

**Outdoor Grand Prix #1 - 5/14/08**  
**10km Natl Qualifier & Prov. Championship**  
**University Stadium, U of M, Winnipeg, MB**  
**Performance List**

**Event 1 Women 200 m Open****Wednesday 5/14/08 - 6:45 PM**

Lane	Name	Yr	Team	Seed Time
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**Coffey Track Club**

1	Coffey, Leah	89	Coffey TC	NT
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**Flying M Athletic Club**

1	Johnson, Alyssa	91	Flying M	25.50
2	Waters, Mallory	93	Flying M	27.50

**RD TRACK**

1	Lavalee, Katie	94	RD Track	NT
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**Springs Christian Academy**

1	Kolesar, Dyanna	97	Springs	NT
2	Kolesar, Kylie	96	Springs	NT
3	Babalola, Tayo	97	Springs	NT

**Stride Ahead Tough Track**

1	Graceffo, Amy	94	Stride Ahead To	26.70
2	Andrushko, Amy	94	Stride Ahead To	27.09
3	Mclean, Heather	93	Stride Ahead To	27.33
4	Wanigasekara, Sesanie	95	Stride Ahead To	27.72
5	O'Donnell, Danielle	90	Stride Ahead To	28.10
6	Liski, Chanel	91	Stride Ahead To	28.30
7	Zajac, Courtney	95	Stride Ahead To	28.36
8	Filyk, Megan	95	Stride Ahead To	28.37
9	Fairley, Taryn	94	Stride Ahead To	29.70
10	Shieh, Jessica	97	Stride Ahead To	30.60
11	Woitak, Kennedy	96	Stride Ahead To	30.75
12	Kinzel, Montana	96	Stride Ahead To	30.97
13	Cerasani, Larissa	96	Stride Ahead To	31.17
14	Standing, Carissa	96	Stride Ahead To	31.80
15	Spence, Sam	97	Stride Ahead To	31.95
16	Stefanson, Jilian	97	Stride Ahead To	32.20
17	Martin, Lauren	96	Stride Ahead To	32.20
18	Legary, Jenna	97	Stride Ahead To	32.60
19	Zrinyi, Anna	97	Stride Ahead To	32.90
20	Mooney, Alora	97	Stride Ahead To	33.10
21	Foreman, Madison	97	Stride Ahead To	33.80

**Unattached - Manitoba**

1	Bestland, Christine	92	Unattached	28.00
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**Winnipeg Optimist Athletics**

1	Grant, Chantal	89	Winnipeg Optim	24.40
2	Babalola, Omena	68	Winnipeg Optim	29.06
3	Van der Zaag, Natalie	92	Winnipeg Optim	29.50
4	Hebert, Janine	94	Winnipeg Optim	29.90
5	Kubanek, Meagan	94	Winnipeg Optim	30.00
6	Dyck, Leah	93	Winnipeg Optim	32.00
7	Hamilton, Peggy	88	Winnipeg Optim	NT

**Event 2 Men 200 m Open****Wednesday 5/14/08 - 7:00 PM**

Lane	Name	Yr	Team	Seed Time
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**Bison Track & Field Club**

1	Walford, David	90	Bison Track	23.50
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**Flying M Athletic Club**

1	Esau, Kevin	86	Flying M	23.20
2	Campbell, Mark	89	Flying M	23.42
3	Sorokowski, Daniel	84	Flying M	23.80

**Garden Valley**

1	Peters, Braeden	95	Garden Valley	27.80
2	Peters, Dylan	96	Garden Valley	NT

**Springs Christian Academy**

1	Frank, Alex	95	Springs	NT
2	Frank, Jordan	97	Springs	NT
3	Babalola, Tope	97	Springs	NT
4	Wall, Dryden	97	Springs	NT

**Stride Ahead Tough Track**

1	Post, Mac	93	Stride Ahead To	25.97
2	Liski, Maclean	93	Stride Ahead To	26.84
3	Wake, Sean	95	Stride Ahead To	28.76
4	Asu, Devon	96	Stride Ahead To	30.68
5	Beckingham, Aidan	97	Stride Ahead To	30.90
6	Dyck, Anthony	96	Stride Ahead To	30.91
7	Liski, Weston	95	Stride Ahead To	30.98
8	Dillon, Shane	97	Stride Ahead To	31.65
9	Morton, Carter	97	Stride Ahead To	33.36
10	MacTavish, Andrew	98	Stride Ahead To	35.60

**Unattached - Manitoba**

1	Storr, Darren	76	Unattached	21.38
2	Straker, Anthony	69	Unattached	24.00
3	Teach, Kevin	90	Unattached	NT
4	Bruce, Aaron	87	Unattached	NT

**Winnipeg Optimist Athletics**

1	Caines, Clifford	79	Winnipeg Optim	23.11
2	Moolchan, Kieran	89	Winnipeg Optim	23.20
3	Clement, Dallas	90	Winnipeg Optim	23.50
4	Titterton, David	89	Winnipeg Optim	24.00
5	Sader, Levi	94	Winnipeg Optim	24.44
6	Akins, Michael	93	Winnipeg Optim	24.60
7	Duncan, Patrick	93	Winnipeg Optim	25.92
8	Hunter, Kristoff	93	Winnipeg Optim	25.99
9	Beckett, Patrick	93	Winnipeg Optim	26.00
10	Nickol, Brett	91	Winnipeg Optim	26.20

**Event 3 Women 800 m Open****Wednesday 5/14/08 - 8:10 PM**

Lane	Name	Yr	Team	Seed Time
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**College Louis-Riel**

1	Auger, Chantal	90	Louis-Riel	2:20.00
2	Beauchemin, Margaux	90	Louis-Riel	2:30.00
3	Tougas, Janelle	91	Louis-Riel	2:32.00
4	Michaud, Sylvie	91	Louis-Riel	2:36.00
5	Marchildon-Lavoie,	93	Louis-Riel	2:38.00
6	Dornez, Chantal	93	Louis-Riel	2:38.00

**Stride Ahead Tough Track**

1	Zrinyi, Julia	94	Stride Ahead To	2:25.00
2	Kinzel, Montana	96	Stride Ahead To	2:35.00

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**Stride Ahead Tough Track...(Event 3 Women 800 m Open)**

3	White, Jenna	95	Stride Ahead To	2:39.00
4	Standing, Carissa	96	Stride Ahead To	2:41.00
5	Booker, Sydney	97	Stride Ahead To	2:42.00
6	Zajac, Janine	96	Stride Ahead To	2:44.00
7	MacTavish, Sierra	97	Stride Ahead To	2:51.00

**Winnipeg Optimist Athletics**

1	Montsion, Leah	90	Winnipeg Optim	2:25.00
2	Takatch, Katie	94	Winnipeg Optim	2:30.00

**Event 4 Men 800 m Open****Wednesday 5/14/08 - 8:10 PM**

Lane	Name	Yr	Team	Seed Time
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**Bison Track & Field Club**

1	Kelly, Patrick	87	Bison Track	2:02.34
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**Coffey Track Club**

1	Coffey, Chris	60	Coffey TC	NT
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**College Louis-Riel**

1	Fontaine, Louis-Felix	90	Louis-Riel	2:01.00
2	Brault, Charles	93	Louis-Riel	2:06.00
3	Robinson, Daniel	92	Louis-Riel	2:18.00
4	Robinson, William	90	Louis-Riel	2:18.00

**Garden Valley**

1	Peters, Braeden	95	Garden Valley	2:28.31
2	Peters, Tyler	97	Garden Valley	2:48.00
3	Peters, Dylan	96	Garden Valley	NT

**Springs Christian Academy**

1	MacLeod, Keaton	96	Springs	NT
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**Stride Ahead Tough Track**

1	Thacher, Eric	92	Stride Ahead To	2:10.87
2	Gemmell, Brendan	93	Stride Ahead To	2:20.00
3	Boyd, Connor	96	Stride Ahead To	2:29.54
4	Dillon, Shane	97	Stride Ahead To	2:35.83

**Winnipeg Optimist Athletics**

1	Newbold, Steve	90	Winnipeg Optim	2:05.00
2	Sader, Levi	94	Winnipeg Optim	2:14.44
3	Schrader, Quinn	93	Winnipeg Optim	2:19.00
4	Legare, Brad	94	Winnipeg Optim	2:20.00
5	Neufeld, Levi	94	Winnipeg Optim	2:20.00
6	Twomey, Devin	94	Winnipeg Optim	2:27.00
7	Paterson, Ben	94	Winnipeg Optim	2:31.00
8	Deally, Joseph	94	Winnipeg Optim	2:31.00

**Event 5 Women 3000 m Open****Wednesday 5/14/08 - 7:20 PM**

Lane	Name	Yr	Team	Seed Time
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**College Louis-Riel**

1	Remillard, Janelle	91	Louis-Riel	11:29.00
2	Leclercq, Myriam	90	Louis-Riel	12:15.00

**Stride Ahead Tough Track**

1	McGavin, Alex	93	Stride Ahead To	11:59.98
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**Winnipeg Optimist Athletics**

1	Adamson, Jaclyn	91	Winnipeg Optim	10:26.00
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**Event 6 Men 3000 m Open****Wednesday 5/14/08 - 7:45 PM**

Lane	Name	Yr	Team	Seed Time
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**Coffey Track Club**

1	Coffey, Kyle	91	Coffey TC	NT
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**College Louis-Riel**

1	Laurier, Joel	89	Louis-Riel	9:12.00
2	Labossiere, Mathieu	90	Louis-Riel	10:00.00

**Unattached - Manitoba**

1	Nicol-Samuel, DeLohnni	91	Unattached	9:20.00
2	Samuel, Dane	67	Unattached	9:29.00
3	Teach, Kevin	90	Unattached	NT

**Winnipeg Optimist Athletics**

1	Brown, Alastair	90	Winnipeg Optim	9:10.00
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**Event 8 Men 10000 m Open****Wednesday 5/14/08 - 5:30 PM**

Lane	Name	Yr	Team	Seed Time
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**Bison Track & Field Club**

1	Budigoma, Desire	88	Bison Track	33:30.00
2	Tranquada, Eric	84	Bison Track	34:00.00
3	DeGagne, Jean-Paul	85	Bison Track	34:30.00
4	Lang, Dennis	51	Bison Track	37:15.00

**Event 9 Women 4x100 m Relay Open****Wednesday 5/14/08 - 8:45 PM**

Lane	Team	R	Seed Time
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**Stride Ahead Tough Track**

1	Stride Ahead Tou	A	53.25
2	Stride Ahead Tou	B	58.00
3	Stride Ahead Tou	C	1:01.00
4	Stride Ahead Tou	D	1:03.00
5	Stride Ahead Tou	F	NT
6	Stride Ahead Tou	E	NT

**Event 10 Men 4x100 m Relay Open****Wednesday 5/14/08 - 9:00 PM**

Lane	Team	R	Seed Time
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1	Stride Ahead Tou	M0 A	1:00.90
2	Stride Ahead Tou	M0 B	1:05.00

**Event 12 Men 200 m Hurdles 0.762m-35m Open****Wednesday 5/14/08 - 6:35 PM**

Lane	Name	Yr	Team	Seed Time
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1	Guy, Eric	95	Stride Ahead To	NT
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**Winnipeg Optimist Athletics**

1	Zubrecki, Connor	95	Winnipeg Optim	NT
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**Event 19 Men Pole Vault Open****Wednesday 5/14/08 - 6:00 PM**

Pos	Name	Yr	Team	Seed	Mark
<b>Winnipeg Optimist Athletics...(Event 19 Men Pole Vault</b>					
1	Sabaurin, Rossel	86	Winnipeg Optim	NH	
2	Welchinski, Tyrone	89	Winnipeg Optim	NH	
3	Dressler, Scot	79	Winnipeg Optim	NH	
4	Zubrecki, Connor	95	Winnipeg Optim	NH	
5	Bilenko, Vitaly	94	Winnipeg Optim	NH	

**Event 20 Women Pole Vault Open****Wednesday 5/14/08 - 6:00 PM**

Pos	Name	Yr	Team	Seed	Mark
<b>Kelvin High</b>					
1	Allen, Alex	90	Kelvin High	2.80m	

**Stride Ahead Tough Track**

1	Standing, Carissa	96	Stride Ahead To	NH	
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**Winnipeg Optimist Athletics**

1	Cook, Taralyn	89	Winnipeg Optim	NH	
2	Finkbinder, Jade	93	Winnipeg Optim	NH	
3	Logozar, Teresa	72	Winnipeg Optim	NH	
4	Robson, Victoria	85	Winnipeg Optim	NH	
5	Garfinkle, Mikaela	92	Winnipeg Optim	NH	
6	Gauthier, Carissa	93	Winnipeg Optim	NH	
7	Boila, Sarah	92	Winnipeg Optim	NH	

**Event 21 Women Long Jump Open****Wednesday 5/14/08 - 6:00 PM**

Pos	Name	Yr	Team	Seed	Mark
<b>RD TRACK</b>					
1	Lavalee, Katie	94	RD Track	ND	

**Stride Ahead Tough Track**

1	O'Donnell, Danielle	90	Stride Ahead To	5.30m	
2	Liski, Chanel	91	Stride Ahead To	4.58m	
3	Graceffo, Amy	94	Stride Ahead To	ND	
4	Booker, Sydney	97	Stride Ahead To	ND	
5	Stefanson, Jilian	97	Stride Ahead To	ND	
6	Shieh, Jessica	97	Stride Ahead To	ND	
7	MacTavish, Sierra	97	Stride Ahead To	ND	
8	Martin, Lauren	96	Stride Ahead To	ND	
9	Fairley, Taryn	94	Stride Ahead To	ND	
10	Wanigasekara, Sesanie	95	Stride Ahead To	ND	
11	Zajac, Courtney	95	Stride Ahead To	ND	
12	Foreman, Madison	97	Stride Ahead To	ND	
13	Filyk, Megan	95	Stride Ahead To	ND	
14	Zajac, Janine	96	Stride Ahead To	ND	
15	Cerasani, Larissa	96	Stride Ahead To	ND	
16	Woitak, Kennedy	96	Stride Ahead To	ND	
17	Mooney, Alora	97	Stride Ahead To	ND	

**Unattached - Manitoba**

1	Bestland, Christine	92	Unattached	4.60m	
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**Winnipeg Optimist Athletics**

1	Boudreau, Alanna	83	Winnipeg Optim	5.20m	
2	Twerdun, Deondra	88	Winnipeg Optim	ND	
3	Anseeuw, Amber	86	Winnipeg Optim	ND	
4	Hamilton, Peggy	88	Winnipeg Optim	ND	

**Event 22 Men Long Jump Open****Wednesday 5/14/08 - 6:00 PM**

Pos	Name	Yr	Team	Seed	Mark
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**Bison Track & Field Club**

1	Walford, David	90	Bison Track	6.20m	
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**Stride Ahead Tough Track**

1	Liski, Maclean	93	Stride Ahead To	4.69m	
2	Guy, Eric	95	Stride Ahead To	ND	
3	MacTavish, Andrew	98	Stride Ahead To	ND	
4	Wake, Sean	95	Stride Ahead To	ND	
5	Asu, Devon	96	Stride Ahead To	ND	
6	Beckingham, Aidan	97	Stride Ahead To	ND	
7	Morton, Carter	97	Stride Ahead To	ND	

**Unattached - Manitoba**

1	Bruce, Aaron	87	Unattached	ND	
2	Teach, Kevin	90	Unattached	ND	

**Westmount**

1	Gundrum, Joshua	89	Westmount	ND	
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**Winnipeg Optimist Athletics**

1	Caines, Clifford	79	Winnipeg Optim	ND	
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**Event 23 Women Discus 1kg Open****Wednesday 5/14/08 - 6:00 PM**

Pos	Name	Yr	Team	Seed	Mark
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**Flying M Athletic Club**

1	Pawluk, Michelle	93	Flying M	ND	
2	Mackie, Kristen	89	Flying M	ND	
3	Sheppard, Shantol	89	Flying M	ND	
4	Ferris, Karen	91	Flying M	ND	

**Winnipeg Optimist Athletics**

1	Logozar, Hunter	94	Winnipeg Optim	ND	
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**Event 30 Men Discus 2kg Open****Wednesday 5/14/08 - 6:00 PM**

Pos	Name	Yr	Team	Seed	Mark
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**Flying M Athletic Club**

1	Sedor, Mat	88	Flying M	ND	
2	Sheffield, Drew	85	Flying M	ND	

**Winnipeg Optimist Athletics**

1	Caines, Clifford	79	Winnipeg Optim	ND	
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**Event 31 Women Javelin 600g Open****Wednesday 5/14/08 - 6:00 PM**

Pos	Name	Yr	Team	Seed	Mark
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**Flying M Athletic Club**

1	Mackie, Kristen	89	Flying M	ND	
2	Mullin, Debra	86	Flying M	ND	

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**Stride Ahead Tough Track...(Event 31 Women Javelin 600g**

1	O'Donnell, Danielle	90	Stride Ahead To	ND
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**Event 32 Men Javelin 600g Open****Wednesday 5/14/08 - 6:00 PM**

<b>Pos</b>	<b>Name</b>	<b>Yr</b>	<b>Team</b>	<b>Seed Mark</b>
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**Winnipeg Optimist Athletics**

1	Zubrecki, Connor	95	Winnipeg Optim	ND
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**Event 36 Men Javelin 800g Open****Wednesday 5/14/08 - 6:00 PM**

<b>Pos</b>	<b>Name</b>	<b>Yr</b>	<b>Team</b>	<b>Seed Mark</b>
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**Flying M Athletic Club**

1	Waterhouse, Travis	88	Flying M	ND
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