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Place	Comp #	Name	Club	Time
1	239	Tramley, Erin	Ecole Varennes	08:20.4
2	131	Bobrowski, Laura	Tough Track 1	08:30.0
3	181	Zajac, Janine	Tough Track 1	08:34.8
4	176	Van Schepdoel, Mikaela	Tough Track 1	08:42.8
5	171	Standing, Carissa	Tough Track 1	08:50.7
6	237	Ibrahim, Sarah	Ecole Varennes	08:54.8
7	152	Kinzel, Montana	Tough Track 1	08:58.2
8	62	Sellers Weibe, Mikayla	La Salle School	09:00.8
9	294	Le Blanc, Gabrielle	Ryerson	09:11.6
10	190	Sigurdson, Rae	Springfield	09:19.5
11	117	Grewar, Shona	Royal School	09:19.7
12	192	Bailey, Nicole	St. John Brebeu	09:20.7
13	233	Mack, Joanne	Unattached - Ma	09:22.1
14	162	McTavish, Sierra	Tough Track 3	09:30.7
15	184	Zrinyi, Anna	Tough Track 2	09:34.1
16	136	Christianson, Inga	Tough Track 2	09:40.0
17	258	Recksiedler, Richelle	Walter Whyte Sc	09:43.6
18	187	Kupiak, Hailey	Springfield	09:44.6
19	134	Bradbury-Crane, Freddy	Tough Track 2	09:45.3
20	64	Champagne, Courtney	La Salle School	09:46.1
21	278	Keegans, Liane	Ecole Dieppe 3	09:47.1
22	238	Ibrahim, Jasmine	Ecole Varennes	09:48.9
23	114	Sobiak, Jodie	Pacific Junctio	09:51.7
24	80	Beazley, Rachel	Linden Meadows	09:53.3
25	51	Leonzio, Taylor	La Salle School	09:55.4
26	150	Kilburn, Taylor	Tough Track 2	09:59.8
27	67	Wiens, Tawny	La Salle School	10:00.7
28	72	Seymour, Jenna	La Salle School	10:01.6
29	157	Legacy, Jenna	Tough Track 3	10:02.8
30	144	Foreman, Madison	Tough Track 3	10:04.9
31	155	Laycock, Kalli	Tough Track	10:06.3
32	58	Hiebert, Renee	La Salle School	10:13.0
33	61	Wiens, Carley	La Salle School	10:24.0
34	52	Uruski, Jennifer	La Salle School	10:26.0
35	73	Grouette, Sara	La Salle School	10:32.1
36	282	Friesen, Courtney	Ecole Dieppe 3	10:32.8
37	113	Parsons, Megan	Pacific Junctio	10:42.2
38	112	Krupka, Emily	Pacific Junctio	11:00.9
39	313	Cochrane, Alyssa	Charles Sinclai	11:03.1
40	279	Bircham, Shavon	Ecole Dieppe 3	11:06.7
41	122	Sandhu, Jasneet	Royal School	11:12.5

Rank	Team	Total	1	2	3	4	1	2	3	4	5*	6*
1	Tough Track 1	14	2	3	4	5	7					
2	Tough Track 2	76	15	16	19	26						
3	La Salle School 1	86	8	20	25	33						
4	Tough Track 3	116	14	29	30	43	51					
5	La Salle School 2	121	27	28	32	34	50	55				
6	Royal School	139	11	41	42	45						
7	Ecole Dieppe 3	143	21	36	40	46						
8	La Salle School 3	187	35	47	52	53	56					

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Place	Comp #	Name	Club	Time
42	118	Meekis, Angelica	Royal School	11:13.1
43	164	Mooney, Alora	Tough Track 3	11:17.7
44	261	Klassen, Amber	Yellow Snow	11:20.8
45	123	Skinner, Kirsten	Royal School	11:22.1
46	280	Desrochers, Ariel	Ecole Dieppe 3	11:37.8
47	69	Champagne, Britney	La Salle School	12:10.1
48	83	Steidl, Sarah	Linden Meadows	12:14.5
49	260	Thomas, Paige	Walter Whyte Sc	12:30.5
50	297	Novak, Aurianne	La Salle School	12:40.8
51	317	Dyck, Carly	Tough Track 3	12:47.6
52	71	Agnew, Erin	La Salle School	12:49.0
53	60	Marshalok, Layne	La Salle School	12:52.8
54	244	Bobrowski, Kayla	West St. Paul	13:36.4
55	303	Wolfe, Teresimha	La Salle School	13:48.2
56	68	Seymour, Alex	La Salle School	13:52.6

#2 Men 11 & Under 2000 Meter Run CC

	Comp#	Name	Team	Time Points
1	139	Dillon, Shane 96	Tough Track 4	07:54.1
2	175	Van Schepdoel, Matthew 96	Tough Track 4	07:58.0
3	133	Boyd, Connor 96	Tough Track 4	08:05.7
4	70	Pfrimmer, Evan 96	La Salle School 1	08:09.6
5	63	Willems, Kurtis 97	La Salle School 1	08:15.8
6	305	Young, Steven 97	La Salle School 1	08:27.6
7	286	Keegans, Matthew 96	Ecole Dieppe 1	08:30.5
8	57	Hiebert, Kyle 97	La Salle School 2	08:32.7
9	124	Smith, Robert 96	Royal School	08:36.9
10	79	Henderson, Quinn 96	La Salle School 1	08:40.4
11	128	Adams, Oliver 96	Tough Track 4	08:42.2
12	33	Boychuk, Ian 97	Ecole Selkirk Middle Scho	08:43.6
13	1	Ferguson, Quentin 96	Beaumont	08:48.8
14	77	Yarish, Morgan 97	La Salle School 2	08:51.5
15	290	Legare, Marc 96	Ecole Dieppe 2	08:55.5
16	292	McDonald, Eric 96	Ecole Dieppe 2	08:59.6
17	141	Dyck, Anthony 96	Tough Track 4	09:01.3
18	78	Court, Andrew 97	La Salle School 2	09:08.5
19	296	Kostra-Nelson, Shane 96	Ecole Dieppe 1	09:11.4
20	111	Davies, Connor 97	Pacific Junction	09:13.5
21	293	Dezan, Lucas 96	Ecole Dieppe 2	09:15.4
22	177	Van Schepdoel, Tyler 96	Tough Track 4	09:17.7
23	75	MacLeod, Liam 97	La Salle School 2	09:18.8

Rank	Team	Total	1	2	3	4	1	2	3	4	5*	6*
1	Tough Track 4	17	1	2	3	11	17	22				
2	La Salle School 1	25	4	5	6	10	25	38				
3	La Salle School 2	63	8	14	18	23						
4	Ecole Dieppe 1	82	7	19	26	30	44					
5	Ecole Dieppe 2	94	15	16	21	42	45					
6	Royal School	112	9	32	35	36	47	49				
7	Walter Whyte School	144	31	33	34	46	50					
8	St. John Brebeuf School 1	150	27	29	40	54						
9	La Salle School 3	204	48	51	52	53						

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#2 Men 11 & Under 2000 Meter Run CC

	Comp#	Name	Team	Time Points
24	295	Tosovic, Stefan 97	Bonnycastle	09:19.5
25	59	Carriere, James 96	La Salle School 1	09:19.9
26	284	Blanchard, Brodie 96	Ecole Dieppe 1	09:22.5
27	197	McIsaac, Kieren 96	St. John Brebeuf School 1	09:25.4
28	189	Moranski, Luke 96	Springfield	09:34.3
29	201	Sykes, Owen 96	St. John Brebeuf School 1	09:35.2
30	287	Penner, David 96	Ecole Dieppe 1	09:36.5
31	253	Juvonen, Andrew 96	Walter Whyte School	09:39.7
32	119	Petras, Cameron 98	Royal School	09:43.2
33	254	Juvonen, Timothy 00	Walter Whyte School	09:45.4
34	252	Eyolfson, Erik 96	Walter Whyte School	09:48.7
35	125	Wilson, Troy 98	Royal School	09:55.3
36	120	Pheifer, Evrett 97	Royal School	09:58.9
37	34	Carter, Blake 97	Ecole Selkirk Middle Scho	09:59.4
38	65	Dyck, Braeden 96	La Salle School 1	10:00.4
39	35	Carter, Marshall 97	Ecole Selkirk Middle Scho	10:01.2
40	194	East, Sam 96	St. John Brebeuf School 1	10:22.4
41	82	Madill, Evan 98	Linden Meadows	10:24.4
42	291	Talmage, Trey 96	Ecole Dieppe 2	10:26.5
43	81	Johnson, Ryan 98	Linden Meadows	10:33.3
44	285	Cantley, Shea 96	Ecole Dieppe 1	10:35.5
45	289	Howell, Christopher 96	Ecole Dieppe 2	10:38.8
46	257	Recksiedler, Riley 96	Walter Whyte School	10:42.4
47	121	Rose, Hayden 98	Royal School	10:47.9
48	76	Macleod, Sean 99	La Salle School 3	10:49.7
49	116	Eberling, Alex 97	Royal School	10:51.3
50	259	Scobbie, Cole 98	Walter Whyte School	10:52.7
51	74	Morissette, Joshua 99	La Salle School 3	10:58.8
52	304	Wolfe, Jordan 98	La Salle School 3	10:59.4
53	66	Wismer, Cameron 98	La Salle School 3	11:03.3
54	193	Danylchuk, Mark 96	St. John Brebeuf School 1	11:04.4

#3 Women 11-13 2000 Meter Run CC

	Comp#	Name	Team	Time Points
1	98	Smith, Lindsay 94	Winnipeg Optimist Athleti	07:36.2
2	183	Zryni, Julia 94	Tough Track 1	07:42.9
3	151	Kinzel, Madison 94	Tough Track 1	07:46.3
4	170	Sprague, Taylor 94	Tough Track 1	07:54.7
5	90	Gaensler, Hannah 95	Winnipeg Optimist Athleti	07:56.3
6	93	Hebert, Janine 94	Winnipeg Optimist Athleti	08:09.8
7	163	Moll, Rosaria 94	Tough Track 1	08:20.4

Rank	Team	Total	1	2	3	4	1	2	3	4	5*	6*
1	Tough Track 1	16	2	3	4	7	14	31				
2	Winnipeg Optimist Athleti	22	1	5	6	10	12					
3	Tough Track 2	59	9	11	15	24	30					
4	La Salle School	89	18	19	20	32						
5	St. John Brebeuf School	93	16	21	27	29						

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#3 Women 11-13 2000 Meter Run CC

	Comp#	Name	Team	Time Points
8	86	Mandryck, Madelyn 94	Lockport	08:27.6
9	178	Wanigasicara, Sesanie 95	Tough Track 2	08:31.0
10	102	Bakkum, Samantha 94	Winnipeg Optimist Athleti	08:31.7
11	160	Mandzuk, Andrea 95	Tough Track 2	08:32.8
12	99	Takatch, Katie 94	Winnipeg Optimist Athleti	08:36.9
13	316	Ready, Shandra 94	John Henderson	08:42.3
14	127	Ackland, Abby 94	Tough Track 1	08:43.8
15	129	Andrushky, Amy 94	Tough Track 2	08:50.4
16	195	Hince Swicki, Amanda 95	St. John Brebeuf School	09:04.0
17	186	Johnson, Kaitlyn 94	Springfield	09:12.0
18	53	Uruski, Courtney 94	La Salle School	09:13.7
19	56	Pfrimmer, Amanda 94	La Salle School	09:21.3
20	55	Mogg, Tory 94	La Salle School	09:24.5
21	198	Paluszek, Michelle 95	St. John Brebeuf School	09:27.5
22	85	Jones, Megan 94	Lockport	09:28.1
23	314	Cochrane, Chelsea Anne 94	Charles Sinclair	09:45.9
24	318	Popovic, Katrina 94	Tough Track 2	09:55.8
25	245	Kowalyshyn, Lisa 95	West St. Paul	10:02.9
26	319	Rejewski, Arielle 95	Stanley Knowles	10:07.4
27	202	Teranishi, Rhea 95	St. John Brebeuf School	10:22.5
28	188	Lafreniere, Cheyenne 94	Springfield	10:26.5
29	196	Hince-Siwicki, Brittany 94	St. John Brebeuf School	10:28.5
30	143	Filyk, Megan 95	Tough Track 2	10:32.2
31	147	Graceffo, Amy 94	Tough Track 1	10:32.6
32	54	Ross, Kelsey 94	La Salle School	10:51.8
33	87	Matheson, Kayla 94	Lockport	10:57.0
34	248	Sutton, Ceisha 95	West St. Paul	11:01.8

#4 Men 12-13 2000 Meter Run CC

	Comp#	Name	Team	Time Points
1	108	Neufeld, Levi 94	Winnipeg Optimist Athleti	07:06.5
2	300	Leonzio, Ryan 94	La Salle School	07:06.5
3	95	Legare, Brad 94	Winnipeg Optimist Athleti	07:17.7
4	182	Zinko, Nick 94	Tough Track 3	07:30.9
5	13	Warburton, Nathan 95	Carman	07:32.4
6	249	Hrycik-Pang, Cade 94	West St. Paul	07:35.1
7	101	Twomey, Devin 94	Winnipeg Optimist Athleti	07:40.1
8	109	Paterson, Ben 94	Winnipeg Optimist Athleti	07:47.7
9	174	Truman, Craig 95	Tough Track 3	07:49.5
10	156	Leech, Kyle 94	Tough Track 3	07:54.2
11	97	Seavers, Sean 94	Winnipeg Optimist Athleti	07:56.7

Rank	Team	Total	1	2	3	4	1	2	3	4	5*	6*
1	Winnipeg Optimist Athleti	19	1	3	7	8	11	16				
2	Tough Track 3	44	4	9	10	21						
3	La Salle School	51	2	12	18	19						

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#4 Men 12-13 2000 Meter Run CC

	Comp#	Name	Team	Time Points
12	306	Radke, Kris 94	La Salle School	07:58.7
13	191	Smith, Garrett 95	Springfield	08:00.0
14	200	Soubry, Paul 95	St. John Brebeuf School 1	08:06.7
15	199	Proven, Andrew 94	St. John Brebeuf School 1	08:11.1
16	89	Erickson, Ray 94	Winnipeg Optimist Athleti	08:12.2
17	251	Bourassa, Jsh 94	Walter Whyte School	08:21.9
18	298	Novak, Cole 94	La Salle School	08:33.1
19	322	Waschuk, Ben 94	La Salle School	08:34.6
20	203	Zaporzan, Joshua 94	St. John Brebeuf School 1	08:40.8
21	140	Doerning, Kevin 95	Tough Track 3	08:44.6
22	247	Rasmussen, Taryk 94	West St. Paul	08:52.8
23	256	Pachkowsky, Jeremy 94	Walter Whyte School	09:12.6

#5 Women 14-15 3k Run CC

	Comp#	Name	Team	Time Points
1	149	Johnston, Ainsley 94	Tough Track 6	12:37.3
2	91	Grondin, Renne 92	Winnipeg Optimist Athleti	12:53.3
3	263	Bell, Nikki 93	La Salle School	13:01.8
4	94	Kroeker, Carolyn 93	Winnipeg Optimist Athleti	13:14.0
5	234	Mack, Terri-Lynn 93	Unattached - Manitoba	14:17.7
6	23	Dornez, Chantal 93	College Louis Riel	14:51.8
7	17	Wallbridge, Dana 92	Charles Sinclair 2	14:58.3
8	301	Bell, Jennifer 92	La Salle School	15:16.9
9	100	Thorvaldson, Taylor 93	Winnipeg Optimist Athleti	15:25.2
10	44	Toet, Megan 93	Immanuel Christian School	16:33.9
11	255	Muranski, Samantha 93	Walter Whyte School	18:07.5

#6 Men 14-15 3k Run CC

	Comp#	Name	Team	Time Points
1	307	Sherwin, Tom 92	Vincent Massey Winnipeg	10:41.1
2	173	Thatcher, Eric 92	Tough Track 1	10:46.8
3	268	Kirkness, Dylan 92	Charles Sinclair	11:24.4
4	88	Drover, Conrad 93	Winnipeg Optimist Athleti	11:34.9
5	146	Gemmell, Brendan 93	Tough Track 1	11:43.1
6	104	Kristjanson, Bjorn 93	Winnipeg Optimist Athleti	11:44.4
7	272	Presley, Presley 90	Charles Sinclair	11:51.5
8	302	Pfrimmer, Bryce 92	La Salle School	11:55.3
9	241	Inglis, Loch 92	Vincent Massey Winnipeg	12:04.5
10	168	Post, Mac 93	Tough Track 1	12:19.7
11	311	Ellis, Ian 92	Churchill High School	12:48.0
12	312	McMurray, Riley 92	Churchill High School	13:01.1

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#6 Men 14-15 3k Run CC

Comp#	Name	Team	Time Points
13	310 Sampson, Tristan 92	Churchill High School	13:09.0
14	42 Cavers, Jake 92	Immanuel Christian School	13:20.8
15	45 Van Goor, Rudy 92	Immanuel Christian School	13:21.9
16	309 Recksiedler, Shane 92	Lord Selkirk Regional Roy	13:32.4

#7 Women 16-17 3k Run CC

Comp#	Name	Team	Time Points
1	96 Romanson, Stephanie 90	Winnipeg Optimist Athleti	11:46.5
2	242 Moore, Stevie 90	Vincent Massey Winnipeg	12:21.3
3	243 Ready, Richelle 90	Vincent Massey Winnipeg	12:41.8
4	18 Auger, Chantal 90	College Louis Riel	14:15.1
5	15 Herda, Melissa 91	Charles Sinclair 2	17:37.7
6	46 Versteeg, Sonya 91	Immanuel Christian School	19:16.4

#8 Men 14-17 5k Run CC

Comp#	Name	Team	Time Points
1	323 Redpath, Jason 91	Lord Selkirk Regional Roy	17:42.4
2	21 Brault, Charles 93	College Louis Riel 2	19:16.8
3	106 Madden-Neubold, Steve 90	Winnipeg Optimist Athleti	19:24.6
4	105 Lawler, John 90	Winnipeg Optimist Athleti	19:35.7
5	110 Saccucci, Jordan 91	Winnipeg Optimist Athleti	20:14.7
6	22 Brault, Eric 90	College Louis Riel 2	20:32.0
7	14 Cochrane, Jordan 92	Charles Sinclair 2	21:04.5
8	25 Khattabi, Elmahadi 93	College Louis Riel 2	21:26.8
9	12 Morgan, Brett 91	Brandon Rivals	22:06.8
10	16 Sinclair, Brendan 90	Charles Sinclair 2	22:36.3

#10 Men 17-19 8k Run CC

Comp#	Name	Team	Time Points
1	26 Labossiere, Mathieu 90	College Louis Riel	31:50.9
2	24 Fontaine, Louis-Felix 90	College Louis Riel	33:44.2

#11 Women 6k Run CC

Comp#	Name	Team	Time Points
1	8 Trembath, Darolyn 83	Bison Track Club	23:37.2
2	20 Brault, Sarah-Anne 89	College Louis Riel 1	23:41.8
3	326 Cullin, Cathy 80	Winnipeg Optimist Athleti	24:00.0
4	9 Vincent, Janelle 84	Bison Track Club	24:27.6
5	227 Sherwin, Alice 86	U of M Brown	25:04.7
6	207 Bell, Alex 87	U of M Brown	25:12.2
7	229 Tessmann, Gina 85	U of M Gold	25:58.3
8	208 Braun, Erin 85	U of M Brown	26:48.5

Rank	Team	Total	1	2	3	4	1	2	3	4	5*	6*
1	U of M Brown	32					5	6	8	13		
2	U of M Gold	37					7	9	10	11	14	
3	College Louis Riel 1	45					2	12	15	16		

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#11 Women 6k Run CC

	Comp#	Name	Team	Time Points
9	215	Ginter, Lacey 87	U of M Gold	26:49.5
10	216	Gregoire, Melanie 87	U of M Gold	26:49.8
11	204	Altomare, Allyssa 88	U of M Gold	27:38.8
12	31	Remillard, Janelle 91	College Louis Riel 1	29:32.7
13	224	Sanderson, Julia 87	U of M Brown	29:36.0
14	228	Sparling, Claire 87	U of M Gold	29:43.8
15	28	Leclercq, Myriam 90	College Louis Riel 1	30:32.4
16	29	Michaud, Sylvie 90	College Louis Riel 1	30:34.2

#12 Men 10k Run CC

	Comp#	Name	Team	Time Points
1	219	Hunter, Kristjan 84	U of M Brown	33:49.6
2	10	Walker, Brian 82	Bison Track Club 1	34:31.2
3	209	Budigoma, Desiree 88	U of M Gold	34:37.4
4	221	Kilcullen, Sheldon 85	U of M Gold	35:06.6
5	230	Tranquada, Eric 84	U of M Brown	35:19.0
6	206	Barnett, Colin 89	U of M White	35:19.9
7	11	Walker, Jeremy 82	Bison Track Club 1	35:30.4
8	211	Carr, Paul 86	U of M White	35:39.9
9	4	Keefe, Bradley 81	Bison Track Club 1	35:42.4
10	325	Samuel, Dane 67	Unattached - Manitoba	35:46.1
11	27	Laurier, Joel 89	College Louis Riel	35:50.1
12	222	Leclercq, Patrice 85	U of M Gold	36:08.5
13	328	Jerema, Sam 83	Unattached - Manitoba	36:12.7
14	223	Man, Mitchell 89	U of M Brown	36:16.5
15	226	Shephard, Colin 87	U of M White	36:17.2
16	214	Gallaway, Marshall 89	U of M Brown	36:17.5
17	3	DeJong, Calvary 86	Bison Track Club 1	37:14.3
18	205	Amy, John 89	U of M Gold	37:16.2
19	212	DeGagne, Jean-Paul 78	U of M Gold	37:49.1
20	103	Brown, Alastair 90	Winnipeg Optimist Athleti	37:59.8
21	225	Schinkel, Evan 88	U of M Brown	38:35.0
22	315	Lejsek, Tadeas 89	Miles MacDonald Collegiat	38:47.7
23	220	Hynes, Tyler 84	U of M White	39:04.2
24	218	Hildebrandt, Barret 81	U of M White	43:25.0
25	210	Campbell, Mark 88	U of M White	50:49.0

#13 Men 35+ 8k Run CC

	Comp#	Name	Team	Time Points
1	6	Lang, Dennis 51	Bison Track Club	31:29.4
2	327	Somers, Daryl 62	Unattached - Manitoba	33:57.4
3	231	Lawler, David 54	Unattached - Manitoba	36:00.3
4	235	Teitsma, Neil 61	Unattached - Manitoba	39:07.8

Rank	Team	Total	1	2	3	4	1	2	3	4	5*	6*
1	Bison Track Club 1	35	2	7	9	17						
2	U of M Brown	36	1	5	14	16	21					
3	U of M Gold	37	3	4	12	18	19					
4	U of M White	52	6	8	15	23	24	25				