

Dear Members,

In order to clarify the rule concerning Assistance to Athletes at Track and Field meets, please find the following information. If you have any questions please contact me or ask an official at a competition.

IAAF RULE # 144
“ASSISTANCE TO ATHLETES”

For the purpose of this Rule the following shall be considered as assistance, though not allowed.

- (i) pacing in races by persons not participating in the race area, by runners, walkers lapped or about to be lapped or by any kind of technical device.
- (ii) use of video or cassette recorders, radios, CD, radio transmitters, mobile phones or similar devices in the arena.

Any athlete giving or receiving assistance from within the competition area during an event shall be cautioned by the Referee and warned that for any repetition, he will be disqualified from that event.

Manitoba Track and Field Official's Association Enforcement

No items presumed to be "*technical assistance*" will be allowed at the ACC (marshalling area)

Example: heart monitors, watches

Terry Dyer
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