

# 2008 Provincial Track and Field Championships

## Tentative Schedule

*PLEASE NOTE: Heats will only be run in the sprint hurdles, 100m and 200m races where there are more than 8 athletes, otherwise the event will be a timed final.*

**Friday, June 27<sup>th</sup> , 2008**

### TRACK

6:00 pm 200 / 300 / 400 Hurdles M / W  
6:15 pm 200m Women  
6:45 pm 200m Men  
7:15 pm 800m Women  
7:35 pm 800m Men  
7:55 pm 4 x 100m Relay M / W  
8:10pm 3000m Women  
5000m Men

### FIELD

6:00 pm Long Jump Women  
6:00 pm Pole Vault M / W  
6:00pm Discus M / W  
6:00 pm Ball Throw M / W  
7:15 pm Javelin M / W  
7:15 pm Long Jump Men

**Saturday, June 28<sup>th</sup> , 2008**

### TRACK

9:30 am 3000 SC – M / W  
10:00 am 80 / 100 / 110 Hurdles M / W  
10:30 am 100m Women  
11:00 am 100m Men  
11:30 am 400m Women  
12:00 pm 400m Men  
12:30 pm Invitational Mens 110 Hurdles  
12:45pm 1500m Womens  
1:05pm 1500m Mens  
1:30pm 4 x 400 m Relay M / W

### FIELD

9:30 am Standing LJ M / W  
9:30 am Shot Put M / W  
10:30 am Triple Jump M / W  
11:00 am Hammer Throw M / W  
12:00 pm High Jump Men  
1:15 pm High Jump Women