

Tough Track Registration 2023/2024



Athlete's Last Name:	
First Name:	
Returning athlete?	Yes <input type="checkbox"/> No <input type="checkbox"/>

Athlete information			
Date of Birth (Month/Day/Year):			
Sex (female/male):			
Citizenship:			
Country of Birth:			
Contact information			
Primary email address:			
Street address:			
City:			
Province:			
Postal Code:			
Primary Phone Contact:			
Mother's Name:		Phone:	
Father's Name:		Phone:	
In case of emergency			
Emergency Contact:		Phone:	
Medical information			
Manitoba Health # (6 digits):			
Personal Health I.D. # (9 digits):			
Allergies:			
Medical Concerns:			

Athletics Manitoba Email Waiver: From time-to-time Athletics Manitoba makes contact information available to other carefully screened organizations (primarily sport organizations) that want to let you know about an event or service that might interest you.

By agreeing to this waiver, you give permission for your email address to be made available to carefully screened organizations.

Agree ☐ Disagree ☐

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PLEASE CHOOSE ONE OF THE FOLLOWING PROGRAM OPTIONS:

PAYMENT DUE September 30, 2023

<input type="checkbox"/>	Grades 3, 4, 5, 6	Fees	Office Use (cheque# and \$)
	Registration \$700.00 plus GST (\$35.00)	\$735.00	

<input type="checkbox"/>	Grade 7 to University and Master's Age Program	Fees	Office Use (cheque# and \$)
	Registration: \$900 + GST (\$45.00)	\$945.00	

VOLUNTEER REQUIREMENT

VOLUNTEER BOND: Parents are asked to volunteer 3 times throughout the year at track meets or **pay \$150**. All parents planning to volunteer must submit a post-dated cheque for the volunteer bond. If volunteer commitment is met, the cheque will be destroyed at the end of the Tough Track season (July 2023). **If volunteer commitment is NOT met, cheque will be cashed.**

OPT OUT: If you choose not to volunteer, then a separate \$150 must be paid upon registering with the club (cheque or e-transfer).

Volunteer Requirement Opt Out Cheque		Fees	Office Use (cheque# and \$)
<input type="checkbox"/>	Volunteer Bond Post-dated cheque (Dated: June 30, 2024)	\$150	
<input type="checkbox"/>	Opt Out Cheque or E-Transfer (Dated: October 15, 2023)	\$150	

- Payment Due on September 30, 2023.
- Registration Fee payment options
 - E-transfer to toughtrack11@shaw.ca
 - cheques made out to Tough Track.
- **NSF Cheques are subject to a \$50 additional fee.**

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Fees

Tough Track registration includes: Exclusive Use equipment levy; coaching; training; and Facility Rental Fees.

Athletics Manitoba Membership

All Tough Track Athletes must be members in good standing with Athletics Manitoba and acquire an Athletics Manitoba Membership through athleticsmanitoba.com. Click on Membership to Register **after October 1st, 2023**.

- U12, U14 \$75.60 (\$70+\$2+GST)
- Age 14 and Older \$78.75 (\$70+\$5+GST)

Meet Fees

For competitions in the 2023/2024 Season, meet fees must be paid on an individual meet basis. All meet fees and registration must be done online through athleticsmanitoba.com before the start of each competition using your Trackie Registration.

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PERMISSION TO PARTICIPATE IN Tough Track Program 2023 - 2024

In consideration of my son/daughter/me being permitted to join Tough Track, I, the undersigned _____, (insert name of parent or legal guardian or athlete's name if 18 years of age or over) parent/legal guardian of _____, (insert athlete's name if under the age of 18) hereby release and forever discharge Tough Track, its directors, officials, agents, and coaches, or assigns, of and from all manner of actions, cause of action, suits, claims and demands whatsoever against Tough Track, its directors, officials, agents, coaches or assigns for any loss, injury or death to my son/daughter/me and his/her my property arising out of his/her/my participation in activities of Tough Track. I, the athlete/the parent and/or guardian of the above-name athlete, hereby consent to my/his/her participation in any or all club programs offered under the auspices of Tough Track.

The Participant understands and acknowledges the following risks dangers and hazards (the "Risks") of the Activities and related disciplines which include without limitation:

Strenuous and demanding physical exertion, strenuous cardiovascular workouts, rapid movements, exertion and tension on various muscle groups which may cause serious injury to virtually all bones, joints, ligaments, muscles, tendons and other aspects of the Participant's body or the Participant's general health and well-being. Concussion or other related head injuries including but not limited to closed head injury or blunt head trauma. Contact with other participants, natural or manmade objects, dangers arising from adverse weather conditions, imperfect field of play conditions, equipment failure or malfunction,

The Activities have foreseeable and unforeseeable inherent risks, hazards, and dangers that no amount of care, caution or expertise can eliminate, including without limitation, the potential for **serious bodily injury, sickness, disease, contagion including but not limited to COVID-19, permanent disability, paralysis, loss of life.**

The Participant understands that these Risks may be caused in whole or in part by my own actions or inactions, the actions or inactions of others participating in or present during the Activities, or the negligent acts or omissions of the Organization.

Signature of Parent / Guardian / Athlete (if 18 years of age or over)

Date

Media Release – Please Initial

____ I give consent to Tough Track to collect and use records of athletes' results, photographs, and video to celebrate and promote the accomplishments of Tough Track, its athletes, and coaches.

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Grade 3,4,5,6 Practice Schedule and Location

Sept - Oct	Monday/Wednesday	5:00 pm - 6:00 pm	Whyte Ridge Field 400 Scurfield Blvd
Nov - Apr	Monday/Wednesday	5:00 pm - 6:00 pm	Max Bell Center Indoor Track
May - June	Monday/Wednesday	5:00 pm - 6:00 pm	Whyte Ridge Field 400 Scurfield Blvd Or U of M outdoor track

Grade 7 and Older Group Practice Times and Location

Sept - Oct	Tuesday/Thursday	5:00 pm - 6:30 pm	Whyte Ridge Field 400 Scurfield Blvd
	Saturday	11:00 am - 12:30 pm	
Nov - Apr	Tuesday/Thursday	6:00 pm - 7:30 pm	Max Bell Center Indoor Track
	Saturday	12:30 pm - 2:00 pm	
May - Aug	Tuesday/Thursday	6:00 pm - 7:30 pm	U of M Outdoor Track
	Saturday	12:30 pm - 2:00 pm	