#### TRACK AND FIELD | ROAD RUNNING CROSS COUNTRY

214-200 MAIN ST. WINNIPEG, MB R3C 4M2 Tel: 204-925-5743 FAX: 204-925-5792 EMAIL: athleticsmb@shaw.ca www.athleticsmanitoba.com

### **Athletics Manitoba Elementary Relays**

# March 16, 2007 MAX BELL CENTRE – UNIVERSITY OF MANITOBA

**Awards:** Participation Certificates for all student competitors

Ribbons for top five

Award of Recognition for school with most points in each grade category

**Entry Fees:** Schools providing volunteer assistance for the meet will be given a significant discount

on their entry fee. Volunteers should be available for the entire time and should be at

least 15 years of age.

Member Schools with 2 Volunteers Member Schools with No Volunteers

\$50.00 \$100.00

YOU MUST BE A MEMBER SCHOOL OF ATHLETICS MANITOBA TO PARTICIPATE. Please go to pages #10/11 for School Club Registration Form and the Elementary School Information

**Mail Entries to:** Athletics Manitoba

200 Main St.

Winnipeg, MB R3C 4M2

or Fax: 925-5792

There will be a separate category of events for each grade 4, 5 and 6. Students may move up a grade class to field a team.

#### **Event Information**

Top two teams per school will be used in point tabulation.

- 1. 4x Shot Put total distance of 1 throw each of 4 team members (6 lb. Shot).
- 2. 4x Long Jump total distance of 1 jump each of 4 team members.
- 3. 8x 40M Shuttle Relay 8 team members run 40M each (back & forth shuttle style)
- 4. 4x1 Lap Relay each of 4 team members runs 1 lap (200 meters)
- 5. 600 meters individual event maximum of 3 athletes per gender per age category

Inquiries -Diana Stevens- 925-5744

Events will run from 10:00 AM to approximately 2:30 PM.

A Final Schedule will be emailed or faxed out after all entries have been received.



#### TRACK AND FIELD | ROAD RUNNING CROSS COUNTRY

214-200 MAIN ST. WINNIPEG, MB R3C 4M2 TEL: 204-925-5743 FAX: 204-925-5792 EMAIL: athleticsmb@shaw.ca www.athleticsmanitoba.com

## **Athletics Manitoba Elementary Relays**

## Entry Form

March 16, 2007

| <u>Entry Fees:</u> | Member Schools 2 Volunteers | Member Schools No Volunteers |
|--------------------|-----------------------------|------------------------------|
|                    |                             |                              |

\$50.00 \$100.00

Entry Deadline: Wednesday, March 7, 2007

Relay Entries: indicate number of teams per event

| Total Entired market named of teams per event |       |       |       |       |       |       |
|---|-------|-------|-------|-------|-------|-------|
|   | BOYS  |       |       | GIRLS |       |       |
| EVENT   | GR. 4 | GR. 5 | GR. 6 | GR. 4 | GR. 5 | GR. 6 |
| 4 X 1 LAP                                     |       |       |       |       |       |       |
| 8 X 40M SHUTTLE                               |       |       |       |       |       |       |
| 4 X STANDING LONG JUMP                        |       |       |       |       |       |       |
| 4 X SHOT PUT                                  |       |       |       |       |       |       |

Individual Entries for 600m Event (Maximum 3 athletes / Grade / Gender)

| NAME (Last, First) | GRADE       | DATE OF BIRTH          | GENDER |
|--------------------|-------------|------------------------|--------|
|                    | 4           |                        | F      |
|                    | 4           |                        | F      |
|                    | 4           |                        | F      |
|                    | 4           |                        | М      |
|                    | 4           |                        | M      |
|                    | 4           |                        | М      |
|                    | 5           |                        | F      |
|                    | 5           |                        | F      |
|                    | 5           |                        | F      |
|                    | 5           |                        | М      |
|                    | 5           |                        | М      |
|                    | 5           |                        | М      |
|                    | 6           |                        | F      |
|                    | 6           |                        | F      |
|                    | 6           |                        | F      |
|                    | 6           |                        | М      |
|                    | 6           |                        | M      |
|                    | 6           |                        | М      |
|                    | TOTAL ENTRY | FEE (this page only)\$ |        |

#### Make cheques payable to: Athletics Manitoba

| On behalf of the athletes listed on   | this entry form, in consideration of your accepting it, I hereby waive their rights and claims for   |  |  |
|---|--|--|--|
| damage again Athletics Canada (C  | C.T.F.A.), Athletics Manitoba (M.T.F.A.), the Organizers of the meet, their agents, representatives, |  |  |
| successors and assigns, for any and all injuries that the listed athletes may suffer at the meet. |  |  |  |
| Data  | Cimpohuro  |  |  |
| Date  | Signature  |  |  |