



**Team Manitoba - Athletics
2007 Western Canada Summer Games**

December 18, 2006

EVENT: Prep Squad Jumps Clinics

TOPICS: December 30, 2006 – Topic – High Jump – Men 11:00 AM – 1:00 PM
December 30, 2006 – Topic – High Jump – Women 12:00 NOON – 2:00
December 31, 2006 – Topic – Long Jump – 11:00 AM
December 31, 2006 – Topic – Triple Jump – 12:00 NOON

LOCATION: Max Bell Centre – University of Manitoba

These clinics are open to Western Canada Summer Games Prep Squad athletes, Provincial Senior and Junior team athletes, their parents and personal coaches.

Athletes will be videoed and analyzed utilizing Dartfish software to improve technique.

*Athletes will be required to hold a valid membership in Athletics Manitoba for insurance purposes. Memberships forms will be available and accepted at the clinic.

These clinics may be of interest to Long Jumpers, High Jumpers, Triple Jumpers, and Combined Event athletes and their coaches.

COACHES: Wayne McMahon, Dallas Mooney, Sam Jerema and others.

BIOMECHANIST: Carolynn Taylor

Athletes should come dressed to participate.

R.S.V.P. – Wayne McMahon at: 261-0467 or email at: gwmcmaho@mts.net

More Prep squad information is available at the following website:

<http://www.athleticsmb.com> Click; **Track and Field** then Click; **Teams**

Yours truly,

Wayne McMahon – (204)261-0467 email – gwmcmaho@mts.net