



TRACK & FIELD / ROAD RUNNING / CROSS COUNTRY

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Outdoor Grand Prix #8

Tuesday, July 31, 2007
University Stadium, U of M
5:30 pm

TENTATIVE SCHEDULE

- If fewer than three entries are received by the deadline for the 3000m SC and 400m hurdles, these events will be cancelled and the schedule adjusted.

TRACK

5:30 pm	*3000m Steeplechase
6:00 pm	*400mh – Male
6:10 pm	*400mh – Female
6:25 pm	4x100m relay – Male
6:35 pm	4x100m relay - Female
6:45 pm	1500m – Male
6:55 pm	1500m - Female
7:05 pm	100m – Male
7:15 pm	100m – Female
7:30 pm	400m – Male
7:40 pm	400m – Female
8:00 pm	3000/5000m – Male
	3000/5000m – Female
8:45 pm	4x400m relay – Male
8:50 pm	4x400m - Female

FIELD

6:00 pm	Long Jump – Female
6:00 pm	Shot Put - Female
6:00 pm	Pole Vault - Men
6:45 pm	Pole Vault - Female
6:45 pm	Shot Put — Male
7:00 pm	Long Jump – Male
7:30 pm	High Jump – WCSG Male
7:45 pm	Hammer – Male
8:15 pm	Hammer - Female
8:15 pm	High Jump – WCSG Female