TRACK AND FIELD / ROAD RUNNING CROSS COUNTRY

214-200 MAIN ST. WINNIPEG, MB R3C 4M2 TEL: 204-925-5743 FAX: 204-925-5792 EMAIL: athleticsmb@shaw.ca www.athleticsmanitoba.com

2007-2008 INDOOR GRAND PRIX SERIES

NEW FOR THIS SEASON

- **Individual members with top performances at three out of six meets will be eligible for prizes. Points will be awarded based on result compared to the Provincial Record.**
- **Schools and clubs will be charged for all entries, whether the athlete attends or not. Late entries will be allowed at the discretion of the meet director.**

MEET INFORMATION

- **Schedules for the meet will be posted the next work day following the entry deadline. Evening meets usually start at 6pm and Saturday meets usually start at 9am, with check-in one hour prior. All meets are at Max Bell Centre at the University of Manitoba.**
- **Participants MUST be an individual member or school member of Athletics Manitoba. Day memberships are available.**
- **For schedules, Hy-Tek Entry Files and entry lists, please go to www.athleticsmanitoba.com – Track & Field – Events**
- **All meets are run as Open events, with athletes seeded according to submitted Seed Performance. If no Seed Performance is submitted, athletes will be placed in the slower sections. Seed performances should be from the previous outdoor or indoor season to provide the best competition.**
- **All track events are timed finals. Field events will have six rounds, except where competition needs to be limited for time.**

GP #1: FRIDAY, DECEMBER 7 Entry Deadline Monday, December 3		GP #2: SATURDAY, DECEMBER 8 Entry Deadline Monday, December 3		GP #3: WEDNESDAY, JANUARY 16 Entry Deadline Monday, January 7	
60m	Standing Long Jump	60m Hurdles	Long Jump	60m	Standing Long Jump
400m	Triple Jump	200m	Pole Vault	400m	Triple Jump
1500m	High Jump	800m	Shot Put	1500m	High Jump
4x200m	Weight Toss	3000m	Special O Long Jump	4x100m	Weight Toss
	Special O Shot Put	300m University Only			Special O Shot Put
GP #4: FRIDAY, JANUARY 25 Entry Deadline Monday, January 21		**GP #5: SATURDAY, JANUARY 26 MB MULTIPLE EVENT CHAMPIONSHIPS Entry Deadline Monday, January 21**		**GP #6: WEDNESDAY, FEBRUARY 20 Entry Deadline Monday, February 15**	
60m Hurdles	Long Jump	60m	Standing Long Jump	60m Hurdles	Long Jump
200m	Pole Vault	400m	Triple Jump	200m	Pole Vault
800m	Shot Put	1500m	High Jump	800m	Shot Put
3000m		1000m University Only	Weight Toss	3000m	
600m University Only			Multiple Events		

School / Club: _____ **Coach:** _____

Phone: _____ **Fax:** _____ **Email:** _____

NOTE:

- You must be a member of Athletics Manitoba to compete (individual or school)
- Entry fees are $4.00 per event electronically, $6.00 per event with Paper (fax or mail only,) Late entries are $8.00 per event.
- Please indicate which meet you are entering
- For the Hy-Tek Meet Manager file or to link to online entry go to www.athleticsmanitoba.com - Track & Field - Events
- **Any questions, please contact Rob Guy at 688-0453**
  - **a. Mail: 2888 St. Mary's Road Winnipeg, MB. R2N 4A6**
  - b. **Fax to: 257.7439**
  - **c. Email: entries_athleticsmb@shaw.ca**

Which Meet (photocopy form as needed)?				No. of Entries	$ Per Entry	Total
GP #1 & 2	GP #3	GP #4 & 5	GP #6		$6.00	

Name	Year of Birth	M/F	Event	Seed	Event	Seed	Event	Seed