

# 2007 CANADA WEST TRACK & FIELD CHAMPIONSHIPS

FEBRUARY 23 & 24

MAX BELL FIELDHOUSE  
UNIVERSITY OF MANITOBA

## FRIDAY, FEBRUARY 23

2:00 pm	Men	60m Hurdles Pentathlon
2:10	Men	60m Hurdles Heats
2:20	Women	60m Hurdles Pentathlon
2:30	Women	60m Hurdles Heats
2:40	Men	300m Heats
	Men	Long Jump Pentathlon
3:00	Women	300m Heats
	Women	High Jump Pentathlon
4:00	Men	Shot Put Pentathlon
4:10	Men	Long Jump Final
4:30	Women	Pole Vault Final
5:00	Women	60m Hurdle Final
5:10	Men	60m Hurdle Final
5:20	Women	1000m Timed Section Final
5:40	Men	1000m Timed Section Final
	Women	Shot Put Pentathlon
5:45	Men	High Jump Pentathlon
6:00	Men	300m Final
6:10	Women	300m Final

Awards Ceremony

6:30	Women	Long Jump Pentathlon
6:40	Women	Shot Put Final
6:45	Women	High Jump Final
7:00	Women	3000m Final
7:20	Men	3000m Final
7:30	Men	1000m Pentathlon

### Awards Ceremony

7:30	Men	Weight Toss Final
7:30		Special Event (Elementary Co-Ed Relay) (High School Men & Women 1000m)
8:00	Women	800m Pentathlon
8:10	Women	4 x 400m Relay Final
8:20	Men	4 x 400m Relay Final

### **SATURDAY, FEBRUARY 24**

11:30 am	Women	Long Jump Final
12:30 pm	Women	60m Heats
12:45	Men	60m Heats
1:00	Women	600m Timed Section Final
1:00	Men	Pole Vault Final
1:15	Men	Shot Put Final
1:15	Men	Triple Jump Final
1:20	Men	600m Timed Section Final
1:40	Women	1500m Timed Section Final
2:00	Men	1500m Timed Section Final
2:30	Women	60m Final
2:40	Men	60m Final

### Awards Ceremony

3:10		Special Event (High School Men & Women 60m)
3:10	Women	Triple Jump Final
3:10	Men	High Jump Final
3:10	Women	Weight Toss Final
3:20	Women	4 x 200m Relay Final
3:35	Men	4 x 200m Relay Final
3:50	Women	4 x 800m Relay Final
4:05	Men	4 x 800m Relay Final

### Awards Ceremony