

2013 CIS Track & Field Championships - 2013-03-07 to 2013-03-09

Championnats d'Athletisme du SIC 2013

**University of Alberta
Final Performance List**

Event 1 Women 60 Metre Dash Prelims

Thursday 2013-03-07 - 6:00 PM

CIS:	7.31	2009	Genevieve Thibault, Laval	
	Name		School	Entry Time
	Khamica Bingham		U of Toronto	7.41 SC
	Liza Whitehead		TWU	7.55 S
	Katrina Martin		Alberta	7.56 SC
	Karry-Ann Cornwall		Guelph	7.59 SC
	Leah Walkeden		Alberta	7.59 SC
	Jalicia Clarke		Windsor	7.60 S
	Sarah De Carufel		U. of Ottawa	7.63 S
	Jenn Zimmer		U of Calgary	7.64
	Brenna Thomson		Western University	7.66
	Tameran Defreitas		York Lions	7.69
	Hayley Warren		U of Toronto	7.71
	Vanessa Beaudry		U. de Montreal	7.77 C
	Alexa-Maude Mallais		Univ de Moncton	7.78 C

Event 3 Women 300 Metre Dash Prelims

Friday 2013-03-08 - 5:50 PM

CIS:	37.35	2005	Adrienne Power, Dalhousie	
	Name		School	Entry Time
	Alicia Brown		U of Toronto	38.63 SC
	Sarah Wells		U of Toronto	38.84 SC
	Brenna Thomson		Western University	39.06 S
	Morgan Sawatzky		University of Sask	39.12 SC
	Kelsey Lotwin		U of Calgary	39.91 C
	Emilie Halle		Windsor	39.99
	Danielle Kendall		U of Calgary	40.21
	Vanessa Beaudry		U. de Montreal	40.25 C
	Sarah Clancy		Western University	40.28
	Natalie Geiger		U of Toronto	40.42 EQ-S
	Anastasia Pearse		TWU	40.45
	Khamica Bingham		U of Toronto	NT EQ-S

Event 5 Women 600 Metre Run Prelims

Thursday 2013-03-07 - 7:30 PM

CIS:	1:27.63	1984	Camille Cato, York	
	Name		School	Entry Time
	Jenna Westaway		U of Calgary	1:29.99 SC
	Rachel Francois		U of Victoria	1:30.01 SC
	Sarah Wells		U of Toronto	1:30.29 SC
	Rachel Aubry		Guelph	1:31.01 S
	Danielle Kendall		U of Calgary	1:31.22 S
	Amanda Banks		University of Sask	1:31.34 S
	Natalie Geiger		U of Toronto	1:32.13 C
	Heather Maxfield		Lake	1:32.18
	Grace Annear		U of Victoria	1:32.41
	Katie Bell		Western University	1:32.60
	Kelsey Desjarlais		York	1:32.81
	Laurence Côté		U Laval	1:33.00 C

Event 7 Women 1000 Metre Run

Friday 2013-03-08 - 5:00 PM**CIS: 2:42.81 1988****Paula Schnurr, McMaster**

Name	School	Entry Time
Rachel Aubry	Guelph	2:45.39 SC
Emma Galbraith	U. of Ottawa	2:46.89 SC
Amanda Banks	University of Sask	2:48.78 C
Kendra Pomfret	U of Victoria	2:49.23
Laurence Côté	U Laval	2:50.41 C
Rosa Serafini	U of Toronto	2:51.13
Nadine Frost	Guelph	2:51.39
Emma Tallman	Western University	2:51.58
Jenna Westaway	U of Calgary	2:51.64 C
Lydia Frost	Guelph	2:51.95

Event 9 Women 1500 Metre Run**Saturday 2013-03-09 - 2:45 PM****CIS: 4:16.41 1988****Paula Schnurr, McMaster**

Name	School	Entry Time
Fiona Benson	TWU	4:22.97 S
Colleen Hennessy	U of Toronto	4:24.44 S
Lydia Frost	Guelph	4:24.64 S
Genevieve Lalonde	Guelph	4:26.11 S
Emma Galbraith	U. of Ottawa	4:28.24 S
Nadine Frost	Guelph	4:28.25 S
Andrea Seccafien	Guelph	4:28.66 C
Carise Thompson	Guelph	4:29.54 C
Madeline Yungblut	Guelph	4:31.36
Julie-Anne Staelhi	Queen's Gaels	4:31.68
Emma Tallman	Western University	4:31.82
Brittany Therrien	U of Victoria	4:34.05 C
Alison Jackson	TWU	4:36.94 C
Sarah McCuaig	McGill	4:37.91 C

Event 11 Women 3000 Metre Run**Friday 2013-03-08 - 6:30 PM****CIS: 9:04.88 1988****Brenda Shackleton, Victoria**

Name	School	Entry Time
Andrea Seccafien	Guelph	9:20.64 SC
Genevieve Lalonde	Guelph	9:27.26 S
Fiona Benson	TWU	9:30.59 S
Carise Thompson	Guelph	9:34.30 SC
Madeline Yungblut	Guelph	9:43.73 S
Victoria Coates	McMaster	9:45.02 S
Jenn Corrick	Windsor	9:49.73
Alison Jackson	TWU	9:52.54 C
Madeline MacDonald	U of Victoria	9:53.20
Karissa LePage	Cougars	9:54.26 C
Danielle Thiel	Lake	9:55.76
Brittany Therrien	U of Victoria	9:58.89
Isabelle Morin	U Laval	10:17.02 C

Event 13 Women 60 Metre Hurdles 0.838m Prelims**Friday 2013-03-08 - 4:30 PM****CIS: 8.23 1997****Sonia Paquette, Sherbrooke**

Name	School	Entry Time
Amilia Di Chiara	Windsor	8.40 SC
Hayley Warren	U of Toronto	8.43 SC
Devyani Biswal	U. of Ottawa	8.56 S

Kathryn McCaffrey	Alberta	8.60	SC
Rachel Machin	U of Calgary	8.63	SC
Courtney Wilkes	Alberta	8.64	S
Sarah Swain	Windsor	8.68	S
Tomeizel Barry	Guelph	8.69	S
Hazel Ross	TWU	8.69	S
Tania Bambi	U. of Ottawa	8.71	S
Shaylyn Kowalchuk	Western University	8.75	
Nicola Charlesworth	U of Calgary	8.75	
Alana Battiston	McGill	9.19	C

Event 15 Women 4x200 Metre Relay Prelims
Thursday 2013-03-07 - 8:00 PM

CIS: 1:37.11 1993 , Windsor
Clarke, Grant, Laughton, Dinsmore

Team	Relay	Entry Time	
U of Toronto		1:39.21	SC
Western University		1:39.32	SC
University of Alberta		1:39.99	SC
University of Sask		1:40.26	S
University of Windsor		1:40.37	S
University of Calgary		1:41.06	SC
Trinity Western University		1:42.10	
U. of Ottawa		1:42.46	
University of Guelph		1:42.71	
Dalhousie University		1:42.80h	C
University of Manitoba		1:43.24	
York Lions		1:44.24	
McGill		1:44.26	C

Event 17 Women 4x400 Metre Relay
Saturday 2013-03-09 - 4:00 PM

CIS: 3:41.47 2012-03-10 U of Toronto, Toronto
A Brown, R Jewett, F Callender, S Wells

Team	Relay	Entry Time	
U of Toronto		3:41.57	SC
Western University		3:44.53	SC
University of Calgary		3:45.19	SC
U of Victoria		3:48.10	SC
University of Sask		3:48.66	S
University of Windsor		3:49.76	S
University of Guelph		3:53.53	
U. of Ottawa		3:54.40	
U of Waterloo		3:55.58	
U Laval		3:57.43	C
University of Regina Cougars		3:58.64	
Lakehead University		4:00.08	

Event 19 Women 4x800 Metre Relay
Friday 2013-03-08 - 8:00 PM

CIS: 8:41.66 1988 , Victoria
Jones, Meagher, Shackleton, Wellman

Team	Relay	Entry Time	
U of Victoria		8:46.94	SC
University of Guelph		8:59.23	SC
U of Toronto		8:59.49	SC
University of Sask		9:00.90	SC
University of Windsor		9:05.83	

Western University	9:08.35
Université de Sherbrooke	9:12.38 C
McGill	9:15.91
U Laval	9:18.27
Queen's Gaels	9:20.29

Event 21 Women High Jump
Saturday 2013-03-09 - 2:30 PM

CIS: 1.87m 1986

Tami Lutz, UBC

Name	School	Entry Mark
Emma Nuttall	TWU	1.85m SC
Rachel Machin	U of Calgary	1.82m SC
Julia Wallace	Guelph	1.75m SC
Rebecca Haworth	Dalhousie	1.73m SC
Laura Maessen	U of Toronto	1.73m SC
Megan Rumpel	Cougars	1.72m S
Caroline Tanguay	McGill	1.71m SC
Katerine Dugas	Sherbrooke	1.71m S
Jen Pitman	Western University	1.70m
Kelly Morrison	Windsor	1.68m
Katia Vasilyeva	U of Toronto	1.68m
Flo Peters	U of Toronto	1.68m

Event 23 Women Pole Vault
Friday 2013-03-08 - 5:00 PM

CIS: 4.23m 2010

Heather Hamilton, York

Name	School	Entry Mark
Mélanie Blouin	U Laval	4.35m SC
Robin Bone	Western University	4.18m SC
Erika Fiedler	Guelph	4.07m SC
Rebecca Marchant	TWU	4.01m SC
Kimberly Stephenson	U of Calgary	4.00m SC
Courtney Erickson	University of Sask	3.80m S
Paige Ridout	U of Calgary	3.75m S
Sharon Michalak	Western University	3.72m S
Melissa Richards	Bisons	3.68m
Ivonne Zuniga-Padilla	TWU	3.60m
Sam Allegro	Guelph	3.60m
Mignon le Roux	University of Sask	3.60m

Event 25 Women Long Jump
Friday 2013-03-08 - 7:00 PM

CIS: 6.24m 2001

Jocelyn Adu-Gyamfi, Toronto

Name	School	Entry Mark
Laurence Beaudet	U. de Montreal	6.01m S
Joy Becker	Cougars	5.95m SC
Julia Wallace	Guelph	5.90m SC
Rachael McIntosh	U of Calgary	5.89m S
Rachel Machin	U of Calgary	5.87m SC
Caroline Ehrhardt	Western University	5.82m SC
Esther Renaud	Sherbrooke	5.80m S
Tomeizel Barry	Guelph	5.78m S
Éloïse Rheault	Sherbrooke	5.70m C
Emily Omahen	Windsor	5.65m
Audrey Bonneau	Sherbrooke	5.65m
Nathana Griffiths	Windsor	5.59m
Anissa Owen	St Mary's	5.42m C

Event 27 Women Triple Jump

Saturday 2013-03-09 - 12:30 PM**CIS: 13.01m 1993****Kelly Dinsmore, Windsor**

Name	School	Entry Mark
Caroline Ehrhardt	Western University	12.74m SC
Julia Wallace	Guelph	12.58m S
Mila Simulik	Western University	12.19m SC
Allison Kendall	U of Calgary	12.03m C
Courtney Wilkes	Alberta	12.00m C
Alana Stewart	U of Toronto	11.88m
Ayla Akehurst	TWU	11.81m
Sarah Taplin	Dalhousie	11.71m C
Rebecca Marchant	TWU	11.70m
Audrey Morin-Lemay	Sherbrooke	11.66m C
Amanda Gundrum	Bisons	11.64m
Danielle Parrish	U of Calgary	11.56m

Event 29 Women Shot Put 4kg**Friday 2013-03-08 - 7:00 PM****CIS: 15.72m 2011****Taryn Suttie, Saskatchewan**

Name	School	Entry Mark
Celine Freeman-Gibb	Windsor	15.34m SC
Cynthia Appiah	York Lions	14.33m S
Shealyn McLaughlin	Windsor	14.30m SC
Samme Groenveld	U of Calgary	13.65m S
Jamie Waine	U of Calgary	13.41m SC
Lucie-Maude Tetreault	U. de Montreal	13.00m C
Kayla Gallagher	U of Lethbridge	12.94m C
Karla Gabruch	University of Sask	12.90m
Lydia Foley	Western University	12.88m
Chantelle Labrecque	Cougars	12.87m
Alexandra Black	UNB	12.58m C
Juliana Bergin	U of Toronto	12.52m

Event 31 Women Weight Throw 9.08kg**Thursday 2013-03-07 - 2:30 PM****CIS: 19.66m 2005****Kate Forbes, Lethbridge**

Name	School	Entry Mark
Cynthia Appiah	York Lions	18.43m S
Ami Schimanski	Windsor	17.89m SC
Shealyn McLaughlin	Windsor	17.64m SC
Elizabeth MacDonald	Dalhousie	17.07m C
Kayla Gallagher	U of Lethbridge	16.85m C
Samme Groenveld	U of Calgary	16.69m
Sarah Dougherty	Guelph	16.36m
Karla Gabruch	University of Sask	16.36m
Ciera Heshka-Wolf	Alberta	16.05m C
Jenine McCutcheon	Western University	15.95m
Marthe Piguel	U Laval	15.94m C
Jill Van Damme	Windsor	15.93m

Event 33 Women Indoor Pentathlon**CIS: 4380 2007****Jessica Zelinka, Calgary**

Name	School	Points
Rachael McIntosh	U of Calgary	3923 SC
Rachel Machin	U of Calgary	3811 S
Rachel Jewett	U of Toronto	3634 SC
Megan Rumpel	Cougars	3588 SC
Juliana Bergin	U of Toronto	3549 SC

Alana Battiston	McGill	3515 SC
Kelsey Bohachewski	Cougars	3494
Kelly Morrison	Windsor	3487
Flo Peters	U of Toronto	3483
Nicola Charlesworth	U of Calgary	3410
Jessica May	Guelph	3405
Katerine Dugas	Sherbrooke	3375

Event 2 Men 60 Metre Dash Prelims
Thursday 2013-03-07 - 6:10 PM

CIS: 6.57 2010

Sam Effah, Calgary

Name	School	Entry Time
Aaron Bowman	Windsor	6.72 SC
Benjamin Williams	Alberta	6.78 SC
Oluwasegun Makinde	U. of Ottawa	6.82 SC
Wilfred Samking	Bisons	6.84
Kofi Kwarko-Fosu	U of Waterloo	6.87
Ike Omoruna	Western University	6.87
Shlomo Dunyo	U of Waterloo	6.88
Adam Clark	U of Calgary	6.90
Ryan Graf	University of Sask	6.91
Dominic Allard	U Laval	6.91 C
Connor Bloom	Cougars	6.93
Nathan George	TWU	6.95

Event 4 Men 300 Metre Dash Prelims
Friday 2013-03-08 - 6:05 PM

CIS: 33.40 1999

Alex Marchand, Sherbrooke

Name	School	Entry Time
Michael Robertson	U. of Ottawa	33.83 S
Scott Hutchinson	McMaster	33.85 SC
Oluwasegun Makinde	U. of Ottawa	34.21 S
Devin Biocchi	U. of Ottawa	34.33 C
Ludovic Christin	Sherbrooke	34.51 C
Alex Fedyk	University of Sask	34.71 C
Bianco Richard	U Laval	34.79
Rudy Baronette	McMaster	34.85
Ian Nkanka	Sherbrooke	34.92
Brandon Shirk	Guelph	35.02
Sébastien Sévigny	Sherbrooke	35.08
Kyle Donsberger	University of Sask	35.09 C

Event 6 Men 600 Metre Run Prelims
Thursday 2013-03-07 - 7:45 PM

CIS: 1:16.10 1995

Bryon Goodwin, Manitoba

Name	School	Entry Time
Scott Leitch	Western University	1:18.67 SC
Adam Gaudes	U of Victoria	1:19.42 SC
Anthony Romaniw	Guelph	1:19.63 SC
Andrew Heaney	York Lions	1:19.78 S
Michael Trnks	U of Toronto	1:19.81 S
Triphon Moodie	Western University	1:19.93
Brad Bickley	U of Calgary	1:20.19
Matt MacDonald	Guelph	1:20.73
Matt Muldoon	Western University	1:20.74
Ryan Charlton	York Lions	1:20.77
Cody Mages	U of Manitoba	1:20.80
John Pratt	UVIC	1:21.22

Daniel Block University of Sask 1:21.69 C

Event 8 Men 1000 Metre Run

Friday 2013-03-08 - 5:10 PM

CIS: 2:22.09 2012-03-09 Tommy Lecours, Guelph

Name	School	Entry Time
Yves Sikubwabo	Guelph	2:23.50 SC
Anthony Romaniw	Guelph	2:23.54 SC
Thomas Riva	U of Victoria	2:23.96 SC
Sasha Smart	U of Toronto	2:24.13 S
Steve Holmes	Guelph	2:24.60
Benoit Boulay	Guelph	2:24.76
Andrew Heaney	York Lions	2:25.54
Brad Bickley	U of Calgary	2:25.99 C
Jean-Samuel Lapointe	U Laval	2:26.53
Vincent Parent-Pichette	McGill	2:26.79 C

Event 10 Men 1500 Metre Run

Saturday 2013-03-09 - 3:00 PM

CIS: 3:46.85 1990 Allan Klassen, UBC

Name	School	Entry Time
Fraser Kegel	Windsor	3:48.23 S
Ross Proudfoot	Guelph	3:48.72
Matt Walters	Windsor	3:48.83 C
Nick Falk	Windsor	3:51.13
Yves Sikubwabo	Guelph	3:51.50 C
Steve Holmes	Guelph	3:51.50
Jean-Samuel Lapointe	U Laval	3:51.68 C
Aaron Hendriks	Guelph	3:51.80
Andrew Nixon	Guelph	3:52.81
Connor McGuire	St. FX	3:52.85 C
Ryan Armstrong	Western University	3:52.88
Thomas Riva	U of Victoria	3:53.32 C
Matt Johnson	Cougars	3:56.57 C

Event 12 Men 3000 Metre Run

Friday 2013-03-08 - 6:50 PM

CIS: 7:59.29 1996 Jeff Schiebler, UBC

Name	School	Entry Time
Andrew Nixon	Guelph	8:04.30 S
Kelly Wiebe	Cougars	8:06.87 SC
Ross Proudfoot	Guelph	8:11.95 S
Aaron Hendriks	Guelph	8:15.03 SC
Fraser Kegel	Windsor	8:15.70 S
Matt Walters	Windsor	8:16.30 SC
Nick Falk	Windsor	8:17.59 S
Ryan Cassidy	U of Victoria	8:18.26
Alex Mavrovic	Sherbrooke	8:18.69 C
Chris Dulhanty	Guelph	8:19.33
Connor McGuire	St. FX	8:20.23 C
Matt Johnson	Cougars	8:25.16 C

Event 14 Men 60 Metre Hurdles 1.067m Prelims

Friday 2013-03-08 - 4:45 PM

CIS: 7.83 1984 Mark McKoy, York

Name	School	Entry Time
Matt Brisson	Western University	7.88 SC
Calum Innes	TWU	8.01 SC
Oluwasegun Makinde	U. of Ottawa	8.02 SC

Simon Léveillé	Sherbrooke	8.07	SC
Justin Baker	Cougars	8.16	SC
Isoken Ogieva	Western University	8.21	S
Alexandro Allison Abaunza	U Laval	8.25	S
Gabriel Tesfaye	U. of Ottawa	8.30	S
Hubert Chevrette Belisle	U. of Ottawa	8.31	
Austin Roth	Windsor	8.31	
Branden Wilhelm	Windsor	8.32	
Jordan Bruce	Dalhousie	8.55	C

Event 16 Men 4x200 Metre Relay Prelims

Thursday 2013-03-07 - 8:20 PM

**CIS: 1:25.65 2012-03-10 U. of Ottawa, Ottawa
O Makinde, M Robertson, D Biocchi, T Makinde**

Team	Relay	Entry Time	
U. of Ottawa		1:26.95	S
Université de Sherbrooke		1:27.43	S
University of Sask		1:28.33	SC
U Laval		1:28.37	SC
University of Windsor		1:28.80	SC
University of Calgary		1:28.99	C
University of Manitoba		1:29.55	
McGill		1:29.70	
University of Regina Cougars		1:29.88	
York Lions		1:30.25	
McMaster University		1:30.29	C
University of Alberta		1:30.63	

Event 18 Men 4x400 Metre Relay

Saturday 2013-03-09 - 4:15 PM

**CIS: 3:14.12 2008 , Calgary
Effah, Kimick, Saizew, Ratzlaff**

Team	Relay	Entry Time	
U. of Ottawa		3:15.36	S
University of Guelph		3:15.74	SC
U of Toronto		3:17.74	S
Université de Sherbrooke		3:18.16	C
Western University		3:18.71	C
McGill		3:19.02	
York Lions		3:19.47	
University of Windsor		3:19.87	
University of Sask		3:21.12	C
McMaster University		3:21.34	
University of Manitoba		3:21.73	
U of Victoria		3:21.89	C

Event 20 Men 4x800 Metre Relay

Friday 2013-03-08 - 8:15 PM

**CIS: 7:29.23 1995 , Manitoba
Fillion, Bima, Trepel, Goodwin**

Team	Relay	Entry Time	
Western University		7:36.11	
U Laval		7:38.19	
University of Guelph		7:39.45	C
U of Victoria		7:40.39	C
McGill		7:40.74	C
University of Windsor		7:41.30	C
U of Toronto		7:42.52	

University of Sask	7:43.23	C
Université de Sherbrooke	7:43.95	
York Lions	7:44.32	

Event 22 Men High Jump
Friday 2013-03-08 - 7:00 PM

CIS:	2.24m	1993	Alex Zaliaskas, Toronto	
Name			School	Entry Mark
Jeremy Eckert			Cougars	2.17m SC
Branden Wilhelm			Windsor	2.11m S
Alhaji Mansaray			Bisons	2.08m SC
Robert McCulloch			Dalhousie	2.05m S
Mitchell Torres			Guelph	2.05m SC
Connor MacDonald			Cougars	2.03m S
Simon Watts			Dalhousie	2.02m SC
Brett Georgievski			U of Toronto	2.02m SC
Isaac Tyler			Alberta	2.00m
James Gillis			Dalhousie	2.00m
Payam Saboni			Western University	1.97m
Jean-Gabriel Ferragne			Sherbrooke	1.95m C

Event 24 Men Pole Vault
Saturday 2013-03-09 - 12:30 PM

CIS:	5.65m	1992	Doug Wood, York	
Name			School	Entry Mark
David McKay			York Lions	5.02m SC
Matt Diston			Western University	4.81m SC
Jake Pfaff			Windsor	4.81m S
Townsend Bernard			U of Toronto	4.75m S
Milos Savic			Windsor	4.71m
Eric Furletti			Bisons	4.51m C
Jamie Sinclair			TWU	4.51m
Nelson Cecereu			U. of Ottawa	4.51m
Alex Love			U of Calgary	4.51m C
Jesse Phillips			TWU	4.50m
Vince Di Bacco			York Lions	4.50m
Riley van Ryswyk			McGill	4.40m C

Event 26 Men Long Jump
Friday 2013-03-08 - 5:00 PM

CIS:	7.88m	2010	Christopher Greenway, Ottawa	
Name			School	Entry Mark
Taylor Stewart			Western University	7.69m SC
Olivier Huet			Sherbrooke	7.39m S
Jorg Ahne			Guelph	7.26m S
James Turner			U of Toronto	7.14m S
Lex Ewen			Cougars	7.13m SC
Arren Young			Windsor	7.11m SC
Branden Wilhelm			Windsor	7.10m S
Teodor Kostelnik			Alberta	7.08m C
Ahmed Alkabary			Cougars	7.07m
Trent Johnston			U of Calgary	7.05m
Matt Fontanna			Guelph	7.04m
Simon Watts			Dalhousie	6.99m C
Jean-Michel Cotnoir-Lacroix			Sherbrooke	6.92m C

Event 28 Men Triple Jump
Saturday 2013-03-09 - 2:45 PM

CIS:	15.80m	2002	Patrick Banim-Massock, Montréal
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Name	School	Entry Mark
Olivier Huet	Sherbrooke	15.46m SC
Taylor Stewart	Western University	14.66m SC
Simon Watts	Dalhousie	14.56m SC
Jordan Bruce	Dalhousie	14.45m S
Richard Jansen	York Lions	14.29m S
Pat Dufresne	Guelph	14.25m S
Arthur Ward	Cougars	14.18m
Lex Ewen	Cougars	14.12m C
Cossy Nachilobe	University of Sask	14.12m C
Riley Booth	U of Calgary	14.01m
Matt Fontanna	Guelph	13.98m
Alexandro Allison Abaunza	U Laval	13.98m
Dahn Pratt	York Lions	13.78m C

Event 30 Men Shot Put 7.26 kg

Saturday 2013-03-09 - 2:45 PM

CIS: 18.48m 2011 Andrew Smith, Saskatchewan

Name	School	Entry Mark
Tim Hendry	Guelph	18.36m SC
Umar Khan	York Lions	17.67m S
Marc-Antoine Dugas	Sherbrooke	16.71m SC
Brent Roubos	Guelph	16.68m SC
Daniel Novia	York Lions	16.29m S
Alex Kopacz	Western University	16.28m S
Eric Brathwaite	York Lions	16.16m
Kevin Bowman	Guelph	15.55m
Darnell Girard	U of Toronto	15.30m
Anojan Sivalingam	York Lions	15.11m
Philippe Jean	U Laval	15.05m
Nolan Machiskinic	University of Sask	15.03m C
Peter Millman	U of Lethbridge	14.94m C

Event 32 Men Weight Throw 15.88kg

Friday 2013-03-08 - 4:30 PM

CIS: 24.08m 2009 Jim Steacy, Lethbridge

Name	School	Entry Mark
Daniel Novia	York Lions	20.66m SC
Marc-Antoine Dugas	Sherbrooke	19.39m SC
Eric Brathwaite	York Lions	18.63m S
Tim Hendry	Guelph	18.51m SC
Alexandre Gagné	Sherbrooke	18.40m S
Codey Pakula	Cougars	17.98m SC
Philippe Jean	U Laval	17.58m S
Peter Millman	U of Lethbridge	17.46m C
Andrew McDermott	Guelph	17.29m
Brent Roubos	Guelph	17.04m
Kevin Bowman	Guelph	17.02m
Chris Preece	York Lions	16.74m

Event 34 Men Indoor Pentathlon

CIS: 4126 2010 Chris Crossley, Saskatchewan

Name	School	Points
Branden Wilhelm	Windsor	3907 S
James Turner	U of Toronto	3792 SC
Craig Thomas	U of Calgary	3737 S
Robert McCulloch	Dalhousie	3729 SC
Jesse Drennan	Windsor	3686 SC

Hubert Chevrette Belisle	U. of Ottawa	3572
Yann Thibaudier	Sherbrooke	3509
Justin Conlon	U of Waterloo	3469
Jason MacKenzie	Univ de Moncton	3463
Matt Baker	Dalhousie	3445
James Digel	University of Sask	3314 C
Arthur Buchanan	Bisons	3298 C