



2023 TOUGH TRACK OPEN FINAL SCHEDULE

Saturday, May 27, 2023

TRACK

9:00 am	2000m Final (U14 & U16 Women)	(1)	1 section
9:10 am	2000m Final (U14 & U16 Men)	(2)	1 section
9:20 am	3000m Final (U18 & Older Women)	(2)	1 section
9:35 am	3000m Final (U18 & Older Men)	(2)	1 section
9:55 am	300m Final (U14 & U16 Women)	(8)	1 section
10:00 am	300m Final (U14 & U16 Men)	(9)	2 heats
10:15 am	400m Final (U18 & Older Women)	(2)	1 section
10:20 am	400m Final (U18 & Older Men)	(8)	1 section
10:40 am	80m Final (U12 & U14 Women)	(23)	3 heats
10:55 am	80m Final (U12 & U14 Men)	(18)	3 heats
11:10 am	100m Final (U16 & Older Women)	(33)	5 heats
11:30 am	100m Final (U16 & Older Men)	(28)	4 heats
11:50 am	600m (U12 Women)	(2)	1 section
11:55 am	600m (U12 Men)	(7)	1 section
12:00 pm	800m (U14 & Older Women)	(15)	2 heats
12:10 pm	800m (U14 & Older Men)	(25)	3 heats
1:00 pm	80m Hurdles (U14 & U16 Women)	(5)	1 heat
1:05 pm	100m Hurdles (U18 & Older Women)	(3)	1 heat
1:10 pm	100m Hurdles (U16 Men)	(3)	1 heat
1:20 pm	110m Hurdles (U20 & Older Men)	(2)	1 heat
1:30 pm	150m (U12 & U14 Women)	(14)	2 heats
1:40 pm	150m (U12 & U14 Men)	(14)	2 heats
1:50 pm	200m (U16 & Older Women)	(24)	3 heats
2:05 pm	200m (U16 & Older Men)	(22)	3 heats



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2:25pm	1200m Final (U14 & U16 Women)	(1)	1 section
2:35 pm	1200m Final (U14 & U16 Men)	(2)	1 section
2:50 pm	1500m Final (U18 & Older Men)	(4)	1 section
3:05 pm	4 x 100m Final (Women)	(8)	1 section
3:15 pm	4 x 100m Final (Men)	(6)	1 section

FIELD

9:00 am	Shot Put (U12 & U14 Women & Men)	(11 / 8)	1 flight
9:00 am	Standing Long Jump (U12 & U14 Men & Women)	(5 / 2)	1 flight
9:30 am	Pole Vault (Men)	(3)	1 flight
9:30 am	Women's Long Jump (U12 & U14 Women)	(22)	1 flight
10:30 am	Shot Put (U16 & Older Women)	(6)	1 flight
10:30 am	Ball Throw (U12 & U14 Men & Women)	(6 / 2)	1 flight
11:00 am	Women's Long Jump (U16 & Older Women)	(14)	1 flight
11:00 am	Pole Vault (Women)	(7)	1 flight
11:30 am	Shot Put (U16 & Older Men)	(6)	1 flight
12:15 pm	Triple Jump (U16 & Older Men)	(3)	
12:45 pm	Discus (Women)	(12)	1 flight
1:00 pm	High jump (All Men)	(7)	1 flight
1:00 pm	Triple Jump (U16 & Older Women)	(14)	1 flight
2:00 pm	Discus (Men)	(6)	1 flight
2:15 pm	Long Jump (All Men)	(24)	1 flight
2:30 pm	High Jump (All Women)	(21)	1 flight