

2024 Manitoba Indoor Athletics Championships Schedule

Friday, March 1, 2024, Track Events DAYTIME

10:30 AM	300m Time Final	U14 Women
10:40 AM	300m Time Final	U14 Men
10:45 AM	300m Time Final	U16 Women
11:00 AM	300m Time Final	U16 Men
11:05 AM	4 x 100m Time Final	U14 Women
11:15 AM	4 x 100m Time Final	U14/U16 Men Men
11:25 AM	4 x 100m Time Final	U16 Women
11:30 AM	60m Heats	U14 Women
11:45 AM	60m Heats	U14 Men
11:50 AM	60m Heats	U16 Women
12:05 AM	60m Heats	U16 Men
12:10 AM	Lunch Break	
1:10 PM	60m Hurdle Final	U14 Women
1:20 PM	60m Hurdle Final	U14 Men
1:25 PM	60m Hurdle Final	U16 Women
1:30 PM	60m Hurdle Final	U16 Men
1:35 PM	1200m Time Finals	U14 Women
1:40 PM	1200m Time Finals	U14 Men
1:50 PM	60m Final	U14 Women
1:55 PM	60m Final	U14 Men
2:00 PM	60m Final	U16 Women
2:05 PM	60m Final	U16 Men
2:10 PM	60m Heats	U18 Women
2:25 PM	60m Heats	U18 Men
2:35 PM	1200m Time Finals	U16 Women
2:40 PM	1200m Time Finals	U16 Men
2:50 PM	1500m Time Final	U18 Women
3:05 PM	1500m Time Final	U18 Men
3:25 PM	60m Hurdle Exhibition	U18 Women
3:35 PM	60m Hurdle Exhibition	U20 Open Women
3:45 PM	60m Hurdle Exhibition	U18 Men
3:55 PM	60m Hurdle Exhibition	U20 Open Master Men
4:10 PM	400m Time Final	U18 Women
4:25 PM	400m Time Final	U18 Men
4:35 PM	600m Time Final	U12 Women
4:45 PM	600m Time Final	U12 Men

Friday, March 1, 2024 Field Events DAYTIME

10:30 AM	Long Jump	U16 Women
12:00 AM	Long Jump	U14 Women
2:00 PM	Long Jump	U14 Men
3:15 PM	Long Jump	U18 Men
4:30 PM	Long Jump	U12 Women
4:45 PM	Shot Put	U18 Men

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THE KEG
 STEAKHOUSE + BAR

5:00 PM **Supper Break**

5:00 PM **Supper Break**

Friday, March 1, 2024, Track Events			Friday, March 1, 2024 Field Events		
EVENING			EVENING		
5:50 PM	Official Ceremonies		5:45 PM	Long Jump	U18 Women
6:00 PM	60m Hurdle Final	U20 Open Master Men	6:45 PM	Shot Put	U12 Women & Men
6:10 PM	60m Hurdle Final	U18 Men	7:15 PM	Long Jump	Spec O Men
6:15 PM	60m Hurdle Final	U20 Open Women	8:00 PM	Long Jump	U20/Open Men
6:20 PM	60m Hurdle Final	U18 Women			
6:30 PM	60m Heats	U12 Women			
6:35 PM	60m Heats	U12 Men			
6:40 PM	60m Heats	U20 Women			
6:45 PM	60m Heats	U20 Men			
6:50 PM	60m Exhibition	Open Women			
6:55 PM	60m Heats	Open Men			
7:00 PM	60m Time Final	Special Olympic Women			
7:05 PM	60m Time Final	Special Olympic Men			
7:10 PM	60m Final	U18 Women			
7:15 PM	60m Final	U18 Men			
7:20 PM	60m Final	U20 Women			
7:25 PM	60m Final	Open/Masters Women			
7:30 PM	60m Final	U12 Women			
7:35 PM	60m Final	U12 Men			
7:40 PM	60m Final	U20 Men			
7:45 PM	60m Final	Open Men			
7:50 PM	60m Final	Masters Men			
8:00 PM	400m Time Final	U20/Open/S Olympic W			
8:05 PM	400m Time Final	U20 Men			
8:10 PM	400m Time Final	Open/Masters Men			
8:15 PM	400m Final	SO Men			
8:20 PM	1500m Time Final	U20 Open Women			
8:30 PM	1500m Time Final	U20 Open Men			
8:40 PM	1500m Time Final	Masters Men			

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2024 Manitoba Indoor Athletics Championships

Saturday, March 2, 2024, Track Events DAYTIME

Saturday, March 2, 2024, Field Events DAYTIME

9:30 AM	150m Heats	U14 Women	9:30 AM	Long Jump	U16 Men
9:45 AM	150m Heats	U14 Men	9:30 AM	High Jump	U16 Women
9:55 AM	150m Time Final	U12 Women	9:30 AM	Shot Put	U14 U16 Women
10:05 AM	150m Time Final	U12 Men	10:15 AM	Long Jump	U12 Men
10:25 AM	200m Heats	U16 Women	10:30 AM	Shot Put	U14/U16 Men
10:45 AM	200m Heats	U16 Men	10:45 AM	High Jump	U18 U20 Open Women
10:55 AM	800m Time Finals	U14 Women	11:45 AM	Weight Throw	U16 U18 U20 Open W
11:00 AM	800m Time Finals	U14 Men	12:15 PM	Long Jump	U20/Open/Spec O W
11:05 AM	800m Time Finals	U16 Women	12:30 AM	High Jump	U14/U16/U18/ Men
11:10 AM	800m Time Finals	U16 Men	1:45 PM	Triple Jump	U16 Women
11:15 AM	1000m Final	U12 Women	1:45 PM	Pole Vault	All Women
11:25 AM	1000m Final	U12 Men	2:00 PM	Shot Put	Special O Women/Men
11:35 AM	150m Finals	U14 Women	2:30 PM	High Jump	U14 Women
11:40 AM	150m Finals	U14 Men	3:15 PM	Triple Jump	All Men
11:45 AM	200m Finals	U16 Women	3:30 PM	Shot Put	U18/U20/Open Women
11:50 AM	200m Finals	U16 Men	4:00 PM	Pole Vault	U18/U20/Open Men
11:55 AM	200m Time Final	Special Olympic Women			
12:00 AM	200m Time Final	Special Olympic Men			
12:05 PM	Lunch Break				
1:05 PM	200m Heats	U18 Women			
1:20 PM	200m Heats	U18 Men			
1:30 PM	200m Heats	U20 Women			
1:35 PM	200m Heats	U20 Men			
1:45 PM	200m Heats	Open Women			
1:55 PM	200m Heats	Open Men			
2:05 PM	4 x 200m Time Final	U14 Women			
2:10 PM	4 x 200m Time Final	U14 Men			
2:20 PM	4 x 200m Time Final	U16 Women			
2:30 PM	4 x 200m Time Final	U16 Men			
2:40 PM	800m Time Finals	U18 Women			
2:55 PM	800m Time Finals	U18 Men			
3:05 PM	800m Time Finals	U20 Men			
3:15 PM	800m Time Finals	Open/Masters Men			
3:20 PM	800m Time Finals	U20 and Open Women			
3:30 PM	800m Special Olympic	Special Olympic Women			
3:30 PM	2000m Final	U16 Women			
3:45 PM	2000m Final	U16 Men			
4:00 PM	3000m Finals	U18/U20/Open/Master W			
4:15 PM	3000m Time Finals	U18 Men			
4:25 PM	200m Final	U18 Women			
4:30 PM	200m Final	U18 Men			
4:35 PM	200m Final	U20 Women			

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4:40 PM	200m Final	U20 Men
4:45 PM	200m Final	Open Women
4:50 PM	200m Final	Open Men
4:55 PM	200m Final	Masters Women
5:00 PM	200m Time Final	Masters Men

5:05 PM **Supper Break**

Saturday, March 2, 2024, Track Events EVENING

Saturday, March 2, 2024, Field Events EVENING

6:00 PM	4 x 100m Time Final	U18 Women	5:00 PM	Weight Throw	U16,U18/U20/Open Men
6:10 PM	4 x 100m Time Final	U20 & Open Women	6:00 PM	Triple Jump	U18/U20/Sr Women
6:15 PM	4 x 100m Time Final	U18/U20 Men	6:00 PM	High Jump	U20, Open Men
6:20 PM	4 x 100m Time Final	Open Men	6:45 PM	Shot Put	U20 + Open Men
6:25 PM	3000m Final	U20 + Open Master Men			
6:40 PM	4 x 400m Final	U18 U20 Open Women			
6:50 PM	4 x 400m Final	U18 Men			
7:00 PM	4 x 400m Final	U18 U20 Men			
7:05 PM	4 x 400m Final	Open Men			

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