



▶ THE HIGH SCHOOL SERIES IS BACK AND BIGGER THAN BEFORE2



▶ ALEX ALLEN SHOWS US HOW TO GET DEVELOPMENT FUNDING.....3



▶ THE PUMA GRAND PRIX SERIES GETS UNDERWAY APRIL 3RD.....4

● Winter

● 2011

Manitoba On Track

KEEPING ATHLETICS MANITOBA MEMBERS INFORMED ON THE CURRENT NEWS WITHIN OUR ORGANIZATION

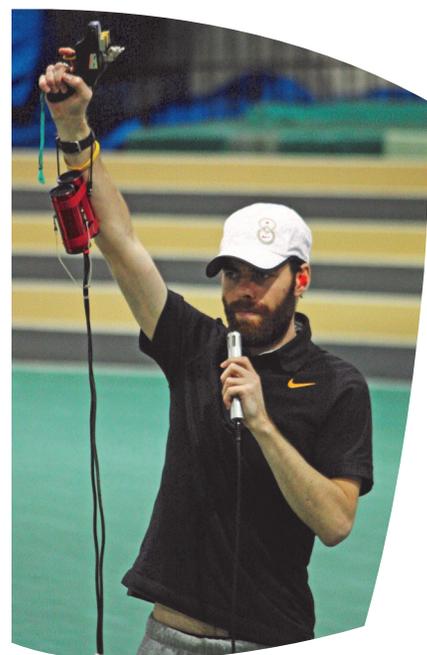
With the Departure of Rob Guy Athletics Manitoba has had to do some restructuring of its Office staff. Meet the person that will help direct our Organization

Meet the New Guy

As you probably know by now Rob Guy has resigned his position as Managing Director of Athletics Manitoba to take the Position of CEO with Athletics Canada. We all will miss Rob and the great work he has done to set Athletics Manitoba on the right path in promoting Track and Field, and help our developing athletes achieve great success.

With the loss of our Managing director, Jennifer Campbell and the executive of the board of directors were faced with the challenge of finding someone qualified to fill the vacant position. After some restructuring of

Management duties, Athletics Manitoba has found a worthy new member to add to its full time staff. Joining Diana Stevens as a full time staff member is Sean Baynton. Sean brings strong Business, Coaching and Track and Field experience with him to Athletics Manitoba. He will work alongside Diana and also part time staff members Chris Belof and Shirley Allan Boudreau. Many of you have probably already met Sean working at Track Meets or in the office. We all welcome Sean and look forward to the "New Guy" working with us to help promote Athletics in Manitoba.



30th Anniversary of the Indoor Classic Mar 4th & 5th

Boeing Indoor Classic



The Organizing Committee of the Boeing Indoor Classic is proud of the quality and history of this long-standing meet, and the contributions it has made to the sport of track and field in Manitoba. The Boeing Indoor Classic was first staged in a hanger in Gimli in 1981. After two years of competition in Gimli, the meet was held in the Minto Armories (with a portable track) before moving into the present Max Bell Center. Winnipeg Optimists Athletics (WOA), formerly Assiniboia Optimist Track Club (AOTC) has hosted this meet for the past 28 years, while Boeing Canada Technology has been the corporate sponsor. The Boeing Indoor Classic also serves as the 2011 Manitoba Indoor Age Class Championships.

This year's committee hopes this event serves as a successful competition for our local, and visiting out of province athletes.

This years meet runs March 1st for the Boeing Elementary Relays, and the Classic runs on March 4th, and 5th, 2011 at the Max Bell Center. The Indoor Classic is one of the largest indoor meets on the prairie indoor circuit. Over 300 officials and volunteers are required to stage the 2 day event. Over 1000 elementary athletes will compete in the Elementary Relays and approximately 1000 athletes will compete for their school or club in the age class section. More than 800 gold, silver, bronze Boeing medals are awarded to the athletes each year.

<http://boeingtrackandfield.com/>



Jennifer Campbell

Presidents Message



So far 2011 is proving to be a very busy year within Athletics Manitoba. There have been several major office changes with the addition of Chris Belof and Sean Baynton to our staff. Diana Stevens has the leadership role within the office as Executive Director. Shirley Allan Boudreau continues as our Communication and Membership Coordinator.

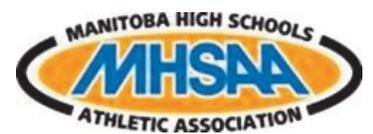
The Athletics Manitoba board is very pleased with the office chemistry that has evolved. It has been quite the learning experience in that the staff has had to hit the ground running, learn all the aspects of operating our sport plus maintain the daily operates. This learning curve has created opportunities for our staff to show case their strengths and expertise which has brought forth the flexibility / opportunity to change the various job descriptions to best accommodate Athletics Manitoba's community. Please feel free to contact the office if you have any questions, concerns or suggestions in regards to any of the programs Athletics Manitoba offers.

Athletics Manitoba would also like to welcome two new board members, Teresa Logazar and John Neufeld. Both individuals are very keen to help promote Athletics and we appreciate their contribution to our sport.

Major changes to the outdoor stadium will be seen as we head to the outdoor season. With the construction of the new Blue Bomber football stadium the throws and warm up track area had to be moved. A new throwing area has now been constructed at the NE corner where new sod has been laid, throwing cage and circles have been completed and fencing has gone up. A new 4 lane Mondo 50 m warm up track will be located behind the stands. The University of Manitoba has been a very supportive partner in developing these areas by investing \$250,000.00 to upgrade this area. Through we have had to invest significant funds into equipment upgrades we are confident that it will benefit our community and we look forward to the continued growth in our sport. **Please note that this new competition and warm up area, vehicular traffic will be strictly regulated.**

Athletics Manitoba and the Host Organizing Committee [Keystone Athletics] are hosting the Canadian Junior National Championships this summer [July 8 to 10] and in the summer of 2012. Both organizations are working diligently to organize a top quality national event. Athletics Manitoba invites the Athletics community to come out and support this championship. If anyone is interested in sponsoring an event, wanting to volunteer, or work as a technical assistance on the field of competition, please contact the office 925-5743 and you will be directed to a committee chair.

With more Schools than Before this years High School Series promises to be better than ever



Year Two of the High School Series



Over the years, a favourite pastime of high school coaches has been to get together on the Friday evening of Cargill / Manitoba Games and the Boeing Classic for pizza, drinks, and a healthy dose of conversation. Inevitably, the discussion would turn to how high school athletes from school programs could be more competitive in these prestigious events. The dialogue would centre on the idea of a "grass roots" series of meets which

would focus on increasing the number of indoor high school track and field programs in Manitoba. A by-product of more programs would be a corresponding jump in the number of high school athletes participating in our sport, which would increase the likelihood of talented individuals being identified in all the sport's disciplines.

After years of talk, a group of high school coaches came together in the fall of 2009 to implement a plan for a series of four indoor high school meets, culminating in a championship meet for qualifiers. The cornerstone philosophy was to provide fair and equitable competition for all high school competitors so the series would be open to any school in Manitoba with high school indoor track program. Athletes would be limited to a maximum of two individual events and one relay per meet, including the championship. Each athlete would get the opportunity to compete twice in the events of their choice over the four meet series. A "Top Twelve" performance by any individual or relay team would translate into an invitation to compete in the final "Meet of Champions".

In February and March of 2010, over 400 athletes representing 22 schools

participated in the newly minted "High School Indoor Track and Field Series".

Events contested included the 60m, 60mh, 200, 400, 800, 1500, Shot Put, Long Jump, Triple Jump, High Jump, and the 4 x 200m relay. Points were awarded as follows: 1st-12, 2nd-11, 3rd-10, 4th-9, 5th-8, 6th-7, 7th-6, 8th-5, 9th-4, 10th-3, 11th-3 and 12th-3 points. Ribbons were awarded to sixth place and banners to the top schools in four categories. Schools could enter an unlimited number of athletes in each event but only the top three results from each school would score.

Athletes competed in four age categories: Junior Girls, Senior Girls, Junior Boys and Senior Boys. In the inaugural year, the following team champions were crowned: Junior Girls – Kelvin High School; Junior Boys – Sisler High School; Senior Girls – Sisler High School; Senior Boys – Kelvin High School.

An appreciation gathering was held in April of 2010 for all coaches and officials. At a brief meeting prior to the celebration, it was decided that the Medley Relay would be added and the schedule was given a further "tweaking". The overall consensus was that the inaugural year was a success and all involved were looking forward to "Year Two".

The 2nd High School Indoor Track & Field Series is well under way. A total of 27 schools and over 500 athletes have registered for this year's series. This year's four qualifying meets have been named in honour of individuals who were instrumental in the development of high school track and field in Manitoba. The series is proud to honour these four sport "builders": Dr. Lionel Orlikow; Jeff Collins; Dr. Jack Hunt and Jim Daly. We are looking forward to another exciting "Meet of Champions" on Saturday, March 19th and continued success next year!

Blair DuGray

Alexandra Allen.

Local Pole Vault Athlete attends High Level Training Seminar

Alex is a Kelvin High School Grad that is currently attending the University of Manitoba. She competes in Pole Vault for the University of Manitoba Bisons, and also Winnipeg Optimists Athletics. Alex has recently attended the National Pole Vault Summit in Reno Nevada from January 27th to 30th. She attended the summit with funding that she received from the National Association for Japanese Canadians through the SEAD (Sport, Education, Arts Development) Program. Alex has set an example for all local athletes to pursue funding for development from their own Cultural Communities. Alex has competed at many high level meets including the 2009 Canada Summer Games. She is currently ranked 12th in the CIS, and 6th in CanWest in Pole Vault. Alex's creative side has been beneficial to Athletics Manitoba as she has designed the Logo for the 2011-12 Canadian Junior Track & Field Championships that take place in Winnipeg.

Athlete Profile *Alex Allen*
U of M Bisons / Wpg Optimists

Events *Pole Vault*

Seasonal Goals: *To place Top 3 at CanWest And Top 5 at CIS Nationals*

Most Memorable Track & Field Moment: *Clearing CIS Standard for the first time (3.62 in 2010)*

Superstions or Rituals *I don't believe in either*

In 5 Years I see Myself: *Somewhere on the West Coast Designing Furniture*

On my iPod *Anything I can Sing or Dance to.*

Up Coming Events

Mar 1	Boeing Elementary Relays	Max Bell
Mar 4-5	Boeing Indoor Classic	Max Bell
Mar 9	High School Series 4	Max Bell
Mar 10-12	CIS Championships	Sherbrooke QC
Mar 11	Track Attack 4	Max Bell
Mar 16	Athletics Manitoba Elementary Relays	Max Bell
Mar 19	High School Series Championships	Max Bell
Apr 9	Special Olympics Meet	Max Bell
Apr 15	Super Seminar for Coaches	U of M

Become an Official!

We are seeking responsible people to become Officials. If anyone is interested in becoming a Track & Field Official there are clinics available through the Manitoba Track and Field Officials Association and Athletics Manitoba. Please contact the Athletics Manitoba office for more information

Canadian Junior Track & Field Championships



The 2011 and 2012 Canadian Junior Track and Field Championships are being held in Winnipeg. The 2011 Championships will take place on July 8th to 10th at the University of Manitoba Stadium. Over 600 of Canada's best 18 and 19 year old athletes from across the country will be competing at this event. They will not only be competing for the national title but also the right to represent Canada at the 2011 Pan Am Junior Games being held in Florida. Many of the athletes competing will someday be Olympic Athletes representing Canada. Hosting this event will be a great opportunity for the Manitoba Track & Field Community. We will get to experience some very high level Track and Field performances, and we will also be able to expose a large number of our own Junior and Youth aged athletes to a National Level of Competition. Athletics Manitoba has set up an Organizing Committee which is being Chaired by Blair DuGray. The Committee has been working hard to make sure everything is ready and in place to put on a successful Championship Meet. The Committee is in need of anyone who would be willing to help out during the Championships as a volunteer. The Organizing Committee is also seeking Sponsors to help fund this year's event. There are 3 levels of Sponsors: Organizational Sponsor; Session Sponsor; and Event Sponsor. Please contact Athletics Manitoba if you are able to donate your time as a volunteer, or if you would like to know more information about Sponsorship.

<http://www.athletics.ca/Winnipeg2011/main.asp?id=583>

VOLUNTEERS



We are currently establishing our Volunteer Base for the 2011 and 2012 Canadian Junior Championships. Volunteers are needed to help out in many different duties throughout the championships. If you are interested in helping out at this or any other track and field event please let us know.

Road Runners Wanted!

Timex Road Running Series

The Timex Series has 11 races in Manitoba this year. Race distances for this year's Series range from 5k all the way up to a Half Marathon. Series races take place in various locations throughout Manitoba from April to September. The top three point scorers (male and female) in each five year age category will be awarded for their achievement at the Athletics Manitoba Awards Event. Racers need to run a minimum five (5) races to qualify. The best 9 of 11 race points used for final calculations. The age category will be determined as of the date of the first Timex race (April 3, 2011). Full details are at:

<http://www.athleticsmanitoba.com/road-running/timex-road-race-series/run-manitoba-jersey-series-awards/>



Run Manitoba Youth Series

This series is similar to the Timex Series but the race distances are 5 km or less. The age categories are 12 and under, 13-14 and 15-17

Full details are at:

<http://www.athleticsmanitoba.com/road-running/timex-road-race-series/run-manitoba-youth-series/>

Puma Grand Prix Series

The 2011 Puma Grand Prix Series season gets underway on April 3rd, with subsequent races being held on April 10th and 17th. The series is part of the Timex Road Racing Series. Runners have the option of running a 3 race 5k series, or a 3 race 5k, 10k, & 15k series. Races start at the Assiniboine Park Duck Pond, and start at 9:00am. There will also be a 1k kids run on April 10th with a 10:15 start time. The cost for Adults to compete in the Puma Grand Prix series is \$20 for individual races, and \$35 for the 3 race series if paid before April 1st. **Athletics Manitoba Members will receive \$5 off registration! (applies to series races only).** Registration on race days for the Puma Series takes place at the Assiniboine Park Duck Pond from 7:15am to 8:45am. Pre-registration is by mail, at the Running Room, Athletics Manitoba (145 Pacific Ave.), or online at www.runningroom.com. For Further information on the Puma Grand Prix Series please contact Patrick Riddell 1-204-669-2218 (priddell@mts.net), or Wayne Ford 1-204-488-6219 (wkford@shaw.ca).

Membership:

An Athletics Manitoba or Run Manitoba membership provides you with

- training accident insurance throughout the year
- race day accident insurance
- is required to accumulate points for the Timex and Junior Road Race Series
- Athletics Canada membership
- Discounts on Run Manitoba Events.
- Discounts at City Park Runners.

Possibility to compete at the National 10km championships with Athletics Manitoba providing a travel subsidy.

The Run Manitoba fee is \$25 a year and \$5 for every additional family member. You can register on line at

<http://www.athleticsmanitoba.com/>

Athletics Manitoba

2010-2011 Athletics Manitoba Board of Directors:

Jennifer Campbell - President / Kevin Booker - Vice President / Jeff Vince -Treasurer / David Manzuk - Secretary
Jennifer Ervick - Director / Kathy Kelly - Director / Teresa Logozar - Director / John Neufeld - Director / Jill Neumann - Director
Randy Paracholski - Director / Brian Walker - Director / Richard Winton - Director / Justin Charrier - Athlete's Rep
Bruce Pirnie - Coach's Rep / Jane Edstrom - Official's Rep / Bradley Keefe-Road Running Rep