# FLYING 'M' FALL FROLIC

Max Bell Centre - University of Manitoba Sanctioned by *Athletics MB* Saturday, December 3, 2005

FACILITIES:	6 lane banked 200m rubber synthetic surface 8 lane straightaway				
	change rooms and washroom facilities available spike length: 6mm or less				
EQUIPMENT:	Blocks to be used by Juvenile, Junior and Senior athletes <u>only</u> and for sprint races only (60m, 300m)				
START:	9:00am				
AGE CLASSES:	Pee Wee- born in 1994 or laterBantam- born in 1992, 1993Midget- born in 1990, 1991Juvenile- born in 1988, 1989Junior- born in 1986, 1987Senior- born in 1985 or earlierMasters- age 35 (women), age 40 (men) will run with Juveniles				
EVENTS:	Will be run in the following order: alternating women & men (Pee Wee, Bantam, Midget, Juvenile, Junior, Senior) Pee Wees will compete in the 60m, 300m, Long Jump and Shot Put <b>only</b>				
MARSHALLING:	Will take place in a designated area. Please marshall promptly so as to facilitate the running of the meet. <u>All track events will be <i>TIMED</i> sections.</u>				
AWARDS:	Ribbons for 1st to 5th place in each category.				
<u>ENTRY</u> DEADLINE:	Entries must be received by Tuesday, November 29, 2005				
ENTRY FEES:	a) Individual events: \$4.00/event for <i>Athletics MB</i> members \$6.00/event for non-members				
	b) Relays: \$5.00 per team for <i>Athletics MB</i> members \$7.00 per team for non-members				
	c) Please make cheques payable to " <i>FLYING 'M' ATHLETIC CLUB</i> "				
MAIL OR FAX ENTRIE	S TO: Jill Neumann c/o Athletics MB 200 Main St. Winnipeg, MB R3C 4M2 Fax (204) 925-5792				
**Please contact Jill at the number below, if you are interested in submitting your entries through Hy-Tek.					
INQUIRIES:	Jill Neumann 489-7361(h) flyingmathleticclub@hotmail.com				

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#### **<u>NOTE</u>**: Please make photocopies of your entry form if you expect to have more than one page of entries. Please note also that this is a <u>**Tentative Schedule**</u>.

A final schedule will be produced at the meet, when total entries are known.

## TENTATIVE SCHEDULE

TIME	TRACK	TIME	FIELD	
9:00	60m Hurdles 1000m	9:00	Long Jump Pee Wee & Bantam Girls (outfield) Long Jump Midget Girls (infield)	
9:30	60m			
10:30	600m	10:30	Long Jump Midget Boys (infield) High Jump Juv/Jr/Sr Men (Pit 1) High Jump Juv/Jr/Sr Women (Pit 2) Shot Put Pee Wee & Bantam Girls	
11:30	4X100 Relay	11:30	Long Jump Pee Wee & Bantam Boys (outfield) Shot Put Midget Girls & Boys	
12:00-1:00	Break on Track			
		12:30	Weight Toss (men & women)	
			Long Jump Juv/Jr/Sr Women	
1:00	300m			
		1:30	Long Jump Juv/Jr/Sr Men	
			Shot Put Juv/Jr/Sr Women	
2:30	3000m	2:30	High Jump Bantam/Midget Boys Shot Put Pee Wee & Bantam Boys	
3:30	4X400M Relay	3:30	High Jump Bantam/Midget Girls Shot Put Juv/Jr/Sr Men	

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### Please **PRINT** or **TYPE** all information

COACH:	CLUB/SCHOOL:				
LAST NAME/FIRST NAME	SEX	YOB	CTFA #	EVENTS	ENTRY FEE

On behalf of the athletes listed on this entry from, in consideration of your accepting it, I hereby waive their rights and claims for damage against Athletics Canada, Athletics Manitoba, the Organizers of the meet, their agents, representatives, successors and assign for any and all injuries that the athletes may suffer in this competition.

Date	Signature	
Club/School Contact:		Phone #
Mailing Address:		

\*\* To insure that you receive your results promptly, please fill in the information accurately. \*\*

## DO NOT SEND CASH IN THE MAIL !!!!!!!

RELAYS: Please enter as teams (ex) Midget Girls 4X100M