

## Men's Top 30

	<b>First</b>	<b>Last</b>	<b>Time</b>	<b>Age Group</b>	<b>Race</b>
1	Brian	Walker	31:55	25-29	Puma
2	Jeremy	Walker	32:42	25-29	Puma
3	Calvary	De Jong	32:51	20-24	Puma
4	Paul	Carr	33:11	20-24	Puma
5	Eric	Tranquada	33:28	25-29	Puma
6	Dane	Samuel	33:46	40-44	Puma
7	Bradley	Keefe	33:51	25-29	Puma
8	Colin	Shepherd	34:28	20-24	Puma
9	Desire	Budigoma	35:43	20-24	Puma
10	Clyde	Van Caeyzeele	36:14	50-54	Com-Fit
11	Steven	Graupner	36:56	20-24	Puma
12	Barett	Hildebrandt	37:27	25-29	Puma
13	Ross	Meacham	37:32	30-34	Physio
14	Gareth	De Plooy	37:45	25-29	Puma
15	Dale	Kirk	38:28	35-39	Puma
16	Murray	Rose	38:47	50-54	Puma
17	Kevin	Koenig	39:08	30-34	Puma
18	Keith	Bilous	39:13	50-54	Physio
19	Edgar	Rosales	39:14	30-34	Puma
20	Matthew	Stacey	39:19	30-34	Puma
21	Jeffrey	Booth	39:27	30-34	Puma
22	Allen	Gilleshammer	39:40	35-39	Puma
23	Gerald	Boulet	40:15	30-34	Physio
24	Mark	Lawall	40:16	40-44	Puma
25	Leon	Clegg	40:20	60-64	Puma
26	Bruce	Young	40:32	50-54	Puma
27	Sean	Lindsey	40:55	30-34	Physio
28	Darius	Konotopetz	41:00	20-24	Puma
29	Michael	McGovern	41:36	45-49	Physio
30	Joe	Willison	41:39	50-54	Physio

## Women's Top 30

	<b>First</b>	<b>Last</b>	<b>Time</b>	<b>Age Group</b>	<b>Race</b>
1	Katrina	Bruckschwaiger	37:08	25-29	Puma
2	Darolyn	Walker	37:31	25-29	Puma
3	Gina	Tessmann	38:44	20-24	Puma
4	Cathy	Cullen	39:21	25-29	Puma
5	Melanie	Gregoire	40:34	20-24	Puma
6	Lacey	Ginter	40:45	20-24	Puma
7	Alice	Sherwin	41:02	20-24	Puma
8	Amanda	Younka	41:27	40-44	Physio
9	Alyssa	Altomare	42:55	20-24	Puma
10	Monica	Young	42:59	40-44	Puma
11	Andrea	Paci	42:59	40-44	Physio
12	Richelle	Ready	43:16	15-19	Puma
13	Janie	Parson	45:29	35-39	Com-Fit
14	Kathy	Wiens	45:49	50-54	Physio
15	Heather	Marks	46:31	35-39	Com-Fit
16	Melissa	Truman	46:32	30-34	Physio
17	Ashlyn	Courtviendt	46:55	1-14	Physio
18	Michelle	Hiebert	46:59	35-39	Physio
19	Jenna	Houssin	47:53	20-24	Physio
20	Catherine	Mckay	47:55	40-44	Physio
21	Corinne	Norris	48:13	45-49	Com-Fit
22	Maria	Cuda-Trunzo	48:27	45-49	Physio
23	Gail	Johnstone	48:54	50-54	Puma
24	Christine	Bartel	49:06	40-44	Physio
25	Deb	Pfrimmer	49:16	40-44	Physio
26	Melissa	Danish	49:30	25-29	Physio
27	Lisa	Myall	49:45	35-39	Physio
28	Susanne	Boyd	49:46	30-34	Physio
29	Brandy	Wicklow	49:59	35-39	Com-Fit
30	Meghan	West	50:05	35-39	Physio