

2024 Manitoba Indoor Championships Tentative Schedule

Friday, March 1, 2024 Field Events Morning and Afternoon

9:30 AM	Long Jump	U16 Women	
9:30 AM	High Jump	U16 Men	
11:00 AM	Long Jump	U14 Women	3 Trials + top 8 get 1 additional
2:00 PM	Long Jump	U14 Men	3 Trials + top 8 get 1 additional
3:30 PM	Long Jump	U18 Men	
4:45 PM	Shot Put	U18 Men	

Friday, March 1, 2024 Track Events Morning and Afternoon

9:30 AM	300m Time Final	U14 Women then Men
	300m Time Final	U16 Women then Men
	4 x 100m Time Final	U14 Women then Men
	4 x 100m Time Final	U16 Women then Men
	60m Heats	U14 Women then Men
	60m Heats	U16 Women then Men
	Lunch	
1:00 PM	60m Hurdle Final	U14 Women then Men
	60m Hurdle Final	U16 Women then Men
	1200m Time Finals	U14 Women then Men
	60m Final	U14 Women then Men
	60m Final	U16 Women then Men
	60m Heats	U18 Women then Men
	1200m Time Finals	U16 Women then Men
	1500m Time Final	U18 Women then Men
	60m Hurdle Heats/Exhibition	U18 Women then U20 & Open Women
	60m Hurdle Heats/Exhibition	U18 Men then U20 & Open Men
	400m Time Final	U18 Women then Men
	600m Time Final	U12 Women
	600m Time Final	U12 Men
		Supper

Friday, March 1, 2024 Evening Session Tentative Schedule

6:00 PM	60m Hurdle Final	U20 & Open Men
	60m Hurdle Final	U18 Men
	60m Hurdle Final	U20 & Open Women
	60m Hurdle Final	U18 Women
	60m Heats	U12 Women then U12 Men
	60m Heats	U20 Women then U20 Men
	60m Heats	Master Women then Men
	60m Heats/Exhibition	Open Women then Open Men
	60m Time Final	Special Olympic Women then Men
	60m Final	U18 Women then U18 Men
	60m Final	U20 then Open Women
	60m Final	U12 Women then U12 Men
	60m Final	U20 then Open Men
	60m Final	Master Women then Men
	400m Time Final	U20 Women
	400m Time Final	Special Olympic Women
	400m Time Final	U20 Men
	400m Time Final	Open Men
	400m Final	SO Men
	1500m Time Final	U20 Open SO Women
1500m Time Final	U20 Open Master Men	
1500m Time Final	Special Olympic Men	

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Friday, March 1, 2024 Evening Field Events

5:30 PM	Long Jump	U12 Women	3 Trials + top 8 receive 1 additional
6:30 PM	Long Jump	U18 Women	
7:00 PM	Shot Put	U12 Men	3 Trials + top 8 receive 1 additional
7:00 PM	Pole Vault	U18/U20/Open Women	
7:45 PM	Shot Put	U12 Women	3 Trials + top 8 receive 1 additional
7:45 PM	Long Jump	Spec O Men	3 Trials + top 8 receive 1 additional
8:30 PM	Long Jump	U20/Open Men	

Saturday March 2, 2024 Tentative Track Event Schedule

9:00 AM	150m Heats	U14 Women then U14 Men
	150m Time Final	U12 Women then U12 Men
	200m Heats	U16 Women then U16 Men
	800m Time Finals	U14 Women then U14 Men
	800m Time Finals	U16 Women then U16 Men
	1000m Final	U12 Women then U12 Men
	150m Finals	U14 Women then U14 Men
	200m Finals	U16 Women then U16 Men
	200m Time Final	Special Olympic Women then Men
	Lunch	
1:10 PM	4 x 100m Final Mixed	Special Olympic Men & Women
	200m Heats	U18 Women then U18 Men
	200m Heats	U20 Women then U20 Men
	200m Heats If needed	Open Women then Open Men
	200m Heats If needed	Masters Women then Men
	4 x 200m Time Final	U14 Women then U14 Men
	4 x 200m Time Final	U16 Women then U16 Men
	800m Time Finals	U18 Women then U18 Men
	800m Time Finals	U20 and Open Women
	800m Time Finals	U20 Men then Open Men
	800m Special Olympic	Special Olympic Women then Men
	2000m Final	U16 Women then U16 Men
	3000m Finals	U18 & U20 Women
	3000m Time Finals	U18 Men
	Supper	
	200m Final	U18 Women then U18 Men
	200m Final	U20 Women then U20 Men
	200m Final	Open Women then Open Men
	200m Final	Masters Women then Men
	4 x 100m Time Final	U18 Women then U18 Men
	4 x 100m Time Final	U20 Women & Open Women
	4 x 100m Time Final	U20 and Open Men
	3000m Final	U20 + Open Master Men
	4 x 400m Final	U18 Women
	4 x 400m Final	U20 & Open Women
	4 x 400m Final	U18 Men
	4 x 400m Final	U20 and Open Men

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Saturday March 2, 2024 Tentative Field Event Schedule

9:00 AM	Long Jump	U16 Men	
9:00 AM	Shot Put	U14 Men Circle S	
9:00 AM	High Jump	U16 Women	
10:00 AM	Shot Put	U16 Women Circle S	
10:00 AM	High Jump	U18 U20 Open Women	
10:15 AM	Long Jump	U12 Men	3 Trials + top 8 receive 1 additional
10:45 AM	Shot Put	U14 Women - Circle N	3 Trials + top 8 receive 1 additional
11:00 AM	Shot Put	U16 Men - Circle S	
11:30 AM	High Jump	U14 Men	3 Trials + top 8 receive 1 additional
11:15 AM	Long Jump	U20/Open/Spec O Women	
11:55 AM	Weight Throw	U18 U20 Open Women	
1:00 PM	Triple Jump	U16 Women	3 Trials + top 8 receive 1 additional
2:00 PM	High Jump	U14 Women	
2:30 PM	Shot Put	U18 Women Circle S	
2:30 PM	Shot Put	Special Olympic Women/Men CN	
2:30 PM	Triple Jump	U16 Men	3 Trials + top 8 receive 1 additional
2:40 PM	Pole Vault		
3:00 PM	High Jump	U18 Men	
3:30 PM	Shot Put	U20/Open Women	
3:45 PM	Triple Jump	U18/U20/Open Men	
4:00 PM	Pole Vault	U18/U20/Open Men	
5:30 PM	Weight Throw	U18/U20/Open Men	
7:00 PM	Shot Put	U20 + Open Men	
7:00 PM	Triple Jump	U18/U20/Sr Women	
7:00 PM	High Jump	U20, Open Men	