



**Winnipeg Region Track and Field Schedule
June 20th & 21st 2008
University of Manitoba Stadium**

- Age categories are as of December 31, 2008.
- Top three finishers will be awarded medals.
- Heats will be run in the 100m and 200m if there are more than 8 athletes in an event. All other track events will be run as timed finals.
- Track events take priority over field – if an athlete is involved in both a track and field event at one time, they must register with the field event, run their track event, and immediately return to their field event.
- All athletes must be ready to marshal 30 minutes prior to track events and 15 minutes prior to field events.
- Events can run up to 15 minutes ahead of schedule – please listen to ongoing announcements and arrive in sufficient time for events.

Friday, June 20, 2008

Track Events

6:00 pm 80mh (Timed Final)	Bantam 95/96 Women
80mh (Timed Final)	Midget 93/94 Women
80mh (Timed Final)	Bantam 95/96 Men
100mh (Timed Final)	Midget 93/94 Men

6:30 pm 100m (Heats)	Midget 93/94 Women
100m (Heats)	Bantam 95/96 Women
100m (Heats)	Pee Wee 97 Women
100m (Heats)	Midget 93/94 Men
100m (Heats)	Bantam 95/96 Men
100m (Heats)	Pee Wee 97 Men

7:30 pm 1500m (Timed Final)	Midget 93/94 Women
1500m (Timed Final)	Bantam 95/96 Women
1500m (Timed Final)	Pee Wee 97 Women
1500m (Timed Final)	Midget 93/94 Men
1500m (Timed Final)	Bantam 95/96 Men
1500m (Timed Final)	Pee Wee 97 Men

8:30 pm Finals as Needed	
100m	Midget 93/94 Women
100m	Bantam 95/96 Women
100m	Pee Wee 97 Women
100m	Midget 93/94 Men
100m	Bantam 95/96 Men
100m	Pee Wee 97 Men

Field

All athletes will be allowed three (3) jumps/throws in the preliminary round. Top eight (8) athletes will then be given three (3) more jumps/throws.

6:00 pm Triple Jump	Midget 93/94 Women
6:45 pm Triple Jump	Midget 93/94 Men

6:00 pm Standing Long Jump	Pee Wee 97 Men & Women
7:15 pm Standing Long Jump	Bantam 95/96 Men & Women
8:00 pm Standing Long Jump	Midget 93/94 Men & Women

6:00 pm Ball Throw	Bantam 95/96 Men & Women
7:15 pm Ball Throw	Midget 93/94 Men & Women
8:00 pm Ball Throw	Pee Wee 97 Men & Women

Saturday, June 21, 2008**Track Events**

Please note that 200m will be a timed final if there are 8 athletes or less in a race.

9:00 am	3000m (Timed Final) 3000m (Timed Final)	Midget 93/94 Women Midget 93/94 Men
10:00 am	200 m (Heats) 200 m (Heats) 200 m (Heats) 200 m (Heats) 200 m (Heats) 200 m (Heats)	Midget 93/94 Women Bantam 95/96 Women Pee Wee 97 Women Midget 93/94 Men Bantam 95/96 Men Pee Wee 97 Men
11:00 am	800m (Timed Final) 800m (Timed Final) 800m (Timed Final) 800m (Timed Final) 800m (Timed Final) 800m (Timed Final)	Midget 93/94 Women Bantam 95/96 Women Pee Wee 97 Women Midget 93/94 Men Bantam 95/96 Men Pee Wee 97 Men
12:00 pm	Finals as Needed 200 m 200 m 200 m 200 m 200 m 200 m	Midget 93/94 Women Bantam 95/96 Women Pee Wee 97 Women Midget 93/94 Men Bantam 95/96 Men Pee Wee 97 Men

Field Events

All athletes will be allowed three (3) jumps/throws in the preliminary round. Top eight (8) athletes will then be given three (3) more jumps/throws.

9:00 am	High Jump	Pee Wee Men & Women
10:00 am	High Jump	Midget & Bantam Women
11:00 am	High Jump	Midget & Bantam Men
9:00 am	Long Jump	Midget 93/94 Men
9:45 am	Long Jump	Bantam 95/96Men
10:30 am	Long Jump	Pee Wee 97 Men
11:15 am	Long Jump	Midget 93/94 Women
11:45 am	Long Jump	Bantam 95/96 Women
12:15 pm	Long Jump	Pee Wee 97 Women
9:00 am	Shot Put	Pee Wee/Bantam/Midget Women
9:45 am	Shot Put	Midget Men
10:30 am	Shot Put	Pee Wee/Bantam Men
11:30 am	Discus	Midget Men & Women