Annual Whiteshell Run in the Park

5 km and 10 km walk or run Sunday, July 30, 2006 Race Time- 9am Rennie Community Club, Town of Rennie Race Contact Information Athalie Orr aorr@mts.net or 204.253.2371

Entry Fee:

Early Registration Fee \$15 Athletics Manitoba members \$3 discount (pre-race & race day) Race Day Registration \$20

How to Register:

MAIL Registration forms and cheques can be mailed to Athalie Orr,

18 Royal Salinger Rd., Winnipeg, MB, R2J 2N9. Cheques must be postdated no later than July 30. Pre-registered runners can pick up their numbers race morning at the Advance registration table.

PHONE 204.792.2668. Registration information accepted by phone. Fee and waiver must be paid signed when race number is picked up.

E-MAIL aorramts.net Registration information accepted by email. Fee and waiver must be paid signed when race number is picked up.

IN PERSON- LAST CHANCE PRE-RACE REGISTRATION Saturday, July 29,

12-3 pm, Arnal Cottage, Brereton Lake, Block 6, Lot 19.

RACE DAY 7:30 am to 8:45 am prior to race. Correct change or cheques needed

Registration Form	Male or Female	5 km or 10 km				
Name:						
Address:		Postal Code:				
Phone number:		Age as of July 30, 2006:				
Waiver: (Must be sign	ed for registration to be	processed)				
In consideration of the acceptance of this entry in the Whiteshell Run in the Park I, for myself, my heirs, executors, administrators and assigns, waive any claims to which I may become entitled for injury or damage and release all sponsors, representatives, their agents and employees and any other person or organization assisting in this event, including the Manitoba Provincial Parks, Athletics						
			Manitoba, the event organizers, the Province of Manitoba, and their employees and agents and other			
			participants and volunteers in this race series, from any claims for damages or injury suffered by me as a result of my participation in this event. I further state that I am in proper physical condition to participate in this event and I am aware that road running is a potentially dangerous activity and am aware that participation could, in some circumstances, result in physical injury. I give my permission			
						2
2		ein will be used for race purposes only (results,				
		red with any other organizations.				
I acknowledge that I ha	we read and understood	all of the above.				
Signature	Runners under 18 1	require co-signature of parent/guardian				