

Results from the Summer Cross Country Series, Run #5.

August 2, 2007,

Course: Churchill Drive Park starting at Ashland Street and Churchill Drive.

2Km loop on mostly flat smooth grass.

Weather +27C, Sunny, Windy

| Run #5 | Name | Distance | Time |
|--------|------------------|----------|-------|
| | Tyler Mislawchuk | 2K | 8:23 |
| | Erin Burns-Flett | 2K | 12:10 |
| | Robin Flynn | 2K | 14:40 |
| | Laurent Lacroix | 4K | 17:22 |
| | Dwayne Sandall | 4K | 18:13 |
| | Andrea Williams | 2K | 19:17 |
| | George Stewart | 4K | 21:15 |
| | Pam Nichol | 4K | 21:41 |
| | Peggy Sanders | 4K | 24:59 |
| | Brian Flynn | 6K | 36:39 |

Thanks to Laurent LaCroix who has volunteered to do the organization and set up for the August 9th run the series will continue for run #6.

Thank you for participating.

Please encourage some one else to come to keep the series going.

The next run will be on August 9 at 6 PM Churchill Drive.

Registration begins at 5:15 PM.