

# 10km Men Age Group Rankings

to Jul 14, 2009

	First	Last	Time	Age Group	Race
1	Justin	Kasper	43:56	1-14	Physio
2	Evan	Pfrimmer	44:24	1-14	Physio
3	Ben	Paterson	45:05	1-14	G. Beach
4	Andrew	Kort	46:42	1-14	Physio
5	James	Carrier	53:33	1-14	Physio
6	Jordan	Provencher	54:00	1-14	G. Beach
7	Ryan	Kapalka	54:43	1-14	Physio
8	Bryce	Jenkins	57:32	1-14	Physio
9	Justin	Breul	1:38:53	1-14	Com-Fit
1	Paul	Athayde	41:47	15-19	Physio
2	Martin	Trendota	41:52	15-19	Com-Fit
3	Josh	Guenther	42:49	15-19	Com-Fit
4	Greg	Kulczycki	43:25	15-19	Physio
5	Colton	Devos	43:41	15-19	Puma
6	Jason	Redpath	43:58	15-19	Puma
7	John	Lawler	44:00	15-19	G. Beach
8	Andrew	Benga	44:06	15-19	Physio
9	Kyle	Silva	44:10	15-19	Physio
10	Bryce	Pfrimmer	46:41	15-19	Physio
1	Calvary	De Jong	32:51	20-24	Puma
2	Paul	Carr	33:11	20-24	Puma
3	Colin	Shepherd	34:28	20-24	Puma
4	Desire	Budigoma	35:43	20-24	Puma
5	Steven	Graupner	36:56	20-24	Puma
6	Ryan	Lamont	37:58	20-24	Brandon
7	Adam	Czuchnicki	38:06	20-24	G. Beach
8	Brendon	Klos	38:45	20-24	Com-Fit
9	Graham	Hnatiuk	39:32	20-24	G. Beach
10	Darius	Konotopetz	41:00	20-24	Puma
1	Brian	Walker	31:55	25-29	Puma
2	Jeremy	Walker	32:42	25-29	Puma
3	Eric	Tranquada	33:28	25-29	Puma
4	Bradley	Keefe	33:51	25-29	Puma
5	Barett	Hildebrandt	37:27	25-29	Puma
6	Gareth	De Plooy	37:45	25-29	Puma
7	Luis Jairo	Jaramillo	41:05	25-29	G. Beach
8	Rocky	Klassen	43:16	25-29	Physio
9	Matthew	Harder	43:59	25-29	G. Beach
10	Mark	Phinney	47:37	25-29	Brandon
1	Ross	Meacham	37:32	30-34	Physio
2	Kevin	Koenig	39:08	30-34	Puma
3	Edgar	Rosales	39:14	30-34	Puma
4	Matthew	Stacey	39:19	30-34	Puma
5	Jeffrey	Booth	39:27	30-34	Puma
6	Gerald	Boulet	40:15	30-34	Physio
7	Sean	Lindsey	40:55	30-34	Physio
8	Brent	Czarnecki	42:35	30-34	G. Beach
9	Jason	Gray	46:14	30-34	Physio
10	Jason	Guy	46:28	30-34	Puma

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1	Dale	Kirk	38:28	35-39	Puma
2	Anthony	Rider	39:19	35-39	Brandon
3	Allen	Gilleshammer	39:40	35-39	Puma
4	Jonathan	Stapinsky	42:23	35-39	Com-Fit
5	Daniel	Krueger	43:04	35-39	Com-Fit
5	Arthur	Cordeiro	43:35	35-39	Com-Fit
7	Patrick	Hamilton	44:06	35-39	Brandon
8	Jason	Guarino	44:47	35-39	Com-Fit
9	Edward	Kolodziej	45:45	35-39	Com-Fit
10	Todd	Brega	46:34	35-39	Com-Fit
1	Dane	Samuel	33:46	40-44	Puma
2	Mark	Lawall	40:16	40-44	Puma
3	Aldo	Furlan	41:10	40-44	G. Beach
4	Paul	Kovac	42:15	40-44	Com-Fit
5	Michael	Klatt	42:22	40-44	Puma
6	Joe	Ball	43:09	40-44	Brandon
7	Gord	Steeves	43:10	40-44	Physio
8	Vern	Kratz	43:21	40-44	Brandon
9	Greg	Sasaki	43:23	40-44	Brandon
10	Tim	Turner	43:32	40-44	Physio
1	Darcy	Ready	37:20	45-49	G. Beach
2	Paul	Brodie	39:38	45-49	G. Beach
3	Michael	McGovern	41:36	45-49	Physio
4	Mark	Conrad	42:15	45-49	Puma
5	Andrew	Schewe	43:10	45-49	Puma
6	Byron	Speidel	43:11	45-49	G. Beach
7	Jean-Pierre	Grolet	43:18	45-49	Physio
8	Leyton	Roe	44:27	45-49	Puma
9	Jeff	Guenther	44:48	45-49	Com-Fit
10	Dave	Hamalainen	44:56	45-49	Com-Fit
1	Clyde	Van Caeyzeele	36:14	50-54	Com-Fit
2	Murray	Rose	38:47	50-54	Puma
3	Keith	Bilous	39:13	50-54	Physio
4	Bruce	Young	40:32	50-54	Puma
5	Joe	Willison	41:39	50-54	Physio
6	Ross	Wilkinson	41:50	50-54	Brandon
7	Donald	Gill	43:20	50-54	Physio
8	Pete	Gagne	44:46	50-54	Physio
9	Keith	Addison	44:53	50-54	Physio
10	Randall	Bodner	45:29	50-54	Physio
1	David	Lawler	44:02	55-59	Puma
2	Murray	Chimilar	47:22	55-59	Com-Fit
3	Philip	Veness	49:21	55-59	Com-Fit
4	Raymond	Natiuk	51:18	55-59	Com-Fit
5	John	Craig	51:59	55-59	Puma
6	Alvin	Stargardter	52:31	55-59	Com-Fit
7	Gord	Ptashnick	52:58	55-59	Com-Fit
8	Virgillio	Galvez	53:19	55-59	Com-Fit
9	John	Gray	54:41	55-59	Physio
10	Jim	Nixon	54:42	55-59	Physio

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	<b>First</b>	<b>Last</b>	<b>Time</b>	<b>Age Group</b>	<b>Race</b>
1	Leon	Clegg	40:20	60-64	Puma
2	Henry	Marie	46:53	60-64	Physio
3	Bob	Doolan	47:23	60-64	Puma
4	Larry	Konotopetz	48:00	60-64	Puma
5	Jeff	Vince	51:17	60-64	Com-Fit
6	Albert	Beal	51:48	60-64	Com-Fit
7	John	Gray	53:49	60-64	Physio
8	John	Guy	56:45	60-64	Puma
9	Greg	Hammond	56:45	60-64	Puma
10	Allan	Delavau	1:04:09	60-64	Physio
1	Harold	Bagan	50:04	65-69	Com-Fit
2	Jim	Glasier	56:36	65-69	Puma
3	Gary	Davis	1:05:07	65-69	Physio
4	Ray	Harris	1:05:41	65-69	Physio
5	Chico	Santiago	1:25:21	65-69	Com-Fit
1	Ed	Klassen	45:43	70-74	Physio
2	Jim	Anderson	53:12	70-74	Physio
3	James	King	54:52	70-74	Com-Fit
4	Raymond	Garrity	57:40	70-74	Com-Fit
5	Al	Myska	1:01:46	70-74	Physio
6	Jack	Dubnicoff	1:14:09	70-74	Com-Fit
1	Bruce	Beatson	1:28:55	80+	Physio