

Athletics Manitoba Spring Open

May 10th & 11th 2024

U of Manitoba Stadium

Final Schedule

Track Events will be run from Fastest to Slowest heats

*****Events can run up to 15mins ahead of schedule*****

<u>Friday, May 10th - TRACK</u>			<u>Heats</u>	<u>Entries</u>
6:00 PM	110m Hurdles	U20+Open Men	1	1+1
6:05 PM	100m Hurdles	U18+Open Women	1	1+1
6:10 PM	80m Hurdles	MHSAA JV Women	1	1
6:20 PM	1500m Steeple	Men + Women	1	1+1
6:30 PM	2000m Steeple	Men	1	1
6:45 PM	2000m Steeple	U18 Women	1	5
7:05 PM	150m	U12/U14 Men	2	10
7:10 PM	150m	U12/U14 Women	2	11
7:20 PM	200m	U16+ Men	4	30
7:35 PM	200m	U16+ Women	6	41
7:55 PM	600m	U12 Men + Women	1	1+1
8:05 PM	800m	U16+ Men	4	36
8:30 PM	800m	U14+ Women	3	27
8:50 PM	4x400m	Men	1	5
9:00 PM	4x400m	Women	1	5

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Friday, May 10th - FIELD

5:30 PM	Standing Long Jump	U12/U14 Men & Women	1	2+4
5:30 PM	Javelin	Women	1	13
6:00 PM	High Jump	U16 + Women	1	14
6:30 PM	Ball Throw	U12/U14 Men & Women	1	2+2
6:45 PM	Triple Jump	U16+ Men	1	5
7:00 PM	Discus	Women	1	16
7:00 PM	Javelin	Men	1	9
7:45 PM	Triple Jump	U16 + Women	1	15
8:15 PM	Discus	Men	1	13

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Saturday, May 11th - TRACK

			<u>Heats</u>	<u>Entries</u>
10:00 AM	3000m	U18+ Men	1	2
10:15 AM	3000m	U18+ Women	1	3
10:30 AM	2000m	U16 Men	1	5
10:45 AM	2000m	U16 Women	1	2
11:00 AM	400m	U18+ Men	3	20
11:10 AM	400m	U18+ Women	2	10
11:25 AM	80m	U12/U14 Men	1	8
11:30 AM	80m	U12/U14 Women	2	12
11:40 AM	100m	U16+ Men	7	53
11:55 AM	100m	U16+ Women	7	53
LUNCH BREAK				
1:10 PM	200m Hurdles	U16 Women	1	2
1:20 PM	400m Hurdles	U18+ Men	1	1
1:25 PM	400m Hurdles	U18+ Women	1	2
1:30 PM	1200m	U14/U16 Men	1	8
1:40 PM	1200m	U14/U16 Women	1	6
1:50 PM	300m	U14/U16 Men	1	8
1:55 PM	300m	U14/U16 Women	2	11
2:00 PM	1500m	U18+ Men	1	14
2:10 PM	1500m	U18+ Women	1	9
2:30 PM	4x100m	Men	1	6
2:40 PM	4x100m	Women	2	9

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Saturday, May 11th - FIELD

10:00 AM	Long Jump (Pit 1)	U12 Men + Women	1	3+4
10:00 AM	Long Jump (Pit 2)	U14 Men + Women	1	3+7
11:00 AM	High Jump	U16+ Men	1	1
11:00 AM	Shot Put	U16+ Men	1	11
11:15 AM	Long Jump	U16+ Men	1	15
12:00 PM	Pole Vault	Men	1	5
12:30 PM	Shot Put	U12/U14 Men & Women	1	2+2
1:00 PM	Long Jump	U20+Open Women	1	10
1:30 PM	Pole Vault	All Women	1	3
1:30 PM	High Jump	U12/U14 Men & Women	1	1+2
1:45 PM	Shot Put	U16+ Women	1	9
2:15 PM	Long Jump	U18 Women	1	11
3:00 PM	Hammer	Men & Women	1	2+4
3:30 PM	Long Jump (2 Pits)	U16 Women	1	19