



**Summer Jam Final Schedule - May 31st, 2023**

**Track**

**Field**

Fastest to Slowest Seeded Sections

5:30 PM	110m H	Men	1		5:30 PM	Long Jump	Women	U16 & Older	14	West
5:30 PM	100m H	Men	1		5:30 PM	Long Jump	Boys All	U14 &U12	5	East
5:40 PM	100m H	Women	2		5:30 PM	High Jump	Men ALL	U16 & Older	3,3	
5:45 PM	80m H	Women	3		6:10 PM	Long Jump	Men	U16 & Older	13	East
5:50 PM	80m	Boys	6		6:15 PM	Long Jump	Girls All	U14 &U12	7	West
5:55 PM	80m	Girls	9		6:45 PM	High Jump	Women	U16 & Older	5	
6:00 PM	100m	Men	26							
6:25 PM	100m	Women	28		5:30 PM	Discus	Men		4	
6:50 PM	1500m	Men	3		5:30 PM	Discus	Women		3	
7:00 PM	300m	Boys	3		6:30 PM	Shot Put	Women		3	
7:05 PM	300m	Girls	4		6:30 PM	Shot Put	Men		2	
7:10 PM	1200m	Boys	1							
7:20 PM	1200m	Girls	2							
7:25 PM	400m	Men	8							
7:30 PM	400m	Women	6							
7:25 PM	1000m	Boys	1							