

Aug 20, 2008

Athletics Manitoba Outdoor Records

updated May 2011

Open: The best performance by any athlete within the province of Manitoba							
Age Categories: The best performance by an Athletics Manitoba member anywhere							
Red Indicates within this season (2008)							
	Event		Mark	Date Set	Record Holder	Affiliation	Location
WOMEN							
Senior	100m		11.70	Jul-20-82	TANYA BROTHERS	GALAXY TC	COLORADO SPRINGS
			11.70	Jul-26-91	FAYE ROBERTS	MANITOBA	MONTREAL
Junior	100m		11.70	Jul-20-82	TANYA BROTHERS	GALAXY TC	COLORADO SPRINGS
Juvenile	100m		11.96	Jul-12-80	TANYA BROTHERS	GALAXY TC	SUDBURY
Midget	100m	1.1	12.31	Aug 09-08	CARLY PARACHOLSKI	MANITOBA/NWO LEGION	SHERBROOKE
Open	200m		22.83	Jul-28-99	DEBBIE FERGUSON	BAHAMAS	WINNIPEG
Senior	200m		23.45	Jul-20-82	TANYA BROTHERS	GALAXY TC	COLORADO SPRINGS
Junior	200m		23.45	Jul-20-82	TANYA BROTHERS	GALAXY TC	COLORADO SPRINGS
Juvenile	200m		24.71	Jul-13-80	TANYA BROTHERS	GALAXY TC	SUDBURY
Midget	200m	-1.7	25.36	Jun 08-08	CARLY PARACHOLSKI	SISLER	WINNIPEG
Open	400m		50.77	Jun-30-84	MARITA PAYNE	YO	WINNIPEG
Senior	400m		52.67	May-28-92	ALANNA YAKIWCHUK	RAIDERS TC	PROVO
Junior	400m		55.14	May-17-08	ALYSSA JOHNSON	FLYING M	CALGARY
Juvenile	400m		55.14	May-17-08	ALYSSA JOHNSON	FLYING M	CALGARY
Midget	400m		56.06	Aug 09-08	CARLY PARACHOLSKI	MANITOBA/NWO LEGION	SHERBROOKE
Open	800m		1:59.95	Jul-25-99	LETITIA VRIESDE	SURINAME	WINNIPEG
Senior	800m		2:02.34	Aug- 9-88	ANGELA CHALMERS	RAIDERS TC	MONTREAL
Junior	800m		2:07.3h	Jun- 2-81	ANGELA CHALMERS	SUNDOWNERS TC	BURNABY
Juvenile	800m		2:09.1h	Jul-15-79	NANCY RETTIE	MANITOBA	VANCOUVER
Midget	800m		2:13.00	Aug-15-05	STEPHANIE ROMANSON	WOA	WINNIPEG
Open	1500m		4:13.32	Jun-10-84	DEBBIE SCOTT	VIKINGS TC	WINNIPEG
Senior	1500m		4:03.18	Aug-25-89	ANGELA CHALMERS	RAIDERS TC	BRUSSELS
Junior	1500m		4:19.29	Jun- 9-05	Nicole Edwards	Michigan	SACRAMENTO
Juvenile	1500m		4:23.7h	Jun-22-79	ANGELA CHALMERS	SUNDOWNERS TC	VANCOUVER
Midget	1500m		4:27.3h	Aug- 5-78	ANGELA CHALMERS	CANADA	MONTREAL
Open	3000m		9:02.69	Jul-01-84	LYNNE WILLIAMS	VALLEY ROYALS	WINNIPEG
Senior	3000m		8:38.38	Jan-28-90	ANGELA CHALMERS	CANADA	AUCKLAND
Junior	3000m		9:14.81	Aug-16-85	PAM KLASSEN	MANITOBA	ST. JOHN'S
Juvenile	3000m		9:29.0h	May-23-82	CAROL HOWE	RAIDERS TC	ST. JOHN'S
Midget	3000m		10:25.25	Jun-24-06	JACLYN ADAMSON	WOA	WINNIPEG
Open	5000m		15:56.19	Jun-26-99	KATHY BUTLER	PACIFIC STORM	WINNIPEG
Senior	5000m		15:31.57	Jul-19-06	ANDREA GROVE-MCDONOUGH	MOUNTAIN WEST TRACK CLUB	Liege, Belgium
Junior	5000m		17:23.28	Aug-15-05	SARAH-ANNE BRAULT	COLLEGE LOUIS RIEL	REGINA
Juvenile	5000m		17:23.28	Aug-15-05	SARAH-ANNE BRAULT	COLLEGE LOUIS RIEL	REGINA
Open	10000m		32:56.51	Jul-28-99	N. ROCHA DE LA CRUZ	MEXICO	WINNIPEG
Senior	10000m		32:29.69	May 4-08	ANDREA GROVE-MCDONOUGH	MOUNTAIN WEST TRACK CLUB	PALO ALTO, CA
Junior	10000m		34:29.13	Mar-31-01	MICHELLE CARSON	UNATTACHED	STANFORD
Juvenile	80m Hurdles	30"	12.14	Jul-30-90	LINDSAY INGRAM	MANITOBA	KELOWNA
Midget	80m Hurdles	30"	12.56	Aug- 7-98	ALANNA BOUDREAU	MANITOBA/NWO LEGION	PRINCE GEORGE
Open	100m Hurdles	33"-8.5m	12.76	Jun-26-99	KETURAH ANDERSON	PHOENIX ATHLETICS	WINNIPEG
Senior	100m Hurdles	33"	13.83	Jun-26-99	Janna Nikkel	Echo Athletics	WINNIPEG
Junior	100m Hurdles	33"	13.88	Jul-20-91	Janna Nikkel	Canada	KINGSTON
Juvenile	100m Hurdles	30"-8.0m	15.42	Jul-15-06	KENDRA BAKER	MANITOBA	WINNIPEG
Midget	300m Hurdles	30"	46.8h	Aug-22-82	Pam Glover	Manitoba	FREDERICTON
Open	400m Hurdles		53.44	Jul-28-99	DAIMI PERNIA FIGUEROA	CUBA	WINNIPEG
Senior	400m Hurdles		59.48	May-26-86	RUTH HADDEN	TAKUS TC	PROVO
Junior	400m Hurdles		59.66	Jul-27-85	RUTH HADDEN	TAKUS TC	BURNABY
Juvenile	400m Hurdles	30"	1:01.68	Jul-30-89	LISA OMICHINSKI	MANITOBA	SHERWOOD PARK
Senior	2000m StplCh		7:19.61	Aug-15-05	ALEX BELL	MANITOBA	REGINA
Junior	2000m StplCh		7:19.61	Aug-15-05	ALEX BELL	MANITOBA	REGINA
Juvenile	2000m StplCh		7:19.61	Aug-15-05	ALEX BELL	MANITOBA	REGINA
Midget	2000m StplCh		7:53.96	Jul-15-06	JANELLE GAUDET	MANITOBA	WINNIPEG

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Open	3000m	StplCh		10:17.55	Jun-27-99	KAREN HARVEY	S. WINDSOR KC	WINNIPEG
Senior	3000m	StplCh		10:22.92	Apr-10-04	MICHELLE CARSON	MICHIGAN STATE	EAST LANSING
Junior	3000m	StplCh		11:38.86	Aug-08-07	MÉLANIE GRÉGOIRE	MANITOBA WCSG	STRATHCONA COUNTY
Juvenile	3000m	StplCh		11:56.89	Jun-24-06	JANELLE GAUDET	STRIDE AHEAD TOUGH TRACK	WINNIPEG
Open	4x100m	Relay		42.62	Jul-30-99	JAMAICA	K. RICHARDS, A. BAILEY, B. GRANT, P. GOWDIE	WINNIPEG
Senior	4x100m	Relay		46.32	Aug-15-81	MANITOBA	CHERYL CROXFORD SANDY GILKES TANYA BROTHERS FAYE ROBERTS	THUNDER BAY
Junior	4x100m	Relay		47.26	Jun-21-80	MANITOBA	TANYA BROTHERS FAYE ROBERTS ELYSA JAMEN CHANTAL ASTON	WINNIPEG
Juvenile	4x100m	Relay		47.26	Jun-21-80	MANITOBA	TANYA BROTHERS FAYE ROBERTS ELYSA JAMEN CHANTAL ASTON	WINNIPEG
Midget	4x100m	Relay		50.63	Aug-9-87	MANITOBA		CALGARY
Open	4x200m	Relay		1:39.9h	May-01-82	GALAXY TC	SANDY GILKES, TANYA BROTHERS, CHANTEL ASTON, DONNA FERGUSON	WINNIPEG
Senior	4x200m	Relay		1:39.9h	May-01-82	GALAXY TC	SANDY GILKES, TANYA BROTHERS, CHANTEL ASTON, DONNA FERGUSON	WINNIPEG
Junior	4x200m	Relay		1:45.8h	Jul-10-77	WINGS TC	MONA COCHINGYAN, LISA POLESCHUK, KAREN POWELL, PENNY GILHULY	WINNIPEG
Juvenile	4x200m	Relay		1:47.8h	May-01-81	TAKUS TC	LESLIE ALISON DOROTHY MACKENZIE ANDREA PACI NANCY MCCUAIG	WINNIPEG
Midget	4x200m	Relay		1:48.20	Jun-14-87	TAKUS TC	JANNA NIKKEL, SHERRIE REIMER, LINDSAY INGRAM, CATHY ADAMS	WINNIPEG
Open	4x400m	Relay		3:26.70	Jul-30-99	CUBA	J. DUPORTY, Z. CALATAYUD, I. BONNE, D. PERNIA	WINNIPEG
Senior	4x400m	Relay		3:47.0h	Aug-14-79	MANITOBA	MAVIS CURTIS, C. MACPHERSON, NANCY RETTIE, ANGELA CHALMERS	SASKATOON
Junior	4x400m	Relay		3:50.5h	Aug-1-77	MANITOBA	MAVIS CURTIS, MAUREEN HOUGHTON, ROSANNE MURPHY, M COCHINGYAN	ST. JOHN'S
Juvenile	4x400m	Relay		3:56.68	Jul-30-89	MANITOBA		SHERWOOD PARK
Midget	4x400m	Relay		4:24.09	Jun-24-06	SATT	CAYLA MOONEY, JENNA GAUDET, JANELLE GAUDET, KARLI KIRKPATRICK	WINNIPEG
Open	4x800m	Relay		9:03.9h	May-01-82	RAIDERS TC	NANCY RETTIE, CAROL HOWE, VICKI AGAR, SANDY RETTIE	WINNIPEG
Senior	4x800m	Relay		9:03.9h	May-01-82	RAIDERS TC	NANCY RETTIE, CAROL HOWE, VICKI AGAR, SANDY RETTIE	WINNIPEG
Junior	4x800m	Relay		9:35.0h	May-14-88	RAIDERS TC	C. MURPHY, A. PERNITSKY, J. NEUFELD, M. BUISSON	WINNIPEG
Open	1600m	SptMedlyR	4-2-2-8	4:09.3h	May-14-88	RAIDERS TC	NANCY TAYLOR, HEATHER LEE-KIN, M. BRAITHWAITE, BRENDA BAKER	WINNIPEG
Senior	1600m	SptMedlyR	4-2-2-8	4:09.3h	May-14-88	RAIDERS TC	NANCY TAYLOR, HEATHER LEE-KIN, M. BRAITHWAITE, BRENDA BAKER	WINNIPEG
Junior	1600m	SptMedlyR	4-2-2-8	4:10.2h	May-14-88	RAIDERS TC	CHERYL MURPHY, LEANNE HARRISON, TRISHA BEST, A. PERNITSKY	WINNIPEG
Juvenile	1600m	SptMedlyR	4-2-2-8	4:26.75	Jun-16-01	MANITOBA	MANITOBA	BRANDON
Midget	1600m	SptMedlyR	4-2-2-8	4:08.09	Aug 10-08	MANITOBA/NWO	MEAGAN PARACHOLSKI, MELISSA KITCHING, AMY ANDRUSHKO, CARLY PARACHOLSKI	SHERBROOKE
Open	4000m	DisMedlyR	4-8-12-1	12:52.7h	May-14-88	RAIDERS TC	CAROL BOYLE, VICKI AGAR, CHERYL MURPHY, VELVET CADRE	WINNIPEG
Senior	4000m	DisMedlyR	4-8-12-1	12:52.7h	May-14-88	RAIDERS TC	CAROL BOYLE, VICKI AGAR, CHERYL MURPHY, VELVET CADRE	WINNIPEG

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Open	High Jump		1.94m	Jul-01-84	DEBBIE BRILL	BC	WINNIPEG	
Senior	High Jump		1.79m	Aug-20-97	TAMMY MAHON	MANITOBA	BRANDON	
Junior	High Jump		1.79m	Aug-20-97	TAMMY MAHON	MANITOBA	BRANDON	
Juvenile	High Jump		1.79m	Aug-20-97	TAMMY MAHON	MANITOBA	BRANDON	
Midget	High Jump		1.73m	Jul- 1-95	TAMMY MAHON	TREHERNE	WINNIPEG	
			1.73m	Aug-10-96	TAMMY MAHON	UNATTACHED	KITCHENER	
Open	Pole Vault		4.51m	Jul-15-05	DANA BULLER	KITCHENER	WINNIPEG	
Senior	Pole Vault		4.12m	May- 5-01	JACKIE HONEY	WOA	EL PASO	
Junior	Pole Vault		3.00m	May 14-08	SARAH BOILA	WOA	WINNIPEG	
Juvenile	Pole Vault		3.00m	May 14-08	SARAH BOILA	WOA	WINNIPEG	
Midget	Pole Vault		2.95m	May 23-08	CARISSA GAULTHER	WOA	WINNIPEG	
Open	Long Jump		6.59m	Jul-24-99	MAUREEN MAGGI	BRAZIL	WINNIPEG	
Senior	Long Jump		6.39m	Apr-14-91	LAVERN CLARKE	U. OF NEW MEXICO	ALBUQUERQUE	
Junior	Long Jump		5.83m	Aug- 1-68	KAY THOMSON	FLYING M AC	TORONTO	
Juvenile	Long Jump		5.78m	Jun-23-90	JANNA NIKKEL	MANITOBA	BLAINE	
Midget	Long Jump		5.42m	Jun- 8-88	GLADYS NORTEY	SISLER	WINNIPEG	
Open	Triple Jump		14.77m	Jul-28-99	YAMILE ALDAMA POZA	CUBA	WINNIPEG	
Senior	Triple Jump		13.04m	Mar-23-91	LAVERN CLARKE	U. OF NEW MEXICO	ALBUQUERQUE	
Junior	Triple Jump		12.04m	Jul-30-93	MELISSA HABOK	BRANDON RIVALS	COQUITLAM	
Juvenile	Triple Jump		11.47m	Jun-23-00	ALANNA BOUDREAU	WOA	WINNIPEG	
Midget	Triple Jump		10.87m	Jul- 3-98	ALANNA BOUDREAU	WOA	WINNIPEG	
Open	Shot Put	4kg	19.06m	Jul-27-99	CONNIE PRICE-SMITH	USA	WINNIPEG	
Senior	Shot Put	4kg	16.99m	Jun- 7-87	MELODY TORCOLACCI	MANITOBA	KELOWNA	
Junior	Shot Put	4kg	13.82m	Apr-29-89	SUSANNE DANDENAU	U OF WASHINGTON	FLAGSTAFF	
Juvenile	Shot Put	4kg	12.64m	Jun-29-86	SUSANNE DANDENAU	AOTC	ST. JOHN	
Midget	Shot Put	4kg	12.55m	Jun-26-85	SUSANNE DANDENAU	AOTC	WINNIPEG	
Open	Hammer	4kg	67.79m	Jul-08-00	DAWN ELLERBE	NYAC	WINNIPEG	
Senior	Hammer	4kg	56.26m	Jun-11-93	THERESA BRICK	AOTC	WINNIPEG	
Junior	Hammer	4kg	46.86m	Jun-30-93	NOREENA BODAGLO	AOTC	COQUITLAM	
Juvenile	Hammer	4kg	29.44m	Jul-31-07	KAREN FERRIS	FLYING M	WINNIPEG	
Midget	Hammer	4kg	23.58m	Aug- 7-94	RAPHAEL DICOSMO	MANITOBA	OTTAWA	
Open	Discus	1kg	60.92m	Jul-30-99	ELISANGELA ADRIANO	BRAZIL	WINNIPEG	
Senior	Discus	1kg	58.40m	Jun-11-93	THERESA BRICK	AOTC	WINNIPEG	
Junior	Discus	1kg	50.08m	May- 6-89	SUSANNE DANDENAU	U OF WASHINGTON	SEATTLE	
Juvenile	Discus	1kg	47.56m	Jun-11-93	SAMI-JO SMALL	AOTC	WINNIPEG	
Midget	Discus	1kg	36.64m	Jul-20-85	SUSANNE DANDENAU	MANITOBA	EDMONTON	
Open	Javelin	600g	65.85m	Jul-25-99	OSLEIDYS MENENDEZ	CUBA	WINNIPEG	
Senior	Javelin	600g	45.87m	Aug-22-01	ERIN SIGNALDISON	MANITOBA	LONDON	
Junior	Javelin	600g	40.26m	Jun- 1-05	DEBRA MULLIN	FLYING M	WINNIPEG	
Juvenile	Javelin	600g	34.19m	Jun-18-03	CHRISSY VAN DAMME	FLYING M	WINNIPEG	
Juvenile	Javelin	600g	34.19m	Jul-6-07	SARA HARMON	FLYING M	WINNIPEG	
Midget	Javelin	600g	30.10m	Jul-21-07	JODY ADAMSON	MANITOBA JUVENILE	REGINA	
Open	Heptathlon		6290	Jul-28-99	MAGALYS GARCIA LELIEBRE	CUBA	WINNIPEG	
Senior	Heptathlon		4980	Jul-12-81	JANET SCOTT	PRAIRIES	WINNIPEG	
Junior	Heptathlon		4581	Aug-15-81	SUE GARDINER	MANITOBA	THUNDER BAY	
Juvenile	Heptathlon		4318	Jul-13-80	SUE GARDINER	FLYING M ATHLETIC CLUB	SUDBURY	
Midget	Heptathlon		2843	Jun-24-06	JENNA GAUDET	STRIDE AHEAD TOUGH TRACK	WINNIPEG	

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MEN								
Open	100m			10.08	Jul-25-99	BERNARD WILLIAMS	USA	WINNIPEG
Senior	100m			10.33	May-25-85	COURTNEY BROWN	RAIDERS TC	PROVO
Junior	100m			10.75	Aug-10-03	DONOVAN ALEXANDER	MANITOBA	SELKIRK
Juvenile	100m			10.84	Jul- 3-82	COURTNEY BROWN	AOTC	WINNIPEG
Midget	100m			11.06	Aug-13-80	COURTNEY BROWN	AOTC	WINNIPEG
Open	200m			20.30	Jul-28-99	CLAUDINEI SILVA	BRAZIL	WINNIPEG
Senior	200m			20.51	May-25-85	COURTNEY BROWN	RAIDERS TC	PROVO
Junior	200m			20.81	Jun-30-84	COURTNEY BROWN	RAIDERS TC	WINNIPEG
Juvenile	200m			20.93	Aug- 1-82	COURTNEY BROWN	CANADA	BERQUISIMETO
Midget	200m			23.52	Jun-8-07	BEN ALLEN	KELVIN HS	WINNIPEG
Open	400m			44.59	Jul-25-99	GREGORY HAUGHTON	JAMAICA	WINNIPEG
Senior	400m			45.87	May-23-87	COURTNEY BROWN	RAIDERS TC	HOUSTON
Junior	400m			47.06	Jul-19-03	NATHAN VADEBONCOEUR	WOA	BRIDGEPORT
Juvenile	400m			48.45	Aug-12-00	ERIK SPROLL	MB/NWO	CALGARY
Midget	400m			51.26	Aug 09-08	MATTHEW FITKOWSKY	MANITOBA/NOW	SHERBROOKE
Open	800m			1:45.38	Jul-25-99	JOHNNY GRAY	USA	WINNIPEG
Senior	800m			1:46.65	Jul- 7-01	DARRYL FILLION	UNATTACHED	MONTREAL
Junior	800m			1:49.17	May-25-01	ERIK SPROLL	MANITOBA	VICTORIA
Juvenile	800m			1:50.61	Jul-16-00	ERIK SPROLL	MANITOBA	MONTREAL
Midget	800m			1:58.81	Jul-13-96	JORDAN FIERCE	WOA	KITCHENER
Open	1500m			3:41.20	Jul-30-99	GRAHAM HOOD	CANADA	WINNIPEG
Senior	1500m			3:40.07	Aug- 8-90	CHRIS WEBER	PACESETTER	MONTREAL
Junior	1500m			3:47.1h	Jun-13-86	HENRY KLASSEN	TAKUS TC	VICTORIA
Juvenile	1500m			3:57.43	Jun- 2-01	KRISTJAN HUNTER	WOA	VANCOUVER
Midget	1500m			4:10.4h	Aug- 7-98	ERIK SPROLL	MANITOBA	PRINCE GEORGE
Open	3000m			8:06.19	May-21-91	CHRIS WEBER	AOTC	WINNIPEG
Senior	3000m			7:56.48	Jul-18-95	CHRIS WEBER	RENEGADES	FRANCE
Junior	3000m			8:40.81	Jun- 1-05	Peter Doroshuk	PARC	WINNIPEG
Juvenile	3000m			8:44.81	Aug- 7-98	WILL THRIFT	MANITOBA	PRINCE GEORGE
Midget	3000m			9:02.8h	Jun-14-74	GEORGE ANNECK	TEC VOC	WINNIPEG
Open	5000m			13:42.04	Jul-24-99	GALVIN MARTINEZ	MEXICO	WINNIPEG
Senior	5000m			13:36.12	Jul- 2-95	CHRIS WEBER	RENEGADES	GATESHEAD
Junior	5000m			14:14.4h	Jul-13-80	CAREY PENNER	MANITOBA	SUDBURY
Juvenile	5000m			17:07.08	May-25-07	DELOHNNI NICOL-SAMUEL	UNATTACHED	WINNIPEG
Open	10000m			28:43.50	Jul-27-99	ENENILSON SILVA	BRAZIL	WINNIPEG
Senior	10000m			28:16.51	Jul-25-75	CHRIS MCCUBBINS	CANADA	MONTREAL
Junior	10000m			30:16.6h	Jul-06-74	RICK BOURRIER	MANITOBA	SASKATOON
Juvenile	100m	Hurdles	36"	14.19	Jul-29-90	SHAUN MOORE	MANITOBA	KELOWNA
Midget	100m	Hurdles	33"	15.12	Aug- 7-98	RICHARD SYLVESTER	WINNIPEG BLUE	PRINCE GEORGE
				15.12	Aug-17-02	STEFAN ARNASON	MANITOBA	SHERBROOK
Open	110m	Hurdles	42"-9.14	13.17	Jul-30-99	ANIER GARCIA ORTIZ	CUBA	WINNIPEG
Senior	110m	Hurdles	42"-9.14	13.54	Aug-15-05	JARED MACLEOD	CANADA / WOA	ISTANBUL
Junior	110m	Hurdles	39"-9.14	14.35	Jun 14-08	KEIRAN MOOLCHAN	WOA	TORONTO
Juvenile	110m	Hurdles	36"-9.14	15.00	Aug-12-06	KIERAN MOOLCHAN	MANITOBA/NWO	BURNABY
Midget	300m	Hurdles	30"	40.55	Aug- 3-85	Garth Glover	Takus TC	SASKATOON
Open	400m	Hurdles		48.23	Jul-28-99	ERONILDES ARAUJO	BRAZIL	WINNIPEG
Senior	400m	Hurdles	36"	50.8h	Jun-18-68	WES BROOKER	MANITOBA	RANDALL'S ISLAND
Junior	400m	Hurdles	36"	53.0h	Jun-28-81	DAN MOROZ	TAKUS TC	TORONTO
Juvenile	400m	Hurdles	36"	55.28	Aug-09-87	GARTH GLOVER	MANITOBA	CALGARY
Juvenile	400m	Hurdles	33"	58.06	Aug-11-07	JOSH LOEWEN	MANITOBA/NWO LEGION	OROMOCTO

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Juvenile	1500m	StplCh	4:18.3h	Aug-11-73	LAWRIE LEWIS	MANITOBA	BURNABY	
Midget	1500m	StplCh	4:27.5h	Aug-27-71	LAWRIE LEWIS	MANITOBA	WINNIPEG	
Juvenile	2000m	StplCh	6:03.94	Aug-12-06	GREG MILLER	MANITOBA/ NWO	BURNABY	
Midget	2000m	StplCh	6:39.59	Aug-06-05	GREG MILLER	MANITOBA/ WOA	EDMONTON	
Open	3000m	StplCh	8:32.41	Jun-27-99	JOEL BOURGEOIS	MTL OLYMPIQUE	WINNIPEG	
Senior	3000m	StplCh	8:35.39	Jun- 8-91	HENRY KLASSEN	AM	BURNABY	
Junior	3000m	StplCh	9:02.76	Jun- 2-02	KRISTJAN HUNTER	MANITOBA	BURNABY	
Juvenile	3000m	StplCh	10:02.76	Jun-24-06	GREG MILLER	WOA	WINNIPEG	
Juvenile	1500m	Racewalk	7:57.89.	Aug-11-07	JASON REDPATH	MANITOBA/NWO LEGION	OROMOCTO	
Open	4x100m	Relay	38.18	Jul-30-99	BRAZIL	R. OLIVIERA, C. SILVA, E. RIBEIRO, C. SILVA	WINNIPEG	
Senior	4x100m	Relay	40.71	Jul-31-83	MANITOBA		CALGARY	
Junior	4x100m	Relay	41.95	Aug-8-07	MANITOBA WCSG	ZACHARIE DURAND, DAVID SZCZEPANIAK, KIERAN MOOLCHAN, NATHAN LABBE	STRATHCONA COUNTY	
Juvenile	4x100m	Relay	43.4h	Aug-21-82	MANITOBA	GREG BRYSON, ANDREW ENNS, DAVE MACKENZIE, COURTNEY BROWN	FREDERICTON	
Midget	4x100m	Relay	45.94	Aug-15-99	MANITOBA	R. SYLVESTER, A. FUNSTON, J. FIELDS, N. VADEBONCOEUR	SUDBURY	
Open	4x200m	Relay	1:31.2h	Jul-19-69	RAZORBACK TC		WINNIPEG	
Senior	4x200m	Relay	1:24.3h	Jul-26-69	MANITOBA		CALGARY	
Junior	4x200m	Relay	1:31.2h	Jul-19-69	RAZORBACK TC		WINNIPEG	
Juvenile	4x200m	Relay	1:36.7h	Jun-22-70	WINGS TC		WINNIPEG	
Midget	4x200m	Relay	1:42.3h	May-01-82	AOTC	DOUG MACKENZIE, RON DELL, DEREK ROLSTONE, DAVID NEWBERRY	WINNIPEG	
Open	4x400m	Relay	2:57.97	Jul-30-99	JAMAICA	M. McDONALD, G. HAUGHTON, D. MCFARLANE, D. CLARKE	WINNIPEG	
Senior	4x400m	Relay	3:12.60	Aug-21-97	MANITOBA		BRANDON	
Junior	4x400m	Relay	3:19.5h	Aug-13-77	MANITOBA	DAVE KOZUSKA, BRENT KONANTZ, DAVE MORGAN, JIM PARTAKER	ST.JOHN	
Juvenile	4x400m	Relay	3:24.33	Aug-12-00	MANITOBA	RYAN WILSON, PATRICK BINNE, NATHAN VADEBONCOEUR, ERIK SPROLL	CALGARY	
Midget	4x400m	Relay	3:41.6h	Jul-29-84	MANITOBA	JAMIE STEER, RON KING, DAVID POWELL, SCOTT BREAKLY	WINNIPEG	
Open	4x800m	Relay	7:44.3h	Jun-26-85	RAIDERS TC	GREG ATHAYDE, ROB GUY, WYNN GMITROSKI, RODGER LORENZO	WINNIPEG	
Senior	4x800m	Relay	7:44.3h	Jun-26-85	RAIDERS TC	GREG ATHAYDE, ROB GUY, WYNN GMITROSKI, RODGER LORENZO	WINNIPEG	
Junior	4x800m	Relay	7:55.4h	Jul-31-72	RAZORBACK TC	LAURIE LEWIS, ELTON NOGA, CRAIG JOHNSTON, MURRAY ARDIES	WINNIPEG	
Juvenile	4x800m	Relay	8:41.47	May-02-81	TAKUS TC		WINNIPEG	
Open	4x1500m	Relay	18:24.4h	May-20-72	RAZORBACK TC	RON MELNICHUK, BARRY STEWART, WAYNE MCMAHON, LARRY SWITZER	WINNIPEG	
Senior	4x1500m	Relay	16:01.5h	May-11-87	RAIDERS TC	CHAD JOHNSTON, GLEN REDPATH, ROB GUY, KEVIN CHRISTIANSON	RICHMOND	
Open	1600m	SptMedlyR	4-2-2-8	3:28.8h	May-14-88	RAIDERS TC	DWAYNE FALK, CAL LANGFORD, GENE DE LA SIEGGA, DOUG MCKELLAN	WINNIPEG
Senior	1600m	SptMedlyR	4-2-2-8	3:28.8h	May-14-88	RAIDERS TC	DWAYNE FALK, CAL LANGFORD, GENE DE LA SIEGGA, DOUG MCKELLAN	WINNIPEG
Junior	1600m	SptMedlyR	4-2-2-8	3:40.0h	Aug-23-70	MANITOBA		ABBOTSFORD
Juvenile	1600m	SptMedlyR	4-2-2-8	3:40.80	Aug-14-88	MANITOBA		QUEBEC CITY
Midget	1600m	SptMedlyR	4-2-2-8	3:50.81	Aug-18-02	MANITOBA	DREW NEUFELD, STEVE SYDORCHUK, STEFAN ARNASON, DAVID KURY	SHERBROOK
Open	4000m	DisMedlyR	4-8-12-16	10:20.0h	May-17-88	RAIDERS TC	BUDDY VOTH, CAL LANGFORD, RIC CHAPMAN, DARCY READY	WINNIPEG
Senior	4000m	DisMedlyR	4-8-12-16	10:20.0h	May-17-88	RAIDERS TC	BUDDY VOTH, CAL LANGFORD, RIC CHAPMAN, DARCY READY	WINNIPEG
Open		High Jump	2.26m	Jun-30-84	MILT OTTEY	YO	WINNIPEG	
Senior		High Jump	2.15m	Aug-09-02	MICHAEL KIZINKEWICH	WOA	SAN ANTONIO	
			2.15m	Aug- 8-96	FRANK MCLEAN	MANITOBA	KITCHENER	
Junior		High Jump	2.09m	Jun-26-88	STEVE WELCH	AOTC	OTTAWA	
Juvenile		High Jump	2.04m	May-25-07	LUCAS RODEWALD	WOA	WINNIPEG	
Juvenile		High Jump	2.04m	Jul-11-07	LUCAS RODEWALD	CANADA	OSTRAVA, CZR	

Aug 20, 2008

Athletics Manitoba Outdoor Records

updated May 2011

Open: The best performance by any athlete within the province of Manitoba								
Age Categories: The best performance by an Athletics Manitoba member anywhere								
Red Indicates within this season (2008)								
	Event		Mark	Date Set	Record Holder	Affiliation	Location	
Midget	High Jump		1.96m	Jun-29-74	GARRY SCOTT	MANITOBA	WINNIPEG	
Open	Pole Vault		5.60m	Jul-27-99	PATRICK MANSON	USA	WINNIPEG	
Senior	Pole Vault		4.78m	Jul-6-07	CLIFF CAINES	WOA	WINNIPEG	
Junior	Pole Vault		4.40m	Jul-31-82	DON LAWSON	CANADA	BERQUISIMETO	
Juvenile	Pole Vault		4.10m	Aug-16-93	AARON WARD	MANITOBA	KAMLOOPS	
Midget	Pole Vault		2.80m	Jun-24-97	IAN BILLINGHAM	ARGYLE	WINNIPEG	
			2.80m	Jul-06-02	STEFAN ARNASON	WOA	WINNIPEG	
Open	Long Jump		8.52m	Jul-25-99	IVAN PEDROSO SOLER	CUBA	WINNIPEG	
Senior	Long Jump		7.93m	Jul- 8-00	MIKE LABERGE	FLYING M AC	FLAGSTAFF	
Junior	Long Jump		7.33m	Jul-21-06	NATHAN LABBE	WOA	SHERBROOKE	
Juvenile	Long Jump		7.00m	Jun-25-05	NATHAN LABBE	UNATTACHED	WINNIPEG	
Midget	Long Jump		6.47m	Jun-20-86	JASON BOGEN	ROBERT ANDREWS	WINNIPEG	
Open	Triple Jump		17.19m	Jul-30-99	YOELBI QUESADA	CUBA	WINNIPEG	
Senior	Triple Jump		15.92m	Aug- 1-87	DEXTOR BELTON	MANITOBA	OTTAWA	
Junior	Triple Jump		14.51m	Jul- 6-53	JACK SMYTH	WAA HOUNDS	WINNIPEG	
Juvenile	Triple Jump		13.65m	Jul-27-07	DAVID WALFORD	WOA	ABBOTSFORD	
Midget	Triple Jump		12.53m	Jul-11-86	JASON BOGEN	ROBERT ANDREWS	WINNIPEG	
Open	Shot Put	7.27kg	19.93m	Jul-24-99	BRADLEY MEARS	USA	WINNIPEG	
Senior	Shot Put	7.27kg	19.88m	Aug-13-85	BRUCE PIRNIE	Manitoba	REGINA	
Junior	Shot Put	6kg	14.85m	Jun-14-90	TREVOR NEUMANN	AOTC	WINNIPEG	
Juvenile	Shot Put	5kg	15.77m	Jul-21-85	Bojan Paunovic	AOTC	EDMONTON	
Midget	Shot Put	4kg	15.03m	Jun-27-87	DAVID GRAYSTONE	AOTC	MOOSE JAW	
Open	Hammer	7.27kg	79.61m	Jul-27-99	LANCE DEAL	USA	WINNIPEG	
Senior	Hammer	7.27kg	66.58m	Aug-31-89	DAREN MCFEE	RAIDERS TC	WINNIPEG	
Junior	Hammer	6kg	49.24m	Aug-14-87	BOJAN PAUNOVIC	MANITOBA	REGINA	
Juvenile	Hammer	5kg	47.62m	Jul-30-89	DALE BARNYCH	AOTC	SHERWOOD PARK	
Midget	Hammer	5kg	27.44m	Jun-26-04	CLINTON STEVENSON	PEGUIS CENTRAL	WINNIPEG	
Open	Discus	2kg	65.89m	Jul-15-05	JASON TUNKS	LONDON WESTERN	WINNIPEG	
Senior	Discus	2kg	62.99m	May-18-05	DARIUSZ SLOWIK	WOA	SALINAS	
Junior	Discus	1.75kg	52.86m	Jun-26-75	Chuck Sigfusson	Unattached	WINNIPEG	
Juvenile	Discus	1.5kg	49.54m	Jul-21-73	Chuck Sigfusson	Unattached	WINNIPEG	
Midget	Discus	1kg	45.50m	Jun-26-04	Clinton Stevenson	Peguis Central	WINNIPEG	
Open	Javelin	800g	79.30m	Jul-08-92	ED KOMINSKI	USA	WINNIPEG	
Senior	Javelin	800g	73.76m	May- 7-88	Mike Brennan	AOTC	WINNIPEG	
Junior	Javelin	800g	57.78m	Jul- 6-91	Dale Barnych	AOTC	WINNIPEG	
Juvenile	Javelin	700g	54.70m	Jul-29-89	Dale Barnych	AOTC	SHERWOOD PARK	
Midget	Javelin	600g	48.18m	Jun-20-87	Dale Barnych	Manitoba	SASKATOON	
Open	Decathlon		8170	Jul-25-99	CHRIS HUFFINS	USA	WINNIPEG	
Senior	Decathlon		7741	May-24-87	GORD ORLIKOW	CANADA	GOTZIS	
Junior	Decathlon		6397	Jul-09-89	JASON KINASH	AOTC	SASKATOON	
Juvenile	Octathlon		5587	Aug-07-04	STEPHAN ARNASON	MANITOBA/NWO	SUDBURY	