



**2006 ATHLETICS MANITOBA**  
**ELITE ATHLETE / COACH FUNDING PROGRAM**  
**Based on Fall 2005-Summer 2006 Performances**

The goals of this program are to:

1. Provide support to elite athletes based on their ability to show yearly improvements in their performance levels.
2. Provide sufficient support to athletes and coaches so as to aid in their development.
3. Provide support to the coaches who are developing the elite athletes.
4. Encourage elite athletes to participate in Provincial programs.
5. Develop partnerships with elite athletes and coaches so as to engage them in fund raising for the program.
6. Accurately predict yearly costs to the Athletics Manitoba budget
7. Eliminate need to appeal to the Board of Directors for exceptions to athlete contract.
8. Set performance goals for athlete funding starting at the junior level

Please refer to the Athletics Manitoba Funding Committee Residency Criteria for eligibility.

Athletes accumulate points with the top 3 athletes receiving "A" card status, the next 3 would receive "B" cards and the next 4 would obtain "C" status. In addition, coaches receive points based on their best five athletes point totals, with the top 3 coaches receiving "A", "B", and "C" cards respectively. Additional "D" cards may also be available to coaches, with a value of \$250.00 each.

4 "A" cards of \$1000.00 each	(3 athlete cards + 1 coach card)
4 "B" cards of \$500.00 each	(3 athlete cards + 1 coach card)
5 "C" cards of \$375.00 each	(4 athlete cards + 1 coach card)

**DEADLINE: Friday, October 13, 2006**



# 2006 ELITE ATHLETE FUNDING PROGRAM

Athlete POINT FORM – Due October 13, 2006

NAME	CLUB
ADDRESS	COACH
PHONE #	AM#
DATE OF BIRTH	

In each of the following categories, score your best one event from the **2005 – 2006 season**. You may count points for your best performance in each of the following categories. In section 3 you may choose your best event at two competitions from the 2005-2006 season.

	TOTAL
<b>Best Event:</b> <span style="float: right;"><b>Performance:</b></span> <b>Attach results for events not listed on the Athletics Manitoba Fixtures List</b>	
<b>1) STANDARD</b> <b>A – 20 POINTS</b> <b>B – 15 POINTS</b> <b>C – 10 POINTS</b>	
<b>2) PROVINCIAL CHAMPIONSHIPS PARTICIPATION</b> (BEST PLACING ONE EVENT ONLY AT EITHER INDOORS OR OUTDOORS, ROAD OR X-COUNTRY) <b>1<sup>st</sup>: 7 pts   2<sup>nd</sup>: 5 pts   3<sup>rd</sup>: 4 pts   4<sup>th</sup>: 3 pts   5<sup>th</sup>: 2 pts   6<sup>th</sup>: 1 pt</b>	
<b>3) NATIONAL CHAMPIONSHIPS PARTICIPATION</b> (BEST PLACING ONE EVENT ONLY AT TWO COMPETITIONS) <ul style="list-style-type: none"> <li>• National Junior Championships, National Senior Championships, National Cross-Country Championships, National Road Race Championships, National Combined Events Championships, Canada Summer Games</li> <li><b>1<sup>st</sup>: 16 pts   2<sup>nd</sup>: 14 pts   3<sup>rd</sup>: 12 pts   4<sup>th</sup>: 10 pts   5<sup>th</sup>: 8 pts   6<sup>th</sup>: 6 pts   7<sup>th</sup>: 4 pts   8<sup>th</sup>: 2 pts</b></li> <li>• National Legion Championships, Western Canada Summer Games, CIS Championships</li> <li><b>1<sup>st</sup>: 10 pts   2<sup>nd</sup>: 8 pts   3<sup>rd</sup>: 6 pts   4<sup>th</sup>: 4 pts   5<sup>th</sup>: 2 pts</b></li> </ul>	
<b>4) INTERNATIONAL TEAMS (minimum of four countries)</b> <ul style="list-style-type: none"> <li>• Named to and Participated as a National Team Member - <b>10 Points either A or B Team</b></li> <li>• Best placing of one event at that <u>International A Competition</u>: Olympic, Commonwealth or Pan Am Games, and World Championships</li> <li><b>1<sup>st</sup>: 32 pts   2<sup>nd</sup>: 30 pts   3<sup>rd</sup>: 28 pts   4<sup>th</sup>: 26 pts   5<sup>th</sup>: 24 pts   6<sup>th</sup>: 22 pts   7<sup>th</sup>: 20 pts   8<sup>th</sup>: 18 pts</b></li> <li>• Best placing in one event at that <u>International B Competition</u>: World Junior Championships, Pan Am Junior Championships, NACAC, Jeux de la francophonie, and other fully recognized Canadian Teams. Must be at least four other athletes in event to qualify</li> <li><b>1<sup>st</sup>: 20 pts   2<sup>nd</sup>: 18 pts   3<sup>rd</sup>: 16 pts   4<sup>th</sup>: 14 pts   5<sup>th</sup>: 12 pts   6<sup>th</sup>: 10 pts   7<sup>th</sup>: 8 pts   8<sup>th</sup>: 6 pts</b></li> </ul>	
<b>5) SUB-TOTAL POINTS (MAXIMUM OF 101 POINTS)</b>	
<b>6) BONUS POINTS FROM STANDARD (To be completed by selection committee)</b>	
<b>7) TOTAL POINTS</b>	

In order to make the program more competitive, athlete's now have the opportunity to score bonus points. These points are achieved when the athlete exceeds the A standard in their age category that is set out in the standard table. Athletes will receive an extra five (5) bonus points for every extra standard level they achieve.

- Ex.      A male aged 19 and under, running 10.81sec in the 100m, would receive an extra 5 points.  
           A female aged 24 or over running 11.55sec in the 100m would receive an extra 5 points.

These additional points will be calculated by the selection committee and will be added to the athlete's total score.

In the case of a tie the criteria used to determine placing will be

- 1) placing at national championships
- 2) most points based on standards
- 3) even split of the money between tied athletes.



**2006 ELITE COACH FUNDING PROGRAM**  
**COACH POINT FORM – Due October 13, 2006**

NAME	CLUB
ADDRESS	COACH
PHONE #	AM#
DATE OF BIRTH	

Please fill out the point totals for your top 5 athletes from the 2005-2006 season as well as their names. If you are claiming for athletes not applying for Elite Athlete Assistance, please complete the form detailing where points were accumulated. Add up the athlete points to calculate your total number of points. Athlete bonus points will be added to the athlete’s total by the selection committee.

\*Coaches working with athlete in out-of-province situations will have their application reviewed to determine the percentage of funding to be awarded to that coach based on time spent coaching that athlete.

	Athlete #1	Athlete #2	Athlete #3	Athlete #4	Athlete #5	Total Points
<b>Athlete Name</b>						
<b>Athlete Points</b>						
<b>% of time in Province</b>						

If the athlete achieved their points at a non-Athletics Manitoba competition, please sign the event and provide results.



# TRACK AND FIELD / ROAD RUNNING CROSS COUNTRY

214-200 MAIN ST. WINNIPEG, MB R3C 4M2 TEL: 204-925-5743 FAX: 204-925-5792 EMAIL: [athleticsmb@shaw.ca](mailto:athleticsmb@shaw.ca) [www.athleticsmanitoba.com](http://www.athleticsmanitoba.com)

## 2005 – 2006 ATHLETICS MANITOBA ATHLETE DEVELOPMENT CHART FOR MEN

Standard "A" = 20 points		Standard "B" = 15 points			Standard "C" = 10 points		
<b>Provincial Championships Participation (Best Event Only):</b> 1 <sup>st</sup> = 7pts 2 <sup>nd</sup> = 5pts 3 <sup>rd</sup> = 4pts 4 <sup>th</sup> = 3pts 5 <sup>th</sup> = 2pts 6 <sup>th</sup> = 1pt							
<b>National Participation (Best Event Only):</b> 1 <sup>st</sup> = 16pts 2 <sup>nd</sup> = 14pts 3 <sup>rd</sup> = 12pts 4 <sup>th</sup> = 10pts 5 <sup>th</sup> = 8pts 6 <sup>th</sup> = 6pts 7 <sup>th</sup> = 4pts 8 <sup>th</sup> = 2pts							
<b>National Legion Participation (Best Event Only):</b> 1 <sup>st</sup> = 10pts 2 <sup>nd</sup> = 8pts 3 <sup>rd</sup> = 6pts 4 <sup>th</sup> = 4pts							
AGE	2005/2006	1	2	3	4	5	6
24 & older	Born 82 & earlier	A	B	C			
23 & under	Born 83-84		A	B	C		
21 & under	Born 85-86			A	B	C	
19 & under	Born 87 & later				A	B	C
60		6.66	6.75	6.84	6.94	7.03	7.14
100m		10.52	10.68	10.83	10.99	11.15	11.32
200m		21.22	21.56	21.91	22.27	22.65	23.03
300m		33.97	34.61	35.22	35.87	36.53	37.24
400m		47.18	48.04	48.93	49.86	50.82	51.81
600m		01:18.6	01:20.2	01:21.6	01:23.2	01:24.7	01:26.4
800m		01:50.0	01:52.0	01:54.1	01:56.2	01:58.5	02:00.8
1000m		02:23.7	02:26.5	02:29.1	02:31.9	02:34.8	02:37.8
1500m		03:45.6	03:49.8	03:54.2	03:58.8	04:03.6	04:08.6
3000m		08:05.1	08:15.1	08:24.5	08:34.7	08:45.0	08:56.1
5000m		13:59.1	14:15.3	14:32.2	14:49.7	15:08.0	15:27.0
10000m		29:18.0	29:54.4	30:30.4	31:08.9	31:49.1	32:31.0
Half Marathon		1:05:09	1:06:32	1:07:52	1:09:17	1:10:44	1:12:17
Marathon		2:17:15	2:20:08	2:22:58	2:26:00	2:29:10	2:32:29
RW 20km		1:25:32	01:29.00	01:30.50	01:32.50	01:34.50	01:35.50
60m H		7.83	8.02	8.20	8.42	8.62	8.86
110m H (42") (39")		14.24	14.55	14.89	15.24	15.60	15.99
400m H		51.95	53.11	54.32	55.58	56.91	58.30
3000m S/C		08:48.7	09:00.6	09:13.0	09:26.0	09:39.6	09:53.9
HJ		2.11	2.07	2.04	2.00	1.96	1.92
LJ		7.43	7.28	7.13	6.98	6.83	6.69
TJ		15.52	15.19	14.86	14.54	14.22	13.90
PV		4.99	4.84	4.70	4.56	4.42	4.28
SP 16LB		16.82	16.16	15.50	14.86	14.23	13.62
SP 6KG				15.04	14.25	13.5	12.75
DT 2KG		53.12	50.90	48.72	46.60	44.52	42.50
DT 1.75KG				46.77	44.19	41.75	39.31
JT		68.04	65.16	62.34	59.60	56.90	54.26
HT		63.26	60.44	57.68	54.98	52.36	49.80
WT 35LB		17.88	17.09	16.33	15.61	14.92	14.26
DECATHLON		6721	6436	6151	5867	5582	5298



**2005 – 2006 ATHLETICS MANITOBA  
ATHLETE DEVELOPMENT CHART FOR WOMEN**

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<b>National Participation (Best Event Only):</b> 1 <sup>st</sup> = 16pts    2 <sup>nd</sup> = 14pts    3 <sup>rd</sup> = 12pts    4 <sup>th</sup> = 10pts    5 <sup>th</sup> = 8pts    6 <sup>th</sup> = 6pts    7 <sup>th</sup> = 4pts    8 <sup>th</sup> = 2pts							
<b>National Legion Participation (Best Event Only):</b> 1 <sup>st</sup> = 10pts    2 <sup>nd</sup> = 8pts    3 <sup>rd</sup> = 6pts    4 <sup>th</sup> = 4pts							
AGE	2005/2006	1	2	3	4	5	6
24 & older	Born 82 & earlier	A	B	C			
23 & under	Born 83-84		A	B	C		
21 & under	Born 85-86			A	B	C	
19 & under	Born 87 & later				A	B	C
60m		7.36	7.48	7.61	7.74	7.87	8.01
100m		11.70	11.91	12.12	12.34	12.57	12.81
200m		23.90	24.38	24.88	25.39	25.93	26.49
300m		38.83	39.73	40.63	41.59	42.60	43.66
400m		54.08	55.33	56.63	58.00	59.44	01:01.00
600m		01:30.2	01:32.3	01:34.4	01:36.7	01:39.1	01:41.7
800m		02:06.1	02:09.0	02:12.1	02:15.3	02:18.7	02:22.2
1000m		02:44.7	02:48.6	02:52.5	02:56.6	03:01.0	03:05.7
1500m		04:19.9	04:26.1	04:32.7	04:39.6	04:46.8	04:54.5
3000m		09:21.3	09:35.5	09:50.0	10:05.3	10:21.6	10:38.9
5000m		16:10.4	16:34.5	16:59.7	17:26.3	17:54.3	18:23.9
10000m		34:07.0	35:00.3	35:56.4	36:55.7	37:58.3	39:04.6
Half Marathon		1:15:50	1:17:50	1:19:52	1:22:03	1:24:21	1:26:49
Marathon		2:40:04	2:44:17	2:48:43	2:53:25	2:58:22	3:03:38
RW 20 km		49:00:00	50:00:00	51:00:00	52:00:00	53:00:00	55:00:00
60m H		8.42	8.65	8.9	9.17	9.44	9.73
100m H		13.67	13.97	14.3	14.63	14.99	15.36
400m H		59.12	01:00.60	01:02.20	01:03.90	01:05.60	01:07.50
HJ		1.75	1.71	1.67	1.63	1.60	1.56
LJ		6.03	5.88	5.74	5.59	5.44	5.30
TJ		12.48	12.15	11.83	11.51	11.20	10.89
PV		3.67	3.53	3.40	3.27	3.14	3.01
SP		15.26	14.55	13.85	13.17	12.51	11.87
DT		50.22	47.64	45.12	42.68	40.30	38.00
JT		50.54	48.08	45.66	43.32	41.04	38.82
HT		55.00	52.50	50.00	47.50	45.00	42.50
WT 20LB		17.78	16.97	16.20	15.47	14.77	14.10
HEPTATHLON		5097	4865	4632	4400	4168	3935