

10km Women Age Group Rankings

as of May 31, 2009

	First	Last	Time	Age Group	Race
1	Ashlyn	Cortvriendt	46:55	1-14	Physio
2	Sydney	Last	52:02	1-14	Physio
3	Brook	Turnbull	53:08	1-14	Physio
4	Danielle	Cayer	53:15	1-14	Physio
1	Richelle	Ready	43:16	15-19	Puma
2	Jackie	Dryden	51:52	15-19	Physio
3	Kacy	Wiebe	52:04	15-19	Physio
4	Melissa	Nolan	53:16	15-19	Physio
5	Rachel	Dufresne	53:36	15-19	Physio
6	Tonya	Wagner	54:15	15-19	Physio
7	Rhianne	Hargest	54:59	15-19	Physio
8	Jennifer	Bell	56:09	15-19	Physio
9	Monika	Karpowicz	56:48	15-19	Com-Fit
1	Gina	Tessmann	38:44	20-24	Puma
2	Melanie	Gregoire	40:34	20-24	Puma
3	Lacey	Ginter	40:45	20-24	Puma
4	Alice	Sherwin	41:02	20-24	Puma
5	Alyssa	Altomare	42:55	20-24	Puma
6	Jenna	Houssin	47:53	20-24	Physio
7	Ashley	Lemon	51:12	20-24	Brandon
8	Jessica	Wiebe	53:14	20-24	Brandon
9	Brittany	Dubyk	55:21	20-24	Com-Fit
10	Jennifer	Chwartacki	55:34	20-24	Com-Fit
1	Katrina	Bruckschwaiger	37:08	25-29	Puma
2	Darolyn	Walker	37:31	25-29	Puma
3	Cathy	Cullen	39:21	25-29	Puma
4	Melissa	Danish	49:30	25-29	Physio
5	Elsabete	Asrat	50:14	25-29	Brandon
6	Megan	Wiebe	51:25	25-29	Physio
7	Nancy	Case	52:12	25-29	Com-Fit
8	Sarah	Stetski	53:25	25-29	Com-Fit
9	Sarah	Pelland	54:05	25-29	Physio
10	Lylas	Poulton	54:08	20-24	Brandon
1	Melissa	Truman	46:32	30-34	Physio
2	Deanna	Peyachew	46:54	30-34	Brandon
3	Susanne	Boyd	49:46	30-34	Physio
4	Tara	Kenny	51:35	30-34	Physio
5	Tara	Hofer	52:40	30-34	Brandon
6	Kim	Houssin	52:57	30-34	Physio
7	Christine	Medina	53:49	30-34	Com-Fit
8	Tricia	Orsulak	55:01	30-34	Com-Fit
9	Cherir	Legare	55:37	30-34	Brandon
10	Robin	Romanik	55:46	30-34	Brandon
1	Janie	Parson	45:29	35-39	Com-Fit
2	Heather	Marks	46:31	35-39	Com-Fit
3	Michelle	Hiebert	46:59	35-39	Physio
4	Lisa	Myall	49:45	35-39	Physio
5	Brandy	Wicklow	49:59	35-39	Com-Fit
6	Meeghan	West	50:05	35-39	Physio
7	Brigitte	Kiazuk-Mykytyn	52:09	35-39	Physio
8	Bridget	Doiron	52:24	35-39	Physio
9	Cynthia	Sabiston	54:04	35-39	Puma
10	Colleen	Lacey	54:39	35-39	Brandon

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1	Amanda	Younka	41:27	40-44	Physio
2	Monica	Young	42:59	40-44	Puma
3	Andrea	Paci	42:59	40-44	Physio
4	Catherine	McKay	47:55	40-44	Physio
5	Christine	Bartel	49:06	40-44	Physio
6	Deb	Pfrimmer	49:16	40-44	Physio
7	Donna	Bell	51:18	40-44	Physio
8	Brenda	Dyck	51:56	40-44	Physio
9	Lori	Dubinsky	52:16	40-44	Physio
10	Debbie	Paul	52:37	40-44	Brandon
1	Corinne	Norris	48:13	45-49	Com-Fit
2	Maria	Cuda-Trunzo	48:27	45-49	Physio
3	Debra	Shafransky	50:18	45-49	Physio
4	Nancy	Stinton	51:21	45-49	Brandon
5	Cheryl	Baynton	52:47	45-49	Brandon
6	Leslie	Lepp	52:56	45-49	Com-Fit
7	Dianne	Beauvais	53:01	45-49	Physio
8	Heather	Docking	53:07	45-49	Physio
9	Cathey	Gornik	54:18	45-49	Physio
10	Joyce	MacKay	54:26	45-49	Com-Fit
1	Kathy	Wiens	45:49	50-54	Physio
2	Gail	Johnstone	48:54	50-54	Puma
3	Barbara	Webber	50:15	50-54	Brandon
4	Carey	Mcgregor	52:08	50-54	Physio
5	Evelyn	Mckim	55:19	50-54	Brandon
6	Linda	Markham	55:24	50-54	Physio
7	Yvonne	Konig	56:22	50-54	Physio
8	Peggy	Sanders	58:08	50-54	Puma
9	Nicole	Mercier	58:12	50-54	Com-Fit
10	Rita	Toews	58:17	50-54	Brandon
1	Lauren	Davenport	55:55	55-59	Com-Fit
2	Gwen	Bonneville	59:17	55-59	Physio
3	Marilyn	Fraser	59:35	55-59	Physio
4	Mayreen	Morrice	1:08:43	55-59	Physio
5	Sherrill	Wilcox-Dandonneau	1:11:19	55-59	Brandon
6	Valerie	Martin	1:11:44	55-59	Com-Fit
7	Wanda	Mathers	1:34:00	55-59	Com-Fit
1	Irene	Romaniw	1:12:14	60-64	Com-Fit
2	Cheryl	Dann	1:21:08	60-64	Com-Fit
3	Trudy	Hemstad	1:22:24	60-64	Brandon
1	Geogine	Cook	55:59	65-69	Com-Fit
2	Margaret	Murphy	1:11:32	65-69	Com-Fit
3	Lynne	Samuel	1:34:01	65-69	Com-Fit
4	Elsie	Bagan	1:37:31	65-69	Com-Fit
1	Dreena	Duhamel	1:10:23	70-74	Com-Fit