Track | 25/05/2009 | Outdoor Grand Prix #2 & #3 |
| 4 | 22.13m | F | Prychitko, Alexis | 18 | Wpg Optimist | 03/07/2009 | MB Age Class Championship |
| 5 | 18.17m | F | Allen, Alexandra | 19 | Wpg Optimist | 18/07/2009 | MB-SK Youth Dual and Legion |
| Women Junior Shot Put 4kg | | | | | | | |
| 1 | 9.55m | F | Chupa, Lindsay | 18 | Unattached | 03/07/2009 | MB Age Class Championship |
| 2 | 9.21m | F | O'Donnell, Danielle | 19 | SA Tough Track | 24/06/2009 | Grand Prix #6 |
| 3 | 8.91m | F | Marin, Stacy | 18 | Arborg | 12/06/2009 | Grand Prix #4 & #5 |
| 4 | 8.89m | F | Ferris, Karen | 18 | Flying M | 25/05/2009 | Outdoor Grand Prix #2 & #3 |
| 5 | 8.11m | F | O'Donnell, Danielle | 19 | SA Tough Track | 25/05/2009 | Outdoor Grand Prix #2 & #3 |
| 6 | 7.97m | F | Allen, Alexandra | 19 | Wpg Optimist | 18/07/2009 | MB-SK Youth Dual and Legion |
| Women Junior Discus 1kg | | | | | | | |
| 1 | 37.53m | F | Ferris, Karen | 18 | Flying M | 03/07/2009 | MB Age Class Championship |
| 2 | 28.60m | F | Chupa, Lindsay | 18 | Unattached | 03/07/2009 | MB Age Class Championship |
| 3 | 21.42m | F | Prychitko, Alexis | 18 | Wpg Optimist | 12/06/2009 | Grand Prix #4 & #5 |
| Women Junior Hammer 4kg | | | | | | | |
| 1 | 35.40m | F | Ferris, Karen | 19 | Flying M | 12/06/2009 | Grand Prix #4 & #5 |
| Women Junior Heptathlon | | | | | | | |
| 1 | 4449 | F | O'Donnell, Danielle | 19 | SA Tough Track | 18/07/2009 | Canadian Junior Championship |
| 2 | 3450 | F | Allen, Alexandra | 19 | Wpg Optimist | 12/06/2009 | Grand Prix #4 & #5 |
| Women Senior 100m Dash | | | | | | | |
| 1 | 11.76 | F | Grant, Chantel | 20 | Wpg Optimist | 25/06/2009 | 2009 Senior Nationals |
| 2 | 12.23 | F | Miskimmin, Caley | 22 | Wpg Optimist | 18/07/2009 | MB-SK Youth Dual and Legion |
| 3 | 12.46 | F | Woo, Meaghan | 21 | Bison Track | 18/07/2009 | MB-SK Youth Dual and Legion |
| 4 | 12.52 | F | Wong, Lisa | 20 | Bison Track | 18/07/2009 | MB-SK Youth Dual and Legion |
| 5 | 12.62 | F | King, Diana | 23 | Bison Track | 18/07/2009 | MB-SK Youth Dual and Legion |
| 6 | 12.85 | F | Ruller, Amanda | 21 | Unattached | 25/05/2009 | Outdoor Grand Prix #2 & #3 |
| 7 | 12.99 | F | Bordun, Kimberly-Ann | 20 | Bison Track | 18/07/2009 | MB-SK Youth Dual and Legion |
| 8 | 17.50 | F | Fontaine, Kimberly | 23 | Bulldogs | 25/05/2009 | Outdoor Grand Prix #2 & #3 |
| 9 | 22.10 | F | Muzychka, Meagan | 22 | Bulldogs | 25/05/2009 | Outdoor Grand Prix #2 & #3 |
| 10 | 24.86 | F | Tschetter, Samantha | 20 | Bulldogs | 25/05/2009 | Outdoor Grand Prix #2 & #3 |
| Women Senior 200m Dash | | | | | | | |
| 1 | 24.88 | F | Grant, Chantal | 20 | Wpg Optimist | 03/07/2009 | MB Age Class Championship |
| 2 | 25.59 | F | King, Diana | 23 | Bison Track | 03/07/2009 | MB Age Class Championship |
| 3 | 25.66 | P | Woo, Meaghan | 21 | Bison Track | 25/06/2009 | 2009 Senior Nationals |
| 4 | 26.02 | F | Miskimmin, Caley | 22 | Wpg Optimist | 12/06/2009 | Grand Prix #4 & #5 |
| 5 | 27.21 | F | Bordun, Kimberly-Ann | 20 | Bison Track | 25/05/2009 | Outdoor Grand Prix #2 & #3 |
| 6 | 28.83 | F | Twerdun, Deondra | 21 | Wpg Optimist | 25/05/2009 | Outdoor Grand Prix #2 & #3 |
| Women Senior 400m Dash | | | | | | | |
| 1 | 58.39 | F | Woo, Meaghan | 21 | Bison Track | 03/07/2009 | MB Age Class Championship |
| 2 | 59.07 | F | Campbell, Jennifer | 22 | Bison Track | 24/06/2009 | Grand Prix #6 |
| 3 | 59.08 | F | King, Diana | 23 | Bison Track | 12/06/2009 | Grand Prix #4 & #5 |
| 4 | 1:00.81 | F | Bordun, Kimberly-Ann | 20 | Bison Track | 24/06/2009 | Grand Prix #6 |

Athletics Manitoba Outdoor Women's Rankings

to July 22nd, 2009

| Rank | Mark | | Name | Age | School/Club | Date | Meet Name |
|---|----------|---|-------------------------|-----|--------------|------------|----------------------------------|
| Women Senior 800m Run | | | | | | | |
| 1 | 2:02.63 | F | Nicole Edwards | 22 | Unattached | 12/07/2009 | Intl di Atletica Leggera - Italy |
| 2 | 2:13.59 | F | Walker, Darolyn | 27 | River City | 25/05/2009 | Outdoor Grand Prix #2 & #3 |
| 3 | 2:27.33 | F | Stromberg, Justine | 21 | Parc | 25/05/2009 | Outdoor Grand Prix #2 & #3 |
| 4 | 2:27.70 | F | Campbell, Jennifer | 22 | Bison Track | 12/06/2009 | Grand Prix #4 & #5 |
| 5 | 2:32.80 | F | Hesketh, Andrea | 20 | Bison Track | 03/07/2009 | MB Age Class Championship |
| 6 | 2:40.86 | F | Twerdun, Deondra | 21 | Wpg Optimist | 12/06/2009 | Grand Prix #4 & #5 |
| Women Senior 1500m Run | | | | | | | |
| 1 | 4:14.50 | F | Edwards, Nicole | 23 | Unattached | 30/05/2009 | Reebok Grand Prix, New York |
| 2 | 4:27.37 | F | Walker, Darolyn | 27 | River City | 25/06/2009 | 2009 Senior Nationals |
| 3 | 4:54.92 | F | Ginter, Lacey | 21 | Bison Track | 6/12/1009 | Grand Prix #4 & #5 |
| 4 | 4:58.29 | F | Stomberg, Justine | 21 | Parc | 03/07/2009 | MB Age Class Championship |
| 5 | 5:05.30 | F | Altomare, Alyssa | 20 | Bison Track | 25/05/2009 | Outdoor Grand Prix #2 & #3 |
| Women Senior 3000m Run | | | | | | | |
| 1 | 10:25.71 | F | Bruckschwaiger, Katrina | 27 | Bison Track | 12/05/2009 | Outdoor Grand Prix #1 |
| 2 | 10:34.31 | F | Gregoire, Melanie | 20 | Bison Track | 12/05/2009 | Outdoor Grand Prix #1 |
| 3 | 10:38.60 | F | Ginter, Lacey | 21 | Bison Track | 12/05/2009 | Outdoor Grand Prix #1 |
| 4 | 11:30.01 | F | Sherwin, Alice | 21 | Bison Track | 12/05/2009 | Outdoor Grand Prix #1 |
| Women Senior 5000m Run | | | | | | | |
| 1 | 17:29.78 | F | Walker, Darolyn | 27 | River City | 03/07/2009 | MB Age Class Championship |
| 2 | 17:41.72 | F | Bruckschwaiger, Katrina | 27 | Bison Track | 25/05/2009 | Outdoor Grand Prix #2 & #3 |
| 3 | 17:53.65 | F | Gregoire, Melanie | 20 | Bison Track | 03/07/2009 | MB Age Class Championship |
| 4 | 18:05.81 | F | Ginter, Lacey | 21 | Bison Track | 03/07/2009 | MB Age Class Championship |
| 5 | 18:36.90 | F | Tessmann, Gina | 24 | Bison Track | 25/05/2009 | Outdoor Grand Prix #2 & #3 |
| 6 | 18:56.57 | F | Brault, Sarah-Anne | 20 | Unattached | 03/07/2009 | MB Age Class Championship |
| 7 | 19:18.18 | F | Altomare, Alyssa | 20 | Bison Track | 03/07/2009 | MB Age Class Championship |
| 8 | 19:29.41 | F | Bell, Alex | 20 | Bison Track | 25/05/2009 | Outdoor Grand Prix #2 & #3 |
| 9 | 19:36.52 | F | Sherwin, Alice | 21 | Bison Track | 25/05/2009 | Outdoor Grand Prix #2 & #3 |
| Women Senior 100m Hurdles 0.84m-8.5m | | | | | | | |
| 1 | 15.74 | F | Bordun, Kimberly-Ann | 20 | Bison Track | 03/07/2009 | MB Age Class Championship |
| 2 | 16.39 | F | Twerdun, Deondra | 21 | Wpg Optimist | 03/07/2009 | MB Age Class Championship |
| Women Senior 400m Hurdles 0.762m-35m | | | | | | | |
| 1 | 1:03.57 | F | Campbell, Jennifer | 22 | Bison Track | 25/05/2009 | Outdoor Grand Prix #2 & #3 |
| 2 | 1:05.06 | F | Woo, Meaghan | 21 | Bison Track | 12/06/2009 | Outdoor Grand Prix #4 & #5 |
| 3 | 1:07.42 | F | Baker, Dana | 22 | Bison Track | 12/06/2009 | Outdoor Grand Prix #4 & #5 |
| 4 | 1:09.50 | F | Bordun, Kimberly-ann | 20 | Bison Track | 25/05/2009 | Outdoor Grand Prix #2 & #3 |
| Women Senior 2000m Steeplechase | | | | | | | |
| 1 | 7:12.32 | F | Gregoire, Melanie | 20 | Bison Track | 25/05/2009 | Outdoor Grand Prix #2 & #3 |
| 2 | 7:24.93 | F | Bell, Alex | 20 | Bison Track | 25/05/2009 | Outdoor Grand Prix #2 & #3 |
| 3 | 7:44.75 | F | Ginter, Lacey | 21 | Bison Track | 24/06/2009 | Grand Prix #6 |
| Women Senior High Jump | | | | | | | |
| 1 | 1.40m | F | Twerdun, Deondra | 21 | Wpg Optimist | 25/05/2009 | Outdoor Grand Prix #2 & #3 |
| Women Senior Pole Vault | | | | | | | |
| 1 | 3.60m | F | Robson, Victoria | 24 | Wpg Optimist | 03/07/2009 | MB Age Class Championship |
| 2 | 2.90m | F | Cook, Taralyn | 20 | Wpg Optimist | 03/07/2009 | MB Age Class Championship |
| Women Senior Long Jump | | | | | | | |
| 1 | 5.37m | F | Baker, Dana | 22 | Bison Track | 03/07/2009 | Prov. Age Class Championship |
| 2 | 5.37m | F | Wong, Lisa | 20 | Bison Track | 18/07/2009 | MB-SK Youth Dual and Legion |
| 3 | 5.06m | F | Twerdun, Deondra | 21 | Wpg Optimist | 18/07/2009 | MB-SK Youth Dual and Legion |
| Women Senior Triple Jump | | | | | | | |
| 1 | 10.54m | F | Twerdun, Deondra | 21 | Wpg Optimist | 03/07/2009 | MB Age Class Championship |

Athletics Manitoba Outdoor Women's Rankings

to July 22nd, 2009

| Rank | Mark | | Name | Age | School/Club | Date | Meet Name |
|--------------------------------------|----------|---|------------------|-----|--------------|------------|-----------------------------|
| Women Senior Javelin 600g | | | | | | | |
| 1 | 32.22m | F | Boudreau, Alanna | 26 | Unattached | 03/07/2009 | MB Age Class Championship |
| 2 | 22.93m | F | Gregg, Melanie | 33 | Wpg Optimist | 12/05/2009 | Outdoor Grand Prix #1 |
| 3 | 19.89m | F | Twerdun, Deondra | 21 | Wpg Optimist | 12/06/2009 | Grand Prix #4 & #5 |
| Women Senior Shot Put 4kg | | | | | | | |
| 1 | 11.16m | F | Ocran, Michelle | 22 | Flying M | 24/06/2009 | Grand Prix #6 |
| 2 | 10.67m | F | Twerdun, Deondra | 21 | Wpg Optimist | 25/05/2009 | Outdoor Grand Prix #2 & #3 |
| Women Senior Discus 1kg | | | | | | | |
| 1 | 33.80m | F | Mackie, Kristen | 20 | Flying M | 18/07/2009 | MB-SK Youth Dual and Legion |
| Women Senior Hammer 4kg | | | | | | | |
| 1 | 40.89m | F | Mackie, Kristen | 20 | Flying M | 03/07/2009 | MB Age Class Championship |
| 2 | 35.99m | F | Ocran, Michelle | 22 | Flying M | 12/06/2009 | Grand Prix #4 & #5 |
| Year | | | | | | | |
| Women Masters 100m Dash | | | | | | | |
| 1 | 13.51 | F | Babalola, Omena | 68 | Wpg Optimist | 18/07/2009 | MB-SK Youth Dual and Legion |
| Women Masters 200m Dash | | | | | | | |
| 1 | 30.19 | F | Babalola, Omena | 68 | Wpg Optimist | 18/07/2009 | MB-SK Youth Dual and Legion |
| Women Masters 5000m Run | | | | | | | |
| 1 | 24:11.26 | F | Beauvais, Dianne | 62 | Unattached | 03/07/2009 | MB Age Class Championship |
| Women Masters Long Jump | | | | | | | |
| 1 | 4.71m | F | Logozar, Teresa | 72 | Wpg Optimist | 03/07/2009 | MB Age Class Championship |
| 2 | 3.87m | F | Bobko, Patricia | 58 | Unattached | 24/06/2009 | Grand Prix #6 |
| Women Masters Triple Jump | | | | | | | |
| 1 | 10.10m | F | Logozar, Teresa | 72 | Wpg Optimist | 12/06/2009 | Grand Prix #4 & #5 |
| Women Masters High Jump | | | | | | | |
| 1 | 1.50m | F | Logozar, Teresa | 72 | Wpg Optimist | 12/06/2009 | Grand Prix #4 & #5 |
| Women Masters Pole Vault | | | | | | | |
| 1 | 3.40m | F | Logozar, Teresa | 72 | Wpg Optimist | 18/07/2009 | MB-SK Youth Dual and Legion |
| Women Masters Shot Put 2.73kg | | | | | | | |
| 1 | 10.02m | F | Neumann, Jill | 75 | Flying M | 12/06/2009 | Grand Prix #4 & #5 |
| 2 | 8.37m | F | Bobko, Patricia | 58 | Unattached | 24/06/2009 | Grand Prix #6 |