

5 km Women Age Group Rankings

to Aug 17, 2009

	First	Last	Time	Age Group	Race
1	Ashlyn	Cortviendt	21:45	1-14	Puma-3
2	Shandra	Ready	22:22	1-14	Puma-3
3	Tarina	Ready	22:35	1-14	Puma-2
4	Lindsey	McKenty	23:36	1-14	Headingly
5	Jaclyn	Whitehill	23:48	1-14	Supeene
6	Jaydee-Lynn	McDougall	23:48	1-14	Headingly
7	Janessa	Klatt	24:04	1-14	Puma-3
8	Megan	Parsons	25:51	1-14	Headingly
9	Marianne	Orlikow	26:04	1-14	Puma
10	Hannah	Humphries	26:38	1-14	Puma-2
1	Richelle	Ready	21:09	15-19	Puma
2	Janelle	Remillard	21:54	15-19	Puma-2
3	Sylvie	Michaud	22:08	15-19	Puma-2
4	Taylor	Richtik	22:39	15-19	Headingly
5	Myriam	Leclercq	23:23	15-19	Puma-2
6	Jessie	Hill	23:38	15-19	Headingly
7	Kirsten	Bilous	27:54	15-19	Supeene
8	Hayley	Guillou	28:30	15-19	Headingly
9	Page	Chartrand	30:27	15-19	Com-Fit
1	Gina	Tessmann	19:25	20-24	Puma
2	Melanie	Gregoire	19:33	20-24	Puma
3	Lacey	Ginter	19:57	20-24	Puma
4	Alice	Sherwin	20:24	20-24	Puma
5	Alyssa	Altomare	20:46	20-24	Puma
6	Nicole	Barrett	21:08	20-24	Puma
7	Amelia	Smandych	22:58	20-24	Puma
8	Andrea	Globa	28:01	20-24	Com-Fit
9	Amanda	Grant	28:16	20-24	Com-Fit
10	Faren	Hochman	31:21	20-24	Com-Fit
1	Darolyn	Walker	18:39	25-29	Puma
2	Katrina	Bruckschaiger	18:56	25-29	Puma
3	Amber	Monk	28:31	25-29	Supeene
4	Lindsay	Shaw	30:39	25-29	Headingly
5	Hana	Forbes	31:33	25-29	Com-Fit
6	Michelle	Riddell	35:50	25-29	Headingly
7	Katherine	McDonald	36:54	25-29	Com-Fit
8	Kelly	Collins	38:26	25-29	Com-Fit
9	Lindsay	McCartney	39:07	25-29	Com-Fit
10	Cheryl	Jonston	44:58	25-29	Com-Fit
1	Melissa	Armstrong	18:49	30-34	Supeene
2	Jen	Goldenberg	23:18	30-34	Puma
3	Kathryn	Barnes	25:19	30-34	Headingly
4	Sean	Winstanley	25:31	30-34	Headingly
5	Lyndsey	Carroll	25:56	30-34	Headingly
6	Regan	Windsor Sothera	26:23	30-34	Headingly
7	Malanie	Melvin	28:02	30-34	Headingly
8	Kendra	Rerie	29:01	30-34	Puma
9	Tara	Bodnarchuk	30:40	30-34	Headingly
10	Ircia	Yerex	31:37	30-34	Puma
1	Meeghan	West	23:51	35-39	Supeene
2	Lisa	Myall	23:55	35-39	Headingly
3	Valerie	Craig	24:42	35-39	Puma
4	Charlene	Sylvestre	25:14	35-39	Headingly
5	Regan	Windsor Sothera	26:34	35-39	Supeene
6	Cathy	Cortviendt	26:58	35-39	Headingly
7	Mary Ann	Tucker	27:30	35-39	Headingly
8	Nicole	Jeffers	28:31	35-39	Supeene
9	Marcie	Wood	30:06	35-39	Headingly
10	Samia	Torcivia	30:42	35-39	Headingly

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	First	Last	Time	Age Group	Race
1	Amanda	Younka	19:57	40-44	Supeene
2	Andrea	Paci	20:23	40-44	Supeene
3	Monica	Young	21:25	40-44	Headingly
4	Michelle	Richtik	22:32	40-44	Headingly
5	Catherine	McKay	23:15	40-44	Headingly
6	Andrea	Weber Ethans	25:35	40-44	Puma
7	Squair	Beverly	27:35	40-44	Headingly
8	Tammy	Anton	29:04	40-44	Headingly
9	Heather	Guillou	29:05	40-44	Headingly
10	Ramona	Turner	29:34	40-44	Headingly
1	Jaymi	Derrett	22:40	45-49	Headingly
2	Fiona	Green	22:49	45-49	Puma
3	Nicole	Robidoux	23:24	45-49	Supeene
4	Susan	Ready	26:46	45-49	Puma-3
5	Kelly	McKenty	26:48	45-49	Headingly
6	Jacquelynn	Newton	27:07	45-49	Headingly
7	Wendie	Swirski	27:28	45-49	Supeene
8	Tayna	Anderson	27:55	45-49	Puma-2
9	Christina	McDonald	28:46	45-49	Puma
10	Heather	Ayres	29:19	45-49	Puma
1	Kathy	Wiens	21:54	50-54	Headingly
2	Nancy	Pallett	23:49	50-54	Com-Fit
3	Gail	Johnstone	24:30	50-54	Puma
4	Nancy	Hill	24:45	50-54	Headingly
5	Bev	Davies	25:32	50-54	Headingly
6	Linda	Markham	26:30	50-54	Headingly
7	Peggy	Sanders	28:32	50-54	Puma
8	Carol	Noonan	29:26	50-54	Headingly
9	Jane	Swintak	30:58	50-54	Com-Fit
10	Lil	Froese	31:38	50-54	Headingly
1	'Jan	Pickell	23:39	55-59	Supeene
2	Gwen	Bonneville	26:57	55-59	Supeene
3	June	Horsburgh	27:58	55-59	Puma-3
4	Marilyn	Fraser	28:52	55-59	Headingly
5	Judi	Wolfe	31:39	55-59	Headingly
6	Heather	Erhard	34:37	55-59	Headingly
7	Marnie	Zdriluk	40:19	55-59	Headingly
8	Brenda	Morris	41:50	55-59	Com-Fit
9	Bev	Barrack	45:37	55-59	Com-Fit
10	Maryann	Parsons	51:51	55-59	Com-Fit
1	Joanne	King	30:52	60-64	Supeene
2	Marilyn	Whyte	37:31	60-64	Headingly
3	Wendy	Sutton	37:32	60-64	Headingly
4	Diane	Tucker	49:22	60-64	Com-Fit
5	Donna	Dickey	54:51	60-64	Com-Fit
6	Betty	Breul	55:06	60-64	Com-Fit
1	Georgine	Cook	28:01	65-69	Puma
2	Joan	Wazny	53:00	65-69	Com-Fit
1	Dreena	Duham	32:53	70-74	Supeene
2	Bernice	Makarchuk	41:57	70-74	Com-Fit
3	Myra	Westman	42:11	70-74	Com-Fit
4	Brigitte	Neuman	51:43	70-74	Com-Fit
5	Annemaria	Jensen	1:00:42	70-74	Com-Fit