

2025 TOUGH TRACK OPEN

FINAL SCHEDULE

EVENTS MAY RUN UP TO 10 MINUTES AHEAD OF SCHEDULE

Sunday May 25, 2025

TRACK		
2:00 pm	80m	U12/U14 Women (24)
2:10 pm	80m	U12/U14 Men (26)
2:20 pm	100m HEATS	U16+ Men (37) (Top 16 Advance A, B Final 7:05 pm)
2:40 pm	100m HEATS	U16+ Women (36) (Top 16 Advance A, B Final 7:15 pm)
3:00 pm	400m	U18+ Men (16)
3:10 pm	400m	U18+ Women (11)
3:20 pm	2000m	U16 Men (1)
3:20 pm	2000m	U16 Women (1)
3:40 pm	4 x 100m	Men (5)
3:50 pm	4 x 100m	Women (9)
4:15 – 5:15 pm	BREAK ON TRACK	
5:30 pm	200m Hurdles	U16 Women (1)
5:40 pm	400m Hurdles	U 18+ Men (2)
5:48 pm	400m Hurdles	U18+ Women (1)
5:55 pm	1200m	U14/U16 Men (2)
6:05 pm	1200m	U14/U16 Women (11)
6:15 pm	1500m	U18+ Men (6)
6:25 pm	1500m	U18+ Women (7)
6:35 pm	300m	U14/U16 Men (3)
6:40 pm	300m	U14/U16 Women (11)
7:00 pm	100m	“B” Final Men (8)
7:06 pm	100m	“A” Final Men (8)
7:12 pm	100m	“B” Final Women (8)
7:18 pm	100m	“A” Final Women (8)
7:25 pm	MASTERS MILE	Men 7)
7:40 pm	800m Invitational	“B” Final Men (7)
7:48 pm	800m Invitational	“A” Final Men (10)
7:56 pm	800m Invitational	“A” Final Women (10)
8:04 pm	5000m	U20+ Men (3)

FIELD

2:00 pm	Long Jump	(Pit #1)	U12 Men (2) + Women (5)
2:00 pm	Long Jump	(Pit #2)	U14 Men (5) + U14 Women (6)
2:45 pm	Ball Throw		U12/U14 Men (3) + U12/U14 Women (2)
3:00 pm	High Jump		U16+ Men (3)
3:00 pm	Long Jump		U16/U18 Women (17)
3:30 pm	Shot Put		U16+ Men (6)
4:30 pm	Long Jump		U20/Senior Women (11)
5:30 pm	Pole Vault		Men (3) + Women (4)
5:30 pm	High Jump		U12/U14 Men (3) + U12/U14 Women (9)
6:00 pm	Shot Put		U16+ Women (13)
6:00 pm	Long Jump		U20/Senior Men (4)
7:30 pm	Long Jump		U16/U18 Men (8)
7:30 pm	Hammer		Men (4) + Women (7)