



Athletics Manitoba Elementary Relays

March 16, 2007

MAX BELL CENTRE – UNIVERSITY OF MANITOBA

Awards: Participation Certificates for all student competitors
Ribbons for top five
Award of Recognition for school with most points in each grade category

Entry Fees: Schools providing volunteer assistance for the meet will be given a significant discount on their entry fee. Volunteers should be available for the entire time and should be at least 15 years of age.

Member Schools with 2 Volunteers
\$50.00

Member Schools with No Volunteers
\$100.00

YOU MUST BE A MEMBER SCHOOL OF ATHLETICS MANITOBA TO PARTICIPATE. Please go to pages #10/11 for School Club Registration Form and the Elementary School Information

Mail Entries to: Athletics Manitoba
200 Main St.
Winnipeg, MB R3C 4M2
or Fax: 925-5792

There will be a separate category of events for each grade 4, 5 and 6.
Students may move up a grade class to field a team.

Event Information

Top two teams per school will be used in point tabulation.

1. 4x Shot Put – total distance of 1 throw each of 4 team members (6 lb. Shot).
2. 4x Long Jump – total distance of 1 jump each of 4 team members.
3. 8x 40M Shuttle Relay – 8 team members run 40M each (back & forth shuttle style)
4. 4x1 Lap Relay – each of 4 team members runs 1 lap (200 meters)
5. 600 meters – individual event – maximum of 3 athletes per gender per age category

Inquiries –Diana Stevens– 925-5744

Events will run from 10:00 AM to approximately 2:30 PM.

A Final Schedule will be emailed or faxed out after all entries have been received.

